Bilateral cavernous haemangiomas of the orbit

EDITOR—The great majority of orbital tumours are unilateral. However, some conditions, such as idiopathic orbital inflammation (‘pseudotumour’), granulomatous inflammation, lymphoid tumours, or metastases sometimes can be bilateral. Orbital cavernous haemangioma is almost always unilateral. We report a patient with bilateral orbital cavernous haemangiomas that caused unilateral proptosis and visual distortion.

CASE REPORT
A 37 year old man developed distorted vision in the inferior field of his left eye and was found to have mild left proptosis. There was mild swelling of the left optic disc and a small inferonasal visual field defect. Orbital computed tomography (CT) revealed bilateral orbital masses and the patient was referred to the oncology service for another opinion and management. His visual acuity was 6/6 in each eye and colour vision was normal in both eyes. The only positive findings were 3 mm of left eye and colour vision was normal in both eyes. The patient had an unremarkable postoperative course with good visual acuity.

COMMENT
Cavernous haemangioma of the orbit is a common, benign tumour that almost always occurs unilaterally. There are rare reports of bilateral orbital cavernous haemangiomas.

The widespread use of CT and magnetic resonance imaging to evaluate unrelated problems, such as headache, has led to the recognition of asymptomatic lesions compatible with orbital cavernous haemangioma. We have seen several such cases and have elected to follow without treatment these small, asymptomatic tumours, presumed to be or- bital cavernous haemangiomas. Consequently, it is possible that orbital cavernous haemangioma may be more common than previously believed. If so, additional cases of bilateral orbital cavernous haemangioma will probably be recognised. In our case, the asymptomatic tumour in the right orbit most likely is a cavernous haemangioma, but periodic observation, rather than surgical excision, would seem to be the best management. In summary, the ophthalmologist should include orbital cavernous haemangioma in the differential diagnosis of bilateral, as well as unilateral, orbital tumours.

Choroidal neovascularisation at a demarcation line: an immunopathological study

EDITOR—We describe a patient presenting with a choroidal neovascular membrane (CNVM) at the demarcation line of a longstanding rhegmatogenous retinal detachment (RRD), and characterise its immunopathological features following surgical removal.

CASE REPORT
A 46 year old myopic woman attended the vitreoretinal service with a 3 month history of a shadow in the superior half of her left visual field. Her visual acuity was 6/9 right and 6/12 left, with a refractive error of −13.0D and −9.50D effective spheres respectively.

Examination of the left fundus revealed longstanding detached and thinned retina inferio- rily and a broadly heavily pigmented demarcation line passing through the macula with associated retinal pigment epithelial (RPE) hypertrophy. An area of parfoveal retina adjacent to the tide mark appeared elevated and a fluorescein angiogram...
(FFA) revealed a juxtapfoveal CNVM emerging from the edge of RPE hypertrophy. Three months later she reported decreased vision and metamorphopsia in her left eye, with a best corrected left visual acuity reduced to counting fingers. A subfoveal extension of the CNVM with bordering haemorrhage was present, confirmed by FFA (Fig 1A, B). She subsequently underwent pars plana vitrectomy, parafocal retinotomy, and removal of subfoveal CNVM, together with external scleral buckling, argon laser retinopexy, and 20% sulphur hexafluoride gas tamponade.

Postoperatively, an area of inferior retinal detachment persisted and further surgery with silicone oil tamponade was undertaken. Subsequently, a posterior subcapsular cataract developed and she underwent left phacoemulsification with intraocular lens implantation and removal of silicone oil. Postoperatively, visual acuity improved to 6/18 and the retina remained flat with no clinically apparent recurrence of the membrane. (FFA) confirmed a recurrent CNVM. Four months later, her visual acuity was reduced to 6/36. Fundal examination showed an elevated area at her fovea and FFA confirmed a recurrent CNVM. (Fig 1C). Two months later she underwent left phacoemulsification with intraocular lens implantation and removal of silicone oil tamponade. Subsequently, a posterior subcapsular cataract developed and she underwent left phacoemulsification with intraocular lens implantation and removal of silicone oil. Postoperatively, an area of inferior retinal detachment persisted and further surgery with silicone oil tamponade was undertaken. Subsequently, a posterior subcapsular cataract developed and she underwent left phacoemulsification with intraocular lens implantation and removal of silicone oil. Postoperatively, visual acuity improved to 6/18 and the retina remained flat with no clinically apparent recurrence of the membrane. (FFA) confirmed a recurrent CNVM. Four months later, her visual acuity was reduced to 6/36. Fundal examination showed an elevated area at her fovea and FFA confirmed a recurrent CNVM. (Fig 1C). Two months later she underwent left phacoemulsification with intraocular lens implantation and removal of silicone oil. Postoperatively, an area of inferior retinal detachment persisted and further surgery with silicone oil tamponade was undertaken. Subsequently, a posterior subcapsular cataract developed and she underwent left phacoemulsification with intraocular lens implantation and removal of silicone oil. Postoperatively, visual acuity improved to 6/18 and the retina remained flat with no clinically apparent recurrence of the membrane. (FFA) confirmed a recurrent CNVM. Four months later, her visual acuity was reduced to 6/36. Fundal examination showed an elevated area at her fovea and FFA confirmed a recurrent CNVM. (Fig 1C). Two months later she underwent left phacoemulsification with intraocular lens implantation and removal of silicone oil. Postoperatively, visual acuity improved to 6/18 and the retina remained flat with no clinically apparent recurrence of the membrane. (FFA) confirmed a recurrent CNVM.

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Pathology

The CNVM specimen was fixed in 10% formal saline, processed through ascending concentrations of alcohol into xylene and embedded with paraffin wax. Tissue sections 5 µm thick were freshly cut for this study, dewaxed, and rehydrated before use. The distribution of basic fibroblast growth factor (bFGF), vascular endothelial growth factor (VEGF), macrophages (PGM1), and von Willebrand factor (vWF) were investigated using a standard biotin-streptavidin-biotin, alkaline phosphatase complex method (Dako Ltd). The alkaline phosphatase label was visualised as a red final reaction product (Vector Ltd). Nuclei were weakly stained with Mayer’s haematoxylin. A normal human donor eye was used as a positive control, while the negative control used was normal rabbit serum diluted to give a final protein concentration equivalent to that of the primary antibody used.

Histopathological examination revealed a CNVM consisting of numerous endothelial lined vascular channels and chronic inflammatory cells. The CNVM was lined by an incomplete layer of RPE cells on its posterior aspect, as determined by the clinical orientation of the membrane at the time of removal (Fig 2A). A large portion of the CNVM consisted of vascular channels lined by endothelial cells displaying immunoreactivity for von Willebrand antigens (Fig 2B). There was staining for VEGF (Fig 2C) and bFGF (Fig 2D) in the extracellular matrix, with a similar distribution of immunoreactivity.

Comment

Choroidal neovascularisation occurs in a wide spectrum of conditions, including degenerative, inflammatory, traumatic, and hereditary disorders—all characterised by breaks in Bruch’s membrane. In our patient, the presence of RPE cells on the posterior surface of the CNVM indicates that it represented a type 2 membrane, as determined by its clinical orientation at the time of removal. Experimentally detached retina in cats has been shown to possess higher angiogenic activity than normal attached retina. Indeed, peripheral retinal neovascularisation has been described in chronic rhegmatogenous retinal detachment. Retinal detachment is likely to lead to compromised metabolism and hypoxia of the outer retinal layers due to elevation of the retina from the choroid. RPE cells may
earlier he had had a large malignant melanoma of the lower back. On histopathology, this had been diagnosed as a superficial spreading type (Clarke's level IV with Breslow thickness of 3.5 mm). The mitotic count was 5 per 10 high power field (HPF) with a sparse lymphocytic infiltrate seen at the edges. It had been excised completely with no vascular or lymphatic invasion seen in the section. He had been thoroughly screened and a computed tomography (CT) scan of the abdomen and head examination of both the eyes revealed multiple, widespread, irregular subretinal pigment epithelium of the rat in vitro. Invest Ophthalmol Vi Sci 1999;40:3287–91.


Simultaneous metastases of cutaneous malignant melanoma to conjunctiva and choroid

EDITOR,—We report an unusual case of a cutaneous malignant melanoma which metastasised to the conjunctiva in one eye and the choroid in both eyes nearly 2 years after the initial presentation.

CASE REPORT

A 42 year old white man presented with a history of a small superficial black mark in the temporal aspect of the right eye, which had increased in size for the past 2 months. There was no significant ocular history. Two years earlier he had had a large malignant melanoma, 4.5 × 3.5 cm, removed from his lower back. On histopathology, this had been diagnosed as a superficial spreading type (Clarke's level IV with Breslow thickness of 3.5 mm). The mitotic count was 5 per 10 high power field (HPF) with a sparse lymphocytic infiltrate seen at the edges. It had been excised completely with no vascular or lymphatic invasion seen in the section. He had been thoroughly screened and a computed tomography (CT) scan of the abdomen and head examination of both the eyes revealed multiple, widespread, irregular subretinal pigment epithelium of the rat in vitro. Invest Ophthalmol Vi Sci 1999;40:3287–91.


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for possible chemotherapy. Surgery with a wide excision of the conjunctival lesion was performed the next day and the tissue was sent for histopathological examination. It was reported as consisting of a dense cellular infiltrate in the subepithelial tissue, with atypical melanocytes without any melanocytic activity in the overlying surface epithelium. The tissue showed a positive staining for S100 protein and HMB45 antibody, both of which are specific for malignant melanoma. There was no pre-existing naevus and this was compatible with a metastatic malignant melanoma (Fig 2).

CT scans of the abdomen and the head revealed no metastatic disease. Within a week he developed abdominal pain and headache with vomiting which was relieved by dexamethasone and was thought to be due to meningeal metastases. Chemotherapy was instituted with weekly intravenous vindesine 4 mg/m² and tamoxifen 160 mg orally. Four treatments were given, with improvement of the bulging fontanelle over a period of 2 weeks. After the fourth dose of vindesine, a complete abduction deficit of the right eye developed, which led to his death within 3 weeks later.

COMMENT
Secondary metastatic disease in the eye is rare compared with other sites in the body and simultaneous secondaries in both anterior and posterior segment are highly unusual.1 The incidence of histopathologically demonstrable cutaneous malignant melanoma metastasising to these sites was seen in five of 15 cases (33%) with disseminated cutaneous malignant melanoma in an necropsy series and is thought to be more common in men.2 The presentation in the eye has been variously described as ranging from distinct tumours in the lens or fundus or small diffuse infiltrates, anterior uveitis refractory to treatment, iris heterochromia, brownish coloured hypopyon due to tumour cells, diffuse pigmentation of the iris and the lens, aqueous and vitreous seedlings, and conjunctival pigmentation.3,4 Patients can present with pain and redness due to secondary glaucoma caused by infiltration of the trabecular meshwork or angle closure due to an annular haemorrhagic choroidal detachment.5 Retinal deposits are very rare and may cause blurred vision.6 Differentiation between secondary melanomas in the choroid and a primary melanoma is important in order to decide on the type of management. Bilateral diffuse uveal melanocytic proliferation is an important differential diagnosis in our patient but he had no associated cataract, retinal detachment, or severe visual impairment. The time interval between the initial presentation of the skin lesion and the occurrence of metastases may vary from months up to 10 years.7 The occurrence of ocular metastases usually indicates grave prognosis owing to widespread visceral disease, as was the case in our patient. He had undergone regular thorough screening for 2 years but no signs of metastases were found during this period. The first external sign of secondary disease was the presence of the conjunctival lesion, which led to the discovery of the intraocular metastases in the ciliary node involvement. Metastases to the conjunctiva from a cutaneous malignant melanoma is again very rare (less than 1%) and is usually associated with secondaries elsewhere in the eye.8 These secondaries need to be differentiated from other conditions such as primary acquired melanosis, naevus, adrenochrome deposits, direct extensions from ciliary body melanomas, and foreign body granulomas. The mode of treatment of metastatic cutaneous malignant melanoma in the eye can range from local excision as in small localised iris tumours, and enucleation for a painful blind eye or palliative treatment in causing chemotheraphy and radiotherapy if the disease is widespread, as is often the case.9 Patients with a single choroidal metastasis may be considered for radioactive plaque treatment.10 Previous studies have shown a median survival rate of 72 days with a maximum survival of 183 days and less than 10% survive up to 8 months after the onset of ocular symptoms.11 Although the survival rates are partly related to the depth of the dermal invasion, ocular metastases with only superficial spreading type of melanomas have been reported and this was also true of our patient. Within days of being diagnosed with ocular metastases, he developed signs of widespread secondaries, which led to his death within weeks.

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there were no other signs of raised intracranial pressure. The corneal ulcer of the right eye was fully healed at this time. The infant was followed for 2 months over which time the sixth nerve palsy fully resolved. There were no other neurological sequelae. The infant continued to receive oral vitamin A supplementation after discharge.

COMMENT

Prompt mega-dose administration of vitamin A is essential in the management of xerophthalmia. Oral administration is preferred because of its safety, cost, and effectiveness. The recommended regimen is 200 000 IU of vitamin A on the day of diagnosis, the next day, and 4 weeks later. In the rare instances in which children are unable to swallow or absorb oral vitamin A, intramuscular injection of water miscible retinyl palmitate 55 mg (100 000 IU) should be substituted—given immediately, the next day, and 4 weeks later. Children 6–11 months of age should receive half these doses and children less than 6 months of age one quarter of these doses. In our patient, because the child’s age was approaching 6 months, we chose to administer 50 000 IU doses.

Acute vitamin A toxicity generally occurs in children when a single dose greater than 330 000 IU is ingested, although some infants can be adversely affected by single doses as low as 100 000 IU. Typical features include a bulging fontanelle in infants, raised cerebrospinal fluid (CSF) pressure, nausea and vomiting, vertigo, and blurred vision or diplopia. These side effects are generally transient and subside within 1–2 days. Chronic ingestion of large amounts of vitamin A can result in pseu- dotumour cerebri.

This case demonstrates acute toxicity occurring after a cumulative dose of 100 000 IU given over 4 days. The sixth nerve palsy occurred presumably from raised CSF pressure, a phenomenon that is not fully understood but may be due to altered CSF resorption or production. Acute toxicity from intramuscular vitamin A (particularly water miscible forms) may be more likely because of the higher serum levels that are achieved more rapidly compared with oral preparations. Nevertheless, this case attests to the relative safety of vitamin A administration in infants.

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Successful treatment of ocular invasive mould infection (fusariosis) with the new antifungal agent voriconazole

EDITOR.—Voriconazole is a new, highly potent, triazole with broad spectrum activity against fungi, including moulds as well as other azole antifungal agents it interferes with ergosterol biosynthesis. Its antifungal activity has been shown in several experimental as well as clinical studies.1

CASE REPORT

In November 1998, a 16 year old girl was transferred to the university eye hospital in Dusseldorf with a severe ulcerative hypopyon keratitis in the left eye, from which she had been suffering for 3 months after swimming in a lake in Italy. Smears, scrapings, and serology gave no hint of the aetiology. Despite intensive topical antibacterial, anti-acanthamoebal, antifungal, and antitherapeutic, as well as cyroapplication, her clinical situation had deteriorated continuously before admission to our hospital. As an optical rehabilitation was unlikely, owing to the severely infiltrated cornea, a perforating keratoplasty was performed. Postoperatively, the patient was given systemic as well as topical antibiotics. The first 3 days postoperatively were inconspicuous, but from the sixth day on a hypopyon could again be seen. The hypopyon progressed and we could identify, by ultrasound biomicroscopy, the focus at the remaining recipient cornea. We removed this focus which was highly suspected of being a fungal colony and sent it to the microbiology department (an attempt to culture bacteria or fungi failed). Antifungal therapy with systemic fluconazole (200 mg/day intravenously) and topical amphotericin B (0.3% every hour) were started, but the clinical picture still deteriorated. At that time a filamentous fungus was diagnosed histopathologically in the excised corneal button (Fig 1). Because of the morphological similarities between Aspergillus species, and Pseudallescheria boydii on histology these potent causes of keratitis could not be differentiated by this technique alone. Immunohistochemical ex-amination of mycelia containing tissue sections with a panel of specific antifungal antibodies, all Grocott methenamine silver positive hyphae were identified as Fusarium species because a strong and uniform reactivity was obtained only with a heterologously absorbed polyclonal antibody raised towards somatic antigens of Fusarium solani.2

As the antifungal therapy had no effect whatsoever, the regimen was changed to systemic itraconazole (Sperma) 200 mg twice daily (a triazole which is known to be effective against some amphotericin B resistant mould species) for 3 days again with no clinical effect.

Owing to the lack of response to conventional therapy, we obtained the new antifungal agent voriconazole, from Pfizer, on an compassionate use basis. Voriconazole was started at a dosage of 6 mg/kg intravenously twice on day 1 followed by 4 mg/kg intravenously twice daily. This well tolerated therapy produced a significant clinical improvement. However, after 10 days the disease relapsed (Fig 2). Owing to the initial positive response it was considered that the relapse might be due to suboptimal penetration to the site of infection. Voriconazole therapy was changed to 6 mg/kg by mouth twice daily. Voriconazole was also injected intracamerally, at a dosage of 10 µg/0.1 ml. Topical antifungal therapy was switched from amphotericin B 0.3% every hour to voriconazole 1% every half hour. In addition, any remaining suspicious intraocular material was again excised and the anterior chamber was irrigated with a 3 µg/ml voric- nazole solution. After this procedure, healing finally took place, and the patient was released from hospital; voriconazole was discontinued after 8 weeks. The corneal graft remained clear and best corrected vision was 0.9. There were no local or systemic adverse effects during this highly potent antifungal regimen. A transient elevation of liver enzymes (a frequent adverse effect of azole antifungal agents) at the end of therapy and after cessation has been attributed to the study drug. Topical adminis-tration was well tolerated.

COMMENT

This is the first time that the efficacy of voriconazole in the treatment of ocular invasive fungal infection has been demonstrated. Topical administration has been tolerated well even when injected into the anterior chamber. Its obvious antifungal activity and favourable pharmacological properties, especially the low range of side effects, will make this new drug attractive for future studies on invasive ocular infections.

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Figure 1 Grocott methenamine silver positive hyphae in the excised corneal button.

Figure 2 Ultrasound biomicroscopy discloses relapse of intraocular fungal disease.
Severe intraocular inflammation after a change of HAART

Editor,—Patients with previous cytomegalovirus retinitis (CMVR) have been observed to get vitritis, cystoid macular oedema (CMO), and epiretinal membranes after commencing HAART (highly active antiretroviral therapy). It is postulated that this is due to the improved CD4+ function that occurs with HAART.

We present a patient with previously treated CMVR and immune recovery vitritis who developed further severe intraocular inflammation 6 weeks after changing HAART.

CASE REPORT

A 43 year old man, diagnosed as HIV positive in 1984, was treated in January 1996 for bilateral CMVR that responded to systemic ganciclovir.

In April 1996 he started saquinavir, stavudine, and lamivudine. A viral load was 18 000 copies \(10^6/l\) and CD4+ count 40 cells \(10^6/l\) (Fig 2).

In February 1997 he developed immune recovery vitritis in both eyes. Best corrected visual acuities (BCVA) were 6/6, N5 right; 6/6, N6 left. A viral load was now 7800 copies \(10^6/l\) and CD4+ count 40 cells \(10^6/l\). In December 1996 ritonavir was added.

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B cell clonality showed oligoclonal banding. A contrast enhanced magnetic resonance imaging of the brain and orbits was normal.

Eighteen months later the BCVs are 6/6, N5 right; perception of light, left. A choroidinal scar persists in the macular and temporal retina of the left eye but there is no active inflammation in either eye.

COMMENT

In this patient failed to identify any cause for the intraocular inflammation; however, the cessation of the inflammatory process in the absence of any specific treatment is similar to the clinical course of immune recovery vitritis and suggests a non-infectious mechanism. The temporal association with the change in HAART, together with the PCR findings, both imply an immunological cause. It is unclear why this response was unicoicular.

The presence of multiple discrete bands on PCR may indicate a premalignant lymphoproliferation but 18 months later the eye is quiet with no recurrence and the patient remains well. Our hypothesis is that the intraocular inflammation occurred because the new combination HAART produced a second, very exaggerated immune response to pre-existing antigens.

Clinicians should be aware that changing the combination of HAART may be associated with a less aggressive intraocular inflammation with an oligoclonal lymphocyte response. Early recognition and treatment with systemic steroids may have prevented blindness in our patient.

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Oriental herbal medicine induced epithelial keratopathy

EDITOR,—“Kampo” is the name given to an oriental herb medicine which has been used in China and Japan for more than 2000 years. Kampo is believed to be very mild and a safe herbal medicine which has been used in China and Japan for more than 2000 years.

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Table 1: Composition of the herbal medicine (Kampo)

<table>
<thead>
<tr>
<th>JP Scutellaria root</th>
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<tr>
<td>JP Glycyrrhiza root</td>
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<td>JP Rhusbarb rhizome</td>
<td>1.5 g</td>
</tr>
<tr>
<td>JP Schisonepeta spike</td>
<td>1.2 g</td>
</tr>
<tr>
<td>JP Gardenia fruit</td>
<td>1.2 g</td>
</tr>
<tr>
<td>JP Peony root</td>
<td>1.2 g</td>
</tr>
<tr>
<td>JP Cadmium oxide</td>
<td>1.2 g</td>
</tr>
<tr>
<td>JP Japanese angelica root</td>
<td>1.2 g</td>
</tr>
<tr>
<td>JP Mentha herb</td>
<td>1.2 g</td>
</tr>
<tr>
<td>JP Saponshkovia root</td>
<td>1.2 g</td>
</tr>
<tr>
<td>JP Ephedra herb</td>
<td>1.2 g</td>
</tr>
<tr>
<td>JP Forsythia fruit</td>
<td>1.2 g</td>
</tr>
<tr>
<td>JP Ginger rhizome</td>
<td>0.4 g</td>
</tr>
<tr>
<td>Talc</td>
<td>3.0 g</td>
</tr>
<tr>
<td>Anhydrous mirablitum</td>
<td>0.75 g</td>
</tr>
</tbody>
</table>

was observed until now, 4 years after the first examination.

COMMENT

Although oriental herb medicines have been beneficial to patients, scientific explanation of their pharmacological mechanisms has lagged behind the widespread use of kampo in clinical practice. In this case, the clinical and morphological findings were similar to those observed in Fabry’s disease and in drug-induced keratopathy. In drug-induced lipid storage keratopathy, the corneal deposits are bilateral, dose and duration related, and gradually disappear after the drug is withdrawn. Although kampo is believed to be very safe, it seems advisable to dictate caution with respect to this possible adverse effects.

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Branch retinal artery occlusion: another complication of sildenafil

EDITOR,—Sildenafil is the oral treatment for erectile dysfunction and was licensed throughout Europe in September 1998. It is a potent, selective inhibitor of the isoenzyme phosphodiesterase type 5 (PDE 5). Inhibition of PDE5 leads to prolongation of cyclic guanosine monophosphate (cGMP) activity in erectile tissue and increases the natural
vasodilatory actions of nitric oxide on the cavernosal smooth muscle, facilitating the erectile response in men with erectile dysfunction. Whereas many ocular adverse effects of sildenafil have been reported, we present, to the best of our knowledge, the first case report of branch central retinal artery occlusion following the use of sildenafil.

CASE REPORT

A 69 years old man presented with a sudden painless loss of vision in the left eye 2 days previously. The patient was fit and healthy otherwise and had no history of glaucoma, diabetes, hypertension, or other systemic vascular diseases. Visual acuity was 6/6 in the right eye and 6/24 in the left eye. Anterior segment examination was normal apart from a mild relative left afferent pupillary defect. Fundus examination of right eye was normal whereas fundus examination of the left eye revealed a superotemporal branch retinal artery occlusion. As the patient did not have any of the risk factors predisposing to arterial occlusion a more detailed history was sought and the patient informed us that he had taken a dose of Viagra (100 mg) a few hours before the episode. He also experienced loss of vision in left eye 2 days previously. The patient was fit and healthy otherwise and had no history of glaucoma, diabetes, hypertension, or other systemic vascular diseases. Visual acuity was 6/6 in the right eye and 6/24 in the left eye. Anterior segment examination was normal apart from a mild relative left afferent pupillary defect. Fundus examination of right eye was normal whereas fundus examination of the left eye revealed a superotemporal branch retinal artery occlusion. As the patient did not have any of the risk factors predisposing to arterial occlusion a more detailed history was sought and the patient informed us that he had taken a dose of Viagra (100 mg) a few hours before the episode. He also experienced loss of vision in left eye 2 days previously.

Cardiac examination revealed sinus rhythm, normal heart sounds, and there was no carotid bruit or thrill. Immediate measures taken to restore the circulation (intravenous Diamox, ocular massage, rebreathing into a bag, etc) proved futile and vision remained 6/24 over a 3 months follow up period. Full blood counts, serum electrolytes, fasting blood glucose levels, fasting total lipids and cholesterol, erythrocyte viscosity were normal. The patient has not used sildenafil since then.

COMMENT

A number of adverse effects of sildenafil have been reported and these include headache, facial flushing, dyspepsia, and nasal congestion. There have been reports of prolonged erection and priapism, myocardial infarction, sudden cardiac arrest, ventricular arrhythmias, and hypertension. In patients taking organic nitrates, it can lead to a sudden and severe drop in blood pressure. A cardiac examination, including exercise treadmill testing has been recommended before starting patients on sildenafil. Various ocular side effects have been described following the use of sildenafil. These fall into two major categories: (i) those secondary to the weak inhibitory effects of sildenafil on the isoenzyme PDE6 in the retina. These side effects include temporary loss of vision, increased intraocular pressure, green/blue tinging of vision, increased sensitivity to light, and blurred vision. There have also been reports of retinal degeneration. A decrease in the a-wave and b-wave amplitude in the electroretinogram (ERG) of five healthy men 1 hour after oral intake of 100 mg sildenafil has also been reported and these changes completely disappeared 5 hours later. (ii) Ocular vascular events such as haemorrhages, venous occlusion, and anterior ischaemic optic neuropathy have been mentioned but so far there has been no referenced report of retinal artery occlusion following the use of sildenafil. In addition to these ocular side effects, a pupil sparing third nerve palsy due to sildenafil has also been reported. In the case reported here, a sudden rise in intraocular pressure or an embolic phenomenon due to short lived cardiac arrhythmias may have produced branch retinal artery occlusion. This case report clearly suggests that the earlier claim that there is no cause for alarm over retinal side effects of sildenafil must be re-examined and a potentially blinding complication like the one reported here should be seriously considered and discussed with all the patients started on sildenafil, more so because of the fact that most of the patients using this medication are already at high risk of developing vascular accidents in the body.

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Acute sixth nerve palsy in vitamin A treatment of xerophthalmia

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