Ultrasound biomicroscopic measurement of anterior chamber angle in premature infants

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Abstract

Aim-To establish normative values for the anterior segment in premature infants in relation to postconceptional age and birth weight.

Methods-Anterior segments were measured in 39 premature infants, 25 to 39 weeks' gestational age by use of ultrasound biomicroscopy and a muscle hook with topical anaesthesia.

Results—Anterior chamber depth, trabecular-iris angle, angle opening (trabecular-iris) distances at 250 and 500 µm from the scleral spur, and the thickness of the thickest part of the iris showed linear increases in relation to postconceptional age and birth weight.

Conclusions-Ultrasound biomicroscopy is a powerful tool for obtaining precise images and measurement of the anterior segment in preterm neonates. Normative values were established for anterior segment dimensions in relation to postconceptional age and birth weight.

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Precise in vivo measurements of the developing anterior segment, in particular of the angle, are the key to understanding the mechanism of congenital and developmental glaucoma.1-3 Awareness of the dimensions of the anterior segment of the maturing eye in the neonate is important when premature and term infants are being assessed for developmental anomalies and syndromes. However, there are few reports in the literature about the changes in ocular dimensions in the premature neonates.4-10

The general condition of some infants often precludes examinations under general anaesthesia. In addition, the opacity of anterior media and iridocorneal abnormalities prevent observation with conventional methods such as slit-lamp biomicroscopy. To overcome the

Table 1 Mean, standard deviation (SD), and range of newborn variables and anterior segment measurements in 39 neonates

Variables	Mean (SD)	Range	Range	
Gestational age (weeks)	33.3 (4.0)	25-39		
Postconceptional age (weeks)	34.4 (4.1)	27-40		
Birth weight (g)	2322 (757)	963-3370		
ACD (µm)	1303 (201)	901-1663		
TIA (degree)	23.13 (5.71)	8.75-28.44		
AOD250 (µm)	142 (52)	34-229		
AOD500 (µm)	220 (78)	50-332		
Iris thickness (µm)	247 (35)	188-306		

ACD = anterior chamber depth; TIA = trabecular-iris angle; AOD250 = angle opening distance at 250 µm from scleral spur; AOD500 = angle opening distance at 500 µm from scleral spur; iris thickness = thickness at the thickest part of the iris.

difficulties, we have developed a method for measuring the anterior segment of neonates and obtaining live images by use of ultrasound biomicroscopy and a muscle hook with topical anaesthesia.Ultrasound biomicroscopy allows one to make precise measurements of the anterior segment in order to detect disorders and tumours.¹¹⁻¹⁹ Our objective was to measure prospectively, for the first time, anterior chamber depth, angle width, and iris thickness in preterm infants in order to develop normative values. Correlation of these variables with postconceptional age and birth weight, as well as with each other, was evaluated.

Patients and methods

PATIENTS

Thirty nine preterm neonates were selected for study within 2 weeks after birth (see Table 1). The study protocol and consent forms were approved by the human subjects committee of Amagasaki Hospital. Informed consent for each infant was obtained from at least one parent. A neonatologist determined the infants' gestational age based on the maternal obstetric history, results of prenatal ultrasound, and a modified Dubowitz score.20 We calculated postconceptional age by adding the actual age of the infant at the time of ocular measurement to gestational age in weeks. Disappearance of the anterior vascular capsule of the lens was not used to estimate gestational age. The major factor that influenced the decision to include a specific premature infant in this study was the general stability of the newborn as related to its ability to undergo ocular evaluation. Infants who were small for gestational age were excluded from the study, as were infants with malformations, genetic disorders, those suspected of intrauterine infections, retinopathy of prematurity greater than stage II, or respiratory distress requiring assisted ventilation. Postconceptional age was approximated to the nearest week for data analysis.

ULTRASOUND BIOMICROSCOPIC MEASUREMENTS

Ophthalmic and ultrasound biomicroscopic measurements were made of the right eve of each infant. All subjects were measured as soon as they were stable enough to undergo an ocular examination.

An ultrasonic biomicroscope 840 (Zeiss-Humphrey, San Leandro, CA, USA) with a 50 Hz transducer and an ultrasound biomicroscope UX-02 (Rion, Tokyo, Japan) with a 30 Hz transducer were used. Each infant was placed in a supine position. A neonatal Bangarter speculum, rather than an eye cup,

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Figure 1 A 2640 g infant who was delivered by caesarean section at 38 weeks' gestation. (A) Ultrasound biomicroscopic image of the central anterior chamber. The ACD was 1320 μ m. (B) Ultrasound biomicroscopic cross sectional view through the temporal angle region. The TLA, AOD250, AOD500, and thickness of the thickest part of the iris were 26.48°, 172 μ m, 216 μ m, and 271 μ m, respectively.

was used to separate the eyelids after a drop of 0.5% proxymetacaine (proparacaine) had been applied. The palpebral fissure was filled with 2.5% methylcellulose as a coupling medium. Scanning was performed by manipulating the eyeball with a muscle hook without pressure on the eyeball and placing the probe close to the area of interest. When a infant was not allowed out of an incubator, we examined through the ports of the incubator with the 30 Hz transducer. We repeated each measurement three times to confirm reproducibility and eliminate artefacts.

Anterior chamber depth was measured as an axial distance from the internal corneal surface to the lens surface. Ultrasound biomicroscopic cross sectional views through the angle region were obtained for most of the measurements, which were made in the temporal meridian; views were as vertical as possible as determined from the screen image. The following variables were measured: anterior chamber depth (ACD), trabecular-iris angle (TIA), angle opening distance at 250 and 500 μ m from the scleral spur (AOD250 and AOD500), and iris thickness, as described by Palvin *et al.*¹² ¹³ Iris thickness was measured at the thickest part of the iris.

STATISTICS

Values were expressed as mean plus or minus the standard deviation and as a range. Unless otherwise specified, data were analysed by unpaired, unilateral t tests. Stepwise regression analysis was used to evaluate which of the factors, age and weight, were predictive of anterior segment measurement. Regression analysis was performed to determine the precise relation of the ACD, TIA, AOD250, AOD500, and iris thickness to postconceptional age and birth weight. Because our interest is in the prediction of the relation for an individual infant, 95% prediction limits were calculated for the eye measurements. These limits are wider than the 95% confidence limits for the mean eye measurement as given levels of predictor variables.

Results

Ultrasound biomicroscopic measurements of the anterior segment were obtained from 39 premature infants of 25 to 39 weeks' gestational age. The means, standard deviations, and ranges for gestational age, postconceptional age, and birth weight are shown in Table 1. Birth weight showed a significant correlation with gestational age (r = 0.764, p = 0.001). Efforts were made to examine the infants as soon as their medical conditions would allow. Age at examination ranged from 2 to 14 days (mean 6.6 (SD 4.1) days).

Figure 1 shows an ultrasound biomicroscopic image of the central anterior chamber and a cross sectional view through the temporal angle region of a 2640 g infant who was delivered at 38 weeks of gestation. The ACD, TIA, AOD250, AOD500, and thickness of the thickest part of the iris were 1320 μ m, 26.48°, 172 μ m, 216 μ m, and 271 μ m, respectively.

The ACD, TIA, AOD250, AOD500 and thickness of the thickest part of the iris for the group of entire infants are shown in Table 1. The ACD, TIA, AOD250, AOD500, and iris thickness significantly correlated with postconceptional age and birth weight (Figs 2, 3, and 4, and Table 2). The slopes and intercepts for the regression analysis, with correlation coefficients with p values, are shown in Table 2.

The ACD, TIA, AOD250, AOD500 and iris thickness significantly correlated to each other, as shown in Table 3.

Discussion

In this paper we have measured the anterior segments of premature infants and established normative values and 95% prediction limits for anterior chamber depth, trabecular-iris angle,





Figure 2 (A) Anterior chamber depth (ACD) in relation to postconceptional age with mean and 95% prediction limits $(r = 0.962, p = 0.0001; ACD = 43.911 \times PCA-212.896)$. (B) ACD in relation to birth weight with mean and 95% prediction limits (r = 0.935, p = 0.0001; $ACD = 0.231 \times BW + 761.709$).

AOD 250, AOD500 and iris thickness as related to postconceptional age and birth weight. We encountered no difficulty in obtaining ultrasound biomicroscopic images of the anterior segment in premature infants. Ultrasound biomicroscopy allows one to measure the anterior segments precisely even in the neonates. It is encouraging that distinct images of the exact area of interest can be obtained by a simple control of the eyeball with a muscle

Table 2 Regression analysis and correlation coefficients of anterior chamber depth, trabecular-iris angle, AOD250, AOD500, and iris thickness versus postconceptional age and birth weight

	r	r^2	p Value	Slope	Intercept
ACD v PCA	0.962	0.925	0.0001	43.911	-212.896
ACD v BW	0.935	0.874	0.0001	0.231	761.709
TIA v PCA	0.892	0.796	0.0001	1.270	-23.28
TIA v BW	0.901	0.811	0.0001	0.007	5.20
AOD250 v PCA	0.879	0.773	0.0001	11.822	-261.873
AOD250 v BW	0.886	0.785	0.0001	0.061	3.455
AOD500 v PCA	0.806	0.650	0.0001	15.787	-319
AOD500 v BW	0.833	0.692	0.0001	0.083	30.394
Iris thickness v PCA	0.709	0.503	0.001	5.071	76.174
Iris thickness v BW	0.737	0.543	0.001	0.027	188.137

PCA = postconceptional age; BW = birth weight; ACD = anterior chamber depth; TIA = trabecular-iris angle; AOD250 = angle opening distance at 250 µm from scleral spur; AOD500 = angle opening distance at 500 µm from scleral spur; iris thickness = thickness at the thickest part of the iris.

Figure 3 (A) Trabecular-iris angle (TIA) in relation to postconceptional age with mean and 95% prediction limits (r = 0.892, p = 0.0001; TIA = $1.270 \times PCA$ —23.28). (B) TIA in relation to birth weight with mean and 95% prediction limits (r = 0.901, p = 0.0001; TIA = 0.007 × BW + 5.20).

2000

Birth weight (g)

2500

3000

3500 4000

1000

1500

hook. With the 30 Hz probe we were able to examine a neonate through the ports of an incubator. Even infants in poor medical condition can be examined in this way.

Only a few studies have attempted to determine morphometric values for preterm and term infants. There were studies of fetal cadaveric specimens.4 5 Postmortem movement of the lens makes necropsy studies less reliable than in vivo ultrasonographic studies for determining anterior chamber.^{21 22} Several investigators, using ultrasonography, have reported the anterior chamber depth of full term neonates.²²⁻²⁵ In all those studies, the central thickness of the cornea was included in the measurements. Our measurements showed that central corneal thickness ranged from 540 to 679 µm, with a mean of 620 µm in preterm and term neonates (unpublished data). When data from our graphs are extrapolated at 40 weeks of gestation with the addition of the mean central thickness of the cornea, they correspond directly to Larsen's ultrasound measurements of the anterior chamber depth.



Figure 4 (A) Thickness of the thickest part of the iris in relation to postconceptional age with mean and 95% prediction limits (r = 0.709, p = 0.001; iris thickness = 5.071 × PCA + 76.174). (B) Thickness of the thickest part of the iris in relation to birth weight with mean and 95% prediction limits (r = 0.737, p = 0.001; iris thickness $= 0.027 \times BW + 188.137).$

age and birth weight. Other ocular dimensions, including total axial length and corneal diameter, were correlated with postconceptional age and birth weight.5-7 9 10 Musarella and Morin reported that corneal diameter correlated better with birth weight than with postconceptional age.7 Tucker et al found postconceptional age to be more significant predictive factor than birth weight.¹⁰ However, our results showed that anterior chamber depth, angle width, and iris thickness were all identically

Table 3 Regression analysis and correlation coefficients between anterior chamber depth, trabecular-iris angle, AOD250, AOD500, and iris thickness

	r	r^2	p Value	Slope	Intercept
ACD v TIA	0.907	0.823	0.0001	29.92	686.67
ACD v AOD250	0.908	0.825	0.0001	3.171	838.39
ACD v AOD500	0.895	0.801	0.0001	2.147	817.367
ACD v iris thickness	0.660	0.436	0.0001	4.334	211.344
TIA v AOD250	0.897	0.805	0.0001	0.095	6.660
TIA v AOD500	0.893	0.797	0.0001	0.065	5.898
TIA v iris thickness	0.702	0.493	0.0001	0.140	-14.616
AOD250 v AOD500	0.902	0.814	0.0001	0.620	6.192
AOD250 v iris thickness	0.665	0.442	0.0001	1.25	-168.604
AOD500 v iris thickness	0.572	0.327	0.0002	1.568	-169.351

ACD = anterior chamber depth; TIA = trabecular-iris angle; AOD250 = angle opening distance at 250 µm from scleral spur; AOD500 = angle opening distance at 500 µm from scleral spur; iris thickness = thickness at the thickest part of the iris.

correlated with postconceptional age and birth weight. The greater statistical significance of our results may reflect the relatively large number of infants studied, as well as the accurate determination of postconceptional age.

The appearance of the anterior chamber angle in the neonate differs from that in adults.3 21 The scleral spur is closer to the apex of the angle in preterm and term infants than it is in adults. Interpretation of anatomical landmarks, including the scleral spur, can affect the measurement of ultrasound images.18 The scleral spur is easily detected even when the angle is poorly developed in premature infants. The scleral spur is an appropriate landmark for measuring the anterior chamber angle.

We established normative values for anterior segment in preterm newborns. These data provide the first information on the development of the anterior segment in immature eyes. However, we have not yet created growth curves for these variables, because we are following our patients longitudinally. The normative values should greatly aid ophthalmologists in evaluating anterior segment dimensions of premature neonates who are suspected of having congenital glaucoma and congenital anomalies.

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