IMBALANCE OF OCULAR MUSCLES

To the Editor of THE BRITISH JOURNAL OF OPHTHALMOLOGY

SIR,—The amount of eye-strain caused by War Work is still much in evidence in the form of Imbalance of the Ocular Muscles, and it is extraordinary the amount of discomfort and even actual pain that can be produced by this condition.

When a patient comes you naturally first of all work out the refraction, and if an error is present—give glasses. This will relieve the condition for a time but eventually the patient returns and states the pain has come on again. You check your former refraction, and, if correct, what are you to do next? Undoubtedly, test the condition of the ocular muscles, and if there is imbalance, I have found there is nothing so useful as galvanism. This gives relief at once and if continued long enough will give freedom from discomfort for as long as six months or more.

I do not claim that this is a form of treatment originated by me (as the late Mr. Juler in his text-book advocates the use of electric therapeutics in defective muscular action) but I do not think its usefulness is generally appreciated by the profession, and there are so many sufferers who could easily be relieved.

Yours, etc.,

LONDON, W.1

INGLIS TAYLOR, M.B., F.R.C.S., ED.

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