A new classification of ocular surface burns

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Ocular burns constitute true ocular emergencies and both thermal and chemical burns represent potentially blinding ocular injuries. Thermal burns result from accidents associated with firework explosions, steam, boiling water, or molten metal (commonly aluminium). Chemical burns may be caused by either alkaline or acidic agents. Common alkaline agents include ammonium hydroxide used in fertiliser production, sodium hydroxide (caustic soda) used for cleaning drains and pipes, and calcium hydroxide found in lime plaster and cement. Alkaline agents are particularly damaging as they have both hydrophilic and lipophilic properties, which allow them to rapidly penetrate cell membranes and enter the anterior chamber. Alkali damage results from interaction of the hydroxyl ions causing saponification of cell membranes and cell death along with disruption of the extracellular matrix. Common acidic agents causing injury include sulphuric acid found in car batteries, sulphurous acid found in some bleaches, and hydrochloric acid used in swimming pools. Acids tend to cause less damage than alkalis as many corneal proteins bind acid and act as a chemical buffer. In addition, coagulated tissue acts as a barrier to further penetration of acid.

Acid binds to collagen and causes fibril shrinkage.

Table 1: Classification of severity of ocular surface burns by Roper-Hall

<table>
<thead>
<tr>
<th>Grade</th>
<th>Prognosis</th>
<th>Cornea</th>
<th>Conjunctiva/limbus</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>Good</td>
<td>Corneal epithelial damage</td>
<td>No limbal ischaemia</td>
</tr>
<tr>
<td>II</td>
<td>Good</td>
<td>Corneal haze, iris details visible</td>
<td>&lt;1/2 limbal ischaemia</td>
</tr>
<tr>
<td>III</td>
<td>Guarded</td>
<td>Total epithelial loss, stromal haze, iris details obscured</td>
<td>1/2–3/4 limbal ischaemia</td>
</tr>
<tr>
<td>IV</td>
<td>Poor</td>
<td>Corneal opaque, iris and pupil obscured</td>
<td>&gt;3/4 limbal ischaemia</td>
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</table>

At the limbus,12–14 They are poorly differentiated and are thought to maintain their “stemness” through a combination of inherent cellular characteristics and the presence of a favourable microenvironment at the limbus.1–3 These stem cells provide a steady supply of daughter cells (transient amplifying cells) which maintain a constant epithelial cell mass during normal epithelial cell turnover and during epithelial wound healing. Corneal epithelial regeneration occurs in both a centripetal and circumferential manner with cells growing from the limbus towards the central cornea and also migrating along the limbus.15–19 The stem cells of the conjunctiva are located in the fornical region and migrate in a centripetal fashion away from the fornice to cover bulbar and tarsal conjunctiva.10–11

New developments in the management of ocular surface burns, such as autolimbal15–16 or allolimb transplantation17–18 with or without amniotic membrane transplantation,20–23 combined with systemic immunosuppression and topical instillation of autologous serum, have all evolved from the better understanding of ocular surface regeneration and healing from limbal and forniceal stem cells. Ocular surface reconstruction procedures are being carried out with increasing frequency worldwide. However, the successes and failures reported for these procedures vary from centre to centre even for the same grade of burns.22–24 This difference is largely a reflection on the inadequacy of the present classification system, rather than on the use of amniotic membrane or limbal transplantation. This is particularly true for grade IV burns. In the Roper-Hall grading grade IV implies between 50%–100% limbal ischaemia and is equated with a poor prognosis. However, with present management strategies, an eye with 50% or even 75% limbal ischaemia can expect a good to fair outcome, whereas an eye with 100% ischaemia is very likely to have a poor outcome. The extent of associated conjunctival epithelial involvement is another variable of considerable prognostic significance. In eyes with total loss of limbal (and corneal) epithelium, the presence of any surviving conjunctival epithelium, is a favourable prognostic indicator when compared with eyes with total loss of corneal, limbal, and conjunctival epithelium. Conjunctival epithelial cover to the cornea (and ocular surface) is better than no epithelial cover. Conjunctivalisation of the cornea protects against progressive melting and perforation. The ensuing vascularisation promotes healing and facilitates repair. This allows the eye to settle and provides an opportunity to carry out restorative procedures at a future date. In eyes with 100% limbal and conjunctival involvement, a very poor outcome would be expected even with maximum intervention.

There are several examples of good outcomes in Roper-Hall grade IV burns following using modern management approaches described above. Morgan and Murray17 treated six cases of grade IV burns with autolimbal transplantation and reported success in five eyes. Kenyon and Tseng10 reported use of autolimbal transplantation in 22 cases of
ocular surface burns with considerable success. Although they did not use a classification system to grade the severity of burns, from their description and illustrations of the patients it is clear that several of them would be in the grade IV category of the Roper-Hall classification. Tsai et al. used ex vivo expanded limbal epithelium of amniotic sheets to restore the ocular surface in three patients with chemical burns, of which at least two were grade IV with total limbal deficiency. Other examples of similar success are reported in the literature. However, not all cases in the reported series have had a good outcome. The extent of limbal involvement within grade IV is not always clear in these reports.

Pfister attempted to “simplify the classification” by presenting a group of drawings to grade severity of involvement into normal, mild, moderate, moderate to severe, severe, and very severe. Brodovsky et al. undertook an 11 year retrospective review of 177 eyes with alkali burns and commented that “The classification of injury severity, in particular the clinical assessment of limbal ischaemia, is imprecise and varies among different clinicians.”

The Roper-Hall classification is thus proving inadequate in planning interventional strategies and predicting outcome in such cases. It also appears to be contributing to some of the inconsistencies in success rates reported in the literature.

**New classification for ocular surface burns**

We propose a significant modification to the Roper-Hall classification to take into account the extent of limbal involvement in clock hours, and the percentage of conjunctival involvement. Clock hours of the limbus was
determined by dividing the limbus into 12 hours of a clock face. The term “limbal involvement” is preferred over “limbal ischaemia” because it is broader in its connotation and will not exclude areas of limbus where a complete or full thickness loss of limbal epithelium has occurred without significant ischaemia. Total loss of limbal epithelium (including the stem cells) can occur despite little ischaemia but has potentially the same consequences.

Although limbal ischaemia is usually associated with loss of limbal stem cells, this is not always the case. Transient ischaemia, or ischaemia occurring soon after the injury but recovering in the ensuing days, may allow limbal stem cells to survive, recover or repopulate the affected sector. Similarly, superficial “limbal involvement” can result in 360° of surface staining with deeper stem cells surviving. This situation may not become apparent until a few days after the injury. Because it is clinically not possible to evaluate this situation at the time of injury, it is proposed that the extent of limbal involvement at the time of injury, be based on the clock hours of limbal staining observed. The extent of involvement should then be reviewed frequently (daily or every other day as appropriate), and the classification changed in the follow up period to reflect the continuum of change that occurs in the immediate post injury period. Conversely, in some instances a sector of limbus that appears to have survived the initial insult sloughs off in the post injury period. This would make the classification of grade more severe than was originally thought and such occurrences need to be taken into account. The proposed classification is flexible enough to enable accurate documentation of these changes, unlike the current classification which does not allow for such changes to be taken into account in determining the clinical extent of injury and its implications for subsequent outcome.

 Conjunctival involvement was estimated by dividing the bulbar and fornical conjunctiva into quadrants and determining the area involved. It is rare for the entire conjunctiva (bulbar, fornical, tarsal) to be involved in ocular surface burns but does occur, especially after molten aluminium burns and caustic soda (drain cleaner) burns. However, for the purpose of the classification, only bulbar conjunctival involvement up to and including the fornices is considered significant in the context of the eventual outcome. In other words, if the entire bulbar and fornical conjunctiva is involved, it becomes immaterial if some proportion of the tarsal conjunctiva survives. In our experience, we have not noted this to influence the eventual outcome in any demonstrable manner.

 This classification (see Table 2) is based on our experience of 67 cases of ocular surface burns (of all grades) managed over several years (35 retrospective and 32 prospective).

 The best outcome is to be expected when a “burn injury” produces a corneal epithelial defect without any limbal or conjunctival involvement. This is the commonest type of corneal epithelial damage seen following minor accidents involving household soap solutions or alcohol based cleaning agents. This would be classified as grade 1 (Fig 1). When less than 3 clock hours of the limbus are involved and less than 30% of the adjoining or adjacent conjunctiva is involved, a good prognosis can be expected with conventional medical management. This includes measures such as copious irrigation soon after injury, use of topical vitamin C drops, citrate drops, acetylcysteine drops, judicious use of steroids, and prophylactic antibiotics. Such an injury would be classified as grade 2.
Grades 1 and 2 closely parallel the Roper-Hall classification with the additional inclusion of conjunctival involvement in the equation. A good outcome can also be expected when limbal involvement is between 3 and 6 clock hours associated with conjunctival involvement of between 30% and 50%. This would represent a grade 3 injury (Fig 5) indicates quite a severe injury (grade 5) but not as bad as an injury where the entire limbus (100%) and entire conjunctiva (100%) (Fig 6) are involved (grade 6) (see Table 2). As long as there is even 1 clock hour of limbal epithelium surviving, there is an opportunity to re-establish corneal epithelial cover over, if not the entire cornea, at least the visual axis. Under the Roper-Hall classification, grades 4, 5, and 6 would be included under grade 4 with a poor prognosis. This is clearly not the case when one considers the management options available to us today (Figs 4 and 5). Of particular importance are procedures including amniotic membrane transplantation, autolimbal transplantation, and allolimbal transplantation. Even with these techniques, however, the prognosis of grade 6 burns (12 clock hours of limbus and 100% conjunctival involvement) is still poor (Fig 7).

It is also very important to emphasise the significance of (any) surviving conjunctival epithelium following “burn injuries.” Although it is ideal and desirable to re-establish corneal epithelial cover for the cornea, in the higher grades of burns, particularly grades 4 and 5, this may not always be possible. In this situation, any form of epithelial cover to the cornea is preferable to no cover at all, and the sooner it can be established the better. Conjunctivalisation of the cornea helps prevent stromal thinning and melting and allows the ocular surface epithelium to settle and quieten. This paves the way for restorative and reconstructive intervention at a later date, with a much higher chance of success than if the intervention were to be undertaken in the acute phase after injury. In a grade 6 burn, where there is no surviving conjunctival epithelium, one is forced into performing a limbal transplant (usually allografts) in the acute/active stage after injury, with a poor prognosis. Even amniotic membrane grafts, which work largely by providing a substrate for epithelial cells to grow on, fail when there are no epithelial cells, conjunctival or limbal, surviving. When attributing a grade to a given clinical situation, the extent of limbal involvement takes precedence over the extent of conjunctival involvement. When the extent of conjunctival involvement is more or less than what is ascribed to a given grade (Table 2), the grade attributed
Table 2  New classification of ocular surface burns

<table>
<thead>
<tr>
<th>Grade</th>
<th>Prognosis</th>
<th>Clinical findings</th>
<th>Conjunctival involvement</th>
<th>Analogue scale *</th>
</tr>
</thead>
</table>
| I     | Very good | 0 clock hours of limbal involvement | ≤0% | 0%
| II    | Good      | ≤3 clock hours of limbal involvement | ≤30% | 0.1–3/1–29.9%
| III   | Good      | >3–6 clock hours of limbal involvement | >30–50% | 3.1–6/31–50%
| IV    | Good to guarded | >6–9 clock hours of limbal involvement | >50–75% | 5.1–9/51–75%
| V     | Guarded to poor | >9–12 clock hours of limbal involvement | >75–<100% | 9.1–11/75.1–99.9%
| VI    | Very poor | Total limbus (12 clock hours) involved | Total conjunctiva (100%) involved | 12/100%

*The analogue scale records accurately the limbal involvement in clock hours of affected limbus/percentage of conjunctival involvement. While calculating percentage of conjunctival involvement, only involvement of bulbar conjunctiva, up to and including the conjunctival fornices is considered.

should be that of the limbus involvement (but see analogue scale below).

This classification has the added advantage that it can be presented in an analogue manner rather than in the stepped progression of a graded classification. For example, 1.5/25 would indicate 1 1/2 clock hours of limbal involvement and 25% of conjunctival involvement. This flexibility would allow crossover between “grades” especially with regard to conjunctival involvement, as can be seen in real clinical situations—for example, 3/55 would represent 3 clock hours of limbal involvement and 55% of conjunctival involvement.

We recommend that the new classification system be used to score the ocular surface involvement in the analogue manner rather than in grades. The scores can be recorded on a daily basis following acute burns and can more accurately reflect progress and healing after injury. The clinical status and grade of ocular surface burn, in a given patient, can be reclassified as the condition improves or deteriorates and moves down or up the scale.

It must be pointed out that other factors also influence visual recovery and eventual outcome. The Roper-Hall classification emphasises corneal haze as an important prognostic variable. Rapid changes in corneal transparency are known to occur in the days immediately following acute chemical injury. Moreover, the ability of the denuded cornea to support regenerating epithelium, be it limbus derived or conjunctival, is the important consideration. When the corneal stromal surface is rendered unsuitable for any epithelium, as is more often seen in grades 3–6, amniotic membrane transplantation (substrate transplantation) is required and helps to encourage re-epithelialisation of the cornea. Associated lid burns can cause lid shortening, rigidity, and contractures resulting in exposure keratitis and mechanical injury to the cornea, and are usually associated with poor prognosis. Intracorneal pressure is another important factor. High intracorneal pressure should be aggressively managed but persistent hypotony is generally an indicator of poor prognosis. Unilateral burns may tend to have a better eventual outcome, all else being equal, because of suitable tissue available from the contralateral eye for restorative work. There is no risk of graft rejection or need for systemic immunosuppression.

While remaining as simple and easy to use as the original classification, the new system will improve our ability to define with greater precision, the extent of ocular surface injury, plan management strategies, predict the outcomes of injury, and allow more uniform comparisons between published outcomes of ocular surface injury management.

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