Neurocytoma of the retina

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Neurocytomas are neoplasms with evidence of neurtic differentiation. Most do not appear to have malignant potential. They are rare and all have been found in the lateral or third ventricles of the brain. To our knowledge, a neurocytoma has not previously been described in the retina.

Case report
A 67-year-old man presented in April 1991 to the emergency room of a local hospital with acute visual loss in his left eye. A superior temporal retinal detachment with a moderate vitreous haemorrhage was noted on fundoscopy. In addition a white elevated lesion was noted on the inferior aspect of the attached retina.

The patient underwent a scleral buckle the following day. Postoperatively a total retinal detachment with an increase in the vitreous haemorrhage was noted and the patient was transferred to our care. Examination confirmed the presence of a total retinal detachment except...
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in the area of the white lesion. Several large open posterior breaks were seen and a moderate vitreous haemorrhage was present. The patient had no history of any ocular disorder and his family history was unremarkable. Examination of the right eye was normal apart from the presence of asteroid hyalosis.

The patient underwent a vitrectomy, revision of his scleral buckle and gas fluid exchange with successful reattachment of his retina. During the procedure a three disc diameter creamy-white flocculated lesion with granules suggestive of calcification was noted below the inferior temporal vascular arcade (Fig 1). The retina surrounding the lesion was attached to the choroid by an atrophic scar. Approximately one third of the lesion was excised with intraocular scissors for histological examination.

Light microscopic examination of the biopsy specimen showed several fragments of tissue composed of sheets of cells with round, regular nuclei exhibiting finely granular chromatin. The cytoplasmic borders were ill defined but abundant eosinophilic fibrillary material could be seen between the nuclei (Fig 2). Mitoses were not apparent. Calcified particles were noted within the tissue fragments (Fig 3). Necrosis was not present. Immunohistochemical stains revealed labelling of the cells by neuron specific enolase (NSE), but not by glial fibrillary acidic protein (GFAP). A diagnosis of retinocytoma was made.

Electron microscopy demonstrated well developed features of neuritic differentiation including numerous long, slender, interdigitating cell processes filled with microtubules (Fig 4). Intermediate cell junctions were readily found and a few were elongated, resembling primitive synapses. Golgi complexes, mitochondria, and ribosomes were seen in the cytoplasm, but neurosecretory granules were not identified (Fig 5). There was no evidence of photoreceptor differentiation and this fact, along with the presence of neuritic differentiation indicated a neurocytoma rather than a retinocytoma.

Comment

The retinal lesion was initially called a retinocytoma on histological grounds, in spite of the absence of fleurettes which are a feature of retinocytomas. The tumour appeared benign with cells separated by abundant, fibrillary intercellular matrix. The nuclei exhibited finely granular chromatin and mitoses and necrosis were not seen. The clinical appearance was also consistent with a retinocytoma since retinocytomas occur as placoid masses with calcification. Neurocytomas and retinocytomas have similar histological features including well spaced bland cells, a fibrillary background, calcification, and immunoreactivity to NSE. However, fleurettes are seen in retinocytomas and in the few cases studied by electron microscopy, evidence of photoreceptor differentiation was readily demonstrated. Therefore, a lesion which is clearly benign and lacks fleurettes by light microscopy and which demonstrates neuritic differentiation but no photoreceptor differentiation by electron microscopy can be considered a neurocytoma.
Forty four cases of neurocytoma have been documented in the literature. Barbosa et al reported three cases and reviewed a further 17 cases, and 11 cases were found in a retrospective survey of periventricular tumours. The remainder consist of mainly single case reports. All have been found in the lateral and/or third ventricles of the brain and the pathological diagnosis required electron microscopy or immunohistochemistry. The tumours had a relatively consistent appearance by light microscopy with some resemblance to oligodendrogliomas or ependymomas. Most tumours subjected to immunohistochemistry reacted to synaptophysin (a marker of neuroendocrine cells) and to NSE (a marker of neuronal and glial cells). Some tumours showed immunoreactivity to GFAP (an intermediate filament found in glial cells) but most of the reactive cells were considered to be non-neoplastic astrocytes. Electron microscopy demonstrated a range of changes. Neurosecretory granules were absent or present in varying numbers. Synapses were also absent, poorly formed, or well formed. Microtubules varied in number from a few to many. However, all had numerous cell processes. The lesions occurred predominantly in young adults (age range 15–53 years) and affected both genders equally. Most lesions were totally or subtotally excised and more than one third were also treated with radiotherapy. All but two cases were considered benign and only one recurrence was documented (follow up ranges from 3 months to 18 years). The two malignant lesions exhibited vascular proliferation, necrosis, and mitotic activity, features not seen in the benign lesions. No details of follow up or outcome were available for these two cases.

The findings of benign lesions, benign recurring lesions, and malignant lesions suggest that there may be a spectrum of degrees of biological behaviour; light microscopy may be able to predict the biological behaviour of the tumour, provided that the biopsy is representative of the tumour.

While there is some difficulty in determining the cells of origin of central neurocytomas (perhaps the subependymal plate of the ventricles, or the neuronal cells of the septum pellucidum) owing to the absence of neuronal cells within the ventricles, a variety of neurons are found in the retina apart from the photoreceptor cells, and any one of these may represent the cell of origin in the retinal neurocytoma.

Since electron microscopy is usually needed to make a definitive diagnosis of neurocytoma, it is likely that some lesions labelled 'retinocytomas' are in fact neurocytomas, especially since many are diagnosed on clinical grounds alone. Similarly the three oligodendrogliomas that have been described in the retina, may be neurocytomas since many neurocytomas resemble oligodendrogliomas by light microscopy, and since oligodendrocytes are not normally present in the retina.

It is important to differentiate between a retinocytoma and a neurocytoma since retinocytomas may be a manifestation of the retinoblastoma gene, particularly if found in the setting of a spontaneously regressed retinoblastoma.

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