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The use of magnetic resonance imaging in the diagnosis of suspected giant cell arteritis

Giant cell arteritis (GCA) is a vasculitis of unknown origin that has a predisposition for the cranial arteries in the elderly. It has potentially devastating visually complications and produces a broad range of symptoms and signs that mimic many other medical and surgical conditions. Blood tests reflect the underlying inflammatory process, yet the erythrocyte sedimentation rate (ESR) may be normal in 8% of patients with biopsy proved GCA. Nevertheless, making a definitive diagnosis has importance therapeutically as patients are committed to a lengthy oral corticosteroid regimen. Non-invasive techniques, such as colour Doppler or duplex ultrasonography, have been studied in an attempt to improve patient preselection for temporal artery biopsy (TAB) (1). Magnetic resonance imaging (MRI) has been shown to improve the diagnosis of early Takayasu arteritis (2). More recently several case reports have described the diagnostic potential of MR angiography and gadolinium contrast MRI in demonstrating the vessel changes of GCA (3). We compared the ability of MRI to detect changes in the temporal arteries with TAB in patients clinically suspected of having GCA.

Methods and results

A prospective, pilot, single masked study of seven female patients (age range 60–88 years, mean 76 years) with suspected giant cell arteritis, and two age matched healthy controls was undertaken. Local research ethical approval and informed written consent were obtained. All patients underwent a standard clinical examination including a detailed history and clinical examination. Investigations included ESR and C reactive protein (CRP). Each patient was given a GCA criteria “score” based on the 1990 ACR (American College of Rheumatology) classification (1). Within 48 hours of presentation patients underwent a unilateral temporal artery MRI scan on a 1.5T scanner using a surface coil and small field of view. T1 and T2 weighted images perpendicular to the temporal artery and a time of flight sequence were obtained. The MRI visualised the location of the temporal artery that was subsequently biopsied in a standard manner within 24 hours of the scan. Two healthy age matched controls also underwent a medical assessment, ESR and CRP, and an MRI as detailed above, but a TAB was not performed. The MRI scans were reported by an independent, masked neuroradiologist.

Each patient’s ACR criteria “score” and the results of the MRI scan and TAB are shown in Table 2. The finding of three out of five ACR criteria is associated with a 94% sensitivity and 91% specificity for the diagnosis of GCA. There were two positive and one equivocal TAB result from the seven patients, but no positive MRI findings were identified. However, when using the ACR criteria as “gold standard,” there were two true negative MRI scan results compared with three false negative scan results. The two remaining MRI scans were described as equivocal, in comparison with the ACR criteria—one patient was positive for GCA and the other patient’s ACR criteria “score” was negative for GCA. From the data the negative predictive values of MRI scanning and TAB for GCA were 40% and 50%, respectively. Of the five patients who showed a prompt response to oral corticosteroid, the MRI scan was positive for GCA. The negative predictive values of the ACR criteria for the diagnosis of GCA were 40% and 50%, respectively. Of the five patients who showed a prompt response to oral corticosteroid, the MRI scan was positive for GCA. The negative predictive values of the ACR criteria for the diagnosis of GCA were 40% and 50%, respectively.

Comment

Although our study sample was small our findings suggest that MRI scanning was unable to distinguish between a normal and an affected artery. We conclude that there is no potential for the use of MRI scanning without contrast enhancement in the evaluation of patients with suspected GCA.

References

3 Wenkel H, Michelson G. Correlation of ultrasonic biomicroscopy with histological finding in diagnosis of aortic wall thickening in the acute stage of Takayasu arteritis: improvement of...
Bilateral ischaemic optic neuropathy and stroke after multiple bee stings

Despite the common occurrence of insect stings and local and systemic allergic reactions, there are few reports of optic neuropathy or stroke following bee or wasp stings and, to our knowledge, there has been no report of both cerebral infarction and optic neuropathy occurring in the same patient after such an event. We report on a middle-aged woman who sustained both a stroke and ischaemic optic neuropathy after multiple bee stings.

Case report

A 57 year old white woman reported being stung by 30–40 bees, identified as Africanised honey (killer) bees, in the back of her neck, head, right eye, face, and right arm. She was treated with intravenous antihistamines and antiemetics at a local emergency room and released.

Two days later, the patient experienced a severe headache with nausea and vomiting and noticed a left homonymous visual field loss. She went to see her primary doctor and while there became unresponsive, leading to hospitalisation. Head computed tomography and magnetic resonance imaging (MRI)/magnetic resonance angiography (MRA) were performed showing a large right temporoparietal haemorrhagic infarct (fig 1A, B). An ophthalmological examination revealed best corrected visual acuity (BCVA) of 20/20-1 right eye and 20/30-2 left eye at distance and 20/200 left eye at near, with left 20/30-2 left eye at distance and 20/20 right eye at near. Amsler grid and automated perimetry showed a left altitudinal defect.

Shortly thereafter, the patient experienced acute nausea and vomiting with neck rigidity and was admitted. A head CT scan and brain magnetic resonance image (MRI)/magnetic resonance angiography (MRA) were performed showing a large right temporoparietal haemorrhagic infarct (fig 1A, B). An ophthalmological examination revealed best corrected visual acuity (BCVA) of 20/20-1 right eye and 20/30-2 left eye at distance and 20/20 right eye and 20/200 left eye at near, with left homonymous hemianopia, a left inferior altitudinal defect, and bilateral arcuate defects (fig 1C) with bilateral haemorrhagic disc oedema.

Past medical and surgical history are significant only for controlled arterial hypertension and pseudophakia.

Neuro-ophthalmic examination 5 weeks after her sting episode showed BCVA of 20/15 right eye and 20/25 left eye at distance and 20/20 right eye and 20/30-1 at near. Amsler grid and automated perimetry showed a left homonymous hemianopic defect with a right inferior arcuate defect and a left inferior altitudinal defect.

Pupill examination showed isocoria with a 0.3–0.6 log unit relative afferent pupillary defect in the left eye. Motility was unremarkable, as was anterior segment both eyes. Intraocular pressures were 20 mm Hg right eye and 18 mm Hg left eye. Funduscopic examination showed bilateral disc oedema with pallid swelling superiorly and temporally in both eyes and peripapillary haemorrhage and cotton wool spots in both eyes consistent with anterior ischaemic optic neuropathy (AION). Both maculas were unremarkable without exudative changes. Both retinas were flat with normal vasculature out to the periphery.

Three months after the sting event, the patient reported some improvement of peripheral vision, and repeat visual fields improved slightly inferiorly but were otherwise unchanged. Both optic discs were now flat and showed superior temporal pallor with corresponding nerve fibre layer dropout.

Comment

In their literature review of five cases and report of two additional cases of optic neuropathy occurring after bee and wasp sting, Maltzman, et al describe common characteristics, such as acute to subacute onset of symptoms, moderate to severe visual loss followed by significant recovery (except in one case of a sting directly to the eye); oedematous and haemorrhagic optic discs, and central or caecocentral scotomas. Although our patient had subacute vision loss associated with haemorrhagic disc oedema, her case differs because of minimal recovery of vision and altitudinal visual loss consistent with an ischaemic neuropathy, rather than a transient optic neuritis.

Seven cases of wasp and bee sting associated cerebral infarction were found in the literature. Reported neurological complications included seizure, hemiparesis, aphasia, apraxia, dysarthria, ataxia, and coma, none of which were experienced by our patient. None of these patients had a full eye examination, although in one patient a right homonymous superior quadrantanopia was demonstrated (table 1).

The pathophysiology explaining the associated stroke is unknown. Hypotension caused by anaphylaxis may certainly induce cerebral and optic nerve ischaemia; however, this was not documented in our case. Similar to acute myocardial infarction after hymenoptera stings, it has been suggested that vasoconstriction secondary to mediators released after the sting, aggravated by exogenous adrenaline, and platelet aggregation also contribute to cerebral ischaemia. Bee venom itself contains histamine, thromboxane, leucotrienes, and other vasoactive and inflammatory mediators. In our patient, we postulate that the systemic immune mediated reaction to the bee sting caused vasoconstriction and a prothrombotic state with subsequent ischaemia leading to both the stroke and AION. In addition, a neuropharmacological (sympathetic) mechanism of endothelial permeability involving the cerebral vasculature with a concurrent systemic thrombogenic or immune response has also been postulated.

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<table>
<thead>
<tr>
<th>Author/ref</th>
<th>Age/sex</th>
<th>Type of stings: location</th>
<th>Onset of neurological deficit</th>
<th>Examination findings and symptoms</th>
<th>Eye examination</th>
<th>MRI/CT findings</th>
<th>Treatment</th>
<th>Recovery</th>
</tr>
</thead>
<tbody>
<tr>
<td>Starr and Brasher</td>
<td>37/M</td>
<td>Wasp: multiple on neck, face, and arms</td>
<td>&lt;1 hour</td>
<td>Headache, seizure, right hemiplegia, coma</td>
<td>Equal and reactive pupils</td>
<td>NR</td>
<td>Cortisone, antihistamines, phenobarbital Barbiturates, corticosteroids, adrenaline</td>
<td>Deceased</td>
</tr>
<tr>
<td>Riggs et al</td>
<td>38/M</td>
<td>Wasp: multiple on left face and neck</td>
<td>2 days</td>
<td>Right hemiplegia, dense global aphasia</td>
<td>NR</td>
<td>Ischaemic infarction in the distribution of the left MCA, angiogram: left ICA occlusion</td>
<td>NR</td>
<td></td>
</tr>
<tr>
<td>Riggs et al</td>
<td>52/M</td>
<td>Wasp: single, location NR (previous history of wasp sting allergy)</td>
<td>A few hours, with worsening 24 days later</td>
<td>Anaphylactic shock with respiratory arrest, slurred speech and left hemiparesis initially, then 24 days later, acute abdution and quadriaparesis</td>
<td>NR</td>
<td>IV adrenaline, methylprednisolone, diphenhydramine</td>
<td>NR</td>
<td></td>
</tr>
<tr>
<td>Speach et al</td>
<td>30/M</td>
<td>Bee: single, location NR</td>
<td>&lt;1 hour</td>
<td>Decerebrate posture, extensor plantar reflexes, left hemiparesis, hyporeflexia; after coma, patient had motor apraxia and left sensory neglect</td>
<td>NR</td>
<td>Involved MRA and angiogram: complete and near complete occlusions of the right and left ICA, respectively</td>
<td>Normal VF</td>
<td></td>
</tr>
<tr>
<td>Crawley et al</td>
<td>30/F</td>
<td>Wasp: left arm</td>
<td>&lt;1 hour</td>
<td>Facial and arm swelling, widespread urticaria, acute pulmonary oedema, visual loss</td>
<td>Right homonymous superior quadrantania</td>
<td>Left occipital ischaemic infarct</td>
<td>IV diphenhydramine, steroids and nebulised 1/2 agonist and anticholinergic medications</td>
<td>Full recovery from quadrantania</td>
</tr>
<tr>
<td>Bhat et al</td>
<td>35/M</td>
<td>Bee: multiple ‘all over the body’</td>
<td>&lt;1 day</td>
<td>Multiple swellings all over the body, vomiting, dysarthria, tinnitus, vertigo and swaying gait, hypertensive, bilateral cerebellar signs, rhombaymalolysis with acute renal (respiratory?) failure</td>
<td>No papilloedema</td>
<td>Bilateral cerebellar haemorrhagic infarct</td>
<td>Dexamethasone, antihistamines, mannitol, insulin, haemodialysis</td>
<td>Deceased</td>
</tr>
<tr>
<td>Present report</td>
<td>57/F</td>
<td>Bee: multiple on neck, head, R eye, R side of her neck, face and R arm</td>
<td>2 days</td>
<td>Nausea, vomiting, vision loss</td>
<td>BCVA of 20/15 right eye, 20/25 left eye; left homonymous hemianopia, left inferior arcuate and right altitudinal defect; Bilateral oedema (right eye &gt; left eye) w/ pallid haemorrhagic swelling</td>
<td>Haemorrhagic infarct 2 days post-ischaemic stroke</td>
<td>IV antihistamines and antiemetics</td>
<td>Left homonymous hemianopia with inferior arcuate defects; central vision unaffected right eye and only mildly affected left eye</td>
</tr>
</tbody>
</table>

NR = none reported.
Preoperative V pattern exotropia, over-elevation in adduction, under-depression in adduction in both eyes.

Figure 1

Preoperative coronal views on CT scan of both orbits showing evidence of rectus muscle heterotopy. A vertical line joining the centre of the belly of the vertical rectus muscles shows the relative inferior displacement of the superior rectus muscle compared to the nasal displacement of the inferior rectus muscle. A horizontal line joining the centre of the belly of the horizontal rectus muscles shows the relative inferior displacement of the lateral rectus muscle compared to superior displacement of the medial rectus muscle.

Figure 2

Preoperative clinical pictures showing improvement in V pattern exotropia with improvement in versions in adduction.

Figure 3

Postoperative clinical pictures showing improvement in V pattern exotropia with improvement in versions in adduction.

Cause of V pattern strabismus in craniosynostosis: a case report

Strabismus is a common association in patients with craniosynostosis or craniofacial dysostosis (60–70%). V pattern exotropia is the most common ocular motility problem.

Various theories have been proposed to explain the cause of the V pattern and surgical attempts to correct it with weakening procedures of the inferior oblique have been disappointing.1 2

This is a case report of one child with this disorder who underwent orbital computed tomography (CT) scans and had a marked improvement of the V pattern following strabismus surgery based on the CT findings.

Case report

This child with craniosynostosis had undergone six previous cranial surgeries. She had three strabismus surgical procedures including anterior transpositions of the inferior obliques in an attempt to correct a large V pattern. She presented to us with a chin up position, V pattern exotropia (60 prism dioptries), over-elevation in adduction, limitation of depression in adduction, and incomitant hypertropias in side gazes (fig 1).

Objective fundus excyclotorsion was noted. Orbital imaging demonstrated that all extraocular muscles in each eye were present, normal in size and shape but anatomically displaced. The extraocular muscles in the left eye were rotated clockwise and in the right eye were rotated counterclockwise (fig 2).

Ineffectiveness of inferior oblique weakening procedures and the presence of muscle heterotopy led us to consider that the over-elevation in adduction was most likely related to the anatomical displacement of the rectus muscles.

Surgical exploration confirmed muscle heterotopy. The lateral recti were found slanting inferiorly (fig 3). Repositioning of the lateral recti superiorly to a more horizontal position and suturing the superior border of the muscle belly to the adjacent sclera about 18 mm from the limbus using a...
of ocular involvement with West Nile virus, highlighting the typical ocular findings.

**Case report**

An 80 year old man convalescing in a nursing home from neurological complications of recently acquired West Nile virus meningocerebralitis presented with bilateral visual loss of unspecified duration. The patient had been hospitalised 4 months previously for serologically confirmed West Nile virus encephalitis. His infectious course was complicated by residual right sided paresis, dysarthria, and generalised mental status changes with dementia. Over the following months as he regained his mental faculties he complained to family members of decreased vision and central scotomas, worse in his left eye than right. His best corrected visual acuity at this time was 20/40 in the right eye and 20/60 in the left eye. The patient’s ophthalmic and medical histories were otherwise non-contributory. Biomicroscopic examination revealed normal anterior segments without inflammation and moderate nuclear sclerotic cortical changes involving both crystalline lenses. Funduscopy examination revealed mild vitreous debris with moderately large areas of retinal pigment epithelial and choroidal atrophy in the posterior segment (fig 1A and B, right and left eyes, respectively) in addition to the atrophic and pigmented chorioretinal foci throughout the retinal periphery (fig 2A and B, right and left eyes, respectively).

Over the next 3 months the patient developed problems with his activities of daily living at night and glare with lighting. Subsequent examination revealed progression of the lenticular changes and the patient was referred for cataract extraction. He returned 3 months later after uneventfully cataract surgery. He was not on any medications at this time. Best corrected visual acuity measured 20/30 in the right eye and 20/40 in the left eye. Normal anterior segments without inflammation and well placed posterior chamber intraocular lenses were noted. The vitreous debris persisted and his funduscopic examination was without change bilaterally. Examination 6 months later and approximately 16 months after initial West Nile virus infection demonstrated stable ophthalmic findings and visual acuity.

**Comment**

Although ocular symptoms associated with West Nile virus were first reported in 1996 ocular findings in West Nile virus infection were first described in the medical literature soon after the West Nile virus epidemic in North America in 2002. Initial reports described analogous clinical findings consisting of mild anterior segment inflammation, vitritis, and discrete nummular outer retinal/choroidal lesions which were often linear in distribution and varied in appearance from “creamy whitish-yellow” to atrophic with various degrees of pigmentation. Mild retinal haemorrhage was also occasionally present. Fluorescin angiography revealed these “target” lesions to be hypofluorescent centrally and hyperfluorescent peripherally. Leakage from the optic nerve is sometimes present as optic neuritis and papilloedema may be associated with contiguous central nervous system involvement. Later reports confirmed these findings and suggested that active lesions associated with vitritis may appear “creamy” in nature eventually progressing to foci of well circumscribed chorioretinal atrophy as the disease becomes inactive and subsequently becoming more prominent with time.

Various ocular inflammatory and infectious processes such as toxoplasmosis and juvenile rheumatoid arthritis have been associated with periods of recurrence and
Swimming goggles suck

We present a complication arising from the use of swimming goggles in a patient with glaucoma drainage blebs.

Figure 1  (A) (B) Right eye at 4 months postoperatively showing corneal dellen and nasal bleb extension (A) and the adjoining isthmus (B) with arrows at each end. (C) Regression of the right accessory bleb after needling, 5-fluorouracil, and topical steroids. (D) Left eye at 7 months postoperatively with smaller and slightly inflamed nasal accessory bleb. (E) Pressure transducer setup measuring “intragoggle” pressure using AD Instruments Powerlab (www.adinstruments.com) and IOP transducer (gold disc). (F) Transducer recording showing several goggle applications (positive pressure, “a” labels) and the transient negative pressure spikes produced on removing them (“b” labels). In area 1 of the trace, the goggles were overtight and in area 2 they were comfortable.

Case report

A 73 year old white man with poorly controlled primary open angle glaucoma underwent routine trabeculectomy with adjunctive 5-fluorouracil to the right eye, followed by the same procedure to the left eye 6 weeks later. Preoperatively the intraocular pressures were 28 mm Hg bilaterally and cup/disc ratios were 0.95 right, 0.8 left. Early postoperative intraocular pressure (IOP) in the right eye was low (5 mm Hg at weeks 2 and 6), but uncomplicated. The recovery of the left eye was uneventful, and at 3 months the IOPs were 10 mm Hg right eye, 12 mm Hg left.

However, at 4 months the patient presented with discomfort and redness in the right eye. A large extension of the bleb had formed at the nasal limbus, with an associated corneal dellen (fig 1A and B). The IOP had increased in the right eye, which was treated with a needling procedure and 5-FU injection, repeated 3 weeks later. Subsequently the bleb extension receded and the previously elevated right nasal conjunctiva was found to be firmly adherent to the underlying sclera (fig 1C).

He re-presented 7 months after the initial surgery with redness and swelling, this time in the left nasal conjunctiva (fig 1D). At this point the patient mentioned that he was a keen swimmer and inquired whether his problem could have been caused by the use of swimming goggles. He had resumed swimming 2 weeks before developing the right eye complication, then stopped. He had resumed again 3 months before developing the left.

With this in mind, we set out to investigate the pressure changes occurring inside swimming goggles. With a pressure transducer fixed to one eyepiece (fig 1E), we recorded a comfortable range of −1 to −5 mm Hg, discomfort over −10 mm Hg and a maximum suction of −44 mm Hg. Upon removing the goggle, a transient negative pressure spike was also produced (fig 1F). Given these observations and the timing of the clinical events, we surmise that the patient’s bleb extensions were plausibly consequent upon his aquatic activities.

Comment

Previous reports of barotrauma sustained while wearing diving goggles include suction petechiae and changes in the eyelid skin, but we are not aware of any information concerning the effects of swimming goggles on glaucoma drainage blebs. When goggles are applied, firm pressure displaces a small volume of air and creates a negative “intragoggle” pressure, the basis by which a seal is maintained. In a person who has undergone trabeculectomy, an increase in the transconjunctival pressure gradient could open up a weakness in the perimeter of the bleb and cause it to extend in the direction of least resistance.

Other experimental work has examined the pressure changes occurring in the mask space during scuba diving. This is a rather different system as the nose is included in the mask, allowing the pressure to be equalised by exhaling through the nose. The eye and periorbital structures can be subjected to significant negative pressures if this is not done, but the duration is usually limited by this pressure gradient acting across the tympanic membrane, causing pain and prompting the diver to ascend or equalise. Ocular barotrauma can result in subconjunctival haemorrhage and chemosis, and it has been recommended that patients wait a minimum of 2 months after glaucoma filtering surgery before resuming scuba diving.

We do not believe patients who have undergone trabeculectomy need to cease swimming, but they should be aware that goggles may be able to produce excessive negative pressure if they form a very tight seal.

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3 US National Center for Infectious Diseases, Division of Vectorborne Infectious Diseases, Centers for Disease Control and Prevention, Fort Collins, Colorado.

Swimming goggles suck

We present a complication arising from the use of swimming goggles in a patient with glaucoma drainage blebs.
Immune recovery disease: a case of interstitial keratitis and tonic pupil following bone marrow transplantation

Immune recovery disease results from an immunological response to circulating viral antigens in the host after bone marrow transplantation (BMT) mediated immune reconstitution. It may also occur after successful antiretroviral therapy in patients with HIV and AIDS. We report a case of a child with severe combined immune deficiency (SCID) and disseminated varicella zoster virus (VZV) infection who developed interstitial keratitis and a tonic pupil after BMT.

Case report
An 8 month old male infant was referred to the ophthalmology clinic at Great Ormond Street because of suspected congenital glaucoma. The past ophthalmic and family history were unremarkable. The child was born with multiple congenital anomalies of the lower limbs which included bilateral tibial deficiencies, and an extreme talipes equinovarus of the right foot. The child had a generalised vesicular rash throughout his body extending to his eyelid margins. He had a history of chronic graft versus host disease affecting the skin and intestine which is controlled with low dose systemic steroids. His systemic medications also include aciclovir 120 mg four times daily.

At 12 months of age he underwent allogeneic BMT from a one antigen mismatched unrelated donor following reduced intensity conditioning with fludarabine, melphalan and alemtuzumab. Engraftment was very rapid with neutrophils appearing by day 10. Before BMT the CD3+ CD4+ count was 0.04 × 10^9/l but 7 weeks after BMT the CD3+ CD4+ count was 0.47 × 10^9/l.

Four weeks after BMT his mother noted bilateral corneal haze which was more marked on the left eye. He was reviewed in his isolation cubicle with a hand held slit lamp and Perkins tonometer and was found to have bilateral corneal stromal haze and corneal vascularisation (fig 1). There was no conjunctival injection, and his intraocular pressure was 13 mm Hg in each eye. Both pupils were reactive to light. The lymphocyte count had recovered at this point to more than 1.0 × 10^9/l.

An examination under anaesthesia was arranged and a diagnosis of interstitial keratitis without epithelial involvement was made. He was treated with intensive topical prednisolone acetate 1% (one drop every 2 hours) and cyclopentolate 1% twice daily to both eyes. Betaxolol 0.5% twice daily was prescribed prophylactically to prevent raised intraocular pressure which could exacerbate the corneal haze. The child was reviewed regularly and the stromal vascularisation was seen to regress. He was thus gradually weaned off the steroid drops to one drop daily and the cycloplegics were stopped. Three months after BMT his mother reported a change in pupillary size in the right eye. On examination the right pupil was mid-dilated and oval in shape, not reactive to light and there was no evidence of posterior synechiae (fig 3). A diagnosis of a right tonic pupil was made.

At the most recent review, 6 months following BMT he had clear corneas centrally in both eyes with some persistent peripheral stromal vessels, and a right tonic pupil. Unaided visual acuity was 0.60 logMAR with both eyes using the Cardiff acuity test (Keeler Ltd, Windsor, UK). There was a left fixation preference and amblyopia therapy was commenced with occlusive patches.

Currently, the child has an ongoing mild chronic graft versus host disease affecting the skin and intestine which is controlled with low dose systemic steroids. His systemic infection is extremely common, ocular complications in association with viral infections leading to death often by the age of 2 years.

Severe combined immune deficiencies (SCID) are a rare heterogeneous group of disorders characterised by severe T cell and B cell deficiency with low or absent antibody levels. They usually manifest in the first months of life with severe and recurring infections leading to death often by the age of 2 years.

Since 1968 these diseases have been successfully treated with haemopoietic stem cell transplantation. Varicella infection has been associated with severe immune dysfunction following BMT and it has been shown that severe disseminated varicella infection causes ocular disease that mimics the sequelae of herpes zoster ophthalmicus.

In the adult population, the commonest cause of interstitial keratitis is HSV infection whereas varicella infection is considered a rare cause. In children, although varicella infection is extremely common, ocular complications of this disease are rare.

If keratitis develops in association with a childhood viral exanthem it is important to consider a number of possible infectious agents such as HSV, EBV, mumps, syphilis, Lyme disease, or tuberculosis in the differential diagnosis. In this setting, other documented complications in association with SCID include bilateral viral endophthalmitis, CMV retinitis, and optic neuritis. In this case the history and the physical findings were highly suggestive of the diagnosis and were confirmed by PCR testing. As far as we are aware this is the first case of varicella
associated interstitial keratitis and a tonic pupil occurring in a child with SCID following BMT.

The signs of early interstitial keratitis and a right tonic pupil were noted by the child's mother about 4 weeks after the allogeneic bone marrow transplant. We believe that an immunological response to pre-existing varicella infection is responsible for the development of the eye signs. This signifies a possible reaction from a nascent immune system in the recipient—an example of immune recovery disease.

There is experimental evidence to support this idea as it has been shown that whole lymphocyte and splenocyte transfer leads to herpes simplex keratitis in SCID mice.1 In other words SCID mice reconstituted with T lymphocytes of the CD4+ phenotype developed subsequent corneal lesions in relation to HSV infection. Conversely Mercedal et al have shown that unconstituted SCID mice remained lesion free when infected with HSV.2 This suggests that herpes simplex keratitis is a T cell mediated immunopathological reaction to virus in the cornea. In our case the corneal changes occurred following bone marrow reconstitution. Before BMT the CD4+ CD8+ cell count was 0.04 x 10⁹/l but 7 weeks following BMT the CD4+ CD8+ cell count was 0.47 x 10⁹/l. The corneal changes became apparent at about 4 weeks after BMT. We believe that our case illustrates a similar mechanism in the human model in relation to varicella infection.

The tonic pupil developed as a consequence of a post-viral ganglionitis affecting the ciliary ganglion and the short posterior ciliary nerves, a rare but previously described complication of varicella infection.3 Other reported cases of ophthalmic immune recovery disease include a case of varicella zoster virus associated anterior stromal keratitis in a patient with AIDS and, in another case, in association with CMV retinitis.4

Considering BMT, varicella zoster virus associated disease can be a frequent complication following autologous and allogeneic transplantation.5 Other complications in relation to BMT include pseudomembranous conjunctivitis, keratoconjunctivitis sicca,6 cataracts,7 and severe graft versus host disease.8

This child did suffer a graft versus host disease-like rash at the time of the development of the keratitis. While it is possible that the keratitis was purely graft versus host disease this seems unlikely, given that there was no conjunctival involvement and that the graft versus host disease was extremely mild. Furthermore, in this case the disseminated varicella infection preceded the BMT and formed the basis for identifying a severe immune deficiency in the child. It highlights the importance of frequent ophthalmic follow up in the immediate period following BMT as there is an increased risk of ocular disease.

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The age at the onset of symptoms in OMD patients is relatively old,9,10 and the first visit to the hospital is aged 20 years or more with the youngest being 16 years of age.11 Here, we present an 11 year old boy who was diagnosed as having OMD because of the results of electrophysiological and psychological tests.

Case report

An 11 year old boy was referred to our hospital with a complaint of progressive decline of vision in both eyes. His corrected visual acuity was 20/25 in both eyes at 6 years of age, but had decreased to 20/33 at 10 years of age. Family history revealed that members to have any eye diseases. At the initial examination, his visual acuity was 20/40 right eye and 20/33 left eye with –3.0 dioptres (D) in both eyes. The fundus examination and fluorescein angiograms were normal (fig 1). The peripheral visual fields were intact but a relative central scotoma was detected with the 1-2 target within 10 degrees in both eyes. A moderately-red-green defect was found on the Ishihara pseudosochromatic plates, Hardy-Rand-Rittler pseudosochromatic plates, and Farnsworth-Munsell 100 hue test. The amplitude of full field ERGs were within the normal range for both rod and cone components (fig 2A). However, focal macular ERGs with 5, 10, and 15 degrees stimulus spots were severely reduced and essentially absent (fig 2B). The multifocal ERGs demonstrated a loss of local responses in the central retina (fig 2C).

Psychophysical rod and cone sensitivity was performed on his right eye with 31 test points across the 60 degree horizontal meridian using a previously described method.12 The cone sensitivities were severely affected in the central retina but fell within the normal range in the periphery (fig 2D). The rod sensitivities were at the lower border line at almost all locations tested (not shown).

At present (August 2003, 13 years old), his acuity has decreased to 20/50 in both eyes, but his fundi still remain normal in both eyes.

Comment

This boy had a progressive decrease of visual acuity in both eyes, and his fundus examinations and fluorescein angiograms were completely normal. The amplitude of the conventional full field ERGs were also within the normal range for both rod and cone components. However, focal macular cone ERGs and multifocal ERGs were severely reduced in the central retina. Results of psychophysical perimetry showed a reduction of cone sensitivity but only in the central retina. These findings are consistent with the clinical characteristics of OMD which we have previously reported.11,13,14

OMD in children is very rare.15 In our 42 consecutive OMD patients seen at the Nagoya University Hospital from 1988 to 2003, the age at initial visit to the hospital ranged from 16 to 74 years (mean 45.8 years), and 95.2% of patients visited the hospital at 20 year old or more. To the best of our knowledge this boy is the youngest case with OMD reported anywhere.

We would like to emphasise that OMD can be found even in children. Because of the fundus examination and full field ERGs are normal in these patients, these children are apt to be misdiagnosed as optic nerve disease, central nerve disease, or psychological
disorders. Focal or multifocal ERG techniques are the only key to diagnose this rare type of macular dystrophy.

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References

Pseudomonas aeruginosa microbial keratitis secondary to cosmetic coloured contact lens wear

Cosmetic coloured contact lenses are worn to give the appearance of a different or unusual eye colour and about 60,000 people in the United Kingdom obtain these types of contact lenses through eye care professionals. A subset of these lenses—those with no optical power (“plano” coloured lenses)—falls outside legislation designed to restrict the sale of contact lenses to suitably qualified professionals. We report a severe case of microbial keratitis caused by Pseudomonas aeruginosa which has resulted in lasting visual impairment in a patient obtaining cosmetic coloured contact lenses from a fashion shop rather than through an eye care practitioner.

Case report
An 18 year old south Asian male student presented in December 2003 with a 2 day history of a foreign body sensation in his left eye. One day before presentation the eye had become slightly red. He had commenced the use of Brolene eye drops which had been purchased from a large chain supermarket. The eye then became painful with eyelid swelling and he presented to the local district general hospital the following day. He was diagnosed with a corneal ulcer and referred to our institution.

He reported a 12 month history of cosmetic coloured plano contact lens wear, having purchased the lenses from a fashion shop rather than through an eye care professional.
No counselling was provided at the point of purchase regarding a hygiene routine, care of lenses, or possible complications associated with their use. He wore the lenses 12 hours per day, 7 days per week without any overnight use. The lenses were designed to make the eye appear grey or blue (patient’s natural eye colour was brown). There was no past medical or ocular history of note including amblyopia.

On examination the unaided vision was 6/6 in the right eye and 6/36 in the left eye. The left eye demonstrated a mid- peripheral corneal infiltrate in the 4 o’clock position with overlying 2.4 mm diameter ulcer, and surrounding stromal swelling (Fig 1). There was a 0.5 mm height hypopyon. The intraocular pressure was within the normal range. The right cornea demonstrated a very small peripheral infiltrate with no significant anterior chamber reaction. Both posterior segments were unremarkable. A corneal scrape was performed with the Gram stain demonstrating a small quantity of neutrophils and Gram negative bacilli. Ofloxacin 0.3% drops were commenced every hour to the left eye. The peripheral infiltrate resolved with the corneal epithelial healed by day 10. Topical prednisolone 0.5% was commenced on day 4. A more central mid stromal corneal infiltrate encroaching on the visual axis developed on day 1 after admission and has gradually become less prominent during follow up over 3 months (Fig 2) although the visual acuity remains reduced at 6/36. Pseudomonas aeruginosa was grown from the corneal scrape, sensitive to ciprofloxacin, ofloxacin, gentamicin, and ceftazidine. The right eye was not scraped, responded well to topical ciprofloxacin drops, and did not develop any scarring. The contact lenses and their cases were also investigated as there was a high degree of suspicion that clinically they would be contaminated. All grew Pseudomonas aeruginosa with a sensitivity profile identical to the corneal scrape specimen. Mixed coliform growth was also noted also in one of the contact lens cleaning solutions.

**Figure 1** Large corneal infiltrate with overlying area of ulceration on presentation.

**Figure 2** Residual central corneal infiltrate at 1 month after presentation.

Potential complications are the same as those for all contact lenses and have been documented in a recent case series in the United States.1 Pseudomonas aeruginosa microbial keratitis with vision loss requiring elective penetrating keratoplasty, presumed herpes simplex related corneal scarring causing legal blindness, acute iridocyclitis, corneal hypoxia, microcystic oedema, punctuate keratopathy, corneal abrasions, and giant papillary conjunctivitis were all documented.

In the United Kingdom, the Opticians Act 1989 states that a person who is not a registered medical practitioner or registered optician shall not fit contact lenses. Plano (or “afocal”) contact lenses are not included in this act because they have no optical power. The General Optical Council has received reports of these lenses being shared and exchanged between wearers and of sales staff demonstrating fitting on themselves before offering the lens to the purchaser.2 In November 2000 the General Optical Council submitted recommendations to the Department of Health arguing that primary legislation should be passed stipulating that the fitting and sale of plano contact lenses should also fall within the terms of the act. On 28 October 2003 Mr John Robertson, MP for Anniesland, Glasgow, moved a bill to amend the Opticians Act 1989 to include plano contact lenses in the restrictions already placed on the sale of other contact lenses.3 This case report highlights the potential complications of these lenses and supports legislation restricting their sale.

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**Severe proliferative retinopathy in a patient with advanced muscular dystrophy**

The patient is a 25 year old white man with Duchenne muscular dystrophy (DMD), complicated by respiratory failure requiring ventilatory assistance and impaired cardiac function. His ocular complaints were “floaters” and decreased vision over the preceding 6 weeks. He had no history of ocular disease or trauma. The patient’s level of alertness was maintained but his visual acuity was numerically fixed at 6/12 in the right eye and 6/180 in the left eye. An afferent pupillary defect was noted in the right eye with a 0.5 mm height hypopyon. The intraocular pressures were 14 and 8 mm Hg. The anterior segment examination was unremarkable with no neovascularisation of the iris or angle. Biomicroscopy revealed bilateral vitreous haemorrhage. Indirect ophthalmoscopy revealed delayed filling and venous beading in both eyes, with severe central retinal detachment. No new neurological findings were present. The best corrected visual acuity was count fingers in both eyes, and vitreous haemorrhage.

Fluorescein angiography revealed hyperfluorescence, consistent with neovascularisation, and revealed delayed filling and venous beading in both eyes, without central or branch, vascular occlusion. Hyperfluorescence, consistent with neovascularisation, was present along the temporal vascular arcades and at the optic discs. Indirect ophthalmoscopy confirmed these angiographic findings (see figs 1 and 2).

Indirect laser with scleral depression resulted in full treatment of retina outside of the vascular arcades. Treatment appeared to have little effect on neovascular progression. Overwhelming anaesthetic risk prevented further procedures. Both eyes progressed to subtotal traction retinal detachment and counting fingers vision.

**Comment**

The working diagnosis was retinal ischaemia secondary to hypoperfusion or pan-microvascular occlusive disease. The cardiac ejec tion fraction was 20% of predicted; the forced vital capacity was 14% of predicted and the forced expiratory volume in 1 second was 15% of predicted. We believe that cardiopulmonary compromise was a primary

**Figure 1** Colour fundus photograph of the right eye depicting venous beading (arrow), neovascularisation of the disc (arrowheads), and vitreous haemorrhage.

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1 Morgan PB. Healthcheck on the contact lens market. Optician 2003;226:32–33.
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www.bjophthalmol.com
Dystrophin may be involved in the regulation of ischaemic processes in the retina and localises to photoreceptor terminals and around retinal vessels. Deficiency of dystrophin produces abnormal transmission between photoreceptors and optic nerve bipolar cells and a diminished electroretinogram (ERG) signal. Mice lacking the Dp71 isoform of dystrophin suffer greater damage to the ganglion cell layer than wild type mice. Therefore, dystrophin may be involved in the regulation of ischaemic processes in the retina. Cardiopulmonary assist is not prevalent in the Duchenne population, pathy in adults. Retinal neovascularisation is routinely associated with proliferative retinopathy, or Takayasu disease.

Duchenne muscular dystrophy is the most common X linked neuromuscular disorder. It has an incidence of one in 3500 male births. DMD results from a gene mutation that inactivates the DMD gene, encoding dystrophin. It leads to altered or absent dystrophin protein expression and is characterised by progressive muscle weakness, dilated cardiomyopathy, or Takayasu disease.

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In summary, rapidly progressive, bilateral proliferative retinopathy may be associated with DMD in the presence of severe cardiopulmonary compromise. Whether an absence of dystrophin contributes directly or indirectly is unknown but consideration of the possibility may lead to novel insights into the development of pathological retinal neovascularisation. The visual prognosis with late presentation in this setting is uncertain despite full panretinal photocoagulation. Patients with advanced DMD may benefit from periodic fundus examination as it is not known whether early treatment has the potential to alter prognosis.

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References

Bilateral decompression retinopathy after orbital decompression surgery

Decompression retinopathy is defined as retinal haemorrhages that typically occur after glaucoma filtration surgery.1,2,3

Orbital decompression is a common surgery performed to treat patients with thyroid related optic neuropathy for functional or cosmetic indications.4 Many complications have been described with the surgery, but this surgery has never been associated with retinal haemorrhages.

We describe a case of a 70 year old woman, who developed bilateral retinal haemorrhages after staged bilateral orbital decompression surgeries.

Case report
A 70 year old woman with the diagnosis of euthyroid Graves’ disease was referred because of severe proptosis. Past ophthalmic history revealed two previous strabismus surgeries. Past medical history was unremarkable with no history of diabetes or cardiovascular disease, also she was not taking aspirin or any other blood thinning medications.

Ophthalmic examination showed visual acuity of 20/20 in each eye. Both orbits were moderately firm to retroptosis. IOP was within normal limits in primary gaze (18, 19 mm Hg) and slightly elevated in upgaze (17, 26 mm Hg). There were limitations in upgaze and lateral gaze in both eyes as well as upper and lower lids retractions. There was a mild degree of lagophthalmos with exposure keratopathy. Funduscopy was normal and did not show any evidence of microvascular disease or retinal haemorrhages. Hertel measurements were 22 mm on the right and 23 mm on the left. Computed tomography scan showed enlargement of the extraocular muscles.

She underwent bilateral orbital decompression surgery on the left side, including deep lateral and medial wall decompression with intraconal fat removal. Three days after surgery she noted spots in front of her left eye. Visual acuity in that eye was 20/25. Funduscopy examination disclosed dot and blot haemorrhage with flame shaped haemorrhages in the posterior pole of the left eye (fig 1).

The patient was well informed of the complication in the first eye and the chance of developing retinal haemorrhages in the right eye after orbital decompression. She agreed to undergo surgery and 1 week later she underwent balanced orbital decompression on the right side. Three days later she again noted spots in front of her right eye. Best corrected visual acuity decreased to 20/160, and funduscopy examination revealed posterior pole retinal haemorrhages (fig 2).

Three months postoperatively IOP in primary gaze decreased to 12 mm Hg in both eyes, and 14 and 16 mm Hg in upgaze. Exophthalmos decreased to 18 mm on each side, and the lagophthalmos and exposure keratopathy resolved. Fluorescein angiography showed evidence of blocked fluorescence, suggestive of retinal haemorrhage. There was no evidence of neovascularisation, vascuropathy, or choroidal rupture. Visual acuity gradually improved over the course of 3 months and returned to 20/20 in both eyes.

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Supported in part by Research to Prevent Blindness, Juvenile Diabetes Foundation, Stewart Trust, NEI-KO8 (PG).
Decompression retinopathy is a rare complication that may occur after glaucoma filtration surgery. It is associated with scattered retinal haemorrhages concentrated in the posterior pole. The haemorrhages may be diffuse, both in deep and superficial layers of the retina, and may even show white centres when first observed. Retinal haemorrhages associated with ocular decompression appear to be relatively benign and usually resolve within weeks to months with no effect on visual acuity or intraocular pressure. A gradual decrease of IOP preoperatively and intraoperatively is recommended in order to avoid this complication. Decompression retinopathy has not previously been described as a complication of orbital decompression surgery. Our patient had a relatively tight orbit with restrictive strabismus and marked enlargement of the extraocular muscles. Significant force was required to retract the globe to achieve exposure of the medial and deep lateral orbital walls. Retraction was frequently relaxed to assure perfusion of the retina. We hypothesised that the marked intraocular pressure fluctuation that occurs during these surgical manoeuvres may have contributed to the retinal haemorrhages. It may also be that surgical manoeuvres may have contributed to the marked intraocular pressure. A gradual decrease of IOP after acute decrease of IOP is recommended in order to avoid this complication. Ocular decompression retinopathy is a rare complication that may occur after glaucoma filtration surgery. It is associated with scattered retinal haemorrhages concentrated in the posterior pole. The haemorrhages may be diffuse, both in deep and superficial layers of the retina, and may even show white centres when first observed. Retinal haemorrhages associated with ocular decompression appear to be relatively benign and usually resolve within weeks to months with no effect on visual acuity or intraocular pressure. A gradual decrease of IOP preoperatively and intraoperatively is recommended in order to avoid this complication. Decompression retinopathy has not previously been described as a complication of orbital decompression surgery. Our patient had a relatively tight orbit with restrictive strabismus and marked enlargement of the extraocular muscles. Significant force was required to retract the globe to achieve exposure of the medial and deep lateral orbital walls. Retraction was frequently relaxed to assure perfusion of the retina. We hypothesised that the marked intraocular pressure fluctuation that occurs during these surgical manoeuvres may have contributed to the retinal haemorrhages. It may also be that surgical manoeuvres may have contributed to the marked intraocular pressure. A gradual decrease of IOP after acute decrease of IOP is recommended in order to avoid this complication.

References


Retinal nerve fibre layer damage after indocyanine green assisted vitrectomy

Recently, indocyanine green (ICG) has been used to stain and visualise the internal limiting membrane (ILM) during vitrectomy. Some case series showed that visual field defects on the nasal side can occur after the surgery through unknown cause. Here, we report a case in which nasal visual field defects occurred after ICG assisted ILM peeling for epiretinal membrane (ERM). Detailed examination revealed that the superior and inferior retinal nerve fibre is severely damaged in this case.

Case report

A 60 year old woman who received ICG assisted ILM peeling for ERM in her right eye was referred to our hospital. The pre-operative best corrected visual acuity (BCVA) was 20/60 in the right eye. According to the referring ophthalmologist, 25 mg of ICG (Diagnogreen; Daiichi Pharmaceuticals) was dissolved in 10 ml of distilled water, which was further diluted by a viscoelastic material (Healon; Pharmacia) to give 0.16% ICG solution. To stain ILM, ICG was injected into an air filled eye and the dye was washed 2 minutes later. An air infusion cannula was placed at the temporal side. There was no complication during the surgery. Seventeen days after the operation, she noticed nasal visual field loss, which got worse 22 days after the surgery. Sixty days after the surgery, she was referred to our hospital. At the initial visit, the BCVA was 20/25 in the right eye. Goldmann perimetry revealed a nasal visual field defect (fig 1A). In the right eye, a relative afferent papillary defect was found. Ophthalmoscopic examination and fluorescein angiography showed no abnormalities. The optic disc rim appeared to have lost colour without being associated any cup or rim changes typically seen in glaucoma (fig 1B). Residual ICG was evident at the optic disc and along the nerve fibre (fig 1C). The nerve fibre staining was most evident in the superior and inferior quadrants. ICG angiography revealed ICG staining of the optic disc and superior and inferior nerve fibres, but no other abnormalities. Full field electroretinogram (ERG) and multifocal ERG (VERIS science ver3.8, EDI) revealed no abnormalities. The results of visual evoked potential testing were also non-remarkable.

During our 8 month follow up period, there was no significant change in the visual field defect and the distribution of the residual ICG. Scanning laser polarimetric analysis (GDx VCC, Laser Diagnostic Technologies, Inc, San Diego, CA, USA) performed 8 months after the surgery showed profound nerve fibre loss around the disc, especially evident at superior and inferior quadrants (fig 2).

Figure 2 Fundus photograph (upper image), right eye, 4 days after orbital decompression surgery on the right side showing scattered posterior pole retinal haemorrhages. Note the haemorrhage centred in the fovea. VA 20/160. (Lower image) Fluorescein angiography, right eye, late frame showing blocked fluorescence from retinal haemorrhages.

Comment

Decompression retinopathy is a rare complication that may occur after glaucoma filtration surgery. It is associated with scattered retinal haemorrhages concentrated in the posterior pole. The haemorrhages may be diffuse, both in deep and superficial layers of the retina, and may even show white centres when first observed. Retinal haemorrhages associated with ocular decompression appear to be relatively benign and usually resolve within weeks to months with no effect on visual acuity or intraocular pressure. A gradual decrease of IOP preoperatively and intraoperatively is recommended in order to avoid this complication. Decompression retinopathy has not previously been described as a complication of orbital decompression surgery. Our patient had a relatively tight orbit with restrictive strabismus and marked enlargement of the extraocular muscles. Significant force was required to retract the globe to achieve exposure of the medial and deep lateral orbital walls. Retraction was frequently relaxed to assure perfusion of the retina. We hypothesised that the marked intraocular pressure fluctuation that occurs during these surgical manoeuvres may have contributed to the retinal haemorrhages. It may also be that surgical manoeuvres may have contributed to the marked intraocular pressure. A gradual decrease of IOP after acute decrease of IOP is recommended in order to avoid this complication.
Competing interest: none.

Recent clinical findings.\(^1\) Retinal damage was not evident by morphological, angiographic, and functional analysis. However, it was evident that the nerve fibres are damaged in this patient. Although the direct causal relation cannot be proved, it is highly likely that the damage to the nerve fibre was caused by the ICG because of the remarkable correspondence of the distribution pattern of ICG and the nerve fibre defects. This is also supported by our experimental findings that ICG showed neurotoxicity at concentrations lower than clinically employed.\(^2\) To our knowledge, this is the first report of ICG induced retinal nerve fibre damage assessed by scanning laser polarimetry.

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Competing interest: none.

References

Figure 2 The results obtained from the GDx-VCC from the right (top) and left (bottom) eyes taken 8 months after the surgery. The left column shows the retardation image. The centre column shows the results from analysis. The navy, blue, yellow, and red points represent significant loss of nerve fibre layer, p<5%, 2%, 1%, and 0.5%, respectively. The right column shows that the general double hump pattern is evident in the left eye but is lost in the right eye.

Worldwide clinical trials for new technique for early detection of eye disease

A unique new non-invasive technique for high resolution optical imaging of the eye is receiving global acclaim. The technique, pioneered by the University of Kent, is funded by the Toronto-based company, Ophthalmic Technology Inc (OTI). The University’s Applied Optics Group is currently working with university hospitals in New York (USA), Osaka (Japan), Asahikawa (Japan), Amsterdam (Netherlands) and Milan (Italy) to carry out preliminary clinical trials. By combining two high-resolution imaging technologies, the new technique provides doctors with 3-D images of the retina, macula and the optic nerve. Such high resolution images provide clinicians with capabilities for early diagnosis and treatment of common ocular diseases such as glaucoma, diabetes and age-related macula degeneration. OTI is planning in the near future to extend the clinical research to other leading university medical centres in Japan, USA and Europe.

Professor Adrian Podoleanu explained: ‘At Kent we created a very cost effective imaging system which simultaneously produces optical coherence tomography (OCT) and scanning laser ophthalmoscope (SLO) images. Its early potential was immediately realised by OTI, who commissioned the assembly of several prototypes to be tested in different clinics worldwide before embarking on commercial exploitation of the invention.’

The clinical investigators together with the Kent team have jointly published in international medical publications and presented at clinical and scientific conferences over 50 publications and presentations related to this research.

For more information, contact the Media Office on 01227 823581/823100 or email MediaOffice@kent.ac.uk News releases can also be found at: http://www.kent.ac.uk/news

Glaucoma Society Silver Jubilee Meeting 2004

The Silver Jubilee Meeting and Dinner for the Glaucoma Society will be held on 3 December 2004 at the Royal College of Physicians in Regents Park, London. The meeting will take place between 8.30am and 5pm and the dinner will be held between 6.30pm and 10pm. For further information, please contact: Janet Flowers, Administrator, 29 Quarry Hill, Grays, Essex, RM17 8BT (tel: 01375 385172; e-mail: glausoc@ukeire.freeserve.co.uk).

Amsterdam Retina Debate

The Amsterdam Retina Debate will be held on 10 December 2004 at the Academic Medical Centre, Amsterdam, The Netherlands. For further information, please contact: Nicolaes Tulp Institute; tel: +31 20 566 8585; fax: +31 20 696 3228; email: retinadate@amc.uva.nl

British Oculoplastic Surgery Society

Call for papers for the 5th annual meeting of the BOPSS to be held on 15 and 16 May 2005 at The Belfry, Birmingham. The abstract submission deadline is 4 February 2005, abstracts can be submitted online at www.bopss.org.
Bilateral decompression retinopathy after orbital decompression surgery

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Solitary CD30+ anaplastic large cell lymphoma of the eyelid showing regression

CD30+ anaplastic large cell lymphoma (ALCL) belongs to the group of T cell non-Hodgkin’s lymphomas. The primary cutaneous variant of ALCL usually presents as a solitary, cutaneous, or subcutaneous reddish violet lesion, which can be superficially ulcerated. We present the case of a solitary CD30+ ALCL of the eyelid showing regression.

Case report

A 39 year old man presented with a 4 week history of a progressive painless ulcerating nodule on the right upper eyelid, unresponsive to oral flucloxacillin. He was systemically well and denied recent foreign travel or contact with animals.

A 17 mm diameter ulcer with rolled margins and serosanguinous exudate was evident over the right upper eyelid (fig 1). His cornea, conjunctiva, and anterior chamber were normal. Systemic examination was unremarkable.

Investigations including full blood count, urea and electrolytes, bone and liver profile, immunoglobulins and electrophoresis, autoantibody screening, and Treponema antibody were normal or negative. Tissue culture failed to demonstrate a bacterial, viral, or fungal pathogen. There was no clinical, radiological, or bone marrow evidence of extracutaneous disease.

Histology of the biopsy taken from the lid ulcer margin showed epidermal necrosis associated with ulceration (fig 2). The ulcer base showed haemorrhagic granulation tissue infiltrated by a mixture of lymphocytes, plasma cells, neutrophils, and eosinophils. There were also ill defined groups of large blast cells showing enlarged and pleomorphic nuclei and high mitotic activity. The immunohistochemical staining showed these cells to be of T cell lymphoid lineage. Many of the large blast cells were CD30 positive but negative for ALK-1 protein. The features were of a CD30 positive anaplastic large cell lymphoma (ALK negative).

Treatment options such as surgery and radiotherapy were discussed with the patient but as the lesion remained stable over a 10 day period, a conservative approach was agreed. A moderately potent topical corticosteroid (mometasone furoate 0.1% cream) was commenced. The application of a moderate potent topical steroid might have contributed to the regression of the ulcer.

Eighteen months has elapsed since presentation. There has been no recurrence of his disease, and he remains in good health.

Comment

ALCL represents a group of large cell lymphomas. They consist of a proliferation of predominantly large lymphoid cells with strong expression of the cytokine receptor CD30 (>75%). Using molecular and clinical criteria, three entities have been identified: primary systemic anaplastic lymphoma kinase (ALK) + ALCL, primary systemic ALK − ALCL, and primary cutaneous ALCL.\(^1\)

Primary cutaneous ALCL arise de novo in the skin, commonly on the head and neck of older patients with a median age of 60 years and a male/female ratio of 3:2. Most patients present with solitary, asymptomatic nodules, which can be superficially ulcerated. Primary cutaneous ALCL has a more favourable prognosis than systemic ALCL, with a 5 year survival of approximately 90%. Partial or complete spontaneous regression can be observed in up to 25% of patients with primary cutaneous ALCL, accounting for the previous designation of “regressing atypical histiocytosis.” Treatment of localised lesions usually includes excision with or without radiation. However, patients with disseminated skin disease may benefit from systemic polychemotherapy.\(^2\) In our patient the lesion had resolved within 3 months of initial appearance. The application of a moderate potent topical steroid might have contributed to the regression of the ulcer.

We present a case of a primary cutaneous ALCL of the eyelid showing regression. Ophthalmologists should be aware of this sometimes self regressing entity and an expectant policy might be indicated in non-progressing tumours, thus avoiding potentially mutilating surgery or radiotherapy.

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References

Choroidal translocation with a pedicle following excision of a type 1 choroidal neovascular membrane

Excision of type 1 choroidal neovascular membranes (CNVM) in age related macular degeneration (AMD) have a poor visual outcome because of loss of retinal pigment epithelium (RPE). Simple replacement of the RPE may not work because the relation with Bruch’s membrane and choroidal complex is disturbed. Creating a free graft of these three layers detaches the choroid from its blood supply. Hence, restoration of these three layers to the subfoveal position while maintaining a connection to the adjacent choroidal blood supply is desirable.

Case report

A 74 year old woman presented with a 3 month history of a left central scotoma and visual acuity (VA) of counting fingers (CF). Clinical examination and fluorescein fundus angiography (FFA) confirmed a type 1 subfoveal CNVM. The fellow eye was 20/30 with scattered soft drusen. Pars plana vitrectomy (PPV) and excision of the CNVM were performed as described previously. Atrophic choroidal vessels underlying the CNVM were not removed. A retinotomy was formed temporal to the fovea and vertical scissors inserted into the subretinal space. The RPE, Bruch’s membrane, and choroid were incised en bloc in the area temporal to the site of the CNVM to create a graft on a pedicle. The graft was manipulated to a subfoveal position. The pedicle and graft were equally sized to maximally exploit the rich choroidal vasculature and maintain continuity to the choroidal circulation. We were unable to predetermine the position of choroidal vessels as indocyanine green angiography (ICG) was unavailable to us at the time of surgery. Surprisingly, little bleeding occurred and was easily controlled by increasing the infusion height. The patient required two subsequent operations for a rhegmatogenous retinal detachment with grade B proliferative vitreoretinopathy. The retina was flattened after inferior retinectomy and silicone oil insertion.

At review 4 years following initial surgery her vision was CF with a central scotoma on Goldman field testing. The area of translocated RPE, Bruch’s membrane, and choroid was visible beneath the fovea with bare sclera demarcating its original site (fig 1A). At 4 years following surgery there was no recurrence of the CNVM on FFA (fig 1B) and ICG angiography demonstrated that the graft and pedicle were vascularised (fig 2).

Comment

Excision of type 1 CNVMs has a poor prognosis because of loss of RPE and atrophy of the choroid. Restoration of the normal anatomical relation between the retinal receptors and the underlying structures is essential for visual recovery. Retinal translocation with strabismic surgery for the movement of the retina to healthy RPE is prolonged and hazardous. Transplantation of homologous RPE cells alone to a subfoveal position has met with varied success. Aylward et al reported no visual improvement after transplantation of an autologous free graft, with fibrosis of the grafts at 10 months, perhaps because of loss of blood supply. Late revascularisation of some grafts has been reported at 1 year. There was no visual improvement in our patient as she had a retinal detachment and additional procedures. We thought that the rich and redundant blood supply of the choroid allowed some freedom in the choice of graft harvest site. As proof of principle we have demonstrated that a choroidal/RPE graft with a pedicle is a feasible surgical technique, resulting in a sustained and vascularised graft. This technique is simpler than time consuming retinal translocation and does therefore merit further investigation.

References


Intravitreal triamcinolone acetonide and central serous chorioretinopathy

Intravitreal injections of triamcinolone acetonide have increasingly been performed as treatment for intraocular diseases with intraretinal oedema and with subfoveal fluid accumulation, such as diffuse diabetic macular oedema, persistent pseudophakic cystoid macular oedema, central retinal vein occlusion, and exudative age related macular degeneration. In view of the widening spectrum of indications for intravitreal triamcinolone acetonide injections, it was the purpose of this study to evaluate whether intravitreal triamcinolone acetonide injections may be useful as treatment of longstanding central serous chorioretinopathy.

Case report

A 50 year old patient presented with a decrease in visual acuity to 1/20 in his right eye because of longstanding central serous chorioretinopathy. Six years earlier, visual acuity had started to deteriorate, and had remained at 1/20 for the past 2 years. Fluorescein angiograms showed a mottled appearance of the retinal pigment epithelium close to the foveola, and a leakage of dye in the late phase of the angiogram. There was...
no clear smoke stalk phenomenon (fig 1). In optical coherence tomography, the central retina was detached. Despite intensive topical treatment with prednisolone acetate eye drops and oral intake of carbonhydrate inhibitors, the morphological appearance of the fovea and visual acuity remained unchanged. Under topical anaesthesia, the patient received an intravitreal application of 20–25 mg of triamcinolone acetonide, which was transconjunctivally injected through the pars plana into the centre of the vitreous cavity. The technique has already been described in detail. The patient was fully informed about the experimental character of the treatment and had signed an informed consent. After the injection, all topical and systemic medication for his macular disorder was stopped.

Within the first 5 months after the injection, fluorescein angiograms and optical coherent tomograms did not show any marked changes in the macula (fig 2). Correspondingly, visual acuity remained at 1/20. Intraocular pressure increased up to levels of 30 mm Hg and was reduced to the normal values by topical application of a carbonic anhydrase inhibitor. Thirteen months after the injection, the fovea was still slightly detached. Visual acuity remained at 1/20.

The clinical course suggests that in this eye with longstanding central serous chorioretinopathy an intravitreal injection of a high dosage of triamcinolone acetonide was not accompanied by a fast resolution of the subfoveal fluid and an increase in visual acuity. For more than 5 months after the injection, the fovea remained clearly detached. The partial resorption of the subfoveal fluid 13 months after the injection may not have necessarily been caused by intravitreal triamcinolone but may be explained by the natural course of the disease. The report agrees with other investigations in which patients with central serous chorioretinopathy did not markedly benefit from systemic steroid treatment. This single case report, therefore, does not favour the use of intravitreal triamcinolone acetonide for this treatment.

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References

Vascular occlusion in serpiginous choroidopathy
Serpiginous choroidopathy (SC) is a rare disease inducing a permanent loss of vision, caused by a progressive destruction of the retinal pigment epithelium and chorioacapillaris. Until now, no accurate intravitreous factors have been reported. SC, usually, affects both eyes and occurs in patients between the fourth and sixth decade, without any sex or race predilection. Clinically, deep cream-coloured lesions develop in the peripapillary region and then along the retinal vessels, centrifugally, inducing an atrophy of the retina. Other lesions may develop, isolated, in the posterior segment. The anterior segment is typically quiet; nevertheless, a mild anterior uveitis and/or vitritis have been observed. The course of the disease results in successive attacks and recurrences inducing permanent retinal atrophic changes and subsequently an irreversible loss of vision. Chorioidal neovascularisation may occasionally develop. No specific diagnostic tests are available such that the diagnosis of SC is mostly clinical.

Case report
A 30 year old Indian man presented with a history of painless progressive visual loss affecting the right eye. No other ophthalmological or systemic complaints were present. His medical history was unremarkable.

Ophthalmological examination revealed a visual acuity of 20/50 in the right eye and 20/20 in the left eye without a correction in both eyes. Anterior segment examination revealed a mild inflammation with fine keratic precipitates on the inferior part of the right corneal endothelium. Intra-ocular pressure was 10 mm Hg in both eyes. Fundus examination of the right eye disclosed a moderate vitreous inflammation (cells: +) and multiple deep cream choroidal lesions around the optic disc and along the superior and inferior retinal (temporal and nasal) vessels (fig 1). Our differential diagnosis was a white dot syndrome (APMPPE, SC), an infection (tuberculosis), or a sarcoidosis. We decided to hospitalise the patient.

A clinical examination revealed an erythrocyte sedimentation rate of 8 mm in the first hour (normal range 1–12), and a normal white blood count. Immunoglobulin electrophoresis, quantitative immunoglobulin levels, CD4-CD8 lymphocytes count, C3- C4 and CH50 examination were within the normal range. Tests for connective tissue disorders were negative and serum angiotensin converting enzyme was discreetly elevated (74 U/L normal range = 18–55) with a normal lysozyme level. Infectious serologies (tuberculosis, Borrelia burgdorferi, Treponema pallidum, HIV, herpes virus, Leptospira, Bartonella, rickettsiosis, brucellosis) were within the normal limits. An anterior chamber tap (polymerase chain reaction for herpes simplex virus (HSV) 1, HSV2, varicella zoster virus, cytomegaviruses, Epstein-Barr virus, toxoplasmosis, Mycobacterium, tuberculosis) was negative. A lumbar puncture was normal (proteins 0.31 g/l, white cells 3×10³/l, lymphocytes 74%), without oligoclonal bands on electrophoresis. PPD skin test was positive (15 mm) but chest x ray was normal. We have to consider that the patient has had a BCG vaccine in his childhood. The patient was HLA-B27 and A-29 negative but HLA B-7 positive. The initial clinical examination was completed by a neurological and a dermatological examination which were normal. A magnetic resonance image cerebral scan was normal.

The patient was given a course of methylprednisolone intravenously (4×250 mg/day for 5 days) followed by oral prednisolone (1 mg/kg) at tapering doses, and aciclovir (3×10 mg/kg), intravenously for 10 days. We covered the patient with rifampicin, isoniazide, ethambutol, pyrazinamide, and B6 vitamin. Topical steroids and mydriatics were administered.

Figure 1 Fluorescein angiogram taken before the intravitreal injection of triamcinolone acetonide. Mottled appearance of the retinal pigment epithelium, and shallow detachment of the fovea.

Figure 2 Optical coherent tomogram taken 5 months after the intravitreal injection of triamcinolone acetonide. Note: shallow detachment of the fovea.

Figure 1 Fundus of the right eye. Presence of multiple deep creamy choroidal lesions along the retinal vessels.
A regression of the inflammation in the right eye was noted as well as a “cicatrisation” of the choroidal lesions, which appeared as multiple geographical areas of atrophy of both the retina and pigmentary epithelium between areas of normal retina. Our suspected diagnosis was a SC.

After 3 weeks, the patient developed the same lesions in the left eye with an occlusion of the superior temporal vein (fig 2). At that time the patient was on prednisone 40 mg/day and anti-TB treatment. A complete clinical examination was done again, but still all results were within the normal limits. The same treatment was introduced (methylprednisolone, intravenous aciclovir).

As the relapse occurred under steroid therapy (prednisone 40 mg/day), the administration of a monomicrobial suppressive drug was discussed. The patient was given mycopteneolate myofetol (Gelcept, 2 g/day) and oral prednisone for 1 year, at tapering doses. Anti-TB treatment was continued too. No secondary effects were noted.

We followed the patient during 12 months; his visual acuity returned to 20/20, without a correction, in both eyes. The anterior segment was normal. Posterior segment examination disclosed permanent geographic chorioteral atrophic lesions along the vessels in both eyes, confirming the diagnosis of SC.

Comment
SC induces a progressive loss of the retinal pigment epithelium and choriocapillaris. The cause of this disorder is still under investigation but some studies suggest that an inflammatory factor is involved in the pathogenesis. Histopathological studies have shown the presence of extensive lymphyoeyte choroidal infiltrates but in eyes chronically affected. The distribution of the lesions and their angiographic features (fluorescein and green indocyanine) may suggest a choroidal occlusion. Genetic studies demonstrated an increased frequency of HLA-B7 in this affection; our patient was positive. SC affects not only white people but also oriental and blacks people. There is no sex predilection and the patients are middle aged when the diagnosis is made. The patient described in this report was 30 year old which is uncharacteristic. The aetiology remains unknown although recently tubercular serpinogous-like choroidalitis has been reported. Clinically, inflammatory signs may be noted both in segments (anterior uveitis, vitritis) along with the classic whitish choroidal lesions in the acute stage. The most frequent ocular complication of SC is subretinal neovascularisation which affects 13% to 20% of the eyes. Retinal vasculitis is also observed.

Gupta et al reported a case of SC with a branch vein occlusion in the acute phase. Our patient developed a vein occlusion while under treatment (steroids, aciclovir, and anti-TB therapy) which is rare and was never reported to our knowledge. Haemorrhages are sometimes observed in inflammatory diseases (Behçet’s syndrome, sarcoidosis) or in infectious posterior uveitis (syphilis, viral infections, toxoplasmosis).

This case demonstrates that SC can affect young patients and that HLA-B7 can be found in Indian patients with SC. The clinical features (vascular occlusion in this case) and the development of new lesions while under treatment let us suspect that the cause of this disease is still not clear.

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Persistent acanthamoeba keratitis in a non-contact lens wearer following exposure to bird seed dust
Acanthamoeba keratitis is a serious and vision threatening disease. It is commonly associated with contact lens wear (up to 93%). Early diagnosis and treatment are essential to improve the visual outcome. Devastating ocular damage can be attributed to various factors such as misdiagnosis, incorrect treatment, excessive topical steroid before diagnosis, and resistance.

Acanthamoeba keratitis in non-contact lens wearers is rare and poses a diagnostic challenge. We present a case of acanthamoeba keratitis in a non-contact lens wearer following accidental exposure to bird seed dust. The strain of acanthamoeba obtained from this patient appeared to show in vivo and in vitro resistance to polyhexamethylene biguanide and chlorhexidine after a good clinical response initially.

Case report
A 57 year male patient presented with pain, blurring of vision, and photophobia of his left eye. Two weeks before the presentation he had an accidental exposure to bird seed dust (brand name Trill, manufactured by Master Foods, Hungary) for his budgies while cleaning the seed pot. It was a seemingly trivial injury not likely to have caused a break of epithelium. Examination revealed a visual acuity of 6/6 of the right eye and 6/18 for the left eye. The left eye showed multiple punctate epithelial erosions with epithelial and stromal infiltrates. There was no retained debris at the time of presentation. Initially he was treated as a case of viral keratitis with topical aciclovir and steroid. Although there was an early improvement, the keratitis relapsed after 2 weeks. At that stage a typical ring infiltrate suggestive of acanthamoeba keratitis developed and epithelial culture grew Acanthamoeba polyphaga. He was started on intensive treatment with PHMB, Brolene, and neomycin. His symptoms improved and his visual acuity recovered to 6/9 over a period of 3 weeks. Topical steroids were then added. The antimicrobial treatment was given for 2–3 months and withdrawn gradually over next 4–6 weeks after complete resolution. But following complete cessation of all drops he developed a recurrence with positive cultures. We restarted the intensive treatment with PHMB and chlorhexidine, but the clinical response was poor. Pain was severe with intense limbal inflammation and signs of scleritis.

A corneal biopsy was performed which showed persistence of infection. Resistance to PHMB (minimum inhibitory concentration (MIC), 3.125 μg/ml) and chlorhexidine (MIC, 6.25 μg/ml) was demonstrated in the culture obtained from the biopsy. The strain showed in vitro sensitivity to propamidine (MIC, 3.9 μg/ml). A change of treatment to topical propamidine isethionate 0.1% (Brolene) and neomycin led to a rapid response with a decrease in symptoms. Six months after initial diagnosis he is comfortable on maintenance treatment with propamidine isethionate 0.1% and neomycin, but unfortunately has developed a dense central corneal scar (fig 1) and vision of hand movements.

Comment
Acanthamoeba keratitis not related to contact lens wear has been reported before and risk factors include trauma, dirty water splash, and exposure to leaf juice. Exposure to bird seed dust has to our knowledge not been reported previously as a known risk factor. Unfortunately, an attempt to culture acanthamoeba from the actual bird seeds and tray was unsuccessful. The second
uncommon feature in our case is the demonstration of in vitro resistance of this strain of acanthamoeba to two of the modern first line acanthamoeba drugs (PHMB and chlorhexidine) while showing a good sensitivity to propamidine.

This is contrary to what has been reported by other authors. We are unable to say whether resistance developed during treatment or was pre-existent, as sensitivity profiles of the earlier isolates were not obtained. This patient's initial good clinical response was achieved with a combination of PHMB and propamidine with the latter tapered early during the course of treatment, indicating at least partial in vivo sensitivity to PHMB and propamidine with the latter response was achieved with a combination of PHMB and propamidine with the latter response being achieved with a combination of PHMB and propamidine.

Other authors have stressed the need for long term treatment and this case also underscores the importance of prolonged effective antimicrobial treatment in order to prevent recurrences.

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Brinzolamide induced reversible corneal decompensation

Topical carbonic anhydrase inhibitors (CAIs) such as brinzolamide 1% (Azopt; Alcon Laboratories, Fort Worth, TX, USA) attenuate bicarbonate efflux, and this may lead to corneal oedema.

To our knowledge, this is the first report of complete resolution of corneal oedema after cessation of topical brinzolamide 1%.

Case reports

A 57 year old African-American man with primary open angle glaucoma (POAG) presented with painless blurry vision left eye 1 hour after instilling brinzolamide 1% in both eyes. He had been on brinzolamide 1% both eyes twice daily, brimonidine tartrate 0.2% (Alphagan) in both eyes twice daily, and latanoprost 0.005% (Xalatan) in both eyes once at night for 2 years. On presentation, best corrected visual acuity (BCVA) was 20/25 right eye and 20/50 left eye. The left eye had mild corneal oedema, Descemet’s folds, and whitish fleck-like debris on the corneal endothelium (fig 1A). Intraocular pressures (IOPs) were 15 mm Hg and 16 mm Hg. The brinzolamide 1% in both eyes was discontinued. Timolol maleate 0.5% (Timoptic) in both eyes twice daily and topical prednisolone acetate 1% (Pred Forte) left eye four times daily were started. By 1 week follow up, the cornea was clear (fig 1B). Specular microscopy revealed endothelial cell counts (ECC) of 1355 cells/mm2 right eye and 648 cells/mm2 left eye with enlarged pleomorphic endothelial cells left eye (fig 2). Central corneal thickness (CCT) was measured as 512 μm right eye and 505 μm left eye.

A 77 year old white man, who had had cataract extraction 46 years earlier and subsequent aphakia right eye, had been followed for open angle glaucoma in both eyes for 25 years. He was on timolol maleate 0.5% in both eyes twice daily, latanoprost 0.005% in both eyes once at night, and pilocarpine hydrochloride 4% gel (Pilopine Gel HS) in both eyes once at night. His visual acuities were hand movement right eye and counting fingers at 1 foot left eye. An IOP of 19 mm Hg right eye and 10 mm Hg left eye necessitated the addition of brinzolamide 1% twice daily right eye. Both corneas were clear at that time. Fifteen months after starting brinzolamide 1%, there was moderate corneal oedema right eye. Brinzolamide 1% was discontinued. Over 3 months, the corneal oedema in the right eye gradually resolved. The patient later needed trabeculectomy with mitomycin C right eye because of medically uncontrolled IOP.

Comment

The Merck Worldwide Adverse Experience System database for dorzolamide 2% includes 25 reports of corneal oedema. Nearly all of these cases had a history of multiple ocular surgeries and compromised corneas.

Dorzolamide is a reversible inhibitor of carbonic anhydrase II and does not accumulate in the cornea with repeat dosing, so any corneal effect from a similar medication should indeed be potentially reversible. Dorzolamide’s peak concentration in rabbit corneas is also reached 1 hour after dosing, and the half life in the cornea is approximately 2 hours. This is consistent with case 1 having blurry vision 1 hour after instilling brinzolamide 1%.

Patients with primary open angle glaucoma or ocular hypertension and a baseline ECC of greater than 1500 cells/mm2 have an average 3.6% decrease in ECC after a year of dorzolamide 2% three times daily. This endothelial loss is much higher than the 0.6% annual rate seen in normal subjects.

Topical CAIs can cause corneal oedema in compromised corneas—for example, those patients who have had multiple ocular surgeries and compromised corneas.
with cornea guttata, but the oedema is reversible if identified early. Before initiating brinzolamide 1%, an ECC may be needed for high risk patients (that is, monocular, previous ocular surgery, corneal disease, etc). Because of the potentially irreversible nature of the corneal decompensation, topical CAIs may be relatively contraindicated in patients with significant corneal disease.

Although dorzolamide and brinzolamide are both topical CAIs, their chemical formulas are different, and a side effect that is associated with dorzolamide may not necessarily be assumed to be associated with brinzolamide. It is important to be aware that brinzolamide can also potentially cause corneal oedema.

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An unusual cause of acquired horizontal diplopia in a young adult

Cysticercosis is caused by infection from the larval form of Taenia solium, is endemic to regions with poor sanitation. Human cysticercosis more commonly affects the central nervous system, with less common involvement of ocular tissues. Myocysticercosis is a subset of orbital cysticercosis and is considered a rare entity.

Case report
A 19 year old Nepalese housewife presented with left sided headache that had been present for 1 year. She had been treated for migraine headache in another hospital. Visual acuity was measured orthoptically in primary gaze with Snellen acuity of 6/6 bilaterally. Both the Humphrey visual fields and the colour vision testing were normal in both eyes. There was no relative afferent pupillary defects detected. Ocular motility testing revealed left abduction deficit with the resulting horizontal diplopia. Hertel's exophthalmometer reading revealed no proptosis. Her fundi examination were both normal and there were no optic disc swelling.

Magnetic resonance image (MRI) (brain/orbit) with gadolinium contrast (fig 1) showed a cystic enhancing mass measuring 1.2 cm x 0.6 cm adjacent to and including left medial rectus muscle, sparing the muscle tendon. Further assessment with B-scan ultrasonography (fig 2) revealed an intramuscular cyst within the left medial rectus muscle located within mid-orbit.

Full blood count found no eosinophilia; systemic cysticercosis involvement was excluded by negative radiological findings (chest x ray and computed tomography (CT) of brain and abdomen were all normal).

The patient was prescribed treatment with albendazole 15 mg/kg per day for 8 days. Unfortunately, she had intolerable side effects (nausea, vomiting, and distressing nocturnal left eye pain) to the medication which she used for only 3 days. She was reluctant to continue with albendazole. Her symptoms settled after a short course of oral analgesic.

She has remained asymptomatic. Repeated Hess and diplopia charts B-scan ultrasonography re-evaluation at 6 months did not reveal any cysts in the muscle and her ocular motility had returned to normal.

Comment
The finding of "scolex" within the intramuscular cyst and her status of Nepalese native lends strongly to a diagnosis of myocysticercosis. Enzyme linked immunosorbent assay (ELISA) to detect the antibody to cysticercosis was unavailable in Singapore. A positive test may lend support to the diagnosis but a negative ELISA result does not rule out the diagnosis. Owing to the largely isolated and relatively mild infection of myocysticercosis, the sensitivity of ELISA is low. For the same reason, the absence of peripheral eosinophilia in this case is not surprising, consistent with the finding in literature.

None of the cases in a large series of orbital hydatid cysts were found within an extraocular muscle, hence making this diagnosis unlikely. The location within an extracocular muscle accounted for only 1.1% to 4.1% of the total reported cases of cysticercosis. Statistically, medial rectus is the most commonly involved extracocular muscle; although any of them can be involved. As a general rule, the restriction of extracocular movements is greatest in the direction opposite to the involved muscle, as in this case (fig 2).

Recommended duration of treatment varies from a few days to up to 6 weeks. Prolonged drug administration may not be necessary as seen in this case, in view of the drug's potential side effects.

Among the known side effects of albendazole are gastrointestinal upsets. The nausea and vomiting in this patient settled when the medication was discontinued. On the other hand, her nocturnal left eye pain would be best explained by secondary inflammation from the release of toxins by the dying parasite. Concomitant administration of oral steroids has been suggested to reduce the secondary inflammation.

Surgical excision of an extracocular muscle cyst had been described. However the potential risk of damage to adjacent tissue and adhesion from surgical exploration should not be taken lightly, particularly when effective medical therapy is available.

Stool tests should be done for all the members of the family to detect asymptomatic carrier because the treatment with systemic antihelmintic treatment is highly effective. It also serve to break the life cycle of the parasite.

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Use of scanning laser ophthalmoscopy in visual conversion reaction

Visual conversion reaction is a psychosomatic anomaly that manifests as reduced visual acuity (VA) and visual field defects. Scanning laser ophthalmoscopy (SLO) can detect a scotoma and VA under direct fundus observation. However, there have been no reports of patients diagnosed with visual conversion reaction using SLO. We report a patient with visual conversion reaction using SLO.

Case report

A 20 year old woman presented with a sudden bilateral loss of vision. She reported being under severe stress at work. The best corrected visual acuity (BCVA) was counting fingers in both eyes. The external eye examination and pupillary responses were normal in both eyes. Conventional ophthalmoscopy, funduscopy, and fluorescein angiography were unremarkable. The visual fields were constricted to within 5° of fixation using Goldmann perimetry (fig 1A). The results of magnetic resonance imaging, computer tomography of the brain and orbits, visual evoked potentials, and electroretinography were unremarkable. A general medical examination showed no abnormalities. There were no scotomas (based on Goldmann size III stimulus on the retina), and the stability of fixation was central and stable using SLO microperimetry in both eyes (fig 1B). The VA using SLO was 20/200 in both eyes. We followed this patient for 10 months, and she consistently demonstrated impaired VA and visual field defects. She ultimately retired from the workforce.

Ten months later, the BCVA was 20/200 both eyes. The visual fields in both eyes using Goldmann perimetry were normal (fig 2A). There were no scotomas, and the stability of fixation was central and stable in both eyes using SLO microperimetry (fig 2B). The VA using SLO was 20/20 in both eyes. We diagnosed visual conversion reaction in this case.

Comment

This is the first report of a patient with visual conversion reaction using SLO. In this case, the BCVA was counting fingers in both eyes at the first visit. However, the VA using SLO was 20/200 both eyes and better than the conventional examination. The visual fields were constricted in both eyes to within 5° of fixation using Goldmann perimetry. However, there were no scotomas in either eye using SLO microperimetry. The distinction between the VA and visual fields between the conventional and SLO examinations was demonstrated over the 10 month follow up period. Ten months after the initial examination, the VA and visual fields were normal in both eyes by both conventional and SLO examinations. There was no distinction between them during the recovery period. Van de Velde reported that SLO results were comparable with those obtained during a conventional examination in normal subjects. The distinction between the VA and visual field between the conventional and SLO examinations may help in the diagnosis of patients with visual conversion reaction. Future clinical studies of several cases of visual conversion reaction using SLO are needed.

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Figure 1 (A) The visual fields at the first visit using Goldmann perimetry (right eye, left; left eye, right). (B) The visual field at the first visit using SLO microperimetry (right eye, left; left eye, right).

Figure 2 (A) The visual fields using Goldmann perimetry 10 months after the first visit (right eye, left; left eye, right). (B) The visual fields using SLO microperimetry 10 months after the first visit (right eye, left; left eye, right).
The severe acute respiratory syndrome coronavirus in tears

We welcome the article by Loon et al.1 Earlier, we published our finding of the SARS coronavirus in specimens collected by the novel technique of conjunctival upper respiratory tract irrigation (CURTI), but not in paired nose and throat swabs, very early in the course of the disease.2 In designing CURTI, we considered safety to medical personnel a priority, and also, finding a method that samples all three portals of entry for upper respiratory viral pathogens—the eyes, nose, and mouth. Loon et al’s findings complement our study by showing that SARS coronavirus can indeed be found in tears.

While we agree with their conclusion that the ability to isolate the virus early in the course is important, we do not think that the eyes are important organs that propagate the virus, other than to ophthalmologists and to unwary close contacts. For instance, the eyes cannot generate infectious aerosol. Rather, we feel that the important portals of entry and have not been given sufficient attention—witness medical personnel in full personal protection gear and N95 masks but without watertight goggles, and sometimes without splashguards.

We also think that employing the services of ophthalmologists for the purpose of collecting tear specimens for the diagnosis of SARS would result in achievingIf the authors did not mention the risk of infection when using fibrin glue. Some viruses, such as parvovirus B19 (HPV B19) are particularly difficult to remove or inactivate, and human infection has been reported after the use of fibrin glue.1 In thoracic surgery, epidemiological evidence suggests that more than 20% of uninfected people were subsequently infected with HPV B19 by use of fibrin glue during the procedure.2 Prions are also of concern. The direct application of any of the apparently effective methods of prion decontamination to plasma products is inappropriate because they are harsh and denaturing.3 Although the risks for both diseases are minimal, the authors should have addressed this issue in their discussion.

The finding of SARS CoV in tears raises several additional questions:

1. How does the virus end up in the tear? Was it the result of direct inoculation at the time of infection into permissive conjunctival epithelial cells, either by hand or aerosol, or was it the result of secretion from a lacrimal gland infected haematogenously? The lacrimal glands are not very different anatomically from the salivary glands. Yet saliva has been shown to be a poor specimen for the laboratory diagnosis of SARS.4

2. Was there any evidence of conjunctivitis, lacrimitis, or evidence of infection of the globe or nasolacrimal sac?

3. Is there any means or advantage in sampling the nasolacrimal sac, to which the tear drains, and could the nasolacrimal duct system be itself a hiding place for the SARS coronavirus during the incubation period?

References


Comments on using fibrin glue in pterygium surgery

I read with great interest the article by Koranyi and coworkers, who evaluated a new technique for pterygium surgery using a fibrin tissue adhesive (Tissel Duo Quick).3 In their randomised trial the authors concluded that using the glue instead of sutures caused less postoperative pain and shortened the surgical time. Nevertheless, the timing of the randomisation is not clearly stated in their report.

Whether or not the surgeon knew the patient’s group (sutures or fibrin glue) at the time of pterygium removal and conjunctival graft harvesting may have influenced the extent of the removal and the size of the graft. Therefore, the differences in postoperative pain and/or recurrence could be related to those initial steps and not only to the final conclusions of the study. It is also impossible to randomise the patients—less of which group the patient was randomised to. Thus, the knowledge of the surgery method did not influence the results or conclusions of the study. It is also impossible to randomise the patients—less of which group the patient was randomised to. Thus, the knowledge of the surgery method did not influence the results or conclusions of the study. It is also impossible to randomise the patients—less of which group the patient was randomised to. Thus, the knowledge of the surgery method did not influence the results or conclusions of the study.

We have not been able to find any report of HPV B19 infection when fibrin glue was used in minor surgery. To date we have used the fibrin glue in more than 700 eye procedures since 1999. Any clinical infection with HPV B19 has not yet been detected in our patients.

Authors’ response

We thank Dr Alvarenga for his comment on our article about using fibrin glue for pterygium surgery. We write in the “Material and methods” section that all the thickened and keratinised portion of the conjunctiva was excised and the graft was prepared to have the same size as the nasal conjunctiva defect. Regardless of which group the patient was randomised to, the knowledge of the surgery method did not influence the results or conclusions of the study. We are very encouraged by the work of Lim et al, particularly concluding the frequency of ocular symptoms in the Korean preschooler, the number of children who were not dismissed from the specified follow up (presumed amblyopia risk), and the inclusion of a simple, home administered test which over 97% of children were able to pass. It is of high merit that parents were carefully instructed to place tissue and tape over the non-tested eye.

Korean kindergarten vision screen programme

Lim et al report a large scale effort to mix home plus health centre acuity screening in preschool children.1 We are very encouraged by the work of Lim et al, particularly concluding the frequency of ocular symptoms in the Korean preschooler, the number of children who were not dismissed from the specified follow up (presumed amblyopia risk), and the inclusion of a simple, home administered test which over 97% of children were able to pass. It is of high merit that parents were carefully instructed to place tissue and tape over the non-tested eye.
though this does not preclude peeking if the parent is not paying particular attention. Positive answers to the parental questionnaire were not very specific for eye disease and therefore could greatly increase societal cost if used as a screening method. We have a few points of clarification for these authors: How was the home acuity test initially validated? Did a number of children who passed their home exam have gold standard confirmatory exams from which false negative and true negative rates could be estimated? The positive predictive value estimates utilise gold standard exam criteria that need further definition and/or standardisation. (1) It is not clear whether amblyopia was diagnosed at multiple eye clinics and by general or paediatric ophthalmologists, it is not clear what criteria are used to define amblyopia, and the criteria to be included as a “significant” cycloplegic refractive error vastly overestimates risk factors compared to a recently published attempt to standardise reporting of vision screening research.5

We would urge the authors to perform additional calculations on the breakdown of gold standard exam “significant” refractive errors and better define how amblyopia was diagnosed.

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References

IVF and retinoblastoma

I read with great interest the letter published in the BJ O by Lee et al.1 It reports on the first child born after in vitro fertilisation (IVF) and harbouring a unilateral retinoblastoma in the United States.

However, it should be noted that this reported child is the eighth documented child (not the sixth as mentioned by the authors). The first child ever observed was reported by our group in 2001. He had a unilateral disease.2 In 2002, a second child with bilateral disease was documented in the Netherlands.3 In 2003, five additional cases were reported from the Netherlands (two with bilateral disease and three with unilateral disease). In this paper, an estimated relative risk of 4.9 to 7.2 for an IVF born child in the Netherlands to develop retinoblastoma was surmised.4

The issue of the possible association of assisted reproductive techniques (ART) with an increased risk of retinoblastoma has raised great concern worldwide. The interest of this association is highlighted by the fact that the expression of retinoblastoma in childhood is influenced by epigenetics—a regulatory mechanism not involving DNA sequence which could be affected by the various ART techniques.

In recent years, tens of thousands of children were born after ART. However, not one single case of retinoblastoma was observed until 2001. The possible reasons for this phenomenon were discussed.5 Awareness regarding the occurrence of retinoblastoma in ART born children sparked by our original observation of the first case in 2001 has probably been a trigger for the unveiling of additional cases. Therefore, more cases are to be expected in the near future.

Whether the increased number of observed cases indicates that ART born babies have a higher risk of developing retinoblastoma remains to be carefully investigated. None the less, a thorough prospective assessment of the possible association between ART and retinoblastoma is mandatory. Ongoing multicentre and multinational control studies will hopefully provide the needed answers to this “thorny” but most crucial aspect of ART. Till then, accurate accounting of previous observations is, of course, a key factor for a better insight into these issues.

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References

Worldwide clinical trials for new technique for early detection of eye disease

A unique new non-invasive technique for high resolution optical imaging of the eye is receiving global acclaim. By combining two high-resolution imaging technologies, the new technique provides doctors with 3-D images of the retina, macula and the optic nerve.

For more information, contact the Media Office on 01227 823581/823100 or email MediaOffice@kent.ac.uk News releases can also be found at: http://www.kent.ac.uk/news

Vision 2020 Priority Diseases

The latest (redesign) issue of Community Eye Health (No 51) deals with the gaps between aims of Vision 2020 and how far we are still from them, especially in Africa. For further information please contact: Journal of Community Eye Health, International Resource Centre, International Centre for Eye Health, Department of Infectious and Tropical Diseases, London School of Hygiene and Tropical Medicine, Keppel Street, London WC1E 7HT, UK (tel: +44 (0)20 7612 7964; email: Anita.Shah@lshtm.ac.uk; online edition: www.jech.co.uk). Annual subscription (4 issues) UK£28/US$45. Free to developing country applicants.

British Oculoplastic Surgery Society

Call for papers for the 5th annual meeting of the BOPSS to be held on 15 and 16 May 2005 at The Belfry, Birmingham. The abstract submission deadline is 4 February 2005, and abstracts can be submitted online at www.bopss.org.

EVER 2005 meeting

This will take place on 5–8 October 2005 in Vilamoura, Portugal. Further details: Christy Lacroix, EVER Secretary, Kapucijnenvoer 33, B-3000 Leuven, Belgium (tel: +32 (0)16 233 849; fax: +32 (0)16 234 097; email: ever@sky.net.be)