

Objective measurement of contrast sensitivity function using contrast sweep visual evoked responses

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Abstract

Aim/background—The contrast sensitivity function (CSF) measurement provides information that is not accessible by standard visual acuity determinations. The contrast sweep pattern reversal visual evoked responses (CSVER) technique was used to objectively measure the CSF in clinical practice.

Methods—The contrast thresholds were measured at five spatial frequencies in 10 normal subjects. The CSVER were recorded with sinusoidally modulated vertical gratings at 10 contrast levels (96, 64, 48, 32, 16, 8, 4, 2, 1, and 0.5%) presented in five spatial frequencies (0.5, 1.0, 2.0, 4.0, and 8.0 cycles per degree). Each of 10 contrast levels was displayed for 2 seconds at the desired spatial frequency. The CSVER amplitudes at the second harmonic were calculated by discrete Fourier transform. The results were compared with those obtained using a psychophysical method.

Results—An inverted U-shaped CSF which peaked at 2.0 cycles per degree with a contrast sensitivity of 34.5 (contrast, 2.9%) was observed. The CSF assessed electrophysiologically was 0.62 to 0.79 log units lower than the sensitivity measured using the psychophysical method. However, the overall shapes were highly correlated.

Conclusion—One can objectively measure CSF with CSVER and this may be useful in patients in whom the psychophysical method is limited.

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high contrast optotypes.⁶⁻⁹ The clinical application of CSF in ophthalmology has been delayed because the complexity of the method limited it to use with alert and cooperative subjects. Recently, some studies have demonstrated much simpler and less time consuming psychophysical CSF methodologies.⁷⁻¹⁰ However, when assessing vision in a paediatric population or in non-verbal or mentally deficient patients in whom these tests may not be effective, an "objective" test for measuring CSF is desirable. The pattern reversal visual evoked response (PVER),¹¹ which primarily reflects macular function,¹²⁻¹⁶ is useful for CSF measurement.¹⁷⁻²⁰ Although the results of electrophysiological measurements of CSF roughly parallel the psychophysical determinations, the use of the standard PVER for CSF measurement is time consuming. In addition, the CSF derived from VER is less sensitive than the psychophysical test^{18,21} and there may be irregularities in the VER signals,²² making the test impractical for clinical use.

The spatial frequency sweep PVER (SPVER), introduced by Regan²³ and later by Tyler *et al*,²⁴ allows visual sensory threshold evaluation within a short time. Although the spatial frequency sweep PVER analyses the visual function in the spatial domain, this algorithm can be used to study the visual function at the contrast domain by sweeping the stimulus at different contrast levels. In the present study, instead of sweeping spatial frequencies, a large number of contrast stimuli were displayed consecutively without interruption for 20 seconds at each spatial frequency. We thus obtained the contrast threshold at each spatial frequency within a very short time. This methodology is referred to here as contrast sweep VER (CSVER).

In the present investigation, we measured the contrast thresholds of normal adults by CSVER, analysed the effect of contrast ratio on the amplitude response at different spatial frequencies, and compared the findings with the subjective (conventional) CSF.

Materials and methods

PATIENTS

Ten ophthalmologically normal volunteers (six men, four women; age range 25-48 years) participated in this study. All subjects had a corrected visual acuity of 20/20 or better at the time of the recording. Each subject underwent monocular electrophysiological and psychophysical testing of a randomly selected eye with an undilated pupil in a dark room. Before the

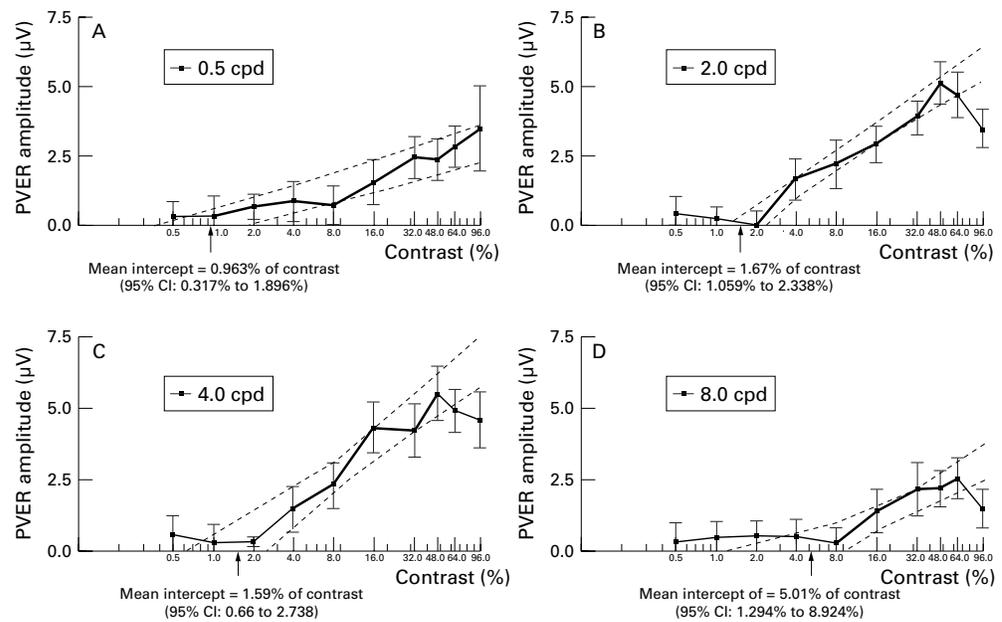


Figure 1 (A–D) Contrast sweep visual evoked response (CSVER) from a normal female subject in four spatial frequencies. In each figure, the mean VER amplitude-contrast function with the 95% confidence interval (CI) was plotted at each of the 10 different contrasts. The broken lines indicate the best fit linear regression with the 95% CI in each spatial frequency. The contrast threshold was determined by extrapolating to 0 µV on the x axis.

measurements were recorded, the procedures were fully explained to each subject, and informed consent was obtained in all cases. This study was carried out in conformity with the tenets of the Declaration of Helsinki.

RECORDING CSVER

The stimulus pattern was displayed on a 19 inch, high resolution television monitor (P7A24K-931, Pixelink) with a spatial resolution of 960 horizontal raster lines. The overall stimulus field was 25 cm × 25 cm. The stimulus field size subtended a visual angle of 14° × 14° at the testing distance of 100 cm. The mean luminance was maintained at 50 cd/m². The CSVER were recorded using standard electroencephalogram cup occipital electrodes positioned at Oz/Pz (the electrodes were placed anterior to theinion, Oz at 10% of the

inion-nasion measurement and Pz at 30% of inion-nasion measurement), amplified with a 0.5–100 Hz bandwidth isolated differential amplifier (Model Infant 4010, Neuroscientific Corp, Farmingdale, NY, USA), digitised at 180 Hz, and harmonically synchronised (phase coherent) to the stimulus presentation. The digitised samples were divided into analysis records (epochs) of 180 points each (that is, 1 second). Each record was analysed using discrete Fourier transform (DFT), the values of which were vector averaged and converted into polar form to yield the appropriate magnitude and phase for the second harmonic frequencies (12 Hz) of the mean value of the Fourier coefficients. Sinusoidally modulated vertical gratings of 10 different contrast levels ranging from the highest (96%) to the lowest (0.5%) level were swept at five spatial frequencies: 0.5, 1.0, 2.0, 4.0, and 8.0 cycles per degree (cpd). The contrast levels measured were 96, 64, 48, 32, 16, 8, 4, 2, 1, and 0.5%. The pattern reversal rate was fixed at 12 reversals per second (6 Hz). Each of 10 contrast levels was displayed for 2 seconds, for a total recording time of 20 seconds at each of the five spatial frequencies. The mean contrast threshold and the 95% confidence interval (CI) were calculated using the manufacturer's software. The results were immediately displayed on the video monitor of a personal computer.

DETERMINING THE CONTRAST THRESHOLD ELECTROPHYSIOLOGICALLY

The contrast threshold was determined as follows²⁵: after the recordings, two points were manually selected for analysis, one at the highest contrast level which records the first peak of PVER amplitude and the other at the lowest contrast level which produces the minimum

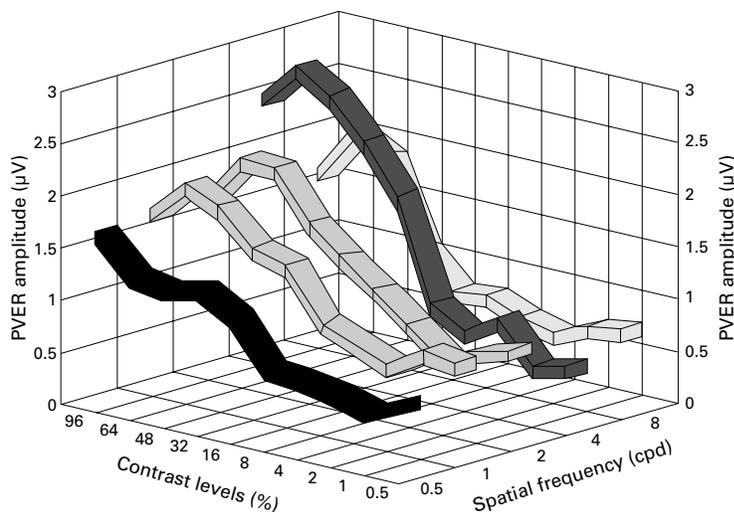


Figure 2 The mean CSVER amplitude-contrast level function at five spatial frequencies in 10 normal volunteers. cpd = cycles per degree; PVER = pattern visual evoked responses.

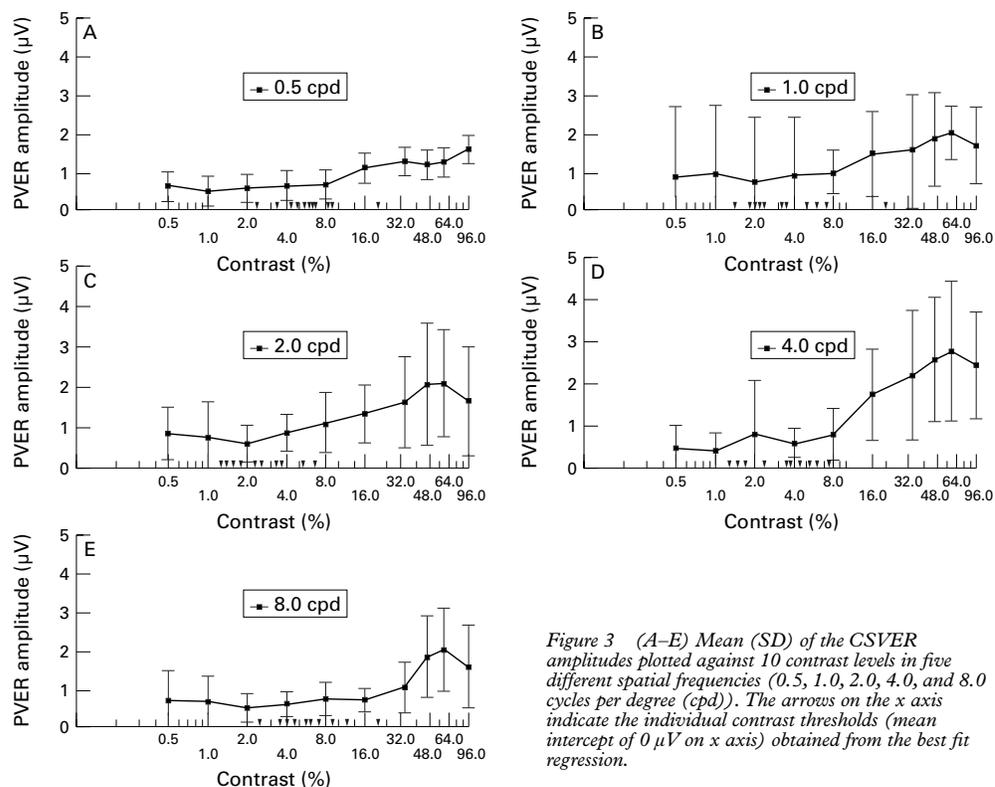


Figure 3 (A–E) Mean (SD) of the CSVER amplitudes plotted against 10 contrast levels in five different spatial frequencies (0.5, 1.0, 2.0, 4.0, and 8.0 cycles per degree (cpd)). The arrows on the x axis indicate the individual contrast thresholds (mean intercept of 0 μV on x axis) obtained from the best fit regression.

level separate from the noise on the descending curve of the CSVER amplitude contrast function. Derived from an extensive empirical data set, any evoked response is at least three times greater than the average noise level and the phase of response is steady (within 20 degrees) or slightly leading the stimulus (no more than 90 degrees of phase shift between points).²⁶ The best fit regression line (within 95% confidence interval, because the CSVER function is not always a simple linear function of log contrast) was then drawn by the Enfant system between these two points and included all datapoints between them. The contrast threshold was determined on the intersection of the linear regression line with 0 μV . The determi-

nation of the contrast threshold at each spatial frequency generally took 30–60 seconds.

MEASURING PSYCHOPHYSICAL CSF

The gratings used were sinusoidally modulated and generated under computer control on a cathode ray display. The luminance (50 cd/m^2) was constant during the test. Using a 12×12 cm screen, a 6.8° stimulus field size was obtained when viewed at a distance of 100 cm from the screen and a 5° stimulus field size at a distance of 300 cm. Sinusoidally modulated gratings of 31 contrast levels ranging from 98% to 0.2% were displayed in five spatial frequencies (0.5, 1.0, 2.0, 4.0, 8.0 cpd) in gratings oriented at 90° (vertical), 45° (slanted to the right), and 135° (slanted to the left). The levels were presented depending on the subject's response, by indicating the orientations using a three alternative, forced choice algorithm (that is, staircase procedure²⁷: each correct response decreased the contrast level 0.1 log unit and each incorrect response increased the contrast level by 0.2 log unit), under a pseudorandom order. The threshold was computed as the contrast required for correct choices at a probability of 0.84%.

STATISTICAL ANALYSIS

The intersubject homogeneity of the CSVER amplitude under different contrast conditions was tested via single factor repeated measures of analysis of variance (ANOVA). When the test was highly significant, Scheffe's test for multiple comparisons was applied. A p value <0.05 was considered to indicate statistical significance.

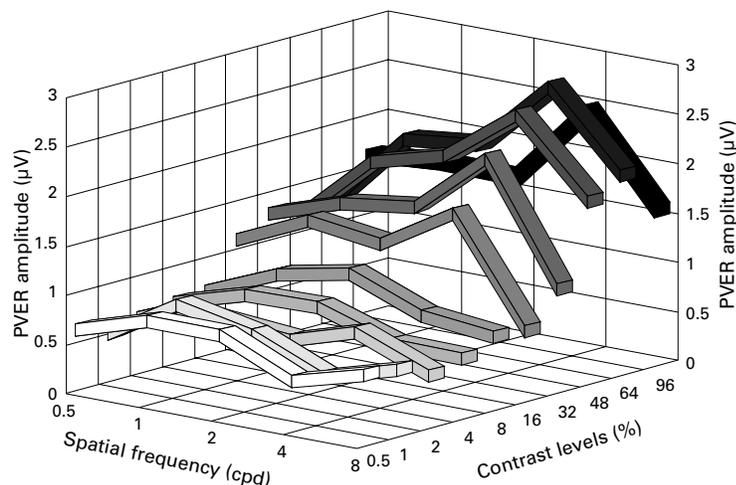


Figure 4 The CSVER amplitude-spatial frequency function at 10 contrast levels in 10 normal volunteers. PVER = pattern reversal visual evoked responses; cpd = cycles per degree.

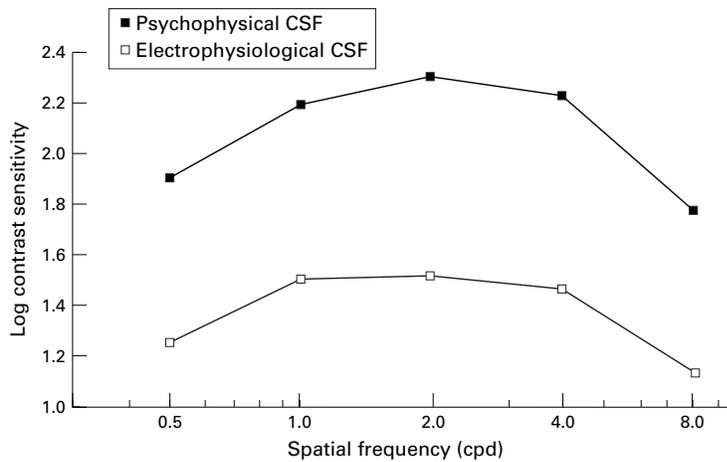


Figure 5 Comparison of the mean electrophysiological and psychophysical contrast sensitivity values at five different spatial frequencies. cpd = cycles per degree.

Results

Figure 1(A–D) shows the CSVER amplitudes for the same normal subject at 0.5, 2.0, 4.0, and 8.0 cpd under 10 stimulus conditions. The mean PVER amplitude (95% CI) was calculated with the DFT program. The contrast thresholds obtained were 0.96, 1.67, 1.59, and 5.01% at 0.5, 2.0, 4.0, and 8.0 cpd, respectively. The largest CSVER amplitude was recorded at 4.0 cpd, peaking at 48% of contrast (5.78 μ V of the PVER amplitude).

Figure 2 shows the PVER amplitude (μ V) contrast stimulus level (%) function at 0.5, 1.0, 2.0, 4.0, and 8.0 cpd. The amplitude represents the mean for 10 normal subjects. There was a general tendency for the CSVER amplitude to increase as the contrast increased. At 0.5 cpd, the CSVER amplitude increased continuously. However, at 1.0 to 8.0 cpd, the CSVER amplitude increased to the 64% contrast level, at which point the responses then decreased with a further increase in stimulus contrast. As a result, a high band pass filter curve was obtained.

The CSVER amplitudes (mean (SD)) of 10 different contrast stimuli (0.5 to 96%) at five spatial frequencies from 10 normal subjects are shown in Figure 3(A–E). At 0.5 cpd, the overall F values from the repeated ANOVA measures to test the homogeneity of the

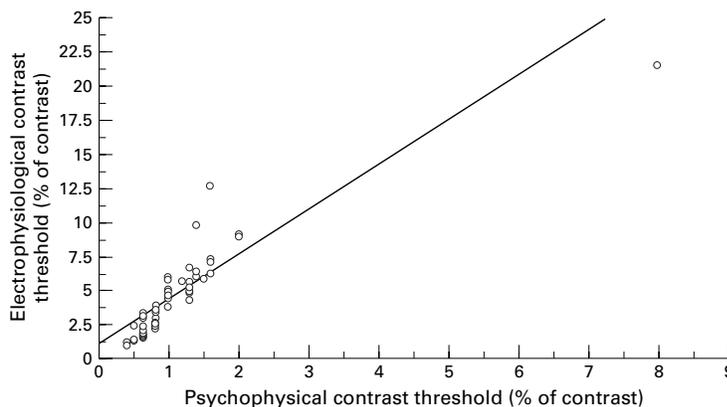


Figure 6 Scattergram showing a significant correlation between the individual psychophysical and electrophysiological contrast thresholds of 10 normal subjects at 0.5, 1.0, 2.0, 4.0, and 8.0 cpd, under similar conditions. $r = 0.89$, $p = 0.0001$.

responses were highly significant at contrasts up to 32% ($F=4.08$, $p=0.0001$). Statistically, at contrast levels higher than 32%, the CSVER amplitude contrast stimuli function showed no difference. Similar findings were observed at 1.0, 2.0, 4.0, and 8.0 cpd with up to 32, 32, 32, and 48% of contrast, respectively ($F=5.47$, $p=0.001$; $F=6.59$, $p=0.001$; $F=4.63$, $p=0.0001$; $F=3.86$, $p=0.0002$, respectively). At these levels of contrast, we observed saturation phenomenon as a feature of CSVER.

Figure 4 shows the mean CSVER amplitudes of five spatial frequencies for the 10 contrast levels. A very distinct high pass filter function was observed at contrasts of 16 to 96%, peaking at 4.0 cpd with 64% contrast. At lower contrast levels (0.5 to 8%), this response pattern was not observed: at 8% and 4% of contrast, the peak was observed at 2.0 cpd; at 2%, 4.0 cpd; and at 1% and 0.5%, a low pass filter curve was seen, peaking at 1.0 cpd. From 16 to 96%, the PVER amplitudes were higher than in PVER derived from contrasts of 8% to 0.5% (approximately 0.5 μ V of amplitude voltage), in which the flattened shape is evident.

The mean electrophysiological (CSVER) values compared with the psychophysical sensitivities are shown in Figure 5. The curves have essentially the same band pass filter shape with the electrophysiological CSF being 0.65, 0.68, 0.79, 0.76, and 0.62 log unit lower at 0.5, 1.0, 2.0, 4.0, and 8.0 cpd, respectively. Both CSF peaked at 2.0 cpd with the electrophysiological contrast threshold at 2.9% of contrast (CS, 34.5) and the psychophysical contrast threshold at 0.45% of contrast (CS, 222). The mean and intersubject variations (SD) were 1.26 (0.175) at 0.5 cpd, 1.522 (0.247) at 1.0 cpd, 1.532 (0.218) at 2.0 cpd, 1.482 (0.255) at 4.0 cpd, and 1.157 (0.202) at 8.0 cpd in the electrophysiological CSF, and 1.91 (0.082) at 0.5 cpd, 2.2 (0.072) at 1.0 cpd, 2.321 (0.107) at 2.0 cpd, 2.242 (0.202) at 4.0 cpd, and 1.78 (0.286) at 8.0 cpd in the psychophysical method.

The statistical correlation between the individual values of both contrast thresholds (psychophysical and electrophysiological) is shown as a scattergram (Fig 6) at 0.5, 1.0, 2.0, 4.0, and 8.0 cpd for 10 normal subjects. The solid line represents the linear regression between the two contrast thresholds. The correlation coefficient for CSVER *v* psychophysics was approximately 0.89 indicating that the contrast threshold derived from the VER provided good prediction of the conventional (psychophysical) threshold under similar conditions ($p=0.0001$).

Discussion

The importance of the contrast sensitivity (CS) evaluation lies in its ability to detect visual function abnormalities in patients who, despite a good Snellen acuity, complain of visual disturbances. These patients often complain of "misty" vision. Isolated CS losses are present in certain diseases, such as optic nerve disease, and often the loss is more prominent and disturbing to the patient than is a decrease in

visual acuity. The clinical applications of CSF are discussed in review articles by Sekuler,²⁸ and DeValois and DeValois.²⁹

Campbell and Robson¹ interpreted their psychophysical CSF results as indicating the existence of "multiple or separate channels" within the visual system, which are selectively sensitive to a narrow spatial frequency. The resultant CSF was an inverted U-shaped curve, peaking at approximately 5.0 cpd. The concept of separate channels for different spatial frequencies is in a sense a restatement of the fact that the retina is not uniform. Channels may be the expression of single classes of neuronal function. The activities of ganglion cell subpopulations in the visual pathway can be isolated by different spatial frequencies. There has been much speculation concerning the source of the central/peripheral field origin¹¹ to cortical manifestation of the magnocellular and parvocellular pathways,^{21 30-32} including the suggestion that they represent separate motion and pattern discrimination mechanisms.³³ Only the fovea is specialised for high visual acuity and must, therefore, process all information involving high spatial frequencies. In the retinal periphery, only lower frequency channels are represented.⁷ The clinical value of this test is that it allows the rapid assessment of peripheral (low spatial frequencies) and central retinal function (high spatial frequencies).

In the present study, we estimated the CSF values derived from steady state visual evoked potentials (VEPs) and also psychophysically under similar conditions. In electrophysiological recordings, we observed saturation phenomena as a feature of the contrast VER. This phenomenon may be influenced by several conditions such as temporal and spatial frequencies, the mean retinal luminance, the type of pattern, and the size of the pattern elements.³⁴ Contrast VER recordings showed the saturation phenomena at 32% or 48% of contrast at the different spatial frequencies tested, in agreement with previous studies.^{12 34} The CSVER recorded in the present investigation showed a nearly linear function, which allowed the extrapolation to zero voltage and the rapid measurement of the contrast threshold, thus confirming the results of other studies.^{11 20 35} By plotting both psychophysical and electrophysiological CSF against five different spatial frequencies under similar conditions, we observed nearby parallel inverted U-shaped functions and electrophysiological CSF lower by 0.62 to 0.79 log unit at all spatial frequencies. Previous studies demonstrated a good correlation between CSF by steady state VEP and by the psychophysical method.^{18 20 30 36-41} The electrophysiological CSF was consistently less sensitive than the psychophysical approach. The methodology of our study does not permit us to clarify mechanisms of responses involved in both visual pathways. As is well known, the psychophysical threshold is a perception in which only a few neurons need to be activated to obtain the threshold, whereas a greater number of them need to be activated to produce evident electrical potentials in the occipital cortex during the

electrophysiological test. Additionally, stimulus field is a very important factor: the size of the stimulus field and the number of elements (number of check sizes when the checkerboard pattern is used and number of gratings when gratings are used as visual stimuli). Thus, it seems that there is certain correlation between the number of elements and the magnitude of the responses, especially in the case of PVER.⁴² Ideally, it would have been best to use similar stimulus field sizes in both the psychophysical and electrophysiological tests. However, the limitation of PVER meant that a relatively large stimulus field size had to be used in order to record good response at low spatial frequencies. Differences between the experiments, especially in the stimulus field size, grating orientation, and temporal modulation, are factors that cannot be ignored. Allen *et al.*²⁰ tested different electrode positions for the measurement of contrast thresholds derived from sweep VER and compared the results with those obtained by the psychophysical method. Using a similar technique (frame rate of 7.5 Hz, contrast levels that increased from 0.5 to 40% during the trial every 0.5 second and a mean luminance of 80 cd/m²), the PVER amplitudes obtained were less (up to 1.0 μ V) than that recorded in this study. In addition, in the present investigation, the CSF derived from the electrophysiological method had slightly higher intersubject variation than did the values obtained by psychophysical method. The results confirm those of Cannon,¹⁸ who used checkerboard patterns, and Allen *et al.*²⁰ who showed that the standard deviation for the sweep VEP was not significantly greater than the corresponding values by psychophysical approach.

In summary, we have described an objective technique for measuring CSF, which correlates well with the psychophysical method. The intersubject difference was reliable, the evoked responses were reproducible, and the test was rapidly performed (20 seconds at each spatial frequency). Further studies are needed to evaluate the use of this technique in uncooperative patients. In view of the relation between contrast sensitivity and visual performance, the ease with which CSF may be determined from the VEP is likely to prove to be a valuable tool in the clinical setting, particularly in paediatric vision evaluation, and in visual research.

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