LETTERS TO THE EDITOR

Xeroderma pigmentosum in three consecutive siblings of a Nigerian family: observations on oculocutaneous manifestations in black African children

Case report—Xeroderma pigmentosum (XP), a rare autosomal recessive disorder characterised by defective DNA repair leading to clinical and cellular hypersensitivity to ultraviolet radiation, manifesting mainly as intolerance of skin and eyes to light, has been described in all races, but is exceedingly rare in the negro race, although some cases have been reported in both the American and African black people. We describe three consecutive siblings of a Nigerian, Fulani, family with the typical features of XP. We wish to draw attention to the clinical, phenotypic variations of this syndrome in black children of the same family living together in an area of high sunshine, and the difficulties in the management of XP patients with advanced disease and limited access to facilities in an environment where avoidance of skin exposure to intense ultraviolet rays is problematic. We believe the patients we have described constitute the first series on XP in black children of the west African subregion.

CASE REPORTS

Case 1

The proband, a 9 year old girl, was first seen at Usmanu Danfodiyo University Teaching Hospital (UDUTH), Sokoto (13.02° N, 5.14° E), Nigeria, in February 1999 with a history of the development of photophobia from the age of 1½ years, skin lesions, comprising freckles, on limbs and face, hypopigmented and hyperpigmented lesions covered by a crust and covered areas of the skin with onset from age 2 years, relentless worsening of vision from the age of 2 years, and development of an ulcer on the right cheek at the age of 7½ years which had become persistent. The child was a product of a consanguineous marriage; the parents were of low socioeconomic class. The proband was the fifth in birth rank, in a monogamous family consisting of nine children aged between 5 months and 19 years. Two other siblings following the proband in birth sequence, the 6th and 7th, a 7 year old boy and a 5 year old girl, respectively, were also afflicted with a similar disease process involving the skin and eyes. Both parents were unaffected. On examination, the entire skin was dry (with the exception of the soles and palms) covered with a mixture of mottled, hyperpigmented and hypopigmented, atrophic roundish and oval macules, giving the entire skin a chequered appearance, associated with generalised acinic keratoses (manifesting on black skin as palpal, rough, blackish spots covered with adherent scales). These keratotic lesions were more numerous on the face. A large reddish ulcerated plaque (2 × 2 cm) with raised, dark, keratotic, sharply demarcated borders was seen on the right cheek and crusted ulceration on the nasal bridge was also noted. Biopsy of the ulcer on the cheek showed well differentiated squamous cell carcinoma. The following lesions were noted in the right eye. The skin of the lids was covered by similar lesions as elsewhere on the skin. The lower lid margin was ulcerated. A conjunctival mass 0.5 × 0.75 cm extended from the medial canthus to and covered the 2–5 o’clock of the limbus. The rest of the limbus was obliterated by a dark, flat lesion. The cornea was hazy because of a fibrovascular membrane on its epithelial surface making it impossible to view structures deeper to it. The left eye also showed loss of all eyelashes of the lower lid and most of those in the upper lid. A large nodular conjunctival lesion (1.5 cm × 1 cm) occupied the whole of the temporal conjunctiva and two thirds of the adjacent cornea. This lesion was pink, firm but friable (see Fig 1). The visual acuity (VA) was perception of light (PL), in the right eye and nil perception of light (NPL), in the left. Biopsy of the conjunctival mass LE showed a moderately differentiated squamous cell carcinoma. On the basis of the characteristic cutaneous and ocular lesions associated with sunshine hypersensitivity and histologically proved squamous cell carcinoma of both the skin and conjunctiva, the diagnosis in the proband was xeroderma pigmentosum in its final phase, the cancerous period.

Case 2

This 7 year old boy, the brother of the proband, presented with milder symptoms of XP, with slower progression. Thus, the initial generalised erythematous rash associated with exposure to sunshine became obvious from the age of 3 months; worsening of vision developed from the age of 4 years. The cutaneous lesions, though similar to those in the proband, were less severe. The entire skin was also dry, covered with hyperpigmented and hypopigmented atrophic roundish lesions. The acinic keratotic lesions were less numerous. There were no ulcerations and no cutaneous tumours. The ocular lesions were also milder than in the proband. In the right eye the conjunctiva was xerotic, but without areas of hypertrophy. The cornea was dull, but clear with tendency to dryness. The left eye showed total loss of lashes of the lower lid and hypertrophy of the nasal half of the conjunctiva, with raising of its edge towards the limbus. The VA (6/60 in both eyes) was better than in the proband. The ocular and cutaneous lesions were compatible with xeroderma pigmentosum in the precancerous phase.

Case 3

This was the 5 year old sister of the proband. The onset of the disease and its severity took a middle course between that of the index case (case 1) and the second patient. The onset of erythematous skin lesions and follicular following exposure to sunshine was at age 6 weeks. Hypopigmented and hyperpigmented macules become evident by the age of 3½ years. The acinic keratoses became numerous by age 3½ years and ulceration of the upper lip was noticed at age 4½ years. The worsening of vision became obvious from the age of 3 years. Ocular examination revealed marked blepharospasm in the right eye, the conjunctiva was generally fleshy, vascular, with a tendency to bleed and covered the cornea in both its nasal half and inferotemporal quadrant. Other corneal areas were covered by a fibrovascular epithelial membrane (Fig 2). Biopsy of the conjunctival mass reveal moderately differentiated squamous cell carcinoma. In the left eye there was total loss of eyelashes of the lower lid, and a vascular fleshy overgrowth of the...
congenital albinism, affecting the eyes, hair and skin (Kirk 1990). This condition is caused by a defect in the enzyme tyrosinase, which is responsible for the production of melanin in the skin and hair. The severity of the condition varies, with some individuals having only mild skin pigmentation and others having complete absence of pigment.

COMMENT

XP is generally regarded as a very serious disease, with a high risk of skin cancer. The diagnosis of XP is typically made on the basis of a combination of clinical features and laboratory tests. The most common feature is an increased risk of skin cancer, particularly of the skin of the head and neck. Other common features include an increased risk of cataracts, bone growths, and other skin lesions.

In this case, the patient was diagnosed with XP based on the presence of the characteristic skin lesions and an increased risk of skin cancer. The patient was also found to have an increased risk of cataracts, which is a common complication of XP.

In conclusion, XP is a serious disease that should be diagnosed early to allow for appropriate management. Early diagnosis and management can help to reduce the risk of skin cancer and other complications of the disease.

Reference


Multifocal electroretinographic and angiographic changes in pre-eclampsia

COMMENT

Pre-eclampsia is characterised by hypertension, proteinuria, and oedema. It is a serious condition that can affect pregnant women and can lead to serious complications such as preterm birth, placental abruption, and fetal growth restriction.

CASE REPORT

A 28 year old Chinese woman, gravida II, para I, was hospitalised at 31 weeks' gestation with typical pre-eclampsia presentation including hypertension, proteinuria, and oedema. At 34 weeks' gestation, emergency caesarean section was performed because of uncontrolled pre-eclampsia. Two days post partum, she complained of blurring of vision in the right eye. Examination revealed that the vision was right eye: 20/30, left eye: 20/15. There was no afferent pupillary defect. Anterior segment and intraocular pressure was normal. Fundal examination revealed bilateral greyish-yellow lesions at the level of retinal pigment epithelium (RPE), distributed mainly in the inferotemporal area and posterior pole. Visual field assessment was normal.

COMMENT

In our case, the patient was hospitalised with pre-eclampsia at 31 weeks' gestation. She was diagnosed with bilateral RPE changes at 34 weeks' gestation, which corresponded with areas of delayed filling and leakage on fluorescein angiography (FA) and indocyanine green angiography (ICGA).

Reference


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Figure 1 Right eye at 2 weeks post partum. (Top) Fluorescein angiogram shows delayed filling of choroidal vessels in the early phase and leakage with staining in the late phase. (Bottom) Similar changes in indocyanine green angiogram.
The signals of MERG are thought to be derived from the outer retinal layers of cones and also the inner retinal layer including the bipolar and Muller cells. The retinal response may be impaired secondary to RPE dysfunction and choroidal ischaemia. Similar MERG findings in central serous choriretinopathy were reported, in which the RPE abnormality is thought to be secondary to the underlying choroidal vascular disease. MERG has the advantage of being non-invasive and the risk of breastfeeding after angiography can be avoided. It is more sensitive than FA and ICG in the evaluation of macular choroidal ischaemia in pre-ecclampsia.

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Signet ring cell carcinoma of the eccrine sweat gland in the eyelid, treated by radiotherapy alone

EDITOR,—The signet ring cell carcinoma of the eccrine sweat gland is a very rare tumour of the eyelid. Only six cases have been published up to now.1–3 There is a preponderance of males; only one woman was affected. The patients’ ages ranged from 47 to 78 years. This tumour shares some histological features with breast carcinoma, the metastasis of which represents the most important differential diagnosis—Indian file formations, signet ring cells, and expression of oestrogen, as well as progesterone, receptors. One significant difference is that the positive staining for those hormone receptors is found mainly in the cytoplasm in signet ring cell carcinoma, in contrast with the nuclear staining of breast carcinomas.4–6

Different treatment modalities have been applied in cases of eccrine sweat gland carcinoma. Our case demonstrates that tumour control can be achieved with radiotherapy alone despite extensive orbital involvement.

CASE REPORT

An 87 year old male patient was seen initially in our department in July 1998. He had noticed swelling of his right lower eyelid. We saw a diffuse thickening and induration of the right eyelids at initial presentation in our hospital. An magnetic resonance image (MRI) showed a tumour that had infiltrated the upper (Fig 1) as well as the lower eyelid, the eyebrow, and the perioral muscles. The optic nerve was also surrounded by tumour. Two biopsies revealed an infiltrating tumour with Indian file formations; some of the tumour cells had a signet ring appearance with nuclei located peripherally as a result of intracytoplasmic vacuoles. The latter possessed microvilli, as could be demonstrated by electron microscopy. The cytoplasm stained positive with periodic acid Schiff (Fig 2) and with antibodies against oestrogen and progesterone receptors as well as human milk fat globulin. No hormone receptor expression was found in the nuclei. The growth fraction was 5%, determined with MIB1.

Systemic examination did not reveal any other tumour, especially no breast carcinoma and no adenocarcinoma of the gastrointestinal tract. Two treatment modalities were discussed—orbital exenteration and radiotherapy. Since the patient refused orbital exenteration radiotherapy was started in September and October 1998, and performed over 6 weeks, with a total dosage of 56 Gy. Two months later the cornea showed erosions which were treated with lubricants; the ocular motility was heavily impaired. Fourteen months after radiotherapy the lid skin was soft again without any evidence of tumour recurrence, the cornea only showed irregular epithelium, and the eye motility had returned to almost normal. Unfortunately, because of optic nerve damage by glaucoma and radiotherapy, the right eye went blind.

COMMENT

In most cases of signet ring cell carcinoma described in the literature, upper and lower lids of one eye were involved.1–4 Three patients were initially treated by excision alone,1 all of them had a period of survival of at least 6 years. One of these patients had metastases to the brain.

Figure 2 Multifocal electroretinogram (MERG) of right eye. (Left) At 2 weeks post partum, trace array and horizontal central MERG topography showing decreased retinal response density in the fovea and nasal part of the macula. Average MERG responses of the temporal and nasal maculae showing prolonged N1 and P1 latencies as well as diminished response amplitude of the nasal macula compared with the temporal macula. Mean N1 and P1 latencies were 16.7 ms and 30.0 ms for the nasal macula, and 14.2 and 27.5 ms for the temporal macula, respectively. Mean P1 response amplitude for the nasal right macula is 70% of the temporal response (18.0 nV/deg v 26.3 nV/deg). (Right) At 3 months post partum, trace array and three dimensional MERG topography show recovery of the foveal response. However, average MERG response shows persistent mild decrease in response amplitude in the nasal macula, which is 83% of the temporal macula (19.2 nV/deg v 23.4 nV/deg).

Figure 1 The MRI scan displays diffuse tumour infiltration of the upper eyelid (arrows).
developed a recurrence after 10 years, with preauricular lymph node metastasis, as a result of which he was treated with radiotherapy (50 Gy). He had at least 18 months of remission thereafter, but showed subclinical liver metastasis at necropsy; his death was not tumour related. Another patient was found to have pulmonary metastases from which he finally died. Radiotherapy alone (35 Gy), as in our case, was applied in another patient. He showed infiltration of the lids and the anterior orbit, and had at least 6 years of remission. The only patient treated by orbital exenteration, radiotherapy, and tamoxifen died as a result of liver metastases within a period of less than 6 years after initial diagnosis. His pretreatment status, showing extensive orbital infiltration, was quite similar to that of the patient we are presenting here.

From the cases reported in the literature, we conclude that this tumour possesses a low to intermediate grade of malignancy. To date, 14 months after radiotherapy, our patient still shows remission. Thus, for elderly patients with extensive infiltration of orbital and adnexal tissue by an eccrine sweat gland carcinoma, we consider this conservative treatment sufficient to achieve local control.

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Endonasal endoscopic dacryocystorhinostomy for dacryocystoceles in a 4 month old infant

Editor—Canalisation of the nasolacrimal apparatus usually occurs at the same time throughout its length. However, its distal end has been shown to be occluded by a membrane in 73% of otherwise normal stillborn fetuses at term.

For typical dacryocystoceles, a regimen of warm compresses and massage, with regular ophthalmological review to check for the first signs of dacryocystitis, seems to be reasonable. Should dacryocystitis supervene, the child should be admitted to hospital for the intravenous administration of antibiotics and probing of the nasolacrimal apparatus. Should the dacryocystocele recur or epithora ensue, and repeated probing does not give the result, it may be necessary to intubate the nasolacrimal apparatus or perform a dacryocystorhinostomy.

In 1893, Caldwell described the first case of an endonasal operative approach to the lacrimal system. This technique was later modified by West and supported by Mosher in 1921. In spite of these attempts, the external dacryocystorhinostomy (DCR)—the technique inaugurated by Toti in 1904—was, for a long time, the most accepted procedure for lacrimal sac surgery. The reason for this was presumably limited transnasal visualisation caused by bleeding during endonasal dacryocystorhinostomy (EEDCR), in 1989.

Using new instrumentation and techniques for endonasal sinus surgery in general, many authors have proved that EEDCR can be performed with lower morbidity in adults and with success rates equal to those achieved with the traditional external approach. 13–15

CASE REPORT

A 4 month old girl presented with huge recurrent abscesses in the left medial canthal region (Fig 1) and a huge epipore. Initially she was managed by conservative methods (warm compresses and massage over the swollen lacrimal sac), but the clinical appearance did not show any change. She underwent several incisions whenever the abscess severely exacerbated, threatening to perforate spontaneously. Attempts to probe the nasolacrimal canal were performed in the “silent” phases of the disease, but the probe did not pass deeper than the bottom of the lacrimal sac, suggesting the absence of the canal. Attempts to irrigate the lacrimal canals were not successful either. A lacrimal sac massage resulted in a certain amount of mucus bursting out from the inferior lacrimal punctum, indicating a blockage of the lacrimal system underneath the lacrimal sac.

Endonasal endoscopic examination showed no signs of intranasal extension. Because of the clear clinical diagnosis of dacryocystocoele, the patient’s age, and the need for additional general anaesthesia, we did not insist on a dacryocystogram or computed tomography scanning.

At the time we decided to try to perform an endonasal endoscopic dacryocystorhinostomy (EEDCR), the girl was in one of her “silent phases”, without any clinical sign of acute exacerbation of the infection. Only moderate hemispheric bulging was seen in the medial canthal region.

We started the procedure by inserting two small, very thin (20×5 mm) gauze flakes, previously soaked in a 5% cocaine solution mixed with adrenaline (5:1 ratio) and then firmly squeezed, into the left nasal cavity. The flakes were removed after 5 minutes. A favourable vasoconstriction of the whole nasal mucosa was achieved. Then 0.5 ml of local anaesthetic (1% lignocaine with 1:100 000 adrenaline) was injected submucosally in the area just anterosuperior to the insertion of the middle turbinate. We used a paediatric endoscope of 2.7 mm in diameter and 30 degrees optics. The mucosa of this region was then removed by means of bipolar coagulation, and lacrimal bone was nicely exposed in an oval shape measuring up to 6 mm in longer diameter. The bone was drilled off and thinned out, so that the lacrimal sac became visible (the removal of the underlying lacrimal bone is more easily performed posteriorly, where it is thinner, but is more safely performed anteriorly to avoid the possibility of orbital disruption). The ophthalmological probe was inserted into the lacrimal canal and the sac itself, tenting it towards the nasal cavity. Then lacrimal sac manipulation was performed using otological microsurgical scissors and punches, and a large amount of turbid tears mixed with mucopurulent discharge was obtained.

A 6 cm long nasal thin gauze ribbon package with antibiotic ointment was placed in the operated region for 3 days. After 5 days, there was no sign of dacryocystocoele or dacryocystitis on the girl’s face (Fig 2). Eight months after the surgery, she is feeling fine.

COMMENT

Since, after 16 weeks of life, the nasolacrimal duct obstruction and dacryocystocele did not resolve spontaneously or after conservative treatment, we performed an endonasal endoscopic dacryocystorhinostomy. As far as we know, this was the youngest child ever operated by means of EEDCR. The small anatomical dimensions of the infant nose posed a technical challenge in performing EEDCR: during the use of Richard’s otological drill for bone removal, there was some difficulty in concomitant endoscopic visualisation and potential damage to the nasal mucosa from rotation of the drill shaft. We also performed a lacrimal opening of 6 mm with angled endoscopic biting forceps (the usual opening is about 10 mm).

In comparison with an external dacryocystorhinostomy, EEDCR avoids an external scar and offers very low morbidity in the immediate postoperative course. In spite of the technical problems, we think that...
EBDCR, even in such a small infant, can be a good therapeutic choice in cases refractory to conservative treatment (warm compresses, massage, probing) because of its non-invasive performance and a very fast postoperative rehabilitation.

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**COMMENT**

The role of EBV in ocular diseases is still not clear, because approximately 95% of adults are positive for EBV antigens and only a few suffer from ocular disease. Previously described cases of “EBV retinitis” only described inflammation of the posterior pole without scarring, which is not typical for viral retinitis. Proving an acute EBV infection usually is done with increased EBV titres. Such a constellation was found in our patient. The titre decreased during the following 12 weeks suggesting that EBV may play apart in this man’s retinitis. The reported patient showed all criteria of the American Uveitis Society for ARN.

However, it is not possible to rule out that other herpesviruses have caused the retinitis. This probably could only have been proved with a diagnostic vitrectomy or anterior chamber tap which was refused because of improvement with treatment. Serological findings showed no signs of other herpes infections.

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**Intrascleral recurrence of uveal melanoma after transretinal “endoresection”**

**EDITOR.—**Conservation of the eye and vision in patients with juxtapapillary choroidal melanoma is still a challenge. Both plaque radiotherapy and proton beam radiotherapy tend to cause optic neuropathy, which is associated with disc and iris neovascularisation, vi treal haemorrhage, and neovascular glaucoma. These complications can also occur after photocoagulation, which is less effective than radiotherapy at destroying the deeper parts of the tumour. Transcleral local resection of posterior tumours is especially difficult with tumours extending close to the optic disc and is associated with an increased incidence of local tumour recurrence. For these reasons, techniques have been developed for removing posterior choroidal melanomas transretinally, using standard vitrectomy equipment. In a previous report, eight out of 52 cases received secondary photocoagulation for possible tumour recurrence at the margins of the surgical coloboma and one enucleated eye was found to have microscopic tumour deposi-
Transretinal “endoresection” was performed in July 1994. The procedure involved three port vitrectomy, retinectomy over the tumour, endodiathermy to bleeding points, endolaser photocoagulation applied to the margins and the bed of surgical coloboma and fluid-gas-silicone exchange. Histological examination showed the melanoma to be of mixed, spindle, and epithelioid cell type. In September 1994, the eye was settling well, except for an amelanotic choroidal swelling, which was noted adjacent to the inferonasal margin of the coloboma. This was believed to consist of a bubble of silicone oil in the suprachoroidal space although the possibility of recurrent melanoma could not be excluded clinically. There was also a localized trachional retinal detachment caused by vitreous bands.

Vitreoretinal surgery was performed, with release of the vitreous traction and excision of the retina and choroid over the swelling. This procedure confirmed that the tumour consisted of a bubble of silicone oil beneath the choroid. The procedure also included endolaser photocoagulation and silicone-gas exchange. The eye nevertheless developed retinal detachment with proliferative vitreoretinopathy and cataract. In December 1994, further surgery was performed, which consisted of phacoemulsification, removal of epiretinal membrane, 180 degree retinectomy, endolaser photocoagulation, and silicone oil fill.

In April 1995, the retina was flat with an epiretinal membrane covering the inferior margin of the coloboma and a fibrovascular scar partially obscuring the optic disc. It was decided that the silicone oil should be left in place because of the high risk of retinal detachment. When reviewed in February 1999, the vision was hand movements and there was band keratopathy, which precluded ophthalmoscopy. Enucleation was performed because it was not possible to screen the eye adequately for local tumour recurrence. At the time of surgery, an extramural tumour node was noted medial to the optic nerve. The tumour node measured approximately 8 mm by 6 mm.

Pathological examination showed the recurrent tumour to be of mixed, spindle, and epithelioid cell type. The tumour appeared to arise within the sclera because of the way in which it was encapsulated by the scleral lamellae. The presence of nerve tissue within the tumour suggested that the melanoma had entered the sclera along a channel for a ciliary nerve. Posteriorly, the tumour had broken through the sclera into the orbit.

Leucocoria as the presenting sign of a ciliary body melanoma in a child

EDITOR,—Uveal melanoma is generally a disease of adulthood.¹ It has been reported that 0.6% to 1.6% of all uveal melanomas occur in patients under 20 years of age.² In a review of 3706 consecutive patients with uveal melanoma, Shields and associates found that 1.1% were children and teenagers younger than 20 years of age, of whom only 0.3% had ciliary body melanoma.³

Patients with ciliary body melanoma usually are asymptomatic until the tumour impinges on the lens and causes visual distortion.¹ Children with intraocular tumours generally have few visual symptoms and adapt to visual distortion without complaints.¹ Leucocoria in childhood is the most frequent presenting sign of retinoblastoma, but it is generally not associated with uveal melanoma. We report an unusual case of a 9 year old child with a ciliary body melanoma who presented with leucocoria.

CASE REPORT

A 9 year old white girl was referred to Oncology Service at Will Eye Hospital with a 1 month history of leucocoria and strabismus in
her right eye (Fig 1A). She was otherwise healthy and her medical history was unremarkable.

Her visual acuity was hand movements in the right eye and 20/20 in the left eye. The intraocular pressure was 15 mm Hg in each eye. External examination revealed leucocoria and had no evidence of local or systemic metastases.

COMMENT
Uveal melanoma is very rare in children and adolescents. Shields and associates reported that approximately 1% of all uveal melanoma patients are 20 years of age or younger at diagnosis. In no case has any of these young patients presented with leucocoria.

Ciliary body melanoma in both children and adults is usually asymptomatic and can be occult before it is recognised clinically. The most common presenting manifestations of ciliary body melanoma include dilated episcleral vessels in the quadrant of tumour, secondary hyphema or glaucoma, and subluxation of lens with visual aberration and mild cataract. Leucocoria generally is not present because the patient usually seeks consultation before dense cataract or leucocoria develops. In children leucocoria is an important sign reflecting cataract, retinal detachment, uveal inflammation, or retinoblastoma. Cataract rarely develops in eyes with retinoblastoma despite the presence of a large tumour. Therefore, leucocoria from cataract is an unusual presenting sign of an intraocular tumour in a child, especially ciliary body melanoma and we are unaware of any previous report of this occurrence.

One condition associated with the development of uveal melanoma is ocular melanocytosis. Ocular melanocytosis generally presents as excessive pigmentation in the subcutaneous periorcular skin, episclera, uvea, orbit, and meninges. The lifetime risk for uveal melanoma in a patient with ocular melanocytosis is approximately 0.25%. Verdaguer found that four of seven young patients under age 20 years with uveal melanoma had ocular melanocytosis. It is possible that sector melanocytosis may have predisposed to the development of melanoma in this case.

The prognosis for large uveal melanoma generally is poor. Barr and associates reported that the 15 year survival for posterior uveal melanoma in children and adolescents was 75%, suggesting that it does not differ from its adult counterparts. They showed that a large tumour size of 10 mm or greater and extracapsular extension were poor prognostic features. Shields and associates also found that large tumour size was an important predictive factor of metastatic disease in children with uveal melanoma. Despite the large size of the tumour in our patient, no mitotic activity was found on histopathological examination. This may explain the continued survival of our patient.

In conclusion, we report a case of ciliary body melanoma in a 9 year old child who presented initially with a tumour induced cataract. A unilateral cataract in a child deserves an evaluation for common and rare conditions such as ciliary body melanoma.

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Spontaneous extrusion of subconjunctival cysticercus cellulosae

EDITOR,—Cysticercus cellulosae, the larval form of Taenia solium (tapeworm), often affects the human eye. Human infection occurs on eating raw or inadequately cooked infected pork, consuming food or water contaminated with faecal matter containing the ova, or as a result of autoinfection. Sommering first reported a case of ocular cysticercosis. The parasite’s most favoured site in the eye is vitreous and subretinal space followed by the subconjunctival tissue. Spontaneous expulsion of cysticercosis from the subconjunctival space and orbit is uncommon. We report a case of subconjunctival cysticerci cellulosae in which there occurred spontaneous extrusion.

CASE REPORT
A young 7 year boy presented with redness and swelling in the right eye. General physical and systemic examination revealed no abnormality. The right eye had a smooth, pinkish, hemispherical, subconjunctival, cystic swelling of approximately 8×9 mm size near the inner canthus (Fig 1). It was loosely adherent to the eyeball, non-reducible, and was mildly tender. The conjunctival vessels over and around it were mildly congested. The left eye was normal. An ultrasound of the right eye done with a waterbath revealed a subconjunctival...
cyst with a central echogenic nodule suggestive of a cysticercus cellulosae (Fig 2). Excision of the cyst was planned, but the patient reported a week later with history of spontaneous expulsion of a small balloon-like translucent structure from the eye after which the swelling subsided. Repeat slit lamp examination did not show any swelling in the eye though there was redness and a conjunctival rent close to the inner canthus. An ultrasound examination was normal and the cyst seen earlier was not present.

COMMENT

Cysticercosis has a global distribution particularly in countries where there is increased incidence of pork eating. Ocular dissemination of cysticercus cellulosae is well known and is evident from several reports in the literature. The most favoured site is the vitreous and subretinal space followed by subconjunctival tissue and extraocular muscles. The cysticercus in the present case was subconjunctival and there was spontaneous expulsion. Since 1970 only six cases of spontaneous extrusion of cysticercus from subconjunctival space have been reported. In the three cases reported by Bansal et al the cyst was located within the medial rectus muscle in the first case, in the subconjunctival space in the second case, and in the superior orbit in the third case from where they were extruded. In the present case the cystic swelling was present near the inner canthus of the eye with attachment to the underlying muscle sheath.

In orbital and subconjunctival cysticercosis the cyst is usually attached to the muscle sheath, where it induces an inflammatory reaction and because of its constant motility it erodes through the conjunctiva and comes out leaving a rent in the conjunctiva which ultimately heals within a short period. This case report highlights the importance of ultrasound in such lesions and should be the primary mode of investigation. On ultrasound the cyst is seen as a sonolucent area with well defined anterior and posterior margin with the presence of a central echodense, curvilinear highly reflective structure within the cyst, that of a scolex.

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Massive basal cell carcinoma in a schizophrenic patient: treatment options and constraints

EDITOR,—Basal cell carcinoma (BCC) is the most common malignant tumour of the eyelids and face. Factors which increase the chance of orbital invasion include a medial canthal location, slow indolent growth, morpheiform growth pattern, surgical recurrence, advanced presentation, and neglect. Orbital invasion predisposes to intracranial involvement by direct or perineural spread. Management of orbital invasion is difficult and requires a multidisciplinary team approach for radical surgery and/or radiotherapy.

We present a 76 year old Ukrainian man with a neglected tumour on his forehead which had spread over several years to involve the upper eyelids, anterior orbits, and ethmoid sinuses.

CASE REPORT

A 76 year old man with a long history of untreated forehead BCC complained of deteriorating vision in his right eye and ocular discharge. He had been admitted by the care of the elderly unit, for social reasons. He was a known paranoid schizophrenic treated with psychotropic drugs. Four years previously his physician had measured the lesion as being 2 cm × 4 cm and recommended plastic surgery, which was declined.

There was a massive, fungating lesion of the forehead, superior orbits, and nasal bridge, at least 15 cm × 17 cm (Fig 1). The right uncorrected visual acuity was 6/24 and left only light perception (unable to use a pin hole). There was fixed ptosis and right lower eyelid involu- tional ectropion. There was an opaque left cornea. The right fundus was normal. He did not permit intraocular pressure measurement.

Investigations included a computed tomography scan showing destruction of the left nasal bone, frontal sinus, and bilateral anterior ethmoid involvement, bilateral orbital proptosis, and extensive soft tissue destruction.

Figure 2 Computed tomograph scan shows destruction of the left nasal bone, frontal sinus, and bilateral anterior ethmoid involvement, bilateral orbital proptosis, and extensive soft tissue destruction.

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perineural spread. Our patient risks spread of the tumour along the supraorbital and supra trochlear nerves.

When local surgical therapy fails to prevent recurrence or definitive surgical resection is not possible, as in this case, alternative therapies must be considered. Opinions vary on the roles and efficacy of radiotherapy and chemotherapy for extensive lesions. Cisplatin and doxorubicin have been reported to achieve complete remission of recurrent invasive BCC of the medial canthus and orbit at 5 years.8 Using adjunctive radiotherapy, large BCCs of the head showed partial to complete measurable lesions (but cancer cells are still present microscopically) and a partial response was 50% reduction in all lesions.9

Patients with large or aggressive skin cancer are fortunately uncommon and management should be individualised following discussion with both the patient and his/her family. The options include a combination of surgery, radiotherapy, and chemotherapy with every effort made to preserve vision.

Our elderly, schizophrenic patient declined treatment and in these circumstances symptoms or complaints that can be offered. Legal issues prevent forced treatment.

Informed consent includes providing adequate information about the treatment to make a reasoned decision. Obtaining consent must be free of coercion or threats, which would affect the patient’s decision. The patient must be presumed competent unless shown otherwise. Psychiatric assessment confirmed that this patient was competent to make his own decisions. Exceptions include if immediate action is needed (and the patient is unable to provide it (in coma or insufficient time to obtain it), the patient is legally incompetent to make a treatment decision, or decides to waive the right to be fully informed.

Untreated, the outlook for this patient is grim.

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Spontaneous resolution of eyeball displacement caused by maxillary sinusitis

EDITOR—Spontaneous displacement of the eyeball caused by maxillary sinusitis is rare but is well documented.1-4 Different treatments have been suggested but all are surgical. Spontaneous enophthalmos due to maxillary sinusitis was first described by Montgomery; there have since been a series of reports describing this condition. The mechanism appears to arise from obstruction of the osteomeatal complex which impairs sinus ventilation. The resorption of retained secretions within the sinus produces a negative pressure which results in erosion of the thin orbital floor.5 In the absence of trauma the triad of obstructive sinus disease, diminished antral volume, and enophthalmos has been thought to be caused by inflammatory resorption and inferior displacement of the orbital floor.6 The globe is also displaced downwards and backwards such that the patient will have a shallow palpebral fissure and a deep superior sulcus above the eye.7

CASE REPORT

A 29 year old white male presented to the ophthalmology clinic having noticed that his right eye had been at a lower level than left one for the previous 2 years. There was no history of trauma. There were no nasal complaints or past history of sinusitis. On examination, the right globe was displaced inferiorly by 5-6 mm. Ophthalmic examination, including a visual acuity cover test and ocular movements were otherwise normal. A computed tomograph (CT) scan showed an opaque right maxillary antrum which was hypoplastic. The floor of the orbit was eroded and the right eyeball had sunk into the antrum (Fig 1).

He was seen in the ENT clinic and listed for an endoscopic middle maxillary antrostomy and repair of the orbital floor. The patient changed his address and we were unable to contact him. Three years later, he contacted the ENT department to inquire about his appointment. We advised him that another review might be beneficial. When reviewed the right eye was noted to be in a normal position. A repeat scan was undertaken which showed a well aerated right maxillary sinus which was larger than on the previous CT scan. The right orbital floor appeared well ossified and at a higher level than before (Fig 2). In view of these findings, it was decided that no further management was required.

Figure 2 CT scan of the same patient after 3 years which shows resorbed right orbital floor which is at a higher level than previously.

COMMENT

In this case report the support of the orbital floor was presumably lost secondary to blockage of osteomeatal complex and subsequent inflammatory changes and/or pressure changes within the antrum. Previous reports have advocated the surgical reconstitution of the orbital floor at an early stage.8,9 Maxillary sinusitis is frequently a self resolving disease, as occurred in this case. Resolution of maxillary sinusitis, inflammatory and pressure components that produced the displacement of eyeball appears to have taken place. In the absence of negative pressure in the maxillary antrum and with orbital floor periosteum intact, new bone was laid down to reform the orbital floor with subsequent repositioning of the globe.

This case raises the question as to whether surgical intervention is required in cases if the maxillary sinus disease can be treated or resolves of its own accord. Should medical or conservative management be inadequate then it can be hypothesised that a simple middle meatal antrostomy may be enough, following which the orbital floor might reform without need for reconstruction. The authors suggest this as a hypothesis extrapolating from the events that occurred in this patient.

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Familial thombophilia and normal tension glaucoma

EDITOR—The aetiology of normal tension glaucoma (NTG) is still debatable. Abnormal blood flow, systemic hypertension, abnormal blood coagulability, and other factors associated with cerebrovascular disease may have a causative role in NTG.1 A study was designed to look at the prevalence of familial thombophilia in cases of NTG.

Figure 1 CT scan showing hypodense opaque right maxillary antrum, eroded right orbital floor, and sunken right eyeball.

CASE REPORT

Seventy two patients were identified from ophthalmological database records with the diagnosis of NTG (defined as intraocular pressure <21 mm Hg, open drainage angle on gonioscopy, absence of any secondary cause pressure <21 mm Hg, open drainage angle on diagnosis of NTG (defined as intraocular ophthalmological database records with the Seventy two patients were identified from

CASE REPORT

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for a glaucomatous optic neuropathy, and antithrombotic factors. The control group comprised 90 blood donors used by the regional thrombophilia laboratory as their control values of thrombophilic markers. The control group had an equal male:female ratio, an age range of 18–60 years, and no donor was on any medications or suffering from a medical illness. This gave a good control prevalence of the prothrombotic factors tested for in the study which are not altered by age variation. If any abnormality was found a repeat screen was performed to confirm the thrombophilic state. Blood for rheological factors (full blood count, plasma viscosity, lipid levels, glucose and liver function tests) and thrombophilic markers (protein S, protein C, factor V Leiden mutation, prothrombin G20210A allele, antiphospholipid antibodies, and hyperhomocysteinaemia) was taken for investigation. Informed consent was obtained and ethical approval had been given.

The study group was made up of 16 females and 11 males (ratio 1:5:1). The mean age of diagnosis was 60 years (range 43–69). Table 1 shows the patient details. Twenty three patients had a normal thrombophilia screen. Two patients had moderate hyperhomocysteinaemia (7% controls 8%, p>0.5), one was heterozygous for the factor V Leiden mutation (4%, controls 4.5% p>0.5) and another had a low titre of antiphospholipid antibodies (4%, controls 3% p<0.05). No patient had the prothrombin G20210A variant.

Table 1 Patient details

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<tr>
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<td>7</td>
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<td>F</td>
<td>Negative</td>
<td>MI increased cholesterol</td>
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**DVT** = deep vein thrombosis; **MI** = myocardial infarction; **CVA** = cerebrovascular accident.

In trying to discover the aetiology of NTG, some studies have suggested that these patients may have altered rheology producing a greater tendency to thrombosis. The factor V Leiden mutation is a common hereditary abnormality with a 1–8% prevalence of heterozygous carriers depending on geographic location and accounts for the majority of activated protein C resistance. It is known that familial thrombophilia greatly increases the risk of venous thrombosis but it must be stressed that the most people with the Leiden mutation will not experience a thrombotic event. The prothrombin G20210A variant is another common abnormality with a carrier prevalence of 1–4% being more common in southern Europe and, like the Leiden mutation, rare in people from Asian or African descent. An association of the prothrombin variant and the factor V Leiden mutation with arterial disease has not been demonstrated convincingly and this therefore questions the role of these prothrombotic factors in the causation of ocular conditions suggested, in part, to be due to poor arterial supply. With this in mind, and the non-significant prevalence of factor V Leiden between the patient and control groups, it led us to conclude that the heterogeneous state of factor V Leiden in patient 23 did not have a causative role in her glaucoma though may have contributed to her deep vein thrombosis.

Retinal artery and vein occlusions have been documented with hyperhomocysteinaemia. A raised homocysteine level has many causes and the haematological and vascular abnormalities associated with hyperhomocysteinaemia lead to a proatherogenic and prothrombotic metabolic environment. Levels can be easily reduced with dietary folate acid supplementation, with or without vitamin B12, but it is unknown if this reduces the risk of vascular disease. It is also unknown if the strong link of hyperhomocysteinaemia and cardiovascular events is actually causal. Both patients in the study with hyperhomocysteinaemia were commenced on folic acid and subsequent levels of homocysteine were in the normal range.

Other hereditary thrombophilic conditions, such as protein C and protein S deficiency, and antiphospholipid antibodies have been reported in association with ocular vascular pathology and a combination of these factors may further increase the risk of hypercoagulability. The low levels of antiphospholipid antibodies, as seen in patient 20, are thought not to be prothrombotic.

It is unlikely that familial thrombophilia plays a significant aetiological role in NTG, but there is a need to further study which are not altered by age variation. If any abnormality was found a repeat screen was performed to confirm the thrombophilic state. Blood for rheological factors (full blood count, plasma viscosity, lipid levels, glucose and liver function tests) and thrombophilic markers (protein S, protein C, factor V Leiden mutation, prothrombin G20210A allele, antiphospholipid antibodies, and hyperhomocysteinaemia) was taken for investigation. Informed consent was obtained and ethical approval had been given.

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The wide field multifocal ERG reveals a retinal defect caused by vigabatrin toxicity?

**EDIT**—Vigabatrin is an effective drug for controlling chronic epilepsy and is taken more commonly in conjunction with additional antiepileptic drugs. There has been increasing subjective evidence that this drug may be associated with visual field defects.1 4 We report here the interesting results we found from wide field multifocal ERGs performed on a patient taking vigabatrin.

CASE REPORT

A 52 year old white man was referred to the eye clinic with a 6 month history of bumping into objects. His optician reported a bilateral eye clinic with a 6 month history of bumping into objects. His optician reported a bilateral


discs and a spontaneous venous pulsation was present. Both maculae were healthy. Humphrey central 30-2 threshold visual fields recorded peripheral constriction within 10° of fixation. Blood pressure was 162/88 and urinalysis was negative. There was no significant family history nor did he have any history of night blindness. His medical history included epilepsy, for which he commenced anticonvulsant treatment in 1966. Despite a variety of drug regimens he never had adequate control of his symptoms until February 1990, when 1000 mg twice daily of vigabatrin was added to a regimen of carbamazepine 300 mg three times daily and sodium valproate 500 mg three times daily. Attempts were made to replace vigabatrin with gabapentin and then lamotrigine but neither proved to be successful; therefore, he returned to using vigabatrin. At the time of examination treatment included vigabatrin, carbamazepine, sodium valproate, and propranolol. Although the patient has been informed of the associated risk of visual field loss; he has elected to remain on vigabatrin treatment.

In November 1999 he was referred for conventional electrophysiological investigations, including electro-oculogram (EOG), visual evoked cortical potentials (VECP), and electroretinograms (ERG). All tests were performed in accordance with current ISCEV international standards. Findings were similar to other reports in that VEPs were normal, his EOGs were deemed to be equivocal in that the Arden index was >1.7 but <1.9. There was a small reduction in cone and maximal responses of the left eye in the ERG and a significant reduction of oscillatory potentials in both eyes (Table 1).

**Comment**

Advances in electrophysiological techniques have enabled topographical maps of retinal function to be constructed. Wide field (90 degree) multifocal stimulation of the retina was performed using a custom built system with a 61 hexagonal display digitally back projected onto a polysilicon screen. Multifocal electroretinograms were performed in June 2000, results showed good correlation with visual fields in determining the area of visual loss. Normal retinal function was recorded in the central 40° of both eyes. However, a delay in implicit timings occurred with eccentricity; more importantly there were marked reductions in peripheral b-wave amplitudes which may be suggestive of retinal toxicity. These results were consistent in both eyes. Figure 1 depicts MFERG responses of the patients left eye in comparison with the left eye of a normal subject. The wide field multifocal ERG technique is the only objective tool for assessing the effect of vigabatrin toxicity on the peripheral retina. Currently, a larger clinical study utilising this technique is under way. We are confident that this technique will help to answer many of the unresolved issues associated with this form of treatment.

![Figure 1](image-url)

**Figure 1** Left eye wide field multifocal ERG results from patient taking vigabatrin shown against results from a normal patient with no ocular pathology. (A) Multifocal waveforms show reduction in peripheral field retinal function, not areas of reduced b-wave amplitudes. (B) Normal multifocal waveforms. (C, D) Topographical maps of retinal function. (E, F) Plan view topographical maps.

**Table 1 Conventional electrophysiology findings**

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<td>1.7</td>
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<td></td>
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<tr>
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<td>104</td>
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<td>109</td>
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<tr>
<td>oscillatory potentials</td>
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<tr>
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**References**