LETTERS TO THE EDITOR

Ocular leprosy

Stir—I very much enjoyed the recent mini review on leprosy by Dr T J fyffe. It is always interesting for those of us working in what are sometimes regarded as exotic or obscure specialties to see our interests featured in other journals and it does, of course, bear repeating that such apparent exotica appear from time to time among the more mundane workload of western developed medicine. Hence your journal's recent articles featuring ocular leprosy are an important contribution to maintaining a level of necessary awareness of this problem among your regular readers both abroad and at home.

There were, however, some points in the review which merit comment. It is, of course, accepted that motor and sensory disturbances involving the eye are found throughout the spectrum of leprosy. While loss of lid function caused by weakness or paralysis of the orbicularis oculi muscle (lagophthalamos) is more often found in tuberculoid, borderline tuberculoid, and borderline patients, under the Ridley-Jopling classification, as a result of a type I (reversal) reaction involving the zygomatic branch of the facial nerve, this does not usually coincide with significant corneal hypoesthesia, which is much less common. While a degree of corneal sensory loss can be detected in some patients with lagophthalamos of several years' duration, sensory loss on the cornea is more a feature of longstanding borderline lepromatous disease, and lepromatous disease where bacillary infiltration is more likely to be found in the ciliary nerve endings running towards the limbus and cornea and where there may have been repeated episodes of iritis. The inflammatory process in the facial nerve is the result of a sudden increase in specific cell-mediated immunity against the leprosy bacilli which concentrate in the cooler part of the nerve as it crosses the zygoma. The motor function loss is therefore almost invariably of sudden onset and does not take place over a long period of time. The patient may, however, take a considerable time to report this new nerve damage. The treatment of lagophthalamos of less than 6 months' duration is systemic corticosteroids. The other anti-inflammatory drugs mentioned in the mini review, clofazimine and thalidomide, have no place in the management of leprosy-induced facial palsy. On the contrary, it is for repeated iridocyclitis, a result of type II (erythema nodosum leprosum or ENL) reaction, that these two drugs can be so valuable. This is sometimes complicated in borderline lepromatous patients who can develop both types of reaction, occasionally one triggering off the other, and hence the picture is not always as clear as the textbooks would have us believe.

Despite this, facial patches in tuberculoid, borderline tuberculoid, and borderline leprosy patients do not go into type II or ENL reaction, implied in the mini review. It is the type I reaction in a facial patch which is such a sinister presentiment for the integrity of the facial nerve and this was clearly described by Hogeweg et al in their recent paper.

Use of a blue filter in visual field analysis

Stir—As an alternative to blue-on-yellow perimetry for more sensitive visual field testing in glaucoma, Hugkulstone and Vernon recently proposed blue-on-blue perimetry (usage of blue glasses in combination with a white-on-white perimeter). Technically this would be an attractive alternative, but is this alternative equivalent to blue-on-yellow perimetry?

The concept of blue-on-yellow perimetry is based on the so-called two-colour threshold method introduced by Stiles in the late 1940s. Application in the present field was discussed by Johnson et al. Stiles monitored the threshold of a test stimulus as a function of the luminance of a background. In certain wavelength combinations, different branches in the threshold function could be distinguished, indicating response systems with different spectral sensitivities. Stiles called these systems pi mechanisms. They represent the functional channels of the visual system, with characteristic spectral sensitivities in three wavelength regions. Pi-1 to pi-3 resemble blue cone (medium wavelength sensitive (MWS)) and pi-4 green cone (medium wavelength sensitive (MWS)) sensitivity and pi-5 red cone (long wavelength sensitive (LWS)) sensitivity.

From the two-colour threshold theory it can be calculated that in round perimetry, stimulus and background conditions (because of their luminance and spectral composition) are such that MWS and LWS channels are tested. Blue-on-yellow perimetry is designed to test the SWS channel selectively. Figure 1 shows the spectral sensitivity of the three systems for no background. The SWS channel has its maximum sensitivity at 440 nm (blue). The MWS and LWS channels however have the same sensitivity at this wavelength as the SWS channel. In order to test the SWS channel selectively it is necessary to decrease the sensitivity of the MWS and LWS channels, relative to the sensitivity of the SWS channel. This is achieved by a yellow background that contains only wavelengths above 550 nm. Maximum separation between the sensitivity of the SWS channel and the MWS and LWS channels is reached if the brightness of the background is 200 cd/m². This can be derived from the two-colour threshold theory that the separation reached at 440 nm is about 2.5 log units (25 dB) (Fig 2). Stiles' theory was based on foveal vision. Johnson showed a comparable separation to be present in peripheral vision. Unless these conditions are met it is not possible to test the SWS channel selectively.

What is to be expected if blue stimuli are presented on a blue background? This background decreases the sensitivity of the SWS channel, but also of the MWS and LWS channels. At 440 nm the relative position between the SWS channel and the other two channels is about the same as in Figure 1. So the blue stimulus is again perceived by all three channels. This might explain why the authors did not find significant differences between the blue field score as compared to the standard condition. If a blue stimulus on a white background is used a separation of only about 0.7 log units (7 dB) results, but this seems to give no advantage above a white stimulus on a white background. In both conditions the MWS and LWS channels may play an important role.

Figure 1 Spectral sensitivities of the pi mechanisms for no background conditions.
The transmission of blue light is much more dependent on the amount of lens opacification than the white light. This might have influenced the blue field score. The absorbance of the blue light can vary considerably above the age of 50 years, depending on the lens coloration of each individual. This variability of lens absorbance remains even if groups are age matched. This puts a serious limitation on the application of tests that measure the general level of blue sensitivity (colour vision, anomaloscopy, blue field score) without correction for the blue light absorbance in the ocular media.

This problem was overcome by use of the selective blue field (SBF) score. However it was not made possible to judge whether this score offers an advantage since this score was not compared with a similar score using white-on-white perimetry.

The SWS channel is said to be more prone to glaucomatous damage. This however should not erroneously be coupled to the findings of Quigley that the larger than average ganglion cells are more prone to glaucomatous damage. Although the ganglion cells that receive input from the SWS cones are probably larger than the ganglion cells that receive input from the MWS and LWS cones, the ganglion cells that process colour vision belong to the smaller than average group of ganglion cells. Alternative explanations have been proposed.

The findings of Hugulkstone and Vernon that wearing blue glasses during perimetry is a more sensitive method to detect early glaucomatous damage of course awaits validation by other researchers. If their conclusion would prove to be true it should not be coupled to the findings in blue-on-yellow perimetry, because this technique is not based on the isolation of the SWS channel.


Reply

Str.- We are pleased that Drs de Jong, Felius, van den Berg and Greve have shown an interest in our paper.

Table 1 Mean (range) white and selective blue field (SBF) scores

<table>
<thead>
<tr>
<th>White field score</th>
<th>SBF score</th>
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<tr>
<td>Normal</td>
<td>Glaucoma</td>
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<tr>
<td>0.5 (0-8)</td>
<td>14.5 (0-72)</td>
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<tr>
<td>7.5 (0-25)</td>
<td>28.4 (0-66)</td>
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To answer one of their later points, the mean (range) selective blue field (SBF) scores are compared with a similar scoring system applied to the white field for normals and patients with early glaucoma in Table I. The SBF score shows a marked increase over the selective white field score in the early glaucoma group, despite the fact that the white field was used as one of the defining characteristics for the groups.

We agree that our technique of using a blue filter is not as precise as the use of a blue stimulus on a yellow background, and therefore does not totally isolate the response of the short wave sensitive (SWS) cones. However, we feel that as our protocol increases the contribution of the SWS cones to the field score, it will increase the size and depth of glaucomatous defects, as was originally described by Genio and Friedmann.

Interestingly, our findings support Genio and Friedmann, whereas Logan and Anderson contradicted them. Both of these studies used the blue filter on the standard field of a Friedmann Visual Field Analyser, thus altering the Weber-Fechner relation whereas our use of a spectacle-mounted filter preserves this relation. However, our results support one study but refute another simultaneously, an interesting anomaly. It is possible that the degree of the defect played a role, as it has been suggested that even blue on yellow perimetry is no more sensitive than standard testing for manifest defects. Also, we used the threshold determined for a white stimulus whereas both Genio and Friedmann and Logan and Anderson determined the threshold setting for a blue stimulus.

Finally, we agree entirely that our findings await confirmation by others. We are currently investigating the use of blue filters with automated threshold perimetry, controlling for lens density.

CHARLES E HUGULKSTONE STEPHEN A VERNON
Academic Unit in Ophthalmology, University Hospital, Queen’s Medical Centre, Nottingham NG7 2UH

NOTES

The Vitreoretinal Frontier

A meeting entitled 'The Vitreoretinal Frontier' will be held on 6-7 November 1992 in Dallas, Texas. The course directors are R Joseph OR, MD and William B Snyder, MD. Further details: Jeanne B Toma, 8816 Manchester Road, Suite 288, St Louis, MO 63144, USA. (Tel: (314) 968-1961; Fax: (314) 968-3066.)

International Conference on the Lacrimal Gland, Tear Film and Dry Eye Syndromes

From 14 to 17 November 1992, the International Conference on the Lacrimal Gland, Tear Film and Dry Eye Syndromes: Basic Science and Clinical Relevance, will be held in the Siboney Resort, Principe Island in Bermuda. This meeting will address the current knowledge and 'state of the art' research on the structure and function of lacrimal tissue and tears in both health and disease. For additional information, please contact: Dr David A. Sullivan, Immunology Unit, Eye Research Institute, 20 Stanford Street, Boston, MA 02114, USA.