Fuchs’ heterochromic uveitis associated with retinitis pigmentosa in a father and son

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Fuchs’ heterochromic uveitis (FHU) in patients with retinitis pigmentosa (RP) is a rare entity. Only five cases with this combination have been reported in literature.1 In four of these cases FHU was associated with simplex RP. In one case the retinal degeneration was demonstrated to be of autosomal recessive inheritance.1 We report on the coexistence of autosomal dominant RP and unilateral FHU in a father and son. RP as well as FHU are relatively infrequent diseases. The prevalence of RP is 25 in 100,000, while the dominant form accounts for less than 25%.2 FHU is even more exceptional, since its prevalence is estimated at 1-8 in 100,000.3

Case reports
Case II-3 (Fig 1) was a healthy 56-year-old man with a history of night blindness from early childhood. At 29 years of age visual acuities were 0·25 in the right eye and hand movements in the left eye. Slit-lamp examination of the left eye revealed keratic precipitates, iris atrophy with a darker coloured iris than in the right eye (inverted heterochromia), and a dense cataract. Posterior synechiae were absent. The anterior segment of the right eye was unremarkable. On funduscopy he had pale optic discs, attenuated vessels, and peripheral bone corpuscle-shaped pigmentation in both eyes. The right visual field was constricted to 30 degrees central vision. There were no symptoms of redness, pain, or photophobia. Case II-3 fulfilled all criteria of unilateral FHU and bilateral RP. After this initial examination an intracapsular lens extraction was performed. Throughout the years the keratic precipitates have always been present. Intraocular pressures remained normal. On the most recent examination visual acuity was 0·125 in the right eye and light perception in the left aphakic eye. A small anterior and posterior subcapsular cataract was present in the right lens. Both vitreous cavities contained cells. The proband’s healthy 33-year-old son, case III-5, was noticed to be night blind from the age of 3. When he was 14 years of age the diagnosis RP was established. Five years later keratic precipitates were noticed in the left eye, together

Figure 1 The family pedigree.
with cells and a slight flare in the anterior chamber. A systemic cause for the unilateral uveitis could not be detected. Another 6 years later diffuse atrophy of the iris pigment layer with diaphany became obvious and FHU was diagnosed. On the most recent examination visual acuity was 0·4 in the right eye and 0·3 in the left eye. Like his father he had keratic precipitatives and inverted heterochromia. There were no posterior synechiae. The posterior subcapsular cataract in the left eye was larger than in the right one. Both vitreous cavities contained cells. Fundus abnormalities were symmetrical and included pale optic discs, attenuation of the vessels, and round and bone corpuscle-shaped pigmentation in the periphery. Intraocular pressures were normal. Visual fields were constricted to 10 degrees in both eyes.

Case III-4, 34 years of age, had exactly the same fundus abnormalities as her brother, but no symptoms indicating FHU. Cases I-1, II-1, and III-3, were all known as RP patients. From their medical files no features suggesting FHU were detected. The 3-year-old son (case IV-3) of case III-5 was noticed to be night blind. On funduscopy the arterioles appeared attenuated with mild pigmenitary changes in the periphery. No electroretinogram had been performed yet. Cases III-1, III-2, and III-6 who were all over the age of 30 were not affected by either RP or FHU. Cases IV-1 and IV-2 were younger than 10 years and had no abnormalities at the time of examination.

Comment
To our knowledge this is the first report on the coexistence of RP and unilateral FHU in two family members. The dominant RP in the family described was of an early onset form with night blindness from childhood and macular involvement before 20 years of age. Besides their RP, the father and his son fulfilled all criteria of FHU as put forward by Franceschetti. The posterior subcapsular cataracts, although a known finding in RP, were more prominent in the eyes with the FHU. The occurrence of vitreous cells was symmetrical in the right and left eye of both persons, but is common in RP patients and thus could not be used as a criterion for FHU.

Five years after the identification of RP in case III-5, the first symptoms for FHU were noted. This might suggest that the FHU was secondary to the retinal degeneration, but would not explain why the FHU was unilateral. Moreover, only five previous cases of RP associated with FHU have been reported, which gives the impression of coincidental occurrence of both diseases. Considering the prevalences of RP and FHU, however, seven cases with coexistence of RP and FHU is already one third of the number of cases to be expected worldwide. Therefore, a causal relation between the two diseases cannot be excluded entirely.

The father-to-son transmission of the FHU suggests, just like the RP, an autosomal dominant trait. Jones and Read recently stated that Mendelian inheritance of FHU was impossible, based on the discordance in one pair of monozygotic twins. However, rejection of the Mendelian trait based on one pair of monozygotic twins is not very convincing, since nonpenetration is difficult to exclude and the opposite, identical twins with FHU, have also been described. Moreover Jones and Read examined only accessible relatives with a history of heterochromia or inflammatory eye disease, but since FHU patients may be asymptomatic and heterochromia can be subtle or absent, familial cases might have been missed. Although familial occurrence of FHU is low, our two cases support the possibility of a genetic predisposition. This might not necessarily be a Mendelian trait. HLA subtypes which are strongly linked with other types of uveitis, do not form a predisposition for FHU. Whether or not a genetic predisposition for FHU can come to expression by events like a retinal degeneration, is speculative. A hereditary factor closely linked to RP did not seem likely in our pedigree, since the other RP cases had no signs of FHU, and therefore we presume that both traits segregate independently.