Effectiveness of a decontamination method for donor corneas

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SUMMARY A retrospective study was made of the effectiveness of an eye bank decontamination and storage method. A comparison was made between microbial cultures taken from the limbus at enucleation and from scleral remnants recovered after surgery. Organisms were isolated from the limbus of 73% of donor eyes and from 4% of remnants. Standard eye bank procedures were found to eradicate gut and skin organisms, including candida, from donor tissue.

Postoperative endophthalmitis is an infrequent yet serious complication of penetrating keratoplasty. A survey by Leveille *et al.* found a 0.2% incidence of infectious endophthalmitis in the early postoperative period.¹ Although not all such cases are attributable to contamination of the donor tissue or storage medium,² there are numerous reports of cases in which bacteria, fungi, or viruses have been transferred from donor to host.^{1,3,4} Furthermore, the move towards extended storage of donor corneas may exacerbate the problem of microbial contamination. Careful microbiological assessment of graft material is therefore a primary function of an eye bank.

Since its establishment in 1983 the Lions Eye Bank of South Australia has collected approximately 500 pairs of eyes for distribution within the State and beyond. To determine the effectiveness of the decontamination and storage procedures used we have compared the limbal flora at enucleation with the culture results of the retrievable scleral remnants and noted the progress of the patients postoperatively.

Materials and methods

Eyes were collected between one and 12 hours after death (mean 4.5 hours). Most were removed and processed by either of two trained eye bank technicians, but in some cases a medical graduate made the collection.

Prior to enucleation the eyelashes, eyelids, and skin in the vicinity of the eye were swabbed with a 1%

iodine solution (Povidone-Iodine). A lid speculum was then inserted and a limbal swab was taken, plated onto horse blood agar, and placed in brain-heart infusion broth (BHIB). The eye was irrigated with 15 ml of normal saline and then removed by an aseptic technique. The globe was placed in a glass pot containing gauze moistened with saline and 10 drops of Neosporin (polymyxin B, neomycin, and gramicidin) were applied to the cornea. The eye was transported to the Eye Bank for slit-lamp examination and processing.

Working in a laminar-flow hood the technician soaked the globe for 3 minutes in 40 ml of 1% iodine and rinsed in normal saline. The corneoscleral button was removed by aseptic techniques and was placed in a sterile polypropylene storage chamber (CooperVision Inc., Irvine, California) with McCarey-Kaufman (MK) medium containing 60 mg/l gentamicin sulphate. It was refrigerated at 4°C until required.

The remnants of the buttons used within the parent institution (Flinders Medical Centre) were recovered for microbiological analysis. Scleral rims were divided and each half was put in a tube of thioglycollate broth. One of each pair of thioglycollate broths was incubated anaerobically.

All the media were incubated for two days at 37°C in 5% CO₂/air. Organisms were identified by standard methods as given by Lennette *et al.*⁵ and the surgeon was informed of any growth from scleral remnants.

A total of 434 pairs of eyes were collected during the study period. Limbal swabs were taken from both eyes of 278 donors and from one eye of 33 donors,

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giving a total of 589 eyes swabbed. Eyes removed by medical staff at other hospitals did not always have limbal swabs taken.

Results

Micro-organisms were isolated from 73% of the limbal swabs. The list of organisms cultured (Table 1) is dominated by Gram-positive skin flora and Gram-negative gut bacteria. Of the donors who had both eyes swabbed 19% had organisms cultured from one eye only while 63% were positive for both eyes. Of the culture-positive eyes 35% gave a mixed growth, and in 24% growth occurred only in BHIB. Besides those seen on the blood plate additional species of organisms grew in the broth in the case of 3% of the culture-positive eyes.

Of 67 scleral remnants 64 were culture-negative. Of the latter, 50 had limbal swabs taken at enuclea-

tion, resulting in 43 positive cultures. The organisms present in these cultures (Table 2) were those that were subsequently eliminated from the donor tissue during the disinfection and storage procedures. The bacteria that most commonly contaminated the donor limbus, namely, staphylococci, streptococci, and coryneforms, were shown to be removed with similar efficiency. *Candida* was also eliminated in one case.

Two rims grew *Staphylococcus epidermidis*; one eye was culture-negative from the limbus and the other had grown *Staph. epidermidis*. A third rim grew *Proteus mirabilis* and *Staph. epidermidis*; no limbal swab had been taken from this eye. There were no cases of postoperative endophthalmitis involving graft material obtained from the Eye Bank.

Discussion

Most donor eyes harbour micro-organisms prior to processing and storage. In this study the organisms were isolated from 73% of donor eyes, and positivity rates of 86%,⁶ 100%,⁷ and 82%⁸ have been reported by others. Polack *et al.*⁷ compared the organisms isolated from donor eyes with those from living people and found a marked increase in the incidence of enteric Gram-negative bacilli recovered post mortem.⁷ Similarly, we have found an increasing occurrence of these bacteria from 2.6% in living people (unpublished data) to 7.2% in donor eyes. This is probably associated with the frequency with which necropsy precedes enucleation (in approximately 60% of cases in the study by Polack *et al.*⁷ and in 10% of cases here) or the time lapse between death and eye collection.

We have shown that a number of common skin and gut organisms are eradicated from donor tissue by standard eye bank procedures. On the basis of in-vitro susceptibility tests we assume that gentamicin has contributed to the removal of staphylococci, coryneforms, *Bacillus* spp., and Enterobacteriaceae,⁹ that polymyxin B has been effective against the Enterobacteriaceae except for proteus, that neomycin has been effective against staphylococci and Enterobacteriaceae, and that gramicidin has been effective against Gram-positive bacteria, including streptococci. It is important to allow donor corneas to soak in MK-gentamicin solution for an hour or more at room temperature before refrigeration or surgery because gentamicin has been shown to be more effective at 23°C than at 4°C.¹⁰

Presumably the elimination of *Candida* from a donor eye was due either to the soaking in iodine or the saline irrigation. Irrigation alone has been shown to reduce markedly the incidence of contamination of donor eyes¹¹ and to decrease the number of bacteria

Table 1 Micro-organisms isolated from limbal swabs

Micro-organisms	Percentage of eyes positive
<i>Staphylococcus epidermidis</i>	50.6
<i>viridans</i> streptococci	17.0
<i>Corynebacterium</i> spp.	10.0
<i>Staphylococcus aureus</i>	9.7
<i>Proteus</i> spp.	2.5
<i>Pseudomonas</i> spp.	1.9
<i>Bacillus</i> spp.	1.7
<i>Enterobacter</i> spp.	1.2
β-Haemolytic streptococci	0.8
<i>Escherichia coli</i>	0.8
<i>Streptococcus faecalis</i>	0.5
<i>Micrococcus</i> spp.	0.5
<i>Candida albicans</i>	0.5
<i>Acinetobacter calcoaceticus</i>	0.3
<i>Klebsiella oxytoca</i>	0.3
<i>Salmonella</i> spp.	0.3
<i>Haemophilus influenzae</i>	0.2
<i>Neisseria</i> sp.	0.2
<i>Moraxella</i> sp.	0.2
<i>Streptococcus pneumoniae</i>	0.2

Table 2 Elimination of micro-organisms from donor eyes

Micro-organisms from limbal swabs	No. of negative scleral remnant cultures
<i>Staphylococcus epidermidis</i>	33
<i>viridans</i> streptococci	11
<i>Staphylococcus aureus</i>	9
<i>Corynebacterium</i> spp.	8
<i>Proteus</i> spp.	2
<i>Klebsiella oxytoca</i>	1
<i>Enterobacter cloacae</i>	1
<i>Escherichia coli</i>	1
β-Haemolytic <i>Streptococcus</i>	1
<i>Bacillus</i> sp.	1
<i>Candida albicans</i>	1

recoverable from the cornea in an animal model.¹² The low incidence of fungal contamination of donor eyes in the present study is probably related to the dry, temperate climate of South Australia. An eye bank in a tropical climate would need to consider adding a fungicidal agent to the decontamination and storage procedures.

Organisms were cultured from the scleral remnants of three eyes, but fortunately no infections occurred postoperatively. The case where staphylococci grew from the remnant but no growth occurred from the donor limbal swab is of doubtful significance. The other two cases, in which staphylococci and proteus had most likely survived the decontamination procedures, are more worrying. Broad-spectrum antibiotics given topically to all patients after transplantation may have saved these eyes from becoming infected.

Recently we have begun swabbing donor eyes for culture after they have been soaked in iodine and immediately before the corneoscleral button is removed. This will establish the importance of the procedure involving irrigation, Neosporin, and iodine as against the subsequent procedure of storage in MK medium plus gentamicin. It will also alert us to the passage of fungi or gentamicin-resistant bacteria such as anaerobes and some of the streptococci. About 50 such swabs have been taken so far and no organisms have been detected.

We do not collect tissue for the eye bank from people who have died of infectious diseases. This may be conservative practice, since, for example, no correlation has been found between bacteraemia and ocular contamination,¹³ but newly established eye banks need to adopt a cautious approach. As a further precaution blood from all donors is tested for hepatitis B virus surface antigen and for antibodies to human immunodeficiency virus.

The establishment of effective decontamination methods for donor eyes has been central to the

success rate now associated with corneal transplantation. Of equal importance is the need for eye bank personnel to be aware of the potential dangers presented by even a small number of organisms and for them to be well educated in basic microbiological techniques.

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