Diced cartilage grafts to correct enophthalmos

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SUMMARY A technique is described using diced cartilage grafts to correct the volume deficit which is responsible for many of the unsatisfactory cosmetic features following enucleation.

Cosmetic defects following enucleation and eversion are distressingly common. In severe cases 4 elements contribute to the abnormal appearance: enophthalmos, deepening of the superior sulcus, ptosis, and lower lid laxity. All except the lower lid laxity can be attributed to the loss of volume of intraorbital contents that follows removal of the globe. The purpose of this paper is to describe a technique for introducing diced cartilage chips into the orbit to correct the deformities resulting from loss of intraorbital tissues.

Methods

The principle of the procedure is to increase the volume of the orbital tissues by introducing costal cartilage.

REMOVAL OF COSTAL CARTILAGE

An incision 10 cm long is made along the costal margin, the medial end of the incision being 2.5 cm from the midline. The incision is made through the skin, subcutaneous tissue, and deep fascia, and the rectus abdominis muscle is retracted medially to expose the lower costal cartilages.

An incision is made in the perichondrium of the central cartilage, usually the sixth, and elevated from its anterior and posterior surface. Care must be taken when working behind the cartilage not to penetrate the pleura. The costal cartilage is removed by cutting it at each end with a rib cutter. A piece of costal cartilage 5 cm in length is usually sufficient. The perichondrial sheath is sutured with 4-0 plain catgut, and the wound is closed in layers.

INSERTION OF THE GRAFT

An incision is made along the central third of the inferior orbital margin. The periosteum is incised and elevated off the floor back to the apex of the orbit. A small-bore cannula with internal trochar (as used for tapping fluid from the chest or peritoneal cavity) is passed along the orbital floor to the apex of the orbit and then pushed up through the periosteum. The cartilage is then diced to allow its introduction into the orbit through the cannula, the trochar being used to push the cartilage through the cannula. The artificial eye is left in place for the procedure, and enough cartilage is introduced to overcorrect the deformity slightly. The periosteum is sutured with plain catgut, and the orbicularis sutured as a second layer and the skin closed with a subcuticular monofilament nylon suture. A firm bandage is applied to minimise postoperative oedema.

Results

We have performed this operation without complication on 8 patients with cosmetic deformity following enucleation, and the results are satisfactory in all cases. The improved appearance has been maintained without any observable absorptions of the implant over the follow-up period, which is 8 years in 2 of the cases.

Discussion

The major advantages of this technique over the more commonly employed methods are due to the use of a diced cartilage autograft rather than the widely practised techniques involving implantation of synthetic materials (Sugar and Forestner, 1946; Vannas, 1958; Hill and Radford, 1965; Hill, 1967; Shannon, 1967; Smith et al., 1967) or grafts of bone or fascia (Devoe, 1945; Cutler, 1946; Vannas, 1946; Gordon Cole, 1967) or large pieces of cartilage, which are liable to resorb.

Synthetic materials excite an inflammatory
response (Ben-Hur, 1967) and have a tendency to migrate (Iliff, 1967). Of the various materials employed for orbital prostheses injectable silicone is probably the most satisfactory (Soll, 1971) but is not without its complications.

Cartilage has considerable advantage over bone. Unlike bone grafts, cartilage grafts survive equally well whether in contact with like tissue (cartilage) or some other tissue such as fat, muscle, or fascia (Peer, 1954). Functional stresses seem important for the survival of autogenous bone grafts but are unimportant for cartilage grafts, which survive and usually maintain their bulk regardless of function.

Histological examination of diced cartilage grafts (Peer, 1939, 1943) after transplantation shows that the spaces between the cartilage are at first occupied by haematoma that organises. The cartilage chips rest against each other, separated by a small area of connective tissue, and contraction is minimal. Diced grafts thus occupy a larger space than the solid rib cartilage from which they are derived. Histological sections show the survival of chondrocytes within normal matrix and general absence of connective tissue invasion and absorption.

The use of costal cartilage has the obvious advantage that it is easily obtained in quantities adequate for the procedure, and can be diced easily for introduction through the cannula.

The small incision in the inferior orbital margin can be easily hidden in a skin fold, and the subperiosteal route along the orbital floor provides easy access to the orbital apex, the periorbital healing back on to the bone of the orbital floor and sealing the tract made by the trochar and cannula. Migration of cartilage fragments has not been a problem. Using a trochar and cannula ensures that cartilage is diced to such a small size that the fragments are unlikely to resorb. There is the additional advantage that the cannula can be left in situ for the entire procedure, avoiding the need for repeated instrumentation when introducing fragments and avoiding the need for retraction of tissues which is traumatic and results in oedema and distortion.

This technique can be used only on patients who have an enophthalmic prosthesis or blind eye. Because of the obvious danger to structures in the apex of the orbit it is a technique which cannot be employed when the orbit contains an eye with useful vision.

References

Dicke cartilage grafts to correct enophthalmos.

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doi: 10.1136/bjo.64.2.135

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