The ocular surface toxicity of paraquat

We describe the clinical appearance and progress of bilateral ocular chemical injury caused by paraquat, a herbicide. Paraquat is used more commonly in developing countries and it has been associated with severe and prolonged ocular surface abnormalities due to the nature of the chemical. The current concepts in managing such an injury are reviewed.

Case report

A 69 year old fruit farmer splashed a 20% solution of paraquat into both his eyes. The exposure of the right eye to the solution was more marked. The eyes were irrigated for less than 5 minutes at the time of the injury, and a formal irrigation, using Ringer’s solution for 5 hours later.

General medical history revealed that apart from controlled hypertension he was otherwise well and he had no previous history of ocular problems.

On arrival uncorrected visual acuity was 6/9 on the right and 6/12 on the left. The intraocular pressure was 14 mm Hg on the right and 6/12 on the left. There was a circular 90% epithelial defect centred over the right cornea. The remaining corneal epithelium was opaque, leathery and oedematous (Fig 1). The conjunctiva in the left eye was also oedematous and had thrombosed vessels around the healing edge of conjunctival epithelium. The conjunctiva in the right eye was diffusely chemotic. There was extensive thrombosis of superficial and deep conjunctival vessels over the entire bulbar conjunctiva; however, the episcleral vessels remained intact and patent.

The left cornea had punctate epithelial erosions over most of its surface and an epithelial defect involving the inferomedial conjunctiva had just encroached onto the adjacent cornea. The conjunctiva in the left eye was also oedematous and had thrombosed vessels around the epithelial defect. Over the next few days the epithelial defect in the left eye enlarged to involve the inferonasal quadrant of the cornea although the conjunctival defect only enlarged slightly.

A severe pseudomembranous conjunctivitis developed in the right eye by the third day with fibrinous adhesions developing in the inferior fornix. Periodic glass rodding was commenced to break early symblepharon formation and the steroid was changed to non-preserved dexamethasone 1% hourly by day.

At 6 days post-injury there was evidence of epithelial healing from the margin of the epithelial defect in the inferior fornix of the right eye. Topical citrate and ascorbate were stopped and treatment was altered to non-preserved topical medication only: topical dexamethasone 1% every 2 hours, chloramphenicol four times daily and hypromellose every 2 hours. Autologous serum tears (diluted to 20% in sterile saline solution) were also commenced 2 hours after the injury there were persistent epithelial defects in both eyes but the healing edge of conjunctival epithelium had reached the nasal limbus in the right eye. Best corrected visual acuity was 6/24 right and 6/6 left. At this stage there was no pseudomembrane present although the conjunctiva remained inflamed.

By 4 weeks after injury the ocular surface in both eyes had re-epithelialised. The cornea of the right eye at this stage was clear with no vascularisation. Visual acuity remained 6/24 on the right.

Impression cytology of both central corneas was undertaken at this point. The right cornea showed a conjunctival-type epithelium with scattered goblet cells, polymorphonuclear leucocytes, and numerous apoptotic bodies. The left cornea demonstrated a corneal phenotype epithelium.

The last review was at 6 months post-injury. Uncorrected visual acuity was 6/9 in both eyes. The conjunctiva of both eyes remained minimally inflamed with mild erythema, chemosis, and subepithelial fibrosis now evident. These changes were more marked in the right eye (Fig 3). There was superficial pannus encroaching onto the right cornea predominantly superonasally. The affected area in the left eye shows subconjunctival fibrosis with vascular disorganisation and localised scleral translucency (Fig 4). Current treatment was dexamethasone 1% twice daily in both eyes.

Comment

Paraquat is a dipyridylidium quaternary ammonium salt that acts as an indiscriminate killer of all plant life. Preparations made commercially commonly contain the related compound diquat as well as surfactants to increase distribution over the leaf and aid penetration. Toxicity in humans is thought to relate to paraquat recycling in the redox reaction (Fig 5). This depletes NADPH and interrupts cell metabolism. The reduced
D McKeag  
Corneal Unit, Royal Victorian Eye and Ear Hospital, 32 Gisborne Street, East Melbourne 3002, Melbourne, Australia  
Centre for Eye Research Australia, Melbourne, Australia  
Correspondence to: Dr D McKeag, Royal Victorian Eye and Ear Hospital, 32 Gisborne Street, East Melbourne 3002, Melbourne, Australia  
Accepted for publication 23 July 2001

References

Henoch-Schönlein purpura with bilateral central retinal artery occlusion

Henoch-Schönlein (H-S) purpura is an acute leukocytoclastic vasculitis that primarily affects children and mainly involves skin, joints, gastrointestinal tract, and kidney. Reported ophthalmic manifestations of Henoch-Schönlein purpura include episcleritis, scleritis, keratitis, anterior uveitis, and central retinal vein occlusion. However, central retinal artery occlusion, to the best of our knowledge, have not been reported. We report on a girl with H-S purpura complicated with bilateral central retinal artery occlusion.

Case report
A 6 year old girl visited our paediatric department with the chief complaint of multiple erythematous rashes over the lower extremities and buttock for 2 weeks. Under a presumptive diagnosis of H-S purpura, oral prednisolone was prescribed. Nevertheless, arthralgia, haematuria, and moderate hypertension developed 3 weeks later. The histopathological findings of renal biopsy were compatible with H-S purpura nephritis. Unfortunately, acute renal failure occurred despite aggressive systemic treatment and haemodialysis was started.

Two days before haemodialysis, the patient noticed sudden visual loss. Visual acuity was hand movement in both eyes. Anterior segment and intraocular pressure were normal. Fundus examination revealed a cherry red spot with severe retinal oedema at the macular and peripapillary area in both eyes. Disc oedema and venous engorgement were also noted in both eyes (Figs 1 and 2). The retinal manifestations were compatible with bilateral central retinal artery occlusion. Fundus fluorescein angiography was not performed because of her poor general condition.

Three days after haemodialysis, her systemic condition deteriorated with drowsiness that was proved to be cerebral vasculitis by brain computed tomography.

Figure 1  Fundus photograph of the right eye demonstrating cherry red spot with severe retinal oedema at macular and peripapillary area, disc oedema, and venous engorgement.

Figure 2  Fundus photograph of the left eye demonstrating cherry red spot with severe retinal oedema at macular and peripapillary area, disc oedema, and venous engorgement.

Oxidised paraquat

Super oxide radical

Reduced paraquat radical

Oxidised paraquat

Super oxide radical

Reduced paraquat radical

NADPH

NADP+

Oxygen

Figure 5  Redox paraquat cycling reaction with paraquat.

paraquat then reoxidises using oxygen to generate a superoxide radical.

The oxygen free radicals generated bind macromolecules and damage membrane lipids. Intracellular processes involving calcium are also affected. Paraquat may not be effectively cleared from the cell, resulting in persistent cell damage. Prolonged clinical effects lasting up to a year have been reported. Documented cases of paraquat toxicity, although few, have noted a relatively mild initial appearance with a poor visual outcome in the long term. This has been the result of the development of a conjunctivalised corneal surface and chronic inflammation.

Paraquat ingestion can result in early fatality due to multiorgan failure. In less severe cases acute renal and hepatic toxicity is common. Pulmonary fibrosis may result in death. Pulsed methylprednisolone and cyclophosphamide during the inflammatory stages may have a profound effect on reducing the mortality. It is unclear whether a similar regimen would circumvent the long term sequela of ocular paraquat injury.

The patient in this case had significant exposure to a commercial preparation with minimal first aid measures being implemented at the time of injury. He developed a severe surface injury over the first 48 hours with marked epithelial loss over one eye. This implied there were few, if any, viable limbal stem cells remaining. A severe pseudomembranous conjunctivitis then developed. Previous reports of this extensive type of surface injury show that eventually conjunctivalisation of the cornea with vascular pannus is to be expected. Severe injury may result in a disordered ocular surface with dryness, symblepharon, ankyloblepharon, fornical shortening, entropion, and trichiasis.

Patients with total limbal stem cell loss invariably develop superficial pannus and conjunctivalisation of the cornea. Evidence that previously conjunctival phenotypic epithelium can transdifferentiate into corneal type epithelium is derived from animal experiments with a debrided cornea and limbus where corneal epithelium healed the resultant defect. Viable limbal stem cells may thus have remained in the perilimbal crypts of Vogt. The right eye of this patient healed from transdifferentiation, confirmed by impression cytology, although most of the cornea remains clear without pannus. It has been reported that transdifferentiation is inhibited once neovascularisation occurs. In the left eye, which only had a small zone of limbal stem cell loss if any, the epithelium over the cornea was confirmed as corneal phenotype on impression cytology and there was no vascularisation.

A suitable microenvironment for healing should be encouraged through the use of medical therapy. Topical corticosteroids in the first week after injury promote successful healing of epithelial defects by controlling inflammation. Adequate lubrication is also important. Autologous serum tears have been reported to relieve the symptoms of dry eye and improve the ocular surface disease more successfully than conventional tear substitutes in dry eye states. These drops have also been instrumental in the healing of persistent epithelial defects.

Essential components of the tear film present in serum tears include epidermal growth factor, vitamin A, and transforming growth factor β, which are important for the proliferation, differentiation, and maturation of the surface epithelium.

We present a case of severe paraquat chemical injury to both eyes that had a good outcome from treatment. This case demonstrates a very good result from a usually devastating injury.

Preventing conjunctivalisation of the corneal surface after total loss of the limbal stem cell population remains a challenge. Therapeutic interventions may help restore a more functional surface visually. The use of intensive early antioxidant therapy followed by autologous serum tears and non-protected ocular lubricants may have improved the outcome.

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PostScript 351
One month later, her visual acuity was counting finger in both eyes. Fundus examination revealed a pale disc, arterial sheathing, and drusen-like RPE change at foveal area in both eyes. Six months later, her best correction visual acuity was 6/30 in the right eye, and 6/60 in the left.

Comment
The dominant clinical manifestations of H-S purpura are cutaneous purpura (100%), abdominal pain (63%), gastrointestinal bleeding (33%), and nephritis (40%). In general, H-S purpura is an acute, self-limiting illness though one third of patients will have one or more recurrences of symptoms. H-S purpura was the cause of renal failure in 2% and 5% of groups of children undergoing haemodialysis in California and France, respectively. Although the aetiology of H-S purpura remains unknown, it is clear that IgA has a critical role in the immunopathogenesis. The clinical features of H-S purpura are a consequence of widespread leucocytoclastic vasculitis due to IgA deposition in vessel walls. Treatment is limited to symptomatic and supportive care. Corticosteroids are often used depending on the severity of the disease.

According to the previous reports, the ocular manifestations of H-S purpura are rare, including episcleritis, scleritis, keratitis, and systemic associations of H-S purpura are rare, including episcleritis, scleritis, keratitis, anterior uveitis, and central retinal vein occlusion. In this case, H-S purpura vasculitis may have an important role in the pathogenesis of bilateral central retinal artery occlusion. To our knowledge this might be the first case of H-S purpura complicated with bilateral central retinal artery occlusion in the literature.

T-T Wu, S-J Sheu, L-C Chou
Department of Ophthalmology, Kaohsiung Veterans General Hospital, Kaohsiung, Taiwan

T-T Wu, S-J Sheu
School of Medicine, National Yang-Ming University, Taipei, Taiwan

S-J Sheu
Chung Hwa Institute of Technology, Tainan, Taiwan

Correspondence to: Tsung-Tien Wu, MD,
Department of Ophthalmology, Kaohsiung Veterans General Hospital, 386 Tachung 1st Road, Kaohsiung, Taiwan 813, ttw@tsca.vghks.gov.tw

Accepted for publication 23 July 2001

References

Primary iris pigment epithelial hyperplasia and glaucoma
Primary iris pigment epithelial hyperplasia (PIPH) is a rare condition characterised by the presence of iris pigment epithelium on the anterior surface of the iris stroma. There are few reports that are available in the literature and they generally refer to it as congenital ectropion uveae (CEU). CEU, however, is a misnomer, since the iris pigment layer is known to be separate from the uvea. Yet, the term CEU persists in clinical use.

Primary iris pigment epithelial hyperplasia is a congenital non-progressive condition that is easily differentiated from acquired progressive ectropion uveae, the latter resulting from tractional eversion of posterior pigment layer and spherinster muscle, secondary to glaucoma and/or uveitis.

The most common association is neurofibromatosis (27), though other ocular and systemic associations have been described, including a chromosomal abnormality.

This report describes two cases of primary pigment epithelial hyperplasia with glaucoma and reviews the available literature on this rare abnormality. In one case the presentation of glaucoma was in adolescence and in infancy in the other. Associated ocular features are described. In these two patients there were no systemic features of diagnostic significance.

Case 1
A 15 year boy presented with occasional watering in the left eye for 4 years. There was no history of any visual disturbance.

On examination his left eye was apparently normal. He had a fully open angle with all structures clearly seen. Intraocular pressure (IOP) on the first examination was 52 mm Hg in the left eye and 12 mm Hg in the right. On fundus examination there was an oblique insertion of the disc, with inferonasal crescent and an oval oblique cup involving 0.61 × 0.61 part of the disc (Fig 1, bottom right). A B-scan ultrasound of orbit did not reveal any abnormality and the A-scan biometry confirmed that the apparent proptosis of the left eye was due to a longer axial length (24.36 mm compared with 22.60 mm in the right eye). There were two cirsus as anisocoria of 1.5 mm, the left pupil being larger but round, regular and reacting to light. Indirect gonioscopy (Fig 1, bottom left) demonstrated an open angle with iridotrabeculodysgenesis in the form of an anterior insertion of the iris into the trabecular meshwork with excessive pigment deposition and a prominent Schwalbe’s line, this being very marked in some areas. The right eye had a fully open angle with all structures clearly seen. Intraocular pressure (IOP) on the first examination was 52 mm Hg in the left eye and 12 mm Hg in the right.

Figure 1 Case 1 with PIPH and associated abnormalities. Top left: Extensive hyperplasia of iris pigment epithelium overlying the stroma; top right: associated ptosis; bottom left: indirect gonioscopy demonstrated anterior insertion of iris with excessive pigment deposition; bottom right: oblique insertion of disc with an inferonasal crescent and an oval cup.

The left eye had extensive hyperplasia of the iris pigment epithelium which overlay the stroma of the iris in an irregular manner but did not reach the angle (Fig 1, top left). The normal iris architecture was lost, but no nodules were seen. There was pigment on the anterior surface of the lens but the iris did not transilluminate. There was anisocoria of 1.5 mm, the left pupil being larger but round, regular and reacting to light. Indirect gonioscopy (Fig 1, bottom left) demonstrated an open angle with iridotrabeculodysgenesis in the form of an anterior insertion of the iris into the trabecular meshwork with excessive pigment deposition and a prominent Schwalbe’s line, this being very marked in some areas. The right eye had a fully open angle with all structures clearly seen. Intraocular pressure (IOP) on the first examination was 52 mm Hg in the left eye and 12 mm Hg in the right.
but may be oval and associated with PIPH.

...growth between the ectoderm and the meso-

A congenital exaggeration of this process may be transmitted in the same way as diabetes mellitus and left facial hemiatrophy, neurofibromatosis, and congenital ectropion uveae in neoromaticosis. In addition, Ritch et al. described a case of associated ocular abnormalities. 

Unilateral vitreous haemorrhage...tary injection of steroids and saline to break up the vitreous haemorrhage. Other findings include multiple preteranal, infraeternal, subretinal haemorrhages, as well as macular rings and epiretinal membranes. 

The patient’s vision at 4 weeks postoperatively was 20/200.

Comment

...in cases demonstrating anterior insertion of the iris, a prominent Schwalbe’s line, prominent iris processes and/or increased pigmentation. 

...the upper lid may suggest plexiform neuroma in the first case in this report. Angle anomalies appear to be universal in most of the cases. 

...in this report. Surgical intervention was necessary in both cases in this report. The features of PIPH detailed in this report are in common with those previously published. There may be other associated ocular abnormalities, ptosis being the commonest. 

References


S Gibran, K Mirza, F Kinsella
Eye Clinic, University College Hospital, Galway, Ireland

Correspondence to: Dr Gibran; syeddgibran@yahoo.com
Accepted for publication 15 August 2001

References

Severe macular pucker after retinal detachment surgery in an infant

The appearance and clinical course of rhegmatogenous retinal detachments in children are more complicated than those of adults, because the retinal detachments are generally associated with trauma or congenital anomalies.1-4 In an infant, especially, an unexpected course may develop; however, the incidence of these detachments is so low that treatment and complications have scarcely been described in the literature. We report an infant who developed severe macular pucker after retinal detachment surgery.

Case report
A 2 week old male infant was referred with a diagnosis of bilateral congenital cataracts. The pregnancy and delivery had been uncomplicated. His mother also had had congenital cataracts. Both eyes of the infant had dense zonular cataracts. The patient had no associated ocular problems on slit lamp biomicroscopy or gonioscopy and no abnormalities on physical examination. He underwent bilateral lensectomy and anterior vitrectomy by limbal approach at 3 weeks of age; both funds were unremarkable. Although his right eye underwent sufficient anterior vitrectomy, retropupillary membrane developed on the residual vitreous surface and the pupil closed 3 months postoperatively. During the second surgery, pumploploplasty was performed and we found a tear in the ciliary epithelium of the pars plana resulting from traction of the retropupillary membrane tissue, and also discovered a localised detachment of the retina and ciliary epithelium (Fig 1A). We performed cryopexy with encircling scleral buckle, vitrectomy, and fluid-air exchange, and the retina was reattached. One month later, macular pucker rapidly developed and enfolded the entire posterior retina (Fig 1B). The original tear was completely sealed, and signs of the recurrent rhegmatogenous retinal detachment with proliferative vitreoretinopathy, including vitreous haze and wrinkling of retina in the other location, were not identified. After additional vitrectomy to remove residual cortex and to perform membrane peeling, the retina was finally reattached with a residue of degeneration near the fovea (Fig 1C). Haematoxylin and eosin and Azan stains and transmission electron microscopy of the surgically removed membrane showed pigmented cells, fibroblast-like cells, vessels, and collagen fibres (Fig 2A). The membrane was immunostained with antibodies for cytokeratin and α-smooth muscle actin (Fig 2B, C), while there was slight immunoreactivity for vimentin and no immunoreactivity for glial fibrillary acidic protein or desmin. The membrane also contained vessels, which was confirmed by positive immunoreactivity for Von Willebrand factor (Fig 2D).

Comment
Macular pucker in this infant is significantly different from that in adults. The severe posterior retinal folds may be formed by strong contraction of the epiretinal membrane, a firm vitreoretinal juncture, and an extensible retina. A previous histopathological report on recurrent proliferation after vitrectomy in two children with tractional retinal detachments showed that retinal glial cells were the main reactive cells.5 However, in our case, the major component of the pucker was retinal pigment epithelium (RPE) cells, the same as in adults with rhegmatogenous retinal detachment.6-9 Cytoplasmic actin within the membrane, rather than residual vitreous cortex on the retinal surface, may be involved in forming strong contractile elements, which also may underlie idiopathic cases in children.7 Vessels in the pucker may have originated from the adherent retina, because no residual hyaloid vessels were identified during surgery. Because excessive cryopexy tends to disperse and activate RPE cells, minimal cryopexy is recommended; laser may be preferable.

Figure 1  [A] Schema of retinal detachment in the right eye. Ciliary epithelial tear is observed between the 7 and 8 o’clock positions. (B) Macular pucker enfolds the entire posterior retina and covers the optic disc. (C) Postoperative fundus with residual retinal degeneration.
to treat rhegmatogenous retinal detachment in infants. Enzyme assisted vitrectomy to separate the firm vitreoretinal juncture may prevent the development of subsequent macular pucker. Frequent examinations and careful management are required even after successful reattachment surgery.

S Nishina, N Azuma
Department of Ophthalmology, National Children’s Hospital, Tokyo, Japan

Correspondence to: Noriyuki Azuma, MD, Department of Ophthalmology, National Children’s Hospital, 3-35-31 Taishido, Setagayaku, Tokyo, 154-8509, Japan, nazuma@nch.go.jp

References

Microbial keratitis associated with extended wear of silicone hydrogel contact lenses

Traditional hydrogel soft contact lenses (SCL) have limited oxygen permeability. Recently introduced silicone hydrogel SCL have much higher oxygen transmissibility (Dk/t O2), allowing near normal oxygen supply to the cornea during extended lid closure, and are hoped by some to address most of the problems related to corneal hypoxia encountered with previous extended wear soft contact lenses. They have therefore been approved for up to 30 days of continuous wear in both Europe and Australia.

Four cases of microbial keratitis in patients who were using silicone hydrogel SCL (either CibaVision Focus Night and Day lenses (Lotrafilcon A, fluorosiloxane hydrogel) or Bausch & Lomb PureVision lenses (Balafilcon A, silicone hydrogel)) on an extended wear basis are presented. The minimum amount of continuous wear was 24 hours. All cases were treated either in private or at the corneal clinic of the Royal Victorian Eye and Ear Hospital from December 2000 to February 2001. All patients underwent a complete ophthalmic examination by a corneal specialist. Microbiological specimens were taken from all patients via cornea scrapings and were submitted for Gram and Blankophor staining, and bacterial and fungal cultures via direct inoculation onto sheep blood agar, chocolate agar, and Sabouraud agar. Bacterial sensitivities of cultured organisms were also obtained. Where possible, the contact lenses themselves were also sent for microbial cultures.

Each case is described in brief, and a summary presented in Table 1.

Case 1
This 22 year old man presented with a 2 day history of left ocular injection, pain, photophobia, and blurred vision. He was wearing CibaVision Focus Night and Day SCL continuously for 10 days at a time, discarding the lenses after a month of use. He had swum in the sea while wearing the same lenses 2 weeks before, after which he removed the lenses and disinfected them with "Renu" multipurpose solution (boric acid, edetate disodium, poloxamine, sodium borate, sodium chloride, and polyaminopropyl biguanide, manufactured and distributed by Bausch & Lomb, Greenville, SC, USA). Continuous wear was recommenced within a few hours.

Examination revealed an uncorrected visual acuity of 3/60 in both eyes, improving to 6/12 in both eyes with pinhole. A paracentral 1 mm epithelial defect with underlying dense infiltrate was noted in the left eye with anterior chamber inflammation of 1+ cells and multiple scattered KP (Fig 1A). Continuous wear was recommenced.

Case 2
A 16 year old boy presented with a 24 hour history of left eye grittiness, marked photophobia, and haziness. He was wearing PureVision SCL on a monthly continuous wear basis. He gave a history of swimming in a river in these lenses 1 week earlier, after which he removed the lenses and disinfected them with "Renu" multipurpose solution (boric acid, edetate disodium, poloxamine, sodium borate, sodium chloride, and polyaminopropyl biguanide, manufactured and distributed by Bausch & Lomb, Greenville, SC, USA). Continuous wear was recommenced within a few hours.

Examination revealed an uncorrected visual acuity of 3/60 in both eyes, improving to 6/12 in both eyes with pinhole. A paracentral 1 mm epithelial defect with underlying dense infiltrate was not noted in the left eye with anterior chamber inflammation of 1+ cells and multiple scattered KP (Fig 1B). Continuous wear was recommenced.

Case 3
A 21 year old man presented with a 2 day history of right eye injection, pain, photophobia, and decreased vision. He was wearing PureVision lenses on a daily wear basis, but changed to continuous wear 24 hours before the onset of his symptoms.

Four cases of microbial keratitis in patients who were using silicone hydrogel SCL (either CibaVision Focus Night and Day lenses (Lotrafilcon A, fluorosiloxane hydrogel) or Bausch & Lomb PureVision lenses (Balafilcon A, silicone hydrogel)) on an extended wear basis are presented. The minimum amount of continuous wear was 24 hours. All cases were treated either in private or at the corneal clinic of the Royal Victorian Eye and Ear Hospital from December 2000 to February 2001. All patients underwent a complete ophthalmic examination by a corneal specialist. Microbiological specimens were taken from all patients via cornea scrapings and were submitted for Gram and Blankophor staining, and bacterial and fungal cultures via direct inoculation onto sheep blood agar, chocolate agar, and Sabouraud agar. Bacterial sensitivities of cultured organisms were also obtained. Where possible, the contact lenses themselves were also sent for microbial cultures.

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A 21 year old man presented with a 2 day history of right eye injection, pain, photophobia, and decreased vision. He was wearing PureVision lenses on a daily wear basis, but changed to continuous wear 24 hours before the onset of his symptoms.

Figure 2 (A) Light micrograph shows pigmented cells, fibroblast-like cells, and collagen (Azan, original magnification ×100). Positive immunostaining for cytokeratin (B) and α-smooth muscle actin (C) is seen prominently in the membrane. (D) Positive staining for Von Willebrand factor shows the vessels (peroxidase-antiperoxidase, original magnification ×100).
Case 2, left eye 1 day after lenses 3 days before the onset of symptoms. Focus Night and Day SCL on a monthly basis for 12 months.

Age

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Examination revealed a visual acuity of 6/6 right eye and 6/6 left eye with his spectacle correction. Marked right eye ciliary injection and anterior chamber activity were noted with cells, flare, multiple scattered KPs, and a small paracentral epithelial defect with underlying infiltrate.

Corneal scrapings revealed polymorphs on Gram stain (no organisms seen), and a heavy growth of Corynebacterium species on the sheep blood agar plate, sensitive to penicillin, ciprofloxacin, and chloramphenicol. Culture of the contact lenses was impossible as they had been discarded.

Treatment consisted of hourly topical ciprofloxacin 0.3%, topical fluoromethalone acetate 0.1% (Flarex, Alcon, Fort Worth, TX, USA) was added four times daily after clinical improvement 24 hours later. All treatment was tapered and ceased after 2 weeks.

The patient failed to attend for any further follow-up appointments but on contact by telephone stated his vision had returned to normal.

Case 4

A 17 year old presented with a 5 day history of left eye redness, irritation, photophobia, and blurred vision. He was wearing CibaVision Focus Night and Day SCL on a monthly continuous wear basis and gave a history of swimming in a river with a previous pair of lenses 3 days before the onset of symptoms. These lenses were discarded and replaced with his current lenses the next day.

Initial treatment by the general practitioner consisted of topical chloramphenicol (0.5%) drops 2 hourly by day and chloramphenicol (1%) ointment (Chlorsig, Sigma) at night.

Examination revealed a visual acuity of 6/6 right eye (with SCL) and 3/6 left eye unaired, improving to 6/18 with pinhole. Conjunctival injection was noted in the left eye, with a 3 × 4 mm paracentral area of stromal haze and an associated area of subepithelial infiltrate. The overlying epithelium was intact.

Corneal scrapings revealed no polymorphs or organisms on Gram stain, but grew α haemolytic streptococcus from the enrichment broth sensitive to penicillin, chloramphenicol, ciprofloxacin, and neomycin.

Treatment was with hourly topical ciprofloxacin 0.3%, with tapering after 48 hours. Review 1 week later revealed a persistent subepithelial scar and a best corrected spectacle acuity of 6/7.5.

Comment

Extended wear of soft contact lenses for up to 6 days has been advocated in various forms since the 1980s with traditional hydrogel lenses. However, owing to the relatively high rates of associated microbial keratitis,1,3 extended wear of soft contact lenses has not had widespread use.

The advent of high oxygen permeability silicone hydrogel soft contact lenses has again made extended wear a viable option, as the increased oxygen permeability is thought to reduce the risk of development of a hypoxic epithelial defect, which can serve as a portal of infection.4 Pre-release extended wear studies did not reveal any cases of microbial keratitis but these studies were relatively small. Lenses with a Dk/t O2 greater than 50 × 10⁻⁹ have also been shown to have a lesser affinity for P aeruginosa binding during extended wear, further decreasing the risk of microbial keratitis.7

Our experience suggests that extended wear with even these newer SCL is still a risk factor in the development of microbial keratitis. All four patients had central or paracentral infiltrates, with three patients presenting with an associated epithelial defect. All four patients also had a positive culture or Gram/Blankophor stain from the corneal scrape and had residual scarring after resolution of the acute episode. Although Corynebacterium species are considered by some to be a non-pathogenic organism, it has been described as the causative organism in several cases of microbial keratitis.8 We therefore feel that it is very unlikely that any of these cases represent a more benign non-infectious contact lens complication such as CLPU (contact lens induced peripheral ulcer), CLARE (contact lens induced acute red eye), or IK (infiltrative keratitis), which are all described as being conditions that resolve after cessation of contact lens wear alone, without the development of residual corneal scarring.9

Previous studies have shown that the most important risk factor for the development of microbial keratitis in soft contact lens wearers is the duration of contact lens wear, where overnight wear in particular aggravates the relative hypoxia of the cornea.2 However, there are other risk factors such as hypercapnia, trauma, biofilm alterations/ contamination, altered corneal sensation, altered tear volume, and composition.7,10 Only hypoxia and hypercapnia should be improved by increased contact lens gas permeability.

Three of the four patients described had swum in their lenses within weeks of their presentation. This might be an important risk factor in the development of their microbial keratitis in association with their silicon hydrogel SCL (as it is with other SCL), although the organisms involved were not those typically associated with microbial keratitis from contaminated water exposure. All four of the patients were also males between the ages of 16 and 22 years. These two demographic factors have been linked to an increased risk of microbial keratitis in contact lens wearers.

Recent studies have shown that bacterial populations grown from silicone hydrogel SCL in asymptomatic wear were not statistically different in comparison with those grown from standard HEMA based SCL.12 This
sustains that a silicone hydrogel SCL can still be a means of contamination in the pathogenesis of SCL microbial keratitis. Certainly, some of the lenses in this small series did grow the same organisms as the corneal lesions themselves.

Our experience supports a multifactorial causality for the development of microbial keratitis in extended SCL wearers, rather than just corneal epithelial hypoxia, particularly in high risk groups such as the four patients described where high risk behaviour is also undertaken. Further investigation needs to be done on the effects these lenses have in extended wear with regard to the development of microbial keratitis before their long term safety can be assured.

L Lim, M S Loughman, L J Sullivan
Corneal Clinic, Royal Victorian Eye and Ear Hospital, Locked Bag 8, East Melbourne, 8002, Australia

Correspondence to: L J Sullivan; lullivan@optushome.com.au
Accepted for publication 16 August 2001

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Serious corneoscleral complications after pterygium excision with mitomycin C

The use of topical mitomycin C (MMC) to prevent recurrence after pterygium surgery is increasing since its introduction by Kunitomo and Mori in Japan, and its subsequent popularisation in the United States by Singh and associates.1 Low dose MMC (0.02%) twice daily for 5 days after the operation has been prospectively studied with long term follow up, and few serious side effects have been noted.2,3 Intraoperative MMC appeared to be an effective and safe adjunctive treatment of primary pterygium excision.4

Case reports

We retrospectively analysed three patients who presented at the Haemek Medical Center, Afula, Israel with scleral melting which developed after pterygium excision between October and November 2000 with intraoperative application of MMC (0.02% for 3 minutes). The MMC was washed out immediately with an abundant amount of balanced salt solution for at least 3 minutes. During the past 10 years we performed over 300 pterygium excisions with intraoperative use of MMC in Haemek Medical Center with three cases having serious complications.

Case 1 (Fig 1)

A previously healthy 50 year old man underwent recurrent pterygium excision of the right eye using a bare sclera technique with intraoperative application of MMC 0.02% for 3 minutes, having undergone pterygium excision with MMC 10 months earlier in his right eye. Visual acuity was 6/9+ SC. Preoperative ophthalmological examination revealed a nasal flashy wide lesion 4.5 mm over the limbus and inferior symblepharon, with the remainder of the examination being normal. He was released on the same day, following surgery at which time there were no complications. On the first (postoperative day 1) and second (postoperative day 7) follow ups no complaints or complications were noted. However, on postoperative day 30, corneal limbal perforation and iris incarceration in the wound was noted. Immediately, he underwent right eye corneal tectonic graft surgery. At his last follow up (12 weeks after the pterygium excision with MMC), the best corrected visual acuity was 6/24 CPH. The graft has good adaptation, no gap and no rejection signs.

Case 2 (Fig 2)

A previously healthy 37 year old man underwent pterygium excision of the left eye using a bare sclera technique with intraoperative application of MMC 0.02% for 3 minutes. His presenting symptoms were cosmetic only. Visual acuity was 6/6 partial SC. Preoperative ophthalmological examination revealed nasal flashy wide lesion 2.8 mm over the limbus with the remainder of the examination visual being normal. Two years previously he had undergone pterygium excision of the right eye using a bare sclera technique with intraoperative application of MMC 0.02% for 3 minutes. The right eye procedure had been successful and was performed in the same institute. Three weeks after the surgery, on routine follow up scleral melting and necrosis were noted. The scleral defect was unresponsive to ocular lubricants, topical antibiotics, topical steroids, and patching. Ten weeks after the left eye pterygium excision and MMC application, he underwent autologous conjunctival graft surgery to repair the defect. Follow up 2 weeks later showed that the graft had good adaptation and re-epithelialisation was noted.

Case 3

A previously healthy 70 year old man underwent pterygium excision of the right eye using a bare sclera technique with intraoperative application of MMC 0.02% for 3 minutes. On preoperative examination visual acuity was 6/24 partial SC in the right eye and 6/60 SC in the left, anterior segment was quiet except for a tiny, nasal, flashy temporal pterygium 7 mm over the limbus partially covering the pupil axis in the right eye. The procedure of the right eye pterygium excision with MMC was successful and performed in the same institute. No complaints or complications were noted at the first two follow ups; however, 3 weeks postoperatively right eye temporal scleral melting and ectasia was seen (3 mm × 3 mm in size). Conservative topical treatment with antibiotics, topical anti-inflammatory agents, and steroids failed to alleviate the situation. Consequently, 8 weeks after the initial right eye surgery he underwent right eye conjunctival flap grafting over the area of scleral melting. At his last examination best corrected visual acuity was 6/36 partial; blood vessel growth was noted towards the bare sclera and re-epithelialisation with minimal staining. He is still being treated with topical antibiotics with some improvement.
Mitomycin C is an antineoplastic antibiotic agent isolated from the fermentation filtrate of Streptomyces caespitosus. Its action is similar to alkylating agents; it alkylates and crosslinks DNA and, in addition, may generate superoxide and hydroxyl radicals in solution. It also inhibits DNA, RNA, and protein synthesis.1 These combined effects may result in a long-term influence on cellular proliferation.

Scleral melting occurs after pterygium surgery with adjunctive treatment has been well reported.2 However, no serious complications were noted in the study by Frucht-Pery and Ilsar with postoperative exposure to MMC twice daily for 5 days (with a mean follow up period of 15.3 months) or in intraoperative MMC treated eyes.3 A common element in toxicity with MMC is a relatively large cumulative dose.4 Therefore, most ophthalmologists believe that a single intraoperative exposure to MMC would reduce the complication rate of MMC eye drop regimen.5

In the current series, all patients underwent pterygium excision in the bare sclera technique with the low concentration of 0.02% MMC and a short application of 3 minutes. Among our patients one had corneal perforation that was treated by tectonic keratoplasty and other two had severe deep scleral melting that required conjunctival flaps or autologous grafts. Our patients were all healthy, without conditions predisposing to ulceration or poor wound healing such as Sjögren syndrome, severe keratoconjunctivitis sicca, acne rosacea, atopic keratoconjunctivitis, or herpes keratitis (Table 1). We suspected that the MMC concentration was not appropriate during that period. We checked the concentration and it was difficult to obtain precise results after a waiting period, owing to the degradation of the material.

This report raises serious questions regarding routine use of MMC. Recently, some investigators have evaluated the safety and efficacy of low dose MMC (0.02%) for an even shorter time (30 seconds).6 All ophthalmologists should be aware of the possibility of vision threatening complications and avoid routine and broad use of mitomycin in all fields.

B Safianik, I Ben-Zion, H J Garzozi

Department of Ophthalmology, Haemek Medical Center, Afula, Israel

Correspondence to: Dr Boris Safianik, Department of Ophthalmology, Ha’emek Medical Center, Afula, Israel

Accepted for publication 22 August 2001

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Extracapsular extension of a choroidal melanoma after argon photoacoagulation and transscleral thermotherapy

The optimal management of small posterior choroidal melanomas remains controversial, especially for tumours located near the optic disc and fovea. Although with increasing rarity, argon laser photoacoagulation continues to be used in the primary treatment of small tumours, despite data suggesting that other therapeutic methods may be more successful.4 More recently, transscleral thermotherapy (TTT) has emerged as a therapeutic option for the primary treatment of small choroidal melanomas.4 Initial results are promising, but like any new treatments, more widespread use and longer follow up are needed for a thorough assessment of its efficacy. As a cautionary reminder that additional study is required to define the potential complications of these treatments, we present a case of choroidal melanoma in which treatment with primary argon photoacoagulation followed by TTT was associated with extracapsular extension of the tumour.

Case report

A 38 year old woman presented with decreased visual acuity in her right eye. An ophthalmologist noted a pigmented choroidal lesion with associated subretinal fluid. The lesion was initially treated with argon laser photoacoagulation, but within a month the decision was made to re-treat the lesion with TTT. Over the next 7 months, visual acuity deteriorated to 20/200. The lesion exhibited persistent elevation and subretinal fluid. By ultrasound, a change in the retro scleral echogenicity was observed, precipitating referral to an ophthalmic oncologist whereupon a diagnosis of choroidal melanoma with extracapsular extension was made. The patient was then referred to UCSF for consideration of proton beam therapy.

On examination, all abnormal findings were confined to the right eye. The patient’s visual acuity was counting fingers at 2 feet. Funduscopy examination revealed a raised pigmented tumour centred on the fovea, measuring 7 mm vertically by 10 mm horizontally, extending to within 2.3 mm of the disc. Subretinal fluid was present and extended over the nasal aspect of the tumour (Fig 1A). A flat...
naevus 2 mm in diameter was also noted inferio-
antly (not shown). Fluorescein angiogra-
phy was remarkable for an irregular plexus of
dchoroidal vessels within the tumour noted in
the early arteriolar phase, mid-phase leakage
from retinal veins overlying the tumour, and
late leakage with punctate hot spots at the
tumour margin (Fig 1B). B-scan ultrasonography
revealed choroidal excavation, an acoustic quiet
zone, and orbital shadowing (Fig 2A). A-scan
demonstrated spontaneous pulsation, low to
medium internal reflectivity, and a sharp
posterior spike (Fig 2B). The intraocular thick-
ness was 3.0 mm, with 7.7 mm of extracocular
extension. These findings are consistent with
choroidal melanoma with posterior extracata-
real extension. Systematic evaluation revealed
no signs of metastasis. The potential for orbital
contamination by tumour made focal therapy
by proton beam a less desirable alternative.
Therefore, enucleation with en bloc resection of
the extracocular tumour was recommended and
subsequently performed. Pathological exam-
ination confirmed the diagnosis of malignant
choroidal melanoma, mixed cell type, with
extensive extracocular extension and focal
vacular invasion. The patient elected to un-
dergo adjuvant post-surgical external beam
irradiation to reduce the rate of orbital recur-
rence, with the understanding that this treat-
ment, while not definitively harmful, is of
proved benefit. She was also referred to
the medical oncology service for systemic therapy
and has begun an experimental treatment pro-
tocol using interferon alfa. Systemic chemother-
apy is currently under consideration.

Comment
Options for the management of choroidal
melanoma include observation, laser photo-
coagulation, transpapillary thermotherapy,
charged particle radiotherapy, brachytherapy,
local resection, and enucleation. Argon laser
photoagulation is typically used as an
adjunct to other treatments, but in select
cases has been used as primary therapy for
choroidal melanoma. Typically, photooco-
gulation is reserved for small tumours (less
than 3–4 mm in thickness and less than 10 mm in
diameter) that are close to the fovea and/or
the optic disc in eyes with good vision.
Because the level of tumour necrosis with
laser photoagulation is shallow (0.2–0.8
mm), multiple treatments may be
necessary. Therefore, the greatest chance
to successful photocoagulative therapy in
choroidal melanomas is determining when
the tumour has been fully ablated. TTT
shares the advantages that photo-
ocagulation has over radiotherapy, including
the more rapid visible reduction of tumour size,
the relative sparing of adjacent normal tissue,
and the convenience and economy of an out-
patient procedure. In contrast with the shal-
low penetration of the argon laser, however,
TTT employs near infrared light to produce up
to a 3.9 mm depth of tumour necrosis. The
promise of this technique is further squared inves-
tigation into its use as a primary treatment for
small posterior choroidal melanomas with
encouraging early results. It has been reported
that recurrences occur following apparently successful photo-
ocagulation or TTT because invisible nests of
malignant cells can infiltrate the sclera, a
histologically documented phenomenon.
The presented case suggests that either other
TTT or, more likely, TTT produced some
possibility is not trivial. Extrascleral exten-
sion, presumably from tumour out of reach of
initial argon photocoagulation and subsequent
TTT, resulted in a requirement for aggressiv-
local surgical therapy, including en bloc
therapy, and adjuvant systemic therapy to reduce the
risk of metastatic disease. The unusual degree of
extracranial extension for a small melanoma
also raises the concern that other photo-
ocagulation or, more likely, TTT produced some
reduction in scleral integrity allowing focal
egress of tumour cells. Reports of complica-
tions following argon laser are likely to
become rarer because advances in modern
radiotherapy have made primary photocoagu-
lation an uncommon treatment. The use
and investigation of TTT, however, continue to
increase and the risks for extracocular exten-
sion remain undefined.

Figure 2  [A] B-scan ultrasonography
demonstrates extracranial extension of
the tumour and exhibits the choroidal
cavation, acoustic quiet zone, and orbital
shadowing characteristic of a uvea-
oma melanoma. Arrows surround areas of
tumour extension. [B] A-scan ultrasonography
shows spontaneous pulsation, low to medium
internal reflectivity, and a sharp
posterior spike. The measured intraocular tumour
thickness was 3.0 mm with 7.7 mm of
extracranial extension.

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Macular infarction after intravitreal amikacin: mounting evidence against amikacin

Retinal toxicity attributable to intravitreal use of aminoglycosides for endophthalmitis has been reported. Campochiaro and Conway reported 101 cases of retinal damage due to intravitreal aminoglycosides. Amikacin, an aminoglycoside, is in widespread use in the United Kingdom for the treatment of Gram negative organisms in endophthalmitis. We report a case of macular toxicity following the use of intravitreal amikacin for postoperative endophthalmitis, outlining mechanisms of reti-
nal toxicity, and offer alternatives to amikacin.

We believe that enough evidence now exists to support a change in the current Royal College of Ophthalmologists’ endophthalmitis treat-
ment guidelines that are based on the Endophthalmitis Vitrectomy Study.

Case report
A 69 year old white woman presented 1 day after uneventful right phacoemulsification and intraocular lens implantation with a vision of counting fingers (CF), a relative afferent pupil defect, hypopyon with anterior chamber fibrin, and normal intraocular pres-
sure. We were unable to visualise the fundus although a red reflex was noted. Ultrasound examination showed patchy increased vitre-
ous reflectivity with a flat retina and choroid. Pars plana vitreous tap of 0.2 ml was performed followed by injection of 1 mg/0.1
ml of vancomycin and 0.4 mg/0.1 ml of amikacin. Sterile dilution was conducted with typewritten instructions. The globe never
became tense. The ocular inflammation re-
solved on a daily regimen of oral prednisolone 60 mg, oral ciprofloxacin 750 mg four times daily, topical atenolol 3% hourly, topical
dexamethasone 0.1% 2 hourly, and topical atropine 1% once daily. Vision however remained CF because of angiographically
proved macular ischaemia and vascular occlu-
sion (Figs 1 and 2). There was no microbi-
ological growth from the vitreous sample.
we support a change in current UK treatment guidelines. Choices will remain controversial until the incidence of toxicity for both amikacin and ceftazidime is determined by a prospective randomised controlled study; however, on the evidence currently available we suggest that ceftazidime should replace amikacin as the first line agent of choice against Gram negative organisms in postoperative endophthalmitis.

G Galloway, A Ramsay, K Jordan, A Vivian
Department of Ophthalmology, West Suffolk Hospital, Bury St Edmunds, IP33 2GZ, UK
Correspondence to: Mr Gavin Galloway; gavgo@doctors.org.uk
Accepted for publication 22 August 2001

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Spontaneous involution of retinal and intracranial arteriovenous malformation in Bonnet-Dechaume-Blanc syndrome

Intracranial arteriovenous malformations are capable of spontaneous regression. There are also numerous recorded events of vascular remodelling, thrombosis, and autoinvolution in retinal arteriovenous malformations. This report documents a self obliterated retinal arteriovenous malformation in a patient with Bonnet-Dechaume-Blanc syndrome who developed neurological symptoms due to spontaneous regression of the intracranial component of the anamnestic malformation.

Case report
A 32 year old man from Guam was evaluated for a history of right parietal headaches for several months and acquired temporal hemianopia in the left eye. He had a history of blindness in the right eye from early childhood, and had recently become aware of a temporal hemianopia in the left eye. Visual acuity was now light perception in the right eye and 20/20 in the left eye. The right pupil was unreactive to light. The left pupil was sluggishly reactive and there was a right afferent pupillary defect. Slit lamp examination showed conjunctival venous engorge-ment in the right eye. Retinal examination disclosed white, sclerotic major retinal vessels, with no evidence of retinal vascular perfusion in the right eye (Fig 2). The major retinal vessels were surrounded by non-perfused clusters of white, racemose, telangectatic, vessels (Fig 1). The left optic nerve showed band atrophy with corresponding nerve fibre layer dropout but no other retinal abnormality.

Magnetic resonance imaging showed numerous vascular channels permeating the right basal ganglia, anterior portion of the midbrain, prefrontal gyri, optic chiasm, and the right orbit. The deep hemispheric portion of the lesion showed surrounding oedema. CT scanning showed punctate and conglomerate calcifications in the malformation, as well as enlargement of the right optic canal. Cerebral angiography demonstrated an angiomatous vascular malformation that permeated the basal ganglia as well as the optic chiasm region and extended into the right orbit (Fig 2). There was a relative lack of deep venous drainage in the chiasmatic region of the malformation, with diversion to the Sylvian vein system and over the convexities to the sagittal sinus. The lack of hypertrophy in these draining venous channels, together with the
and to vessel wall damage which can lead to veins are exposed to arterial blood pressures, formations are high flow systems in which

Comment
The syndrome of unilateral retinocephalic arteriovenous malformation was first described in 1937 by Bonnet et al. Six years later, Wyburn-Mason published his report in the English language. These congenital unilateral arteriovenous malformations may involve the visual pathways from the retinal capillary network to the ipsilateral occipital cortex, and may involve the chiasm, hypothalamic, basal ganglia, midbrain, and cerebellum. Since these arteriovenous malformations are high flow systems in which veins are exposed to arterial blood pressures, they are susceptible to turbulent blood flow and to vessel wall damage which can lead to thrombosis and occlusion. ‘Over time, components of an angiomatous malformation can grow, haemorrhage, sclerose, thrombose, and involute.’

Our patient had longstanding involution of his retinal arteriovenous malformation, with new neurological symptoms resulting from thrombosis of the intracranial component of the tumour. Spontaneous occlusion of the major venous drainage within the deep cerebral hemisphere and optic chiasm may have caused headaches by producing regional oedema or by diverting flow to other venous structures. Since the major venous drainage within the malformation was already occluded at the time of presentation, no treatment was advised. The complex evolution of clinical signs in our patient underscores the need to distinguish disease progression from spontaneous involution in symptomatic patients with Bonnet-Dechaume-Blanc syndrome.

Acknowledgement
Supported in part by a grant from Research to Prevent Blindness, Inc.

M C Brodsky
Department of Ophthalmology and Pediatrics, University of Arkansas for Medical Sciences, Little Rock, AR, USA

W F Hoyt
Departments of Ophthalmology, Neurology, and Neurosurgery, University of California, San Francisco, CA, USA

Correspondence to: Michael C Brodsky, MD, Arkansas Children’s Hospital, 800 Marshall, Little Rock, AR 72202, USA

Accepted for publication 29 August 2001

Glaucoma
The latest issue of Community Eye Health (No 39) discusses the glaucomas, with an editorial by Professor Gordon J Johnson, director of the International centre for Eye Health. For further information please contact: Community Eye Health, International Centre for Eye Health, Institute of Ophthalmology, 11–43 Bath Street, London EC1V 9EL, UK (tel: +44 (0)20 7666 1600; email: k@eyeconditions.org.uk; www.eyeconditions.org.uk). Annual subscription (4 issues) UK£25/US$40. Free to workers in developing countries.

International Centre for Eye Health
The International Centre for Eye Health has published a new edition of the Standard List of Medicines, Equipment, Instruments and Optical Supplies (2001) for eye care services in developing countries. It is compiled by the Task Force of the International Agency for the Prevention of Blindness. Further details: Sue Stevens, International Centre for Eye Health, 11–43 Bath Street, London EC1V 9EL, UK (tel: +44 (0)20 7666 6910; email: eyeresource@ucl.ac.uk; website: www.jchc.co.uk). Annual subscription (4 issues) UK£25/US$40. Free to workers in developing countries.

Second Sight
Second Sight, a UK based charity whose aims are to eliminate the backlog of cataract blind in India by the year 2020 and to establish strong links between Indian and British ophthalmologists, is regularly sending volunteer surgeons to India. Details can be found at the charity website (www.secondsight.org.uk) or by contacting Dr Lucy Mathen (lucymathen@yahoo.com).

Specific Eye ConditionS (SPECS)
Specific Eye Conditions (SPECS) is a not for profit organisation which acts as an umbrella organisation for support groups of any conditions or syndrome with an integral eye disorder. SPECS represents over fifty different organisations related to eye disorders ranging from conditions that are relatively common to very rare syndromes. We also include groups who offer support of a more general nature to visually impaired and blind people. Support groups meet regularly in the Boardroom at Moorfields Eye Hospital to offer support to each other, share experiences and explore new ways of working together. The web site www.eyeconditions.org.uk acts as a portal giving direct access to support groups own sites. The SPECS web page is a valuable resource for professionals and may also be of interest to people with a visual impairment or who are blind. For further details about SPECS contact: Kay Parkinson, SPECS Development Officer (tel: +44 (0)1803 524328; email: k@eyeconditions.org.uk; www.eyeconditions.org.uk).

Joachim Kuhlmann Fellowship for Ophthalmologists 2002
In honour of its founder’s memory, the Joachim Kuhlmann AIDS-Stiftung, Essen, Germany, is sponsoring two fellowships for ophthalmologists at a well known institute, who want to train in CMV-retinitis and other HIV related ophthalmologic diseases. The fellowships each include US$ 5000. Deadline for application is 31 March 2002.

12th Meeting of the European Association for the Study of Diabetic Eye Complications (EASDEC)
The 12th meeting of the EASDEC will be held on 24–26 May 2002 in Udine, Italy. The deadline for abstracts is 15 February 2002. Three travel grants for young members (less than 35 years of age at the time of the meeting) are available. For information on the travel grants, please contact Pr CD Agardh, President of EASDEC, Via Aquileia, 21–33100 Udine, Italy (tel: +39 0434 21391; fax: +39 0432 50687; email: nordest.congressi@ud.net.un.it).

International Society for Behçet’s Disease
The 10th International Congress on Behçet’s Disease will be held in Berlin 27–29 June 2002. Further details: Professor Ch Zouboulis (email: zoubber@zedat.fu-berlin.de).

Singapore National Eye Centre 5th International Meeting
The Singapore National Eye Centre 5th International Meeting will be held on 3–5 August 2002 in Singapore. Further details: Ms Amy Lim, Organising Secretary, Singapore National Eye Centre, 11 Third Hospital Avenue, Singapore 168751 (tel: (65) 322 8374; fax: (65) 227 7290; email: Amy_Lim@nec.com.sg).

BEAVRS Meeting
The next BEAVRS meeting will be held in the Dalmahoy Hotel near Edinburgh on 31 October to 1 November 2002. Further details: Susan Campbell, Medical Secretary, Gartnavel General Hospital (email: susan.j.campbell.wg@northglasgow.scot.nhs.uk).

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NOTICES

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Br J Ophthalmol: first published as 10.1136/bjo.86.3.360 on 1 March 2002. Downloaded from bjo.bmj.com on May 28, 2022 by guest. Protected by copyright.