

Silicone oil–intraocular lens interaction: which lens to use?

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Abstract

Aim—To determine a suitable intraocular lens for implantation in patients at high risk of lens exposure to silicone oil in their lifetime.

Methods—PMMA, AcrySof, AR40, AQUA-Sense, and Raysoft lenses were examined. Each lens was immersed for 5 minute intervals in balanced salt solution (BSS), in stained silicone oil, and again in BSS before being photographed in air and in BSS. Percentage silicone oil coverage of the lens optic was determined.

Results—The mean percentage coating (MPC) for the lens biomaterials ranged from 5.2% to 21.5%. The Raysoft lens had significantly less oil coverage when statistically compared with the other lens types ($p < 0.001$).

Conclusion—A Raysoft (Rayner) lens is a suitable lens for implantation in patients who are at risk of severe vitreoretinal disease.

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Silicone oil is increasingly used as an adjunct in the management of the more complex vitreoretinal disorders^{1,2} such as giant retinal tears, severe proliferative vitreoretinopathy, or cytomegalovirus (CMV) related retinal detachments. However, since 1994 several case studies^{3–5} have described an interaction between silicone oil and silicone intraocular lenses (IOLs) which, reportedly, causes significant visual loss and aberration for the patient as well as obstruction of the vitreoretinal surgeon's intraoperative view. This complication has the potential to occur either when silicone oil is employed as an intravitreal tamponade in retinal surgery in a pseudophakic patient or when combined silicone oil removal and cataract surgery, with lens implantation, is undertaken.^{6,7}

In order to determine which lens type would be most suitable as an alternative to the silicone IOL in these high risk patients, we designed an experimental study to assess silicone oil adherence to some of the currently available acrylic lenses.

Materials and methods

Five different lens types were examined: AcrySof (Alcon), AR40 (Allergan), AQUA-Sense (Ophthalmic Innovations), Raysoft (Rayner), and PMMA (Ophthalmic Innovations) lenses. IOLs ($n = 6$) of each type were immersed in balanced salt solution (BSS) at 37°C for 5 minutes to simulate an aqueous environment. The lenses were then immersed

in 1000 centistoke silicone oil (Adato Sil 1000). The silicone oil was initially dyed by adding 40 mg/ml of Sudan IV, a lipid soluble histological stain.⁸ The excess dye particles were removed by centrifugation at 13 500 rpm for 5 minutes (Micro-centaur-MSE, UK). This colouring enabled better visualisation of the silicone oil droplets on photography. After 5 minutes the lenses were removed from the oil. Senn *et al*⁹ have shown that the length of exposure to silicone oil has no bearing on the oil–lens interaction. The lenses were finally reimmersed in BSS for a further 5 minutes. Each lens was examined under the microscope and gross photographs were obtained both in air and in BSS.

The percentage silicone oil coating on the front surface of each lens optic was determined by image analysis using UTHSCSA ImageTool software.¹⁰ All results were statistically analysed using a one way analysis of variance test, a multiple comparison test (Student–Newman–Keuls) and the arcsin transformation.¹¹

Results

The silicone oil formed a uniform coating on the lens optics in the dry state and, as such, was difficult to visualise. However, after immersion in BSS, oil droplets formed. Figures 1A and B illustrate this difference in silicone oil coverage of a PMMA IOL in air and in BSS. As submersion in BSS was more representative of the physiological state of the eye, analysis was performed on these results.

Figures 1B–F demonstrate the gross photographic appearances of silicone oil coverage on the lens biomaterials. The MPC of oil on PMMA (Fig 1B), AcrySof (Fig 1C), AR40 (Fig 1D), and AQUA-Sense (Fig 1E) lenses was 20.8%, 17.1%, 21.5%, and 17.8% respectively. Raysoft lenses (Fig 1F) had the least silicone oil adherence with a MPC of 5.2%. Results are summarised in Table 1.

Initial data analysis, using a one way analysis of variance (ANOVA) test, indicated a high degree of reproducibility of the results as well as a significant difference in silicone oil coverage between the groups of lens biomaterials ($p < 0.001$). A multiple comparison method (Student–Newman–Keuls test) showed that the Raysoft intraocular lens had significantly less silicone oil coverage compared with the other lens types. No significant differences in oil coverage were noted on comparison of the other lenses. As the percentage oil coverage of the optics within each lens group was not normally distributed, the data were transformed using the arcsin transformation. Analysis of the transformed data confirmed the above results.

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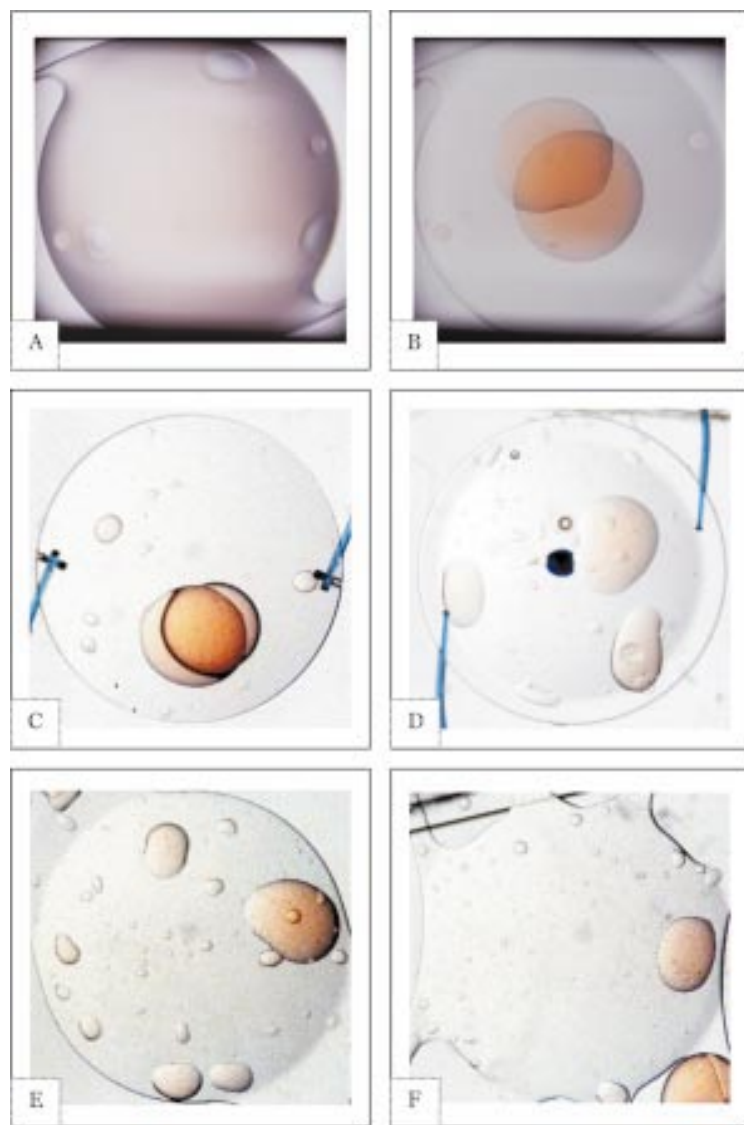


Figure 1 Gross photographs of intraocular lens biomaterials with adherent silicone oil. (A) PMMA (Ophthalmic Innovations) lens in air (the dry state). (B) PMMA lens in BSS (the aqueous state). Mean percentage coating 20.8%. (C) AcrySof (Alcon) lens. Mean percentage coating 17.1%. (D) AR40 (Allergan) lens. Mean percentage coating 21.5%. (E) AQUA-Sense (Ophthalmic Innovations) lens. Mean percentage coating 17.8%. (F) Raysoft (Rayner) lens. Mean percentage coating 5.2%

Table 1 Lens chemical structure and mean percentage silicone oil adhesion

Lens type	Polymer composition	MPC (%)	Range (%)	SD (%)
PMMA	Methylmethacrylate	20.8	18.9–24.7	2.3
AcrySof	Phenylethylacrylate	17.1	13.9–21.8	3.2
AR40	Phenylethylmethacrylate Ethylacrylate	21.5	17.2–24.9	2.7
AQUA-Sense	Ethylmethacrylate Trifluoroethylmethacrylate	17.8	13.2–26.9	4.9
Raysoft	Hydroxyethylmethacrylate Ethoxyethylmethacrylate Hydroxyethylmethacrylate	5.2	3.0–7.5	1.7

Discussion

It is now well established that silicone oil can interact with various intraocular lens biomaterials with a potential for reducing the optical quality of the lens.^{5,12} Apple *et al*¹³ published the results of an in vitro experiment comparing the degree of adherence of silicone oil (5000 centistokes) to various rigid and foldable IOL designs. Interaction of silicone oil was maximal with silicone lenses (Allergan Medical Optics,

Staar Surgical, and Chiron Vision). In all cases the mean percentage coating was 100%. PMMA IOLs (Pharmacia-Upjohn) had a MPC of 20.7%. Soft acrylic IOLs (Alcon and Allergan Medical Optics) had a MPC of 33.7%.

An in vivo study published by Khawly *et al*¹⁴ supported the finding of significant adherence of silicone oil (1000 centistokes) on all of 10 silicone IOLs (Allergan Medical Optics) examined. However, adherent silicone oil remained on only two of nine PMMA IOLs (Alcon) and on none of 10 acrylic IOLs (Alcon).

In our experimental study, PMMA lenses (Ophthalmic Innovations) had a mean percentage silicone oil coating of 20.8%. This correlates well with Apple *et al*'s finding of a MPC of 20.7% on PMMA lenses (Pharmacia-Upjohn). Apple *et al* looked at both AcrySof and AR40 soft acrylic lenses as a single lens biomaterial and reported a MPC of 33.7%. We found a lower MPC of oil on these lenses when examined as separate groups. The MPC on AcrySof (Alcon) and AR40 (Allergan) lenses was 17.1% and 21.5% respectively.

No statistical difference in the degree of silicone oil adherence to the optics of PMMA, AcrySof, AR40, or AQUA-Sense lenses was found in our study. However, the Raysoft intraocular lens had significantly less silicone oil coverage compared with the other lens types examined.

The silicone oil used in this study was 1000 centistokes (Adato Sil 1000). In other departments, 5000 centistokes silicone oil may be in use. Senn *et al*⁹ have demonstrated no obvious differences between the two viscosities of silicone oil in terms of oil-lens interaction.

The underlying mechanism for the interaction between silicone oil and intraocular lens biomaterials has yet to be determined.

All intraocular lenses, with the exception of silicone lenses, are composed of an acrylate/methacrylate backbone.¹⁵ The side chains give the various biomaterials their unique properties. The molecular structure of each lens, as given in Table 1, and its environment determines the polar forces and dispersive (Van der Waals) forces¹⁶ involved in the interaction.

Apple *et al*¹³ have postulated that it is the hydrophobia of silicone oil which influences its interaction with intraocular lenses. The more hydrophobic a lens biomaterial is the more the adherence of silicone oil; the more hydrophilic, the less the adherence.

The physical parameters of hydrophobicity and hydrophilicity are determined using the sessile drop method of contact angle measurements. However, Cunanan *et al*¹⁷ have demonstrated that all their study lens biomaterials were in fact hydrophobic by the sessile drop contact angle method. However, measurements by the captive bubble method in a hydrated environment resulted in lower contact angles with differences emerging between the lens types. The air bubble contact angles for PMMA, AR40, and AcrySof lenses were 66.2%, 64.0%, and 45.9% respectively indicating that the AcrySof lens was more hydrophilic than the other two lens types. Therefore, it is

not surprising that the AcrySof lens had the least silicone oil adhesion of these lenses. Raysoft and AQUA-Sense lenses were not analysed by Cunanan *et al* and therefore contact angle measurements in a hydrated environment are not yet available for comparison. Perhaps, the AQUA-Sense hydrogel lens is relatively hydrophobic on captive bubble testing thus accounting for its increased silicone oil coating compared with the Rayner hydrogel lens.

In conclusion, our experimental data showed that the Raysoft (Rayner) IOL, with a mean percentage oil coating of 5.2%, had the least silicone oil adherence of the various lens biomaterials examined. Statistical analysis indicated that this result was significant ($p < 0.001$). Therefore, the Raysoft intraocular lens is a suitable lens for implantation in patients at risk of severe vitreoretinal disease. However, our study was an in vitro experiment looking at the effect of 1000 centistoke silicone oil on intraocular lens biomaterials. Conclusions must therefore be drawn with some caution. More extensive in vivo studies examining the effects of both 1000 and 5000 centistoke silicone oil on acrylic lenses are necessary to confirm our results.

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