Argon laser and xenon arc coagulation of malignant choroidal melanomata: histological findings in 6 cases

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SUMMARY The histological findings in 6 choroidal melanomata which had been treated by photocoagulation are reported. Bruch’s membrane had been ruptured in 5 cases. Vitreous haemorrhage and seeding of tumour cells in the vitreous were observed in 3 cases. Little histological evidence of interference with tumour blood supply was found.

In recent years the management of small malignant melanomata of the choroid has been a controversial subject. Conservative measures are particularly desirable in cases in which there is a small tumour not interfering with visual acuity in the only good eye. The measures advocated to avoid enucleation are photocoagulation,12 radiotherapy,3–6 cryotherapy,7 diathermy,8 and local excision.9 Photocoagulation as a means of treatment of malignant melanoma of the choroid was introduced by Meyer-Schwickerath in 1952.1 The technique aimed at surrounding the tumour with a scar which both limited its spread and deprived it of its blood supply. Subsequently the tumour itself was ablated by direct treatment.

The present paper reports the histological findings in 6 eyes containing melanomata which had been treated by photocoagulation.

Materials and methods

Cases

The 6 eyes studied had been treated by argon laser coagulation, xenon arc coagulation, or a combination of the two. Case 2 also received radiotherapy. The clinical details are given in Table 1. For comparative purposes the histological findings in 100 consecutive globes enucleated for malignant melanoma were reviewed.

Histological findings

The histological findings in the 6 treated cases are summarised in Table 2. Three of the tumours (cases 1, 5, and 6) were low to intermediate grade malignancy (spindle B) and 3 (cases 2, 3, and 4) contained a significant epithelioid component (mixed).

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Table 1  Clinical details

<table>
<thead>
<tr>
<th>Case</th>
<th>Age at presentation and sex</th>
<th>Visual acuity</th>
<th>Size at presentation (disc diameters)</th>
<th>Type of treatment</th>
<th>No. of treatments*</th>
<th>Interval between last treatment and enucleation (mths)</th>
<th>Duration (mths) of treatment</th>
<th>Reason for treatment</th>
<th>Reason for enucleation</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>47, F</td>
<td>6/9</td>
<td>6/24</td>
<td>3½</td>
<td>Argon arc</td>
<td>1</td>
<td>3 (427)</td>
<td>Refused</td>
<td>Continued growth</td>
</tr>
<tr>
<td>2</td>
<td>39, M</td>
<td>6/5</td>
<td>NPL</td>
<td>3</td>
<td>Xenon arc</td>
<td>2</td>
<td>5 (756)</td>
<td>Retinal haemorrhage</td>
<td>Vitreous</td>
</tr>
<tr>
<td>3</td>
<td>44, M</td>
<td></td>
<td>5</td>
<td>Argon laser</td>
<td>3</td>
<td>(1500–2000)</td>
<td>6</td>
<td>Bilateral wide</td>
<td>Growth</td>
</tr>
<tr>
<td>4</td>
<td>54, M</td>
<td>6/9</td>
<td>6/24</td>
<td>4</td>
<td>Argon laser</td>
<td>6</td>
<td>(1408)</td>
<td>Continued growth</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>37, F</td>
<td>6/5</td>
<td>6/5</td>
<td>4</td>
<td>Xenon arc</td>
<td>2</td>
<td>9</td>
<td>Continued growth</td>
<td>Pain</td>
</tr>
<tr>
<td>6</td>
<td>62, M</td>
<td>6/9</td>
<td>6/36</td>
<td>1</td>
<td>Argon laser</td>
<td>6</td>
<td>(1782)</td>
<td>Considered suitable</td>
<td>Vitreous</td>
</tr>
</tbody>
</table>

*Number of burns in parentheses. NPL = no perception of light.

have indicated that the change observed in melanomata treated by transscleral irradiation are similar to those found in tumours treated by photocoagulation. There is damage to Bruch's membrane and the pigment epithelium, with destruction of the overlying retina in the majority of cases, and vitreous haemorrhage is common.

The histological changes in the retina overlying photocoagulated melanomata have previously been reported.12-21 In the case reported by Apple et al.,20 the argon laser was used; in all the others xenon arc coagulation had been employed. These studies report destruction of the retina with fibroglial scarring and pigment proliferation. We found similar changes, and Okun and Collins22 have demonstrated that after severe retinal burns in the dog's eye by light coagulation most of the retina is replaced by a thin pigmented glial band after about a month.

Rupture of Bruch's membrane had occurred in 5 of the 6 present cases. In cases 1 and 6 the tumours were small and of a low to intermediate grade of malignancy. Such tumours do not commonly break through Bruch's membrane while still relatively small. Of the 35 untreated cases in which rupture had occurred only 4 were of a comparable grade of malignancy. That the increased frequency of rupture is due simply to delay in enucleation is possible but unlikely. In case 3 there were 5 separate ruptures in one level through which the tumour appeared to be sprouting vigorously. Multiple ruptures were not seen in the

Table 2  Histological findings

<table>
<thead>
<tr>
<th>Tumour</th>
<th>Cross-sectional area mm²*</th>
<th>Cell type</th>
<th>Pigmentation</th>
<th>Vascularity</th>
<th>Reticulin</th>
<th>Necrosis</th>
<th>Scleral invasion</th>
<th>Extra-scleral spread</th>
<th>Adjacent choroidal vessels</th>
<th>Bruch's membrane ruptured</th>
<th>Iris Haemorrhage</th>
<th>Vitreous Haemorrhage</th>
<th>Tumour cells</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>28</td>
<td>Spindle B</td>
<td>++</td>
<td>+</td>
<td>+</td>
<td>++</td>
<td>++</td>
<td>+</td>
<td>Normal</td>
<td>Yes</td>
<td>Normal</td>
<td>New vessels, hyphaema</td>
<td>+</td>
</tr>
<tr>
<td>2</td>
<td>49</td>
<td>Mixed</td>
<td>++</td>
<td>+</td>
<td>++</td>
<td>Focal</td>
<td>++</td>
<td>+</td>
<td>Normal</td>
<td>Yes</td>
<td>Normal</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>3</td>
<td>38</td>
<td>Mixed</td>
<td>+</td>
<td>++</td>
<td>++</td>
<td>Focal</td>
<td>+</td>
<td>+</td>
<td>No</td>
<td>Yes</td>
<td>Normal</td>
<td>Post-necrotic atrophy</td>
<td>+</td>
</tr>
<tr>
<td>4</td>
<td>65</td>
<td>Mixed</td>
<td>++</td>
<td>+</td>
<td>++</td>
<td>Focal</td>
<td>+</td>
<td>+</td>
<td>Minimal sclerosis</td>
<td>Yes</td>
<td>Normal</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>5</td>
<td>39</td>
<td>Spindle B</td>
<td>++</td>
<td>++</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>Minimal sclerosis</td>
<td>No</td>
<td>Post-necrotic atrophy</td>
<td>+</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>10</td>
<td>Spindle B</td>
<td>++</td>
<td>++</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>Minimal sclerosis</td>
<td>Yes</td>
<td>Post-necrotic atrophy</td>
<td>+</td>
<td></td>
</tr>
</tbody>
</table>

*At plane of section showing largest.
Josephine Duvall and D. R. Lucas

Fig. 1 Case 3, showing multiple breaks in Bruch's membrane with tumour sprouting into vitreous. (Gordon and Sweet's stain for reticulin, ×20).

untreated tumours. In case 6, which was a comparatively small low-grade (spindle B) tumour, there was a wide gap in Bruch's membrane but no evidence of the aggressive growth of tumour through the gap which is normally seen when rupture occurs spontaneously. Rupture of Bruch's membrane and concomitant destruction of the overlying retina may allow eruption of the tumour into the vitreous as seen in cases 2, 3, and 4. These were the more anaplastic (mixed) tumours. Some reservation must therefore be expressed at the suggestion that the cell type of the tumour seems to be of no importance concerning the prognosis and effectiveness of light coagulation therapy. The seeding of tumour cells in the vitreous may have no prognostic significance, but vitreous haemorrhage makes enucleation necessary because further observation of the progress of the tumour becomes impossible. Vitreous haemorrhage has been one of the commonest events leading to enucleation in previous series. 13 23

Surprisingly, previous authors appear not to have commented on damage to Bruch's membrane, though Lund17 illustrates a treated tumour with 2 apparent ruptures. Vogel19 specifically stated that he had not found any evidence of seeding of tumour cells in the vitreous. A possible explanation is that previous series had been treated mainly by xenon arc photocoagulation and François et al.24 have commented that damage to Bruch's membrane in macular lesions treated by photocoagulation is more likely to occur

Fig. 2 Case 6, showing broad gap in Bruch's membrane (arrows) but little evidence of aggressive growth of tumour into vitreous. (Gordon and Sweet's stain for reticulin, ×20).
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with the argon laser than with the xenon arc. In this respect it is noteworthy that in the present series the only tumour treated by xenon arc alone (case 5) was the only case in which rupture of Bruch's membrane did not occur. With the exception of the case reported by Boniuk and Girard, previous studies have reported necrosis.

Necrosis in superficial parts of the tumour in globes enucleated shortly after treatment may be a direct effect of the photoocoagulation. Necrosis occurring at longer intervals after treatment has been attributed to vascular deprivation resulting from choroidal scarring, and narrowed choroidal vessels were observed in the scarred area by Hepler et al. In the present series some focal necrosis was seen in cases 2 and 4. This was clearly unrelated to the treatment, as the interval between treatment and enucleation was too long.

Like Curtin and Norton we were unable to find evidence of significant occlusion of the choroidal vessels adjacent to the tumour in these, or indeed, any of the cases. We did observe variable choroidal scarring at the margin of the tumours, but the scarring, when present, did not appear to be restricting access to the choroidal blood supply, probably because the tumour was able to grow beyond the scar (Fig. 5). Makley et al. similarly reported that the choroidal vessels adjacent to the tumour were patent in one of their cases. However, combined fluorescein and histological studies by Apple et al. of eyes enucleated within 24 hours of treatment by the argon laser showed leaky, necrotic choroidal vessels occluded by fused erythrocytes adjacent to the tumour. Chan et al. were able to produce occlusion of the choroidal circu-

Fig. 3 Case 5, showing tumour separated from vitreous by a fibroglial band. (Haematoxylin and eosin, ×126).

Fig. 4 Case 4, showing tumour in direct contact with vitreous, with cells exfoliating. (Haematoxylin and eosin, ×126).

Fig. 5 Margin of tumour in case 4 showing choroidal scar (above arrow) and dilated vessels in choroid (below arrow). The choriocapillaris (tip of arrow) is intact peripheral to the scar. (Gordon and Sweet's stain for reticulin, ×32).
lation, though they had to use very high intensity photocoagulation. The absence of much histological evidence of choroidal vascular sclerosis may therefore indicate inadequacy of the treatment or reversibility of the damage.

Since in 5 of our 6 cases the tumours failed, for reasons other than their estimated size in disc diameters, to conform to the criteria laid down by Meyer-Schwickerath and François as suitable for treatment by photocoagulation, their failure to respond satisfactorily cannot be held to reflect on the efficacy of the method in suitable cases. However, on the basis of our findings the advisability of treating tumours which do not conform to the criteria is questionable, especially in patients who refuse enucleation, because (1) there is no evidence that the vascular supply was significantly affected; (2) the damage to the retina and Bruch’s membrane allows seeding of the tumour into the vitreous; and (3) vitreous haemorrhage is likely to make enucleation inevitable.

We thank the ophthalmic surgeons who kindly furnished details of treatment given to their cases and Miss K. Hughes and Mrs C. M. Worsley for skilled technical assistance.

References