Vitreous opacities in primary amyloid disease
A clinical, histochemical, and ultrastructural report

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Severe loss of visual acuity due to vitreous opacities may result from haemorrhages, inflammatory and degenerative conditions, tumour cells, or amyloid—the last being rare (Duke-Elder, 1969; Jaffe, 1969). It is important, however, to recognize amyloid disease as being a cause of vitreous opacities, because most previously reported cases have been patients with familial amyloidosis, a systemic disease of protein manifestations with a poor prognosis. Sporadic cases of systemic amyloidosis with vitreous opacities have also been reported (see Table).

Patients with systemic amyloid disease may initially present with visual symptoms due to vitreous opacities. These opacities usually have a characteristic appearance thus enabling the ophthalmologist to suggest the correct diagnosis.

The purpose of this paper is to report three patients of primary amyloid disease, who initially presented to the ophthalmologist with slow deterioration of their visual acuity. The diagnosis was suggested by the appearance of the vitreous opacities and confirmed initially by conjunctival biopsy in two of the three cases and subsequently by histological examination of the vitreous in all three cases. To our knowledge, this is the first British report of vitreous opacities in primary amyloid disease.

Case reports

CASE 1

A 53-year-old Caucasian woman initially presented at another hospital in December 1970 with a history of progressive loss of visual acuity during seven years in her right and five years in her left eye. There was no history of systemic or ocular disease, nor were her visual symptoms precipitated by trauma. There was no relevant family history of ocular or systemic illness. At that hospital she underwent an extracapsular lens extraction and partial vitrectomy in her right eye.

On examination at Moorfields Eye Hospital in January 1971, her visual acuity in the right eye was perception of light, and in the left eye hand movements. The right eye showed evidence of a broad iridectomy and an extracapsular lens extraction. The posterior vitreous was opaque. The left eye had a normal anterior segment with a clear lens. On the posterior lens surface there were multiple white circumscribed opacities in the form of 'pseudopodia lentis'; from each opacity an opaque strand could be traced posteriorly, through a region of clear vitreous, to enter a greyish-white meshwork of vitreous opacities (Figs 1 and 2). No view of the fundus could be obtained in either eye.

The following investigations were carried out: chest x ray, haemoglobin (Hb), white blood count (WBC), erythrocyte sedimentation rate (ESR), electro-oculogram (EOG) and electroretinography (ERG)—all of which were within normal limits. Electrophoresis of serum proteins, however, revealed an elevated \( \alpha_2 \) globulin.

In January 1971, a right vitrectomy by the 'open sky' technique (Kasner, Miller, Taylor, Lever, and Norton, 1968) was performed. Subsequent examination of the fundus failed to reveal any abnormality. One month later the retina totally detached and remained so, despite attempts at surgical management; the eye subsequently became phthisical. In January 1972, prophylactic encircling cryotherapy was carried out on the peripheral retina of the left eye. A diagnostic conjunctival biopsy was performed for histopathological and electron microscopical examination. In March 1972, a left vitrectomy was performed, again using the 'open sky' technique and the material was processed for light and electron microscopical examinations. Postoperatively, as far as the fundus could be seen, it appeared to be normal. However, it became obscured by an increase in the vitreous opacities during the next 4–6 weeks and was followed by a gradual onset of bullous keratopathy.

After ophthalmological examination and conjunctival biopsy, the patient was referred for a general medical examination which revealed a peripheral neuropathy and carpal tunnel syndrome, attributable to systemic amyloid disease.

It has not proved possible to examine other members of the family.

CASE 2

A 54-year-old Caucasian man presented with a 10-year history of progressive bilateral loss of visual acuity. In September 1971, he was admitted to another...
Table  Vitreous opacities in primary amyloid disease—a review of the literature

<table>
<thead>
<tr>
<th>Author</th>
<th>Year</th>
<th>Cases (no.)</th>
<th>Age (yrs)</th>
<th>Sex</th>
<th>Duration of loss of visual acuity (yrs)</th>
<th>Clinical appearance of vitreous opacities</th>
<th>Other ocular features</th>
<th>Histological examination</th>
<th>Other organs</th>
<th>Family history</th>
</tr>
</thead>
<tbody>
<tr>
<td>Falls and others (Cases 1 and 2 Kantarjian and De Jong, 1955)</td>
<td>1955</td>
<td>4 (1)</td>
<td>24</td>
<td>Female</td>
<td>3</td>
<td>Many dense sheet- or film-like opacities</td>
<td>Dilated fixed pupils reacting only to accommodation Pin-point to plaque-like grey deposits, with occasional intravitreal extension, on many peripheral arterioles Exophthalmos Anisocoria, reacting only to accommodation Proptosis Grey deposits on retinal arterioles Anisocoria, normal pupillary reactions Bead-like deposits on retinal vessels Normal pupillary size and reaction Semi-opalescent beads of hyaline material on posterior lens surface right eye Similar deposits on retinal arterioles</td>
<td>—</td>
<td>—</td>
<td>Cases 1 and 2 were sisters Father died from amyloidosis; his ocular findings included proptosis, anisocoria, and no pupillary light response</td>
</tr>
<tr>
<td></td>
<td>(2)</td>
<td>23</td>
<td></td>
<td>Female</td>
<td>More than 1</td>
<td>Dense web or sheet-like opacities attached by footplates to disc and retinal surface</td>
<td>—</td>
<td>—</td>
<td>—</td>
<td>22-yr-old son had patchy grey sheathing on retinal arterioles Cousin of Case 3</td>
</tr>
<tr>
<td></td>
<td>(3)</td>
<td>50</td>
<td>4</td>
<td>Male</td>
<td></td>
<td>Sheets of semi-opalescent hyaline opacities, attached in places to the retina</td>
<td>—</td>
<td>—</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td></td>
<td>(4)</td>
<td>47</td>
<td>3</td>
<td>Male</td>
<td></td>
<td>Hyaline sheet-like opacities Left vitreous clear at time of initial examination</td>
<td>—</td>
<td>—</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Chambers, Medd, and Spencer</td>
<td>1958</td>
<td>1 33</td>
<td>2</td>
<td>Male</td>
<td></td>
<td>Vitreous opacities in left eye</td>
<td>Irregular pupils reacting to convergence but not to light 1 yr later, pupils reacted neither to light nor convergence</td>
<td>—</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Kaufman and Thomas</td>
<td>1959</td>
<td>2 (1)</td>
<td>77</td>
<td>Male</td>
<td>7 right eye 2 left eye</td>
<td>Glass-wool opacities in each eye</td>
<td>Normal pupils Positive for amyloid</td>
<td>—</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td></td>
<td>(2)</td>
<td>62</td>
<td></td>
<td>Male</td>
<td>13 right eye 6 left eye</td>
<td>Sheet-like vitreous opacities Asymmetric involvement right more than left eye</td>
<td>Normal pupils ‘Periphlebitis’ and ‘arteritis’ in left eye 2 yrs previously Positive for amyloid Positive gingival biopsy</td>
<td>—</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Schlesinger and others</td>
<td>1962</td>
<td>1 63</td>
<td>10</td>
<td>Male</td>
<td></td>
<td>Unilateral opacities, ‘yellow pencil shavings’ in right eye</td>
<td>Bilateral ptosis Perivascular opacity in left eye</td>
<td>—</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Delenk, Koch, Könn, Mismahl, and Skwelak</td>
<td>1965</td>
<td>2 (1)</td>
<td>27</td>
<td>Female</td>
<td></td>
<td>Grey cobwebby opacities precluding any fundal view Asymmetric involvement right more than left eye Unilateral cobweb opacity</td>
<td>Anisocoria, poor light and near response</td>
<td>—</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Duke and Ditton (F. 1960)</td>
<td>1965</td>
<td>1 31</td>
<td>10</td>
<td>Male</td>
<td></td>
<td>Large ‘cells’ in anterior vitreous, with veil-like</td>
<td>Normal pupils Positive for amyloid</td>
<td>—</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td></td>
<td>(2)</td>
<td>24</td>
<td></td>
<td>Female</td>
<td></td>
<td></td>
<td>Positive for amyloid Positive lymph node and skin</td>
<td>—</td>
<td>—</td>
<td>—</td>
</tr>
</tbody>
</table>

Note: Table indicates various studies on vitreous opacities in primary amyloid disease, detailing cases, ages, sex, duration of loss of visual acuity, clinical appearances, other ocular features, and family history.
Vitreous opacities in primary amyloid disease

<table>
<thead>
<tr>
<th>Description</th>
<th>Male</th>
<th>Female</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>History of rheumatoid arthritis</td>
<td>60</td>
<td>40</td>
<td>100</td>
</tr>
<tr>
<td>History of rheumatoid arthritis and diabetes mellitus</td>
<td>40</td>
<td>20</td>
<td>60</td>
</tr>
<tr>
<td>History of rheumatoid arthritis and diabetes mellitus, and hypertension</td>
<td>20</td>
<td>10</td>
<td>30</td>
</tr>
<tr>
<td>History of rheumatoid arthritis, diabetes mellitus, and hypertension</td>
<td>10</td>
<td>5</td>
<td>15</td>
</tr>
<tr>
<td>History of rheumatoid arthritis, diabetes mellitus, hypertension, and heart disease</td>
<td>5</td>
<td>2.5</td>
<td>7.5</td>
</tr>
<tr>
<td>History of rheumatoid arthritis, diabetes mellitus, hypertension, heart disease, and renal failure</td>
<td>2.5</td>
<td>1.25</td>
<td>3.75</td>
</tr>
<tr>
<td>History of rheumatoid arthritis, diabetes mellitus, hypertension, heart disease, renal failure, and neoplastic disease</td>
<td>1.25</td>
<td>0.625</td>
<td>1.875</td>
</tr>
</tbody>
</table>

Note: The table above summarizes the number of cases with a specific history and gender distribution.
hospital for investigation where his visual acuity was recorded as 6/24 right eye and counting fingers left; bilateral vitreous opacities were noted. Examination of the fundus in the right eye showed no abnormality, but the fundus could not be seen in the left eye. Neither he nor his family had any history of ocular or medical disease. Further loss of visual acuity occurred and he was transferred to Moorfields Eye Hospital in February 1972.

On examination, his visual acuity was 6/60 right eye, counting fingers left. His visual fields were full to a 10 mm white target. The ERG and EOG did not reveal any abnormality. Each anterior segment was normal. The pupils were equal in size but with sluggish light and near reactions. The intraocular pressures were normal. The lens in each eye was clear but there were multiple circumscribed greyish-white opacities on the posterior surface of each lens (Figs 3 and 4) and from each opacity an opaque fibril ran posteriorly, through a relatively clear zone, to join a meshwork of vitreous opacities. No view of either fundus was possible. Amyloid disease was suspected and although the conjunctiva appeared to be normal, a diagnostic conjunctival biopsy was performed.

The patient was referred for a general medical examination which revealed a peripheral neuropathy,
orthostatic hypotension, and an abnormal sweating pattern. Biopsy of the left superficial radial nerve was performed which showed perineural deposits of amyloid together with degenerative changes in the nerve fibres. No abnormality, however, was detected on chest x-ray examination; blood analysis for Hb, WBC, ESR, and serum proteins was also normal. There was no Bence-Jones protein in the urine.

In September 1972, the patient underwent prophylactic encircling peripheral retinal cryotherapy followed by an 'open sky' vitrectomy (Kasner and others, 1968) to the right eye 2 months later. The vitreous material thus being available was examined by light and electron microscopy. In July 1973 he underwent a 6·5 mm penetrating keratoplasty for bullous keratopathy. Histopathological examination of the corneal disc revealed features of Fuchs's dystrophy but no deposits of amyloid.

In September 1973 he developed renal failure and despite intensive care he died. Permission for necropsy examination was not given.

It has not proved possible to examine other members of his family.

**CASE 3**

A 60-year-old Caucasian woman presented in 1967 with a 12 month history of 'cobwebs' in front of both eyes. At that time she was being treated for low blood pressure. The features of her vitreous opacities have been reported elsewhere (Law, 1971). Neither she nor her family had any history of ocular or systemic disease.

On examination, her visual acuity was 6/9 right eye and 6/6 left. The anterior segments and intraocular pressure were normal in each eye. The lens in each eye was clear. Multiple circumscribed white opacities were, however, present on the posterior surface of each lens and from these greyish-white fibrillar opacities extended posteriorly to join an extensive meshwork of opacities in the central vitreous (Fig. 5). No fundal abnormality could be detected in either eye.

Because of bilateral loss of visual acuity, several months later she attended another hospital and underwent bilateral vitrectomy; a diagnosis of amyloidosis of the vitreous was made.

**Histopathology and ultrastructure**

 Conjunctival biopsies (10 x 8 mm) were obtained from the lower fornix (Cases 1 and 2) under local amethocaine anaesthesia. The specimens were divided into two pieces; one piece of each specimen, intended for conventional light microscopy and
h histochemical studies, was fixed in formol saline and embedded in paraffin wax; sections were stained with haematoxylin and eosin, congo red, periodic acid-Schiff, crystal violet, toluidine blue, and thioflavine T. The other piece of each specimen was fixed in veronal acetatebuffered osmium tetroxide, dehydrated through ascending grades of ethanol, and was finally embedded in Araldite. Sections were cut with glass knives on a LKB ultramicrotome; semi-thick sections (1 μm) were stained with toluidine blue for block orientation and examination by light microscopy. Thin sections (70–90 nm) were stained with uranyl acetate (alcoholic or aqueous) and aqueous lead citrate, and electron micrographs were taken using AEI EM6 and Joel 100C electron microscopes.

Similarly, vitreous specimens taken at the time of vitrectomy from both cases, were processed for conventional histological examination and electron microscopy. Some vitreous material was also spread directly on glass slides as a smear and this was stained with haematoxylin and eosin, congo red, crystal violet, and thioflavine T.

The lens from Case 1 was fixed in formol saline, embedded in celloidin and sections were stained for light microscopy as described for the conjunctival specimens. The posterior half of the lens from Case 2 was dissected out, and the tissue blocks were fixed in osmium tetroxide and processed for electron microscopy.

## CONJUNCTIVA

### Light microscopy and histochemistry

An amorphous, eosinophilic, hyaline extracellular material was seen around the vessels, particularly around the veins and lymphatics (Fig. 6). In Case 2, the deposits were also seen immediately beneath the conjunctival epithelium. The deposits stained positively with periodic acid-Schiff and congo red, metachromatically with crystal violet, and khaki colour with van Gieson; to some extent they were autofluorescent but this was greatly enhanced after staining with thioflavine T (Fig. 7). When viewed by polarized light, the congo red positive material showed birefringency and green dichroism. These histochemical findings are characteristic of amyloid (Missmahl, 1957; Vassar and Culling, 1959; Puchtler, Sweat, and Levene, 1962; Cooper, 1969; Pearse, 1972; and others).

### Ultrastructure

Electron microscopy generally confirmed the location of the amyloid material seen by light microscopy (Figs 8 and 9). The deposits were variably sized clumps of fine, interlacing, non-branching fibrils. In uranyl acetate and lead citrate stained sections, the individual fibrils were 7–10 nm in diameter; longitudinally-cut fibrils showed two laterally-aligned filaments approximately 3 nm in diameter with an intervening space of approximately 3 nm. The filaments had a beaded appearance repeating at approximately 4 nm. These features are consistent with the electron microscopic appearance of amyloid (Boeré, Ruinen, and Scholten, 1965; Shirahama and Cohen, 1965, 1967; Gueft, Kikkawa, and Hirschl, 1968; Sorenson and Finke, 1968; and others). The ground substance was relatively electron lucent.

In Case 2 wherein subepithelial deposits were seen, the basement membrane was intact and there was no infiltration of the amyloid material into the epithelium.

## VITREOUS

### Light microscopy and histochemistry

Smears and sections of the vitreous from Cases 1 and 2 showed fine and coarse meshworks which stained positively with periodic acid-Schiff and congo red, and metachromatically with crystal violet. Under polarized light, haematoxylin and eosin sections showed birefringency and congo red stained sections additionally showed a green dichroism (Figs 10a and b). The vitreous material from Case 3 was also reported as showing histochemical features of amyloid deposits.

### Ultrastructure

Thin sections of the vitreous opacities from Cases 1 and 2 stained with uranyl acetate and lead citrate
Vitreous opacities in primary amyloid disease

FIG. 6 (top) Light photomicrograph of conjunctival biopsy from Case 1 showing clumps of amorphous deposits around vessels. × 660

FIG. 7 (bottom) Light photomicrograph of conjunctival biopsy from Case 2. Section was stained with thioflavine T and viewed by ultraviolet light. Intensely fluorescent deposits are seen beneath conjunctival epithelium (Ep) and around blood vessels and lymphatics in conjunctival stroma. × 220
showed the predominantly fibrillar nature of the material (Fig. 11). The detailed morphology of the individual fibrils was similar to that described for the conjunctival deposits. No cells were seen in the sections examined.

LENS

Light microscopy of Case 1 showed a smooth posterior lens surface and the capsule appeared to be normal. Similarly, semi-thin Araldite sections of the lens from Case 2 showed a smooth posterior lens surface; there was no evidence of the remains of attachment of pseudopodia lentis seen clinically.

Discussion

A summary of cases with systemic amyloid disease and vitreous opacities reported in the literature is set out in the Table. Some cases have appeared in more than one report; we have included only the most recent report to allow a better appreciation of the long-term history of the disease. Most were proved cases of heredo-familial amyloidosis.

A peripheral neuropathy was a common feature in affected families, but the incidence of vitreous opacities was reported less frequently.

Previously reported cases usually had a long history of visual loss before the correct diagnosis had been established (Table) and indeed in one case, there was no evidence of systemic disease at the time vitreous opacities were first noticed (Kaufman and Thomas, 1959). Thus visual symptomatology could be the reason for initial presentation, as is also apparent from our patients. Loss of visual acuity in both eyes may not, however, be of equal duration and in a few reports, one eye was apparently normal at first examination (Schlesinger, Dugins, and Masucci, 1962; Andersson and Kassman, 1968).

The vitreous opacities characteristically had a linear structure, descriptions of 'sheet like', or 'band like' opacities being common (see Table). In those cases where the fundus could be seen, opacities were said to be in contact with the retina and retinal vessels through footplates (Falls, Jackson, Carey, Rukavina, and Block, 1955; Wong and MacFarlane, 1967). Similar footplates were seen in the anterior vitreous in contact with the posterior lens surface (Falls and others, 1955; Kaufman and Thomas, 1959). Vitreous opacities in contact with the posterior lens surface were noted in two cases described by Vogt (1942) although he did not suggest amyloidosis as being a cause; one of the patients had 'chronic tuberculosis'. The development of opacities in a previously clear vitreous was noted in one case (Andersson and Kassman, 1968), while a marked increase in the density of the opacities together with a reduction in visual acuity has been reported by several authors (Duke and Paton, 1965; Andersson and Kassman, 1968).

The clinical features of previously published cases are similar, suggesting that slowly progressive visual deterioration apparently caused by linear vitreous opacities with footplate attachments to the retina or posterior lens surface are diagnostic of amyloid disease.

Vitreous opacities in amyloid disease must not be confused with those resulting from more common causes—haemorrhage, inflammation, degeneration, or neoplasms. Opacities associated with amyloid disease may be unicocular, or asymmetric in the involvement of the two eyes. In addition, examination of the apparently normal eye has revealed perivascular greyish opacities on the retinal vessels (Schlesinger and others, 1962).

Pupillary abnormalities were a common ocular complication in many patients with vitreous opacities. The abnormalities were anisocoria, and the failure to react to light and accommodation. In addition a few cases had perivascular exudates; one was a histologically confirmed case of amyloid (Wong and MacFarlane, 1967), but another, of similar appearance, turned out to be a cytoid body (Crawford, 1967).

The diagnosis of systemic amyloidosis is usually confirmed by biopsy; skin, gingiva, rectum, liver, kidney, spleen, respiratory tract, and sternal puncture have all been used (Cohen, 1967). Ease of access and haemostasis have made the gingiva and rectum the two main sites. Positive biopsies for amyloid were obtained in 31 of 32 cases of systemic amyloidosis (Missmahl, 1968). The conjunctiva has not been considered a suitable site, perhaps because it retains normal appearance in systemic amyloidosis (Duke-Elder, 1965; Brownstein, Elliott, and Helwig, 1970). The positive conjunctival biopsies obtained in Cases 1 and 2, despite a normal clinical appearance of the conjunctiva, suggests that microscopic deposition of amyloid could frequently occur. The conjunctiva should be considered as a biopsy site for diagnostic confirmation of systemic amyloid disease (Tripathi and Ashton, 1976).

The origin of amyloid material in the body is not clear. Amyloid comprises three types of protein complexes, types A, B, and possibly C (Benditt, Erikson, Hermodson, and Ericsson, 1971). Type A is found in a perireticulin distribution, secondary to chronic sepsis or an inborn error of metabolism. Type B is mainly found in a pericollagen distribution secondary to myelomatosis and other para-protein disorders, while Type C occurs with amyloid formed locally with certain tumours. Familial amyloid may involve either Type A or Type B (Hobbs, 1973).
Vitreous opacities in primary amyloid disease

FIG. 8 Electron micrograph showing clumps of fine fibrillar deposits of amyloid (Am) beneath conjunctival epithelium (Ep). BM, intact basement membrane beneath conjunctival epithelium. N, nerve axon in conjunctival epithelium. UA and LC × 1250
FIG. 9 Electron micrograph showing perilymphatic deposits of clumps of amyloid fibrils (Am). L, lumen of lymphatic. UA and LC × 15 000.
Recent work on sequential amino-acid analysis suggests that amyloid-B is derived from part of a circulating immunoglobulin protein, itself derived from plasma cells (Glenner, Harbough, Ohms, Harada, and Cuatracasas, 1970; Glenner, Terry, Harada, Isersky, and Page, 1971; Glenner, Terry, and Isersky, 1973). In the case of occult or overt plasma cell dyscrasias, this protein appears to be the variable front-half of a light chain (the variable light portion) of an immunoglobulin. It has been suggested that phagocytic cells ingest this circulating protein and deposit amyloid fibrils (Glenner and others, 1973). In one series, 33 out of 40 patients with 'primary amyloid' were found to have malignant lymphoreticular disease (Hobbs, 1973).

Amyloid A protein has amino-acid sequences which are different from known immunoglobulin sequences. Neither their origin nor their precursor, however, is known (Hobbs, 1973).

The site of deposition of amyloid fibrils may depend on three main factors (Glenner and others, 1973). First, it depends on local variations in the rate of formation of the fibril precursor and its removal. Secondly, it depends on the nature of this precursor—for example, small molecules could penetrate capillary walls while larger ones precipitate in capillary lumens. In addition, its precursor may have relative tissue affinity (Ossermann, Takatsuku, and Talal, 1964). Thirdly, there may be a special relationship between the precursor synthesizing cell and the amyloid producing cell. The plasma cells producing a circulating precursor would give rise to systemic amyloid, while a localized plasma cell alone with adjacent histiocytes might produce localized amyloid deposits.

Systemic amyloid deposits secondary to an inflammatory process can resolve following removal of this process (Lowenstein and Gallo, 1970; Hobbs, 1973). In primary amyloid disease the turnover rate would appear to be very slow, allowing accumulation of masses of amyloid material. Intravitreal amyloid deposits could occur after permeation of the precursor across the blood-aqueous barrier, to be converted possibly by intravitreal phagocytes into amyloid fibrils. The linear deposition of amyloid material may result from initial deposition around pre-existing collagen fibrils in the vitreous cavity.

The question arises why only a proportion of patients with systemic amyloid disease develop vitreous opacities. This may be due to one of several factors. All patients may develop opacities in time or, since the disease has a poor prognosis, the patient may succumb from renal or cardiac complications before ophthalmic complications become manifest. There may be variations in the chemical composition of the amyloid protein or in its circulating precursor from case to case. Finally, local factors, such as the state of the intravitreal collagen framework, or the presence of phagocytic cells in the vitreous cavity, may also play an important role.

There is no known treatment for primary amyloid disease. Possible therapeutic attacks could be against the precursor secreting cell, the circulating immunoglobulin, or the amyloid material (Glenner and others, 1973). Cases where plasma cell abnormalities can be demonstrated could be attacked with immunosuppressive drugs and this has been tried with variable results (Missmahl, 1968; Barth, Willerson, Waldmann, and Decker, 1969; Jones, Hilton, and Hobbs, 1972). Immunoabsorbsents against the circulating immunoglobulin are a possibility (Glenner and others, 1973). The mobilization of amyloid deposits that occurs after removal of the stimulus shows that the fibril deposition is not irreversible, and a possible method of attack has been suggested by the demonstration that phagocytosis of amyloid fibrils occurred after treatment of the fibrils with specific antisera (Zucker-Franklin, 1970).

Finally, the direct surgical approach has been tried, and there have been several reports of vitrectomy (Duke and Paton, 1965; Kasner and others, 1968). Our experience in Case 1 suggested that despite removal of amyloid material, the opacities returned after several months: thus removal of opacities is not equivalent to cure; in any case these patients have a poor prognosis as is apparent from many reported cases, and this fact must be borne in mind when contemplating major ophthalmic surgery.

Summary

Three patients who initially presented to the ophthalmologist with a history of gradual deterioration of visual acuity showed, on biomicroscopic examination, a linear meshwork of opacities in the vitreous attached to the posterior surface of the lens in the form of pseudopodia lentis. Amyloidosis of the vitreous associated with systemic amyloid disease was diagnosed because of the characteristic nature of the opacities. This was confirmed initially in two of the cases by light and electron microscopical examination of a biopsy of the clinically normal conjunctiva, subsequently by systemic investigations, and finally, by direct histochemical and electron microscopical examination of the vitreous which became available after vitrectomy in all three cases. It was not possible to examine other members of the families. The relevant literature on vitreous amyloidosis is reviewed in relation to our own findings and the importance of a diagnostic conjunctival biopsy is emphasized. This paper is the first British report on primary vitreous amyloidosis. The pathogenesis of vitreous amyloid opacities is
FIG. 10 Light photomicrograph of vitreous smear stained with congo red: (a, top) viewed by ordinary light and (b, bottom) viewed by polarized light which reveals green dichroism and birefringent nature of the material. × 200
Vitreous opacities in primary amyloid disease

**FIG. 11** Electron micrograph of the vitreous deposits showing fine fibrillar nature of amyloid material. UA and LC × 50,000.

Inset: Amyloid fibrils at higher magnification. Individual fibrils have beaded profile and appear to be composed of two laterally-aligned filaments (arrows). UA and LC × 140,000.
discussed in the light of current concepts of amyloidosis. Since the vitreous opacities due to amyloid deposits appear to be one of the manifestations of systemic amyloid disease, surgical removal of the opacities by vitrectomy may not produce long-lasting results. Moreover, in contemplating surgical treatment the ophthalmologist should bear in mind the poor prognosis of systemic amyloidosis.

We thank Mr R. K. Blach for his encouragement and permission to publish details of Cases 1 and 2, Mr Frank Law for permission to publish an account of Case 3, and Mr N. Brown for help in microphotography. Technical assistance was provided by Mrs T. Brittain, Mr R. Alexander, and Mr R. Howes, and secretarial assistance by Miss C. Wilson and Mrs S. Bird. This work was supported in part by the Locally Organized Clinical Research Scheme of Moorfields Eye Hospital.

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Vitreous opacities in primary amyloid disease. A clinical, histochemical, and ultrastructural report.
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Br J Ophthalmol 1976 60: 41-54
doi: 10.1136/bjo.60.1.41

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