Bilateral homonymous visual field defects as initial manifestation of multiple sclerosis

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Abstract
Symptomatic suprageniculate lesions in multiple sclerosis expressed as a visual field defect are infrequent. The present case developed a bilateral homonymous defect as the initial and unique symptom of the disease. It was confirmed by nuclear magnetic resonance imaging, which disclosed extensive demyelinating areas in both optic nerve radiations. The mode of onset, perimetric findings, and unusual presentation of this condition are briefly discussed.

Symptomatic retrochiasmal disease of the visual pathways in multiple sclerosis (MS) is unusual. An incidence of 1.3-3.5% of homonymous defects has been reported in several series.\(^ \text{1-4} \) However, much higher frequencies of retrochiasmal lesions have been found in neuroradiological examinations\(^ \text{5-8} \) and necropsies\(^ \text{9-11} \) without associated clinical manifestations. To our knowledge only one case of clinical simultaneous bilateral retrochiasmal involvement, expressed as a bilateral homonymous hemianopic defect, has been reported.\(^ \text{12} \) This case was not studied by CT or nuclear magnetic resonance imaging (NMR).

We report a case that developed a symptomatic simultaneous bilateral homonymous defect as the initial and unique manifestation, examined by CT, NMR, and computerised static perimetry.

Case report
A 24-year-old woman was admitted to our hospital in July 1989. A fortnight before that she had been seen because of blurred vision. Her visual acuity was 1.0 (6/6) in each eye. The pupillary reactions, ocular motility, and findings on funduscopic examination were all normal in both eyes. Systemic and neurological examinations also gave normal results. Screening computerised perimetry (Short test program, Octopus 500 EZ) showed a congruous left superior quadrantanopic defect and a less delimited depression in the right inferior quadrants, deeper for the left eye. A week later she experienced paraesthesia in her right upper limb.

On admission to hospital the neurological examination showed isocoria, slightly decreased pupillary reactions without evidence of afferent pupillary defect, and a symmetrical horizontal gaze nystagmus. Funduscopic examination was normal in both eyes. No other neurological symptoms were found. Screening perimetry disclosed a similar visual field loss pattern to that seen on the first occasion (Fig 1). The results of biochemical, haematological, immunological, and serological blood tests were all normal. A lumbar puncture yielded clear colourless cerebrospinal fluid (CSF). The fluid contained neither red nor white cells; glucose and protein values were within the normal range; immunoglobulin levels were normal, but an IgG homogenous component was detected. Microbiological and serological studies of the CSF gave negative results. A chest x-ray was normal.

A CT scan of the brain performed without contrast material revealed hypodense, poorly defined lesions. The NMR disclosed extensive
bilateral frontal, occipitoparietal, and occipitotemporal areas of decreased density (Fig 2). Pattern visually evoked potentials (VEPs) showed abnormally increased latencies of the major positive wave (P-100) in both eyes. In hospital the patient had an attack of paresis of the right upper limb with pyramidal symptoms and bilateral impairment of deep sensibility with left predominance, associated with behaviour disorders and psychomotor agitation.

A diagnosis of probable MS according to the classification of McAlpine was made and treatment with methylprednisolone was started, with clinical and neurological improvement. The patient was discharged a few days later. After three months, when she was seen in the clinic, a new threshold perimetry performed with the G1 program showed a change of visual field loss pattern. Visual field indices were abnormal and a deep depression still remained. Six months after admission to hospital another perimetry showed some improvement but still with abnormal indices (Fig 3). At that time another NMR revealed a marked reduction of white matter lesions (Fig 4).

Discussion

The onset of MS as homonymous hemianopia due to a suprageniculate lesion of the visual pathways is extremely rare. Beck et al reported two cases, one of them without associated neurological symptoms at the onset. Even rarer is the condition of simultaneous bilaterality. Hawkins and Behrens reported the first case of a simultaneous bilateral homonymous hemianopia but late in the course of the disease. Our patient developed a bilateral visual field defect as the initial and unique manifestation, well characterised by computerised perimetry. It showed a congruous left superior quadrantanopic defect which seemed probably correlated with the right occipital lesion seen in the NMR. The right inferior quadrantanopic depression was less definite, but it was probably produced by a left parieto-occipital plaque. The 10 central degrees of the visual fields were relatively spared (they were mainly seen at the three months perimetry) in accordance with the good visual acuity. In fact suprageniculate lesions produce a deeper defect in the midperiphery than in the central visual field. This case showed a correlation between visual and neuroradiological findings, since improvement on perimetric examination concurred with a marked reduction of plaques in the NMR at the six months appointment.

It is difficult to say why symptomatic suprageniculate lesions are so unusual in MS. The majority of lesions appearing as arcs of temporooptic white matter are clinically silent, as reported by Jacobs et al. On the other hand, many MS patients with no history of visual
symptoms have abnormal visual fields. Most of these abnormalities are probably related to subclinical optic neuritis, but some might be produced by lesions elsewhere than in the optic nerves, including the optic radiations. Thus suprageniculate lesions are likely to be expressed as a subclinical manifestation rather than a symptomatic visual disturbance, as Hawkins and Behrens discussed. The high sensitivity of threshold static perimetry should be a valuable aid in the better characterisation of these conditions.