Merkel cell carcinoma of the eyelid in association with chronic lymphocytic leukaemia

Merkel cell carcinoma (MCC) is a rare skin neoplasm. Tang and Toker first described MCC in 1978 and since then 19 cases in association with chronic lymphocytic leukaemia (CLL) have been reported. To the best of our knowledge, involvement of the eyelid by MCC has never been reported in the literature in association with CLL.

Case report
An 84 year old white man was referred with an 8 week history of a painless lump on his right upper eyelid (Fig 1A). He was complaining of visual obscuration secondary to a mechanical ptosis. Ophthalmic history was unremarkable. General examination did not reveal any abnormalities.

General medical history revealed that the patient had been diagnosed with CLL 11 months previously and was being treated with difluoromethylornithine. At the 15th month he was being treated with radiotherapy. The patient was reluctant to have surgical intervention. The patient was given a total of 40 Gy in 15 fractions. This caused the tumour to reduce in size relieving the mechanical ptosis (Fig 1B).

Comment
The recent surveillance, epidemiology, and end results (SEER) programme in the United States has estimated the incidence of MCC at 0.23/100 000. MCC is very rare below the age of 50 and is more common on sun exposed sites. It is an aggressive tumour with 12–45% being lymph node positive at presentation. This increases to 55–79% during the course of the disease. The 5 year survival has been reported at 30–64%. Involvement of the eyelid occurs in only 0.8% of MCC, and has not been reported in the literature in association with CLL.

Secondary tumours are common in B cell neoplasia with the relative risk of non-melanotic skin cancer being 4.7 in men and 2.4 in women. The frequency and aggressiveness of MCC and other skin neoplasms increases with immunosuppression, organ transplantation, as well as B cell neoplasia. The precise reason for such an association is not fully understood. Quaglino et al suggested that a depressed immunological system as well as exogenous oncogenic factors may, in various degrees, contribute to the development of neoplastic processes at different sites.

The treatment is wide local excision with or without adjuvant therapy consisting of block dissection of lymph nodes or radiotherapy. Adjuvant therapy reduces local recurrence and regional failure from 39% and 46% to 26% and 22% respectively. Most patients die from causes directly related to the disease. Potentially there is an increased risk of all skin tumours including MCC in patients suffering from CLL and this diagnosis should be considered when evaluating an eyelid lesion in such patients. In a patient with reduced immunity it would be best practice to send all surgical specimens for histology even if a simple chalazion is thought to be responsible for the lid lesion.

References

Steatocystoma simplex of the caruncle

The caruncle has a non-keratinised epithelial lining similar to the conjunctival epithelium. However, unlike the conjunctiva, the caruncle harbour skin elements such as hair follicles, sebaceous glands, sweat glands, and accessory glands.
lacrimal tissue. Consequently, the caruncle may develop a tumour or cyst similar to one found in the skin, conjunctiva, or lacrimal gland.

Case report
A 26 year old woman presented with a 2 mm, asymptomatic, pale yellow lesion of the right caruncle, present for 8 months (Fig 1). It was excised intact under local anaesthetic and histological examination revealed a cystic structure with sebaceous glands in its wall (Fig 2). These communicated directly with the cyst lumen. No associated hair follicles were seen. An eosinophilic, crenulated cuticle was present in the inner aspect (C) and sebaceous glands in the donor posterior button were exchanged with BSS using an aspiration system. Six interrupted 10-0 Nylon sutures and the knots were buried. The viscoelastic anterior chamber was exchanged with BSS using an automatic pressure controlled irrigation-aspiration system.

With our microkeratome an 8.5 mm in diameter, nasal hinge and 250 µm flap was obtained. The trephination was made with a 7 mm Barron trephine and completed with corneal scissors, under viscoelastic protection. After the intraocular injection of acetylcholine the posterior donor button was placed on the recipient eye under viscoelastic protection. Six 10-0 Nylon interrupted sutures were used to secure and close the wound. Immediately after, the flaps was put back and fixed with six interrupted 10-0 Nylon sutures and the knots were buried. The viscoelastic anterior chamber was exchanged with BSS using an automatic pressure controlled irrigation-aspiration system.

Case 1
This was a 36 year old woman with Fuchs' endothelial dystrophy. Preoperative BSCVA was 0.4 in the right eye and 0.6 in the left. Slit lamp examination showed diffuse corneal oedema clearly affecting the anterior layers of the cornea. Endothelial cell count (ECC) was below 900 cells/mm² in both eyes. Surgery was performed on the right eye (Fig 1A). The follow up was done for 12 months (Fig 1B).

Case 2
Case 2 was a 57 year old man with Fuchs' endothelial dystrophy. Preoperative BSCVA was 0.1 in the right eye and 0.06 in the left. Silt lamp examination showed diffuse stromal corneal oedema in the left surgical eye. ECCs were difficult to perform because of the light adnexal tumour, thought to originate from a naevoid malformation of the pilosebaceous duct junction. Lesions are described on the forehead, nose, scalp, neck, axillae, chest, upper limbs, back, legs, and even intraorally.

Twenty three cases of SS are reported in the literature, divided evenly between men and women ranging in age from 15 to 70 years.

Clinical and histological features in SS are usually identical to those seen in the individual lesions of SM. Lesions are described as asymptomatic, flesh coloured or yellowish, intracutaneous, well circumscribed, soft, mobile, and non-tender. On incision they are found to contain an oily substance composed of sebum.

However, it is important to confirm the solitary nature of a steatocystoma. SM can be familial and autosomal dominantly inherited (steatocystoma multiplex congenita). Several familial cases have been linked to pachyonchia congenita and ectodermal dysplasia through a mutation in keratin 17.

Steatocystoma is histologically characterised by a cystic structure with sebaceous glands within the cyst wall and epithelium that displays an eosinophilic cuticle. It is possible to make a diagnosis of steatocystoma if the characteristic hyaline luminal cuticle is present, even in the absence of sebaceous elements.

The differential diagnosis included sebaceous gland hyperplasia, sebaceous gland adenoma, and lipogranuloma. Clinically they are also characterised by a yellow, nodular appearance. Rarely, sebaceous gland carcinoma of the caruncle may occur.

Along with hidrocystoma and eruptive vellus hair cyst, SM are usually identical to those seen in the individual lesions of SM. Lesions are described as asymptomatic, flesh coloured or yellowish, intracutaneous, well circumscribed, soft, mobile, and non-tender. On incision they are found to contain an oily substance composed of sebum.

We were able to confirm the unique pathogenesis of the cyst, lined by stratified squamous epithelium and containing sebaceous glands in its wall (Fig 2). These communicated directly with the cyst lumen. No associated hair follicles were seen. An eosinophilic, crenulated cuticle was present on the inner aspect of the cyst wall in some areas. The patient had no other skin lesions of note. The nails, teeth and hair were normal. There was no family history of similar lesions. At the 6 month follow up there had been no signs of recurrence or development of other cysts.

The diagnosis was of steatocystoma simplex (SS) of the caruncle.

Comment
Steatocystoma simplex, the non-heritable solitary counterpart of steatocystoma multiplex (SM), was first described as a distinct entity by Brownstein in 1982.

It is a benign entity by Brownstein in 1982.

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It is a benign entity by Brownstein in 1982.
scattering induced by the oedema but were below 800 cell/mm in both eyes. The patient’s case was followed for 12 months (Fig 1C).

Case 3
This was a 57 year old man with history of myopia in both eyes (right eye −4.00, left eye −9.00). There was a history of subretinal macular neovascularisation and cataract extraction in his left, surgical, eye, with an ECC of 950 cell/mm. Preoperative BSCVA A was 0.5 in the right eye and 0.2 in the left. The follow up was done during 14 months (Fig 1D).

Examinations in all cases were at day 1, 1 week, 3, 6, 9, and 12 months. All Nylon sutures were removed before the 6 month control. All surgeries were technically uneventful. The immediate and late postoperative controls showed transparency of the cornea and no signs of rejection. In case 1 at the time of removing the superior suture (3 months post-operatively) a separation between the anterior cap and the edge of the corneal recipient eye was observed (because of the stromal flap oedema) and two interrupted 10–0 Nylon sutures were placed for 3 more months.

Uncorrected and BSCVA did not improve in all cases in spite of corneal transparency (Table 1). We observed a significant increase in astigmatism in all cases during the follow up and also after the suture removal, but it was not the main cause of reduced vision (Table 2). We checked vision changes with refraction over rigid gas permeable lenses but the results were lower than expected.

Comment
Many attempts have been made to independently replace the endothelial layer. First Mohay and McCulley used eyes of the animal models and obtained successful results. Later, Melles et al described a surgical technique in which through a scleral tunnel incision a mid-stromal pocket was dissected to separate and transplant the posterior stroma into the anterior cornea, also had similar results. We used the open technique as described by Busin, but suturing both corneal layers, and our cases showed a significant astigmatism and very low visual results.

Reviewing our experience during the past 6 years in performing penetrating keratoplasty (PK) for Fuch’s dystrophy, and obviously understanding that this is not a comparative study, we realised that our mean improvement in best corrected visual acuity was 3.1 lines (range 0–8), with a mean postoperative time for visual rehabilitation of 8 months (range 3–18 months).

The recovery time was slower when compared with PK, perhaps because of the optical distortion of the interface. We must also not forget that we sutured both the donor button and the superficial lenticule, perhaps inducing interface distortion. Also it is important to mention the risk of wound leakage and interface aqueous humour dissection.

We think that the time of graft deswelling was not as expected because at the time of suture removal a separation was noted between the anterior corneal recipient eye and the superficial lenticule, perhaps inducing interface distortion. Also it is important to mention the risk of wound leakage and interface aqueous humour dissection.

In our experience this technique shows that it is possible to change only the posterior layers of the cornea with successful anatomical result. Nevertheless, from a functional perspective penetrating keratoplasty has been a much better and faster approach and, in fact, in both techniques we are replacing the endothelium using an open sky technique.

Table 1
Best corrected visual acuity before and after the endokeratoplasty

<table>
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<tr>
<th></th>
<th>Preoperative</th>
<th>2 Weeks</th>
<th>3 Months</th>
<th>6 Months</th>
<th>9 Months</th>
<th>12 Months</th>
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<tr>
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<td>0.5</td>
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<td></td>
<td></td>
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<tr>
<td>Case 2</td>
<td></td>
<td>Counting fingers to 1 metre</td>
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<td>0.1</td>
<td>0.32</td>
<td>0.5</td>
</tr>
<tr>
<td>Case 3</td>
<td>0.63 Counting fingers 0.5 metre</td>
<td>Counting fingers 0.5 metre</td>
<td>0.3 Movements of hands 0.5 metre</td>
<td>0.3 Movements of hands 0.5 metre</td>
<td>0.5 Movements of hands 0.5 metre</td>
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Table 2
Astigmatism before and after of endokeratoplasty

<table>
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<tr>
<th></th>
<th>Preoperative</th>
<th>2 weeks</th>
<th>6 months</th>
<th>9 months</th>
<th>12 months</th>
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<tr>
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<td>−0.75</td>
<td>−7.00</td>
<td>−7.50</td>
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<td>−9.00</td>
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<tr>
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<td>−2.00</td>
<td>−3.00</td>
<td>−4.00</td>
<td>−5.00</td>
<td>−6.00</td>
</tr>
<tr>
<td>Case 3</td>
<td>−0.5</td>
<td>−3.00</td>
<td>−4.00</td>
<td>−4.00</td>
<td>−3.50</td>
</tr>
</tbody>
</table>
Persistent accommodative spasm after severe head trauma

Spasm of accommodation is the sudden onset of a considerable degree of myopia which disappears after cyclopia, usually functional in origin.1 Bohlmann and France reported a patient with persistent spasm of accommodation 9 years after head trauma and suggested that a possible lesion in the upper brainstem might be responsible for the dysfunction. We report two similar cases in which magnetic resonance imaging (MRI) failed to show abnormalities in the mid-brain and revealed cerebellar and supratentorial traumatic lesions.

Case reports

Case 1

A 34 year old female patient came to the refractive surgery service for correction of myopia and astigmatism. She had been comatose for 45 days after suffering severe head injury at the age of 24, and 3 months later noticed difficulties in her distant vision and was prescribed corrective lenses.

Dynamic refraction revealed in the right eye −3.75 sph −1.50 cyl × 5 and in the left eye −3.50 sph −1.00 cyl × 170. Visual acuity was 20/25 in each eye with this correction. Pupils were equal in size and measured 5 mm in normal room light, with normal reactions.

Cycloplegic refraction after instillation of two drops of 1% cyclopentolate and one drop of 1% tropicamide revealed −1.25 sph −1.50 cyl × 5 right eye and −0.75 sph −1.25 cyl × 165 left eye, obtaining 20/20 in each eye. She had attention and memory deficits, left cerebellar ataxia, left pyramidal syndrome, and speech difficulties due to vocal cord paresis. The MRI scan showed multiple lesions in the periventricular and subcortical white matter involving the left temporal lobe (Fig 1) and in the frontal and parieto-occipital regions bilaterally on FLAIR sequences. High signal intensity was observed in the cerebellar vermis as well as in the dorsal pons (Fig 1). No abnormalities was observed in the mid-brain. Images with 3 mm thickness T2 weighted spin echo sequences also did not reveal abnormalities in the mid-brain (Fig 2).

The cycloplegic refraction was prescribed but she returned 2 months later complaining of blurred vision. She was prescribed −2.50 sph −1.50 cyl × 5 right eye and −2.00 sph −1.25 cyl × 165 left eye which she has been wearing for 6 years, despite still having difficulties with distance vision. Multiple repeat examinations confirm that she needs −1.25 sph over her glasses in order to reach 20/20 vision in each eye. Cycloplegic refraction remain unchanged from the first examination.

Case 2

A 24 year old male patient had blurred distant vision soon after he recovered from head injury including a 2 months period in a coma. He had not worn glasses in the past.

On examination visual acuity was 20/20 both eyes without correction and 20/15 with −3.00 sph in each eye. Pupils measured 4 mm each with normal reactions. The rest of the ophthalmalic examination was normal. Cycloplegic refraction, after instillation of two drops of 1% cyclopentolate and one drop of 1% tropicamide, revealed 20/20 vision both eyes (+0.25 sph in each eye). He had recent memory and gait deficits. MRI scan revealed a heterogenous area, hypointense on T1 and hyperintense on T2 weighted images, affecting the left temporal lobe, compatible with glotic reaction. There were no abnormalities in the dorsal mid-brain.

The patient was prescribed 1% atropine every 12 hours, which he took for 6 months with normal distance vision but he complained of difficulties reading and photophobeia. Atropine was discontinued and blur on distant vision recurred. He then took atropine every other day for 2.5 years associated with reading glasses. When it was discontinued however, accommodative spasm again recurred and a +3.00 sph correction in both eyes was prescribed.

Comment

In our patients, a relation of accommodative spasm and the head trauma seems well established because it appeared soon after they have recovered from severe head injury, persisted for several years despite the prolonged use of cycloplegic drops, and the patients were not trying to obtain any benefit by complaining of blurred vision.

The supranuclear control of accommodation is poorly understood. In cats, neurons that discharge in temporal correlation with accommodation were found in the lateral suprasylvian area.1 Electrical stimulation on ipsilateral interpositus nuclei and on contralateral lateral interpositus and fastigial nuclei in the cerebellum are known to induce accommodation.2 These nuclei are connected to parasympathetic oculomotor neurons in the mid-brain.

Very little accommodative dysfunction resulting from central lesions has been reported in humans. Ohtsuka et al studied a patient with left middle cerebral artery occlusion who had reduced accommodative responses and markedly lowered accommodation velocity. Their patient had low density lesions on computed tomograph (CT) scan involving the left temporal lobe, near the sylvian fissure. Kawasak et al reported a patient with normal accommodation amplitude but increased accommodation and relaxation times. Their patient recovered normal accommodation 10 days after removal of a large subtentorial arachnoid cyst and the authors suggested that the cerebellum might have a role in the organization of the human central control system of accommodation.

Bohlmann and France described a patient with persistent spasm of accommodation after head trauma.3 CT scan revealed a skull base fracture without intracranial abnormalities and the authors suggested that a possible

References


Figure 1. Case 1. Magnetic resonance imaging FLAIR sequences (TR 8000, TE 150, TI 2300 ms) magnetic resonance imaging scan [6 mm thickness] showing white matter lesion in the temporal lobe (black arrows), in the dorsal pons (small white arrow), and in the cerebellar vermis (large white arrow). Cerebellar atrophy is indicated by enlarged folia.

Figure 2. Case 1. T2 weighted (TR 3570, TE 120 ms) spin echo sequences, 3 mm thickness, with normal findings in the mid-brain.

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mesencephalic lesion might be responsible for the spasm. Chan and Trobe reported a retrospective review of six patients with post-traumatic pseudotumour but did not include MRI studies. In our patients, MRI scan failed to show abnormalities in the mid-brain. Both of them had lesions in the left temporal lobe and the first patient also had abnormalities in the frontal and parieto-occipital lobes bilaterally and the cerebellum. Although it is possible that they have small mesencephalic lesions, not detected by MRI scan, the findings is our cases suggest a higher origin for accommodative dysfunction in some patients with closed head trauma.

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References

Extramacular plasmacytoma of the eyelid

A 74 year old man presented with a foreign body sensation in the right eye superimposed on a slowly growing enlarging lump in the right eyelid. He had no history of recurrent infections, bleeding, weight loss, or night sweats. His only other symptom was chronic backache secondary to osteoarthritis. Past medical history included cataract extraction from the right eye 4 years previously and excision of a basal cell carcinoma from the right pinnna 5 years previously. Examination revealed a large firm lesion in the right upper eyelid with no palpable lymph nodes. The clinical diagnosis was of a chalazion. The lesion was removed surgically and histopathology (Fig 1) revealed an incompletely excised extramedullary plasmacytoma with a high proliferative index and amyloid change. Immunocytochemistry was positive for IgG kappa light chains. Further investigations including full blood count, liver function tests including lactate dehydrogenase (LDH), protein electrophoresis, skeletal survey, and bone marrow aspiration were normal with no evidence of multiple myeloma.

The whole of the upper eyelid was treated with radiotherapy using a customised lead cutout with internal shielding of the eye (Fig 2); 120 kV x-rays were used giving a dose of 30 Gy in 10 fractions over 2 weeks.

On follow up (at 2 years) there has been no evidence of local recurrence or the development of myeloma, and laceration in the eye appears normal.

Comment
Solitary plasmacytomas are rare tumours. They are classified as either solitary plasmacytomas of bone (SPB) or extramedullary plasmacytomas (EMP) of soft tissue. The majority of EMPs (about 80%) involve the upper air passages of the head and are thought to arise in the submucosa, where plasma cells are numerous. Other sites include lymph nodes, spleen, skin and subcutaneous tissues, gastrointestinal tract, thyroid, and testes.

There is a relation between solitary plasmacytomas and subsequent development of multiple myeloma. About 44–69% of patients with a solitary bone plasmacytoma will develop multiple myeloma within a median time of 3 years. Although EMPs recur in almost 50% of cases, this is usually in bone but unlike multiple myeloma it remains circumscribed within the bone with no predilection for the axial skeleton. However, progression to myeloma does occur though at a lower rate than for SPB. Alexiou et al reported a rate of progression to myeloma for both upper aerodigestive tract and non-aerodigestive tract extramedullary soft tissue plasmacytomas of 16.1% and 14.6% respectively. As no predictors of progression have been identified patients probably need indefinite follow up.

Eye abnormalities such as cysts of the ciliary body and vascular lesions have been described in multiple myeloma but primary plasmacytoma involving the eye is rare. Nineteen cases affecting the orbit have been described in the literature but this is only the fourth case of a primary plasmacytoma arising from the eyelid that has been reported. Most of the earlier reports of the plasmacytomas arising in the eye are not true plasmacytomas and are in fact granulomas due to chronic inflammation. Usual symptoms are progressive painless swelling of the eyelid, proptosis, and diplopia. They can occur at any age but the mean age of onset is in the sixth to seventh decades. The youngest case was that of an 11 year old who had plasmacytoma of the orbit. Of the three previously reported cases, all were treated with surgical resection. Their immunocytochemistry was IgG lambda chain, kappa light chain, and IgG lambda chain respectively. Our case is similar but was treated successfully with radiotherapy after incomplete excision.

Solitary extramedullary plasmacytomas can be controlled with radiotherapy alone. Response rates with radiotherapy are as high as 94% and 93% for SPB and EMP respectively. The optimal dose of radiotherapy has not been defined, though it appears that a dose of at least 30 Gy is required. Many centres use doses of between 40–50 Gy. The extent of radiotherapy portals is also a subject of debate with many recommending inclusion of regional lymph nodes if possible. The median survival of patients with EMP treated with radiotherapy was 8.5 years in one study with most patients dying of causes unrelated to their EMP.

Surgery is also an option, with Alexiou et al reporting a lower rate of progression to myeloma for those treated operatively (13%) compared with those treated with radiation (17.5%). The conversion rate for patients treated with both modalities was 13.5%. These results may reflect differences in the size of lesions, with small extramedullary plasmacytomas in easily accessible sites being amenable to surgical excision.

Chemotherapy is used for those patients who progress to multiple myeloma.

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and C-reactive protein. She also had a chest X-ray and laboratory tests including erythrocyte sedimentation rate (ESR), liver function tests, bone profile, immunoglobulins, urea and electrolytes, ACE level, urate, and full blood picture, which revealed a normal result.

The patient had early cortical lens opacities in the left eye with a hypermetropic cornea. His visual acuities were 6/6 in the right eye and 6/12 in the left eye with a hypermetropic cornea. He had no past medical history and vision was uncorrected bilaterally. He had recently had cataract extraction. He had bilateral pale yellow areas along the superotemporal arcades bilaterally and no vitritis. Both fundi revealed minimally elevated yellow lesions along the superotemporal arcades and also nasally in both fundi.

**Case 1 (A)** Elevated yellow areas along the superotemporal arcades bilaterally and demonstration of autofluorescence of these lesions. **(B)** Ultrasound scan showing the lesions to be highly reflective with orbital shadowing.

**Idiopathic sclerochoroidal calcification**

Sclerochoroidal calcification is a relatively rare condition characterised by yellow-white irregular subretinal lesions usually in the superotemporal mid-periphery of the fundus. It is usually asymptomatic and has a classic clinical appearance. Most cases are idiopathic but a few reports have associated this condition with abnormalities of electrolytes, diabetes mellitus, and no vitritis. Both fundi revealed minimally elevated yellow lesions along the superotemporal arcades and also nasally in both fundi. Again electrolytes were investigated and were within the normal range.

**Case reports**

**Case 1**

An 82 year old white woman was referred by her optician after attending for routine glasses update. On questioning she did complain of a “slight blurring of vision” gradually for several months. She had a history of left amblyopia. Her medical history included asthma, osteoarthritis, lymphoedema, fibromyalgia, and hiatus hernia. Her only medications were inhalers and paracetamol. She had recently been diagnosed with polymyalgia rheumatica and was well controlled with oral prednisolone. She had no headaches. Her medical history included oesophagitis and hiatus hernia and cervical spondylosis. Her unaided visual acuity was 6/12 right eye improving to 6/9 with pinhole, and 6/18 left eye improving to 6/12 with pinhole. She had bilateral nucleosclerotic cataracts and both fundi revealed numerous pale elevated lesions clustered around the superotemporal and inferotemporal arcades (Fig 2A).

Haematological investigations and chest X-ray revealed no evidence of neoplasms. Ultrasound scanning revealed that these were areas of calcification with high reflectivity (Fig 2B).

**Case 2**

A 71 year old man attended routinely for review 2 weeks after cataract extraction. He had no past medical history and vision was 6/9 right eye and 6/6 left eye. He was noted to have a small optic disc haemorrhage coincidentally and therefore dilated fundal examination was performed. He had bilateral pale yellow elevated lesions along the superotemporal arcades and also nasally in both fundi. Again electrolytes were investigated and were within the normal range.

**Comment**

Sclerochoroidal calcification has been described in the literature as an uncommon condition found usually in older white patients. Patients have been unnecessarily investigated and even treated for tumours unnecessarily. Calcification can be dystrophic or metastatic but in these idiopathic cases it is the former. The calcification is believed to be deposited at the sites of insertions of the oblique extraocular muscles in a similar way that Cogan scleral plaques are calcification at the insertions of the horizontal recti muscles. Reports have been made of sclerochoroidal calcification associated with Cogan syndrome, Gitelman syndrome, hypoparathyroidism, and hypomagnesaemia. It is important to exclude any electrolyte abnormality when a patient presents with this condition, but prolonged investigations are unnecessary. Autofluorescence and ultrasound appearances are very useful to diagnose this condition. Patients rarely develop visual disturbance with sclerochoroidal calcification, but infrequent follow up is advised as cases of associated choroidal neovascular membranes and serous detachments with the lesions have been documented.

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**References**

Stereotactic irradiation of biopsy proved optic nerve sheath meningioma

The role of conventional external beam radiotherapy in the management of optic nerve sheath meningiomas (ONSM) has been controversial because of limited radiation sensitivity of these tumours and radiation damage to surrounding tissues. Recently, in a study of 64 patients with ONSM managed with observation, surgery, radiotherapy, or surgery and radiotherapy, Turbin and colleagues found that patients treated by (conventional) radiotherapy alone demonstrated the best long term visual outcome, and suggested fractionated external beam radiation (5000–5500 cGy) as the initial treatment in selected cases, when preservation of visual function is a reasonable goal.

The collateral damage secondary to conventional radiotherapy may be minimised by better focusing and shaping of the radiation beams, as in stereotactic radiotherapy (SRT). We report on a woman whom we treated with fractionated SRT for a biopsy proved, large ONSM.

In April 2000 a 41 year old woman was referred with a 1 month history of proptosis of her left eye (Fig 1, top left). She had been treated for a presumed orbital “pseudotumour” with oral prednisone (initial dose 90 mg/day) without effect.

At referral, she had no history of diplopia or retrobulbar pain. On examination, the visual acuity (VA) was 1.25 (unaided) of the right eye and 0.8+ (cc S+2) of the left eye. The intraocular pressure was 18 and 21 mm Hg in the right eye and left eye, respectively. There was a left relative afferent pupillary defect (RAPD). The motility of the left eye was slightly restricted in upgaze. The left eye showed mild periorcular swelling and conjunctival chemosis. There was 5 mm of left proptosis without upper eyelid retraction or lid lag. Funduscopy of both eyes showed no abnormalities. Visual field testing (Humphrey field analysis (HFA II 730) showed relative scotomas of the left eye, mainly in both lower quadrants. Visual evoked potential (VEP) examination of the left eye showed prolonged latency and decreased amplitudes, suggestive of optic nerve dysfunction.

Orbital MRI (T1 weighted) scans showed a proptosis of the left eye and a large retrobulbar, intracanal mass that stained intensely with gadolinium contrast (Fig 1, bottom left). Computed tomography (CT) imaging also showed an intensely staining retrobulbar tumour without calcifications, that encased and slightly displaced the optic nerve. There was no “tram-tracking” sign or bone involvement. No tumour extension into the optic canal or intracranially was noted. Orbital colour Doppler ultrasound imaging showed a highly vascularised retrobulbar mass with a vertical diameter of at least 25 mm (Fig 2, top left).

Since, on imaging, no evident diagnosis could be made, we decided to perform a biopsy on the lesion through a lateral orbitotomy. At surgery, the tumour was pale and solid. Histopathological examination of the incisional biopsy specimen showed whorls of meningothelial cells, with small nuclei and inconspicuous nucleoli, consistent with a meningioma (Fig 2, bottom).

After surgery we observed the patient for 9 months. During this period her left (corrected) VA deteriorated to 0.2 and her left visual field showed progression of her scotomas. This prompted us to treat her with fractionated SRT in March 2001. The radiation, delivered with a 6 MV linear accelerator (Varian), was given 5 days a week at 1.8 Gy per fraction, with a cumulative dose of 34 Gy. Treatment planning was based on orbital MRI matched with CT scans. A non-invasive stereotactic frame was fixed with an external coordinate system (one isocentre). Target and surrounding tissues at risk were defined as volume of interest on contrast media enhanced T1 weighted MRIs and transferred to CT by the stereotactic localisation technique using a three dimensional planning system (X Plan, Radionics). Portals were optimised using a beam’s eye view technique. Five irregularly shaped non-coplanar beams (arcs) per treatment were used. Beam shaping was done with a mini-multileaf collimator (Radionics). No early complications of the radiation treatment were noted. At 6 months after SRT, the (corrected) VA of her left eye had recovered to 0.8, while no RAPD was observed.
Her pericentral swelling had markedly diminished (Fig 1, top right). Compared to previous measurements, the protrusion of the left eye had diminished by 4 mm. Funduscopy, however, showed mild pallor of the left optic nerve head. Visual field testing showed unchanged loss of the left visual field compared to pretreatment values, with a higher foveal threshold. VEP measurements showed improved amplitudes, but prolonged latency compared to previous examination. Orthoptic examination showed ductions similar to those before treatment. Post-treatment MRI revealed a markedly decreased tumour size and a decrease of exophthalmos (Fig 1, bottom right). Colour Doppler ultrasonography showed a decrease in tumour size with markedly diminished vascularisation (Fig 2, top right). At the last follow up visit, 16 months after treatment, her left VA and visual fields were stable.

Comment
As in the recent report on a presumed ONSM by Moyer et al., fractionated SRT in our biopsy-confirmed case gave a remarkable visual recovery without detectable side effects. Both the size and the blood flow of the tumour regressed within the first 6 months, leading to reduced exophthalmos and pericentral swelling. The effect of restored cosmesis was important to this young woman whose main complaint was her unilateral exophthalmos.

Since our follow up is limited to 16 months, no conclusions with regard to long term outcome can be made. More cases of SRT for ONSM need to be studied over a longer period of time to assess the efficacy of this treatment.

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References


Severe interferon associated retinopathy
Interferon alfa is used in various human malignancies for its antitumour activity. One of its ocular side effects is retinopathy. Interferon associated retinopathy is generally mild and resolves completely. We describe a severe retinopathy in a hypertensive patient treated with interferon for multiple myeloma.

Case report
A 56 year old man presented with a 3 week history of deterioration and distortion of right vision. Visual acuities (VA) were 6/60 right and 1/60 left. Funduscopy revealed bilateral extensive peripapillary cotton wool spots, retinal thickening, optic disc hyperaemia, and blot haemorrhages. Arteriolar changes were minimal.

He was anaemic (Hb 10.6 gdl/l) and slightly thrombocytopenic (platelets 93 × 10^9/l). Plasma viscosity was 1.59 (normal 1.5–1.7). Renal function was normal at presentation.

In a review article on interferon retinopathy, initial interferon alfa doses ranged from 3–9 mega units three to six times per week for several weeks.1 In a prospective randomised placebo controlled trial of interferon alfa therapy for macular degeneration, retinopathy was noted with increasing frequency in the highest dose group (5% of the patients taking 6 mega units three times a week).1 The interferon doses in our patient were at the lower level of these regimens.

Severities of retinopathy was found to be related to the presence of the following risk factors: large initial dosages, long duration of treatment, and systemic diseases like diabetes mellitus or hypertension. Early onset of retinopathy was also a good indicator of severity.
and fundal examination up to 8 weeks from onset of treatment was advocated for those at risk.

Significant visual impairment attributed to interferon therapy was associated with macular oedema in a hypalbumininaemic but non-hypertensive, non-diabetic patient; and in two other cases in a case series report, one of whom had poor control of blood pressure and the other an occasional mildly elevated blood pressure level. All three patients had resolution of the lesions by 2 months and subsequently made good visual recoveries, unlike in our case.

In another case series report, two out of seven patients with high-dose interferon alpha-2b suffered permanent visual loss after developing macular oedema. Both patients were hypertensive and one had radiation treatment to the brain. The latter later developed proliferative retinopathy as well.

Deposition of immune complexes in the retinal vasculature has been postulated as a pathogenetic mechanism for the retinopathy. Interferon alfa was also found to induce leucocyte capillary trapping in rat retinal microcirculation.

Radiation may have contributed to the development of the clinical picture although its use in the treatment of myeloma is frequent and ocular side effects have not been widely recognised in the past. Low doses to the eye similar to that used in our patient have been associated with retinopathy after treatment of age related macular degeneration.

Retinal oedema is an indicator of severity in interferon associated retinopathy. Early detection of it, especially in hypertensives and diabetics, may help avoid progression to permanent visual loss.

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References


Optic neuritis with marked distension of the optic nerve sheath due to local fluid congestion

Distension of the subarachnoid space of the optic nerve is not a common feature of optic neuritis. We describe a patient with optic neuritis with swelling of the optic nerve head of the right eye. On magnetic resonance imaging (MRI) there was marked distension of the optic nerve sheath due to an increase of fluid in the subarachnoid space. The location of the lesion in the optic nerve and concurrent inflammatory changes of the arachnoid trabecula and septae may have had a role in the pathophysiology of this condition.

Case report

A 38 year old man was admitted with pain in eye movements and loss of vision in the right eye. Best corrected visual acuities measured 20/40 on the right and 20/20 on the left. The patient identified 16 out of 18 Ishihara plates with the right eye and 18/18 with the left eye. There was a relative afferent pupil deficit (RAPD) on the right. Funduscopy demonstrated a swollen optic disc on the right. The left optic disc was normal. Spontaneous venous pulsations (SVP) were detectable bilaterally. Laboratory examinations, including red and white blood counts, C reactive protein, sedimentation rate, serologies for syphilis, HIV, herpes, toxoplasmosis, Lyme disease and cytomegalovirus, as well as collagen vascular disorders and coagulopathies were all in normal range. The right visual field (Octopus program G2) demonstrated a wedge-shaped defect in the inferior nasal and temporal visual field pointing towards the macula. The left visual field was normal. Neurological examination was normal. MRI of the brain was normal but showed enhancement of the right optic nerve in the T1 weighted axial and coronal (not shown) image and hyperintense fluid in the expanded subarachnoid space (Fig 1A and B). Two days after admission the swelling of the right optic nerve sheath due to increased fluid volume of the subarachnoid space of the optic nerve has previously been reported in some patients with optic hydrops, anterior ischaemic optic neuropathy, and anatomical anomalies such as arachnoid cysts.1 This patient with optic neuritis demonstrated marked distension of the subarachnoid space of the right optic nerve, presumed to be caused by an increase of total fluid following optic neuritis. As all cerebrospinal fluid compartments are thought to communicate, equalisation of fluid via the chiasmal cistern would have been expected to occur. The MRI scan of the brain and orbits, however, demonstrated localised and isolated stasis of fluid in the right optic nerve subarachnoid space only. The reason for this fluid congestion causing a optic nerve sheath compartment syndrome could not be identified by neuroimaging. The site of inflammation of the optic nerve and local anatomical variations and alterations of the subarachnoid space—for example, the amount and number of trabeculae and septae in the subarachnoid space,1 may have a crucial role in the pathophysiology of unilateral papilloedema.

Figure 1  [A] Enhanced axial T1 weighted MRI with fat suppression demonstrating enhancement of the right optic nerve (arrow). [B] Axial T2 weighted MRI shows hyperintensive fluid in the expanded subarachnoid space due to increase of total fluid (arrowhead). The hypointense optic nerve head protrudes into the posterior aspect of the globe (arrow). [C]. Axial T2 weighted MRI 7 weeks later demonstrating normal optic nerves and subarachnoid spaces bilaterally.

Comment

Distension of the perioptic subarachnoid space is a hallmark MRI feature of papilloedema due to an intracranial mass lesion, inflammatory disease, and pseudotumour cerebri. Unilateral distension of the optic nerve sheath due to increased fluid volume of the subarachnoid space of the optic nerve has previously been reported in some patients with optic hydrops, anterior ischaemic optic neuropathy, and anatomical anomalies such as arachnoid cysts.1 This patient with optic neuritis demonstrated marked distension of the subarachnoid space of the right optic nerve, presumed to be caused by an increase of total fluid following optic neuritis. As all cerebrospinal fluid compartments are thought to communicate, equalisation of fluid via the chiasmal cistern would have been expected to occur. The MRI scan of the brain and orbits, however, demonstrated localised and isolated stasis of fluid in the right optic nerve subarachnoid space only. The reason for this fluid congestion causing a optic nerve sheath compartment syndrome could not be identified by neuroimaging. The site of inflammation of the optic nerve and local anatomical variations and alterations of the subarachnoid space—for example, the amount and number of trabeculae and septae in the subarachnoid space,1 may have a crucial role in the pathophysiology of unilateral papilloedema.

Figure 2 Fundus photograph of the right eye demonstrating a prominent optic disc with blurred margins and nerve fibre obstruction in the superior and temporal quadrant. Patton folds are observed extending to the macula. The veins appear engorged.
most researchers on the rat model probably have this experience, but for some reason do not think it is very important and/or choose to ignore it. Apart from the article by Williams et al., there is—as far as I know—only one other article who has explicitly mentioned this transient opacification. In their paper, Herbert et al. wrote “The grafts began clearing 4 weeks after surgery... and vessels in the graft developed from 6 weeks post-surgery... and “It is to be noted that after acute rejection most corneas regain some clarity by 7–8 weeks.” Transient corneal opacification also occurs in the rat model used (2) to rats (strain RT1) and in the pig (3) (strain PVR). The recipients of corneas from PVR rats (strain RT1) and corneas were sutured with a single running suture). Allogeneic transplanted corneas showed no initial opacification immediately postoperatively; neither did the syngeneic controls. All allogeneic corneas “rejected” (or more precisely showed total opacification) around day 11–13 and those corneas, when followed long enough, all cleared. Opacification remained higher than 2 (meaning an increased corneal haze, but some anterior chamber structures still visible) at days 17–21 and became lower (but not totally clear) around days 25–32. It would be exciting to know if the hypothesis put forward by Pisková et al. would also apply to the rat model and to find out if this “clearing” of the opacification also occurs in other rat breeds or the ones mentioned. Pisková et al. have raised a very important topic where a lot of uncertainty still exists, and which warrants further research.

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References

Surgery for glaucoma in the 21st century
The authors of the article “Surgery for glaucoma in the 21st century” should be commended for attempting to tackle this issue. Nevertheless, we do feel that their fundamental points and principal arguments merit reconsideration.

The authors state categorically that “This finding of a higher ‘failure’ rate based on intraocular pressure after ‘non-penetrating’ surgery compared with trabeculectomy has been found in the majority of randomised trials comparing the two procedures” and then go on to quote three references allegedly supporting this remark. One of the three studies reports lower mortality in the 21st century compared to trabeculectomy (although not statistically significant) and almost identical success rates. What was significant was the dramatically lower complication rates with deep sclerectomy.

When discussing the other two papers it is of paramount importance to understand that the given long learning curve associated with deep sclerectomy, it is neither fair nor scientifically sound to compare a surgeon’s first 20 cases of trabeculectomy with his first 20 cases of deep sclerectomy. As an example, one group reported 0% success rate in their first series of viscocanalostomy patients and then presented their second series with a success rate of 15%. The same group also analysed the depth of their dissection of the deep sclera to find that they dissected too superficially in 48% of their cases and too deeply in 17%; meaning that the proper depth of dissection, which should reflect transversely the Schlemm’s canal forming it, was not achieved in the majority of their cases.

The authors also failed to cite published long term (3–21 months) results for deep sclerectomy with collagen implant. The study provided a qualified success rate of 94.8% and the complete success rate, 61.9% after 60 months (survival analysis), with a mean IOP of 11.8 (SD 3.8) mm Hg. Although the study reports a non-randomised consecutive series of patients, it should be taken as a proper indication of results achieved by experienced surgeons. It should be taken into consideration that non-penetrating surgery is a broad genre of surgery, under which different surgeons perform fundamentally different procedures that include sinusotomy, ab externo trabeculec-
tomy, deep sclerectomy with or without the use of an implant, viscocanalostomy, performance of postoperative gonipuncture, and the use of antimetabolites. The different techniques have things in common, the element of non-perforation.

What is true is that this type of surgery is continuously evolving, so it is unlikely that a proper judgment can be made yet. At the risk of sounding dramatic, it is valid to say that editorials like the one by Khaw et al. seem to indirectly sign a death certificate of non-penetrating surgery. It is much more useful to encourage research in non-penetrating surgery, including meta-analyses of randomised stud-
ies, to see if trabeculectomy will remain king.

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References
welfare service, help members and their families cope with the everyday concerns caused by retinitis pigmentosa. Part of the welfare service is the telephone helpline (+44 (0)1280 860 363), which is a useful resource for any queries or worries relating to the problems retinitis pigmentosa can bring. This service is especially valuable for those recently diagnosed with retinitis pigmentosa, and all calls are taken in the strictest confidence. Many people with retinitis pigmentosa have found the Society helpful, providing encouragement, and support through the Helpline, the welfare network and the BRPS branches throughout the UK. (tel: +44 (0)1280 821 334; email: lynda@brps.demon.co.uk; web site: www.brps.demon.co.uk)

Detachment Course with international faculty on: Retinal and Vitreous Surgery with Case Presentations preceding Retina Meeting

The detachment course with international faculty on: Retinal and Vitreous Surgery with Case Presentations and the Retina Meeting will be held 14–15 March 2003 and 16 March 2003 respectively, in Mexico City, Mexico. Further details: Scientific programme: Prof Ingrid Kreissig, University of Tuebingen, Schleichstr. 12, Breuningerbau, 72076 Tuebingen, Germany (tel: +49 7071 295209; email: ingrid.kreissig@med.uni-tuebingen.de). Local organisation: Prof. Quiroz-Mercado, Prof. Munoz, and Prof. Gonzalez “Hospital la Ceguera en Mexico Vicente Garcia Torres” #46, COyoacan, Mexico DF 04330 (fax: +525 5639 5928; email: retinamex@yahoo.com).

16th Annual Meeting of German Ophthalmic Surgeons

The 16th Annual Meeting of German Ophthalmic Surgeons will be held 8–11 May 2003 in Nürnberg, Germany, Messezentrum. Organised by the Professional Association of German Ophthalmologists Ophthalmic Surgery Group the conference will cover cataract surgery, refractive surgery, glaucoma surgery, vitrectinal surgery, corneal surgery, eye surgery in developing countries, and orbita, lacrimal and lid surgery. Further details: MCN Medizinische Congress organisation Nürnberg AG, Zerrabelshofstr 29, 90478 Nürnberg, Germany (tel: +49 911 3931621; fax: +49 911 3931620; email: doc@mcnag.info; web site: www.doc-nuernberg.de).

3rd British Oculoplastic Surgery Society Meeting

The 3rd British Oculoplastic Surgery Society Meeting will be held 18–19 May 2003 in Birmingham, UK. For further details please contact the Secretary of the British Oculoplastic Surgery Society Jane Olver (tel: +44 (0)121 424 5464; fax: +44 (0)121 424 4464; email: MartiDi@heartsol.wmids.nhs.uk; web site: www.bopss.org).

13th Meeting of the EASD Eye Complication Study Group

The 13th Meeting of the EASD Eye Complication Study Group will be held on the 23–25 May 2003, in Prague, Czech Republic. The scientific programme includes keynote lectures from Professor John H Fuller (UK) on The epidemiology of diabetic retinopathy; Dr P Martin van Hagen (The Netherlands) on Growth factors and diabetic retinopathy; Professor Jerecic Pelikanova (Czech Republic) on Pathophysiology of diabetic microvascular complications; Dr Tomas Sosna (Czech Republic) on Risk and protective factors of diabetic retinopathy.

Three travel grants of €1000 each, sponsored by GlaxoSmithKline for young scientists (under 35 years at the time of the meeting). Applications should be made with the submission of abstracts. The deadline for abstracts is 14 February 2003.

Further details: Ortopedie Centrum, s.r.o., Strecovské nabrezi 51, 400 03 Usti nad Labem, Czech Republic (tel: +420 47 521 6588; fax: +420 47 533 40 77; email: ortcentrum-ul@volnv.cz; web site: www.ortopedie-centrum.cz).

Detachment Course with international faculty on: Retinal and Vitreous Surgery with Case Presentations preceding the Annual Meeting of Iranian Society of Ophthalmology

The detachment course with international faculty on: Retinal and Vitreous Surgery with Case Presentations preceding Annual Meeting of Iranian Society of Ophthalmology will be held on 29–30 November 2003 and 1–4 December 2003 respectively, at the Razi Conference Center, Hemmat Hyw, Tehran, Iran. Further details: Scientific programme: Prof Ingrid Kreissig, University of Tuebingen, Schleichstr. 12, Breuningerbau, 72076 Tuebingen, Germany (tel: +49 7071 295209; email: ingrid.kreissig@med.uni-tuebingen.de). Local organisation: Dr Arman Masheyekhi, Dr Siamak Moradian, Dept of Ophthalmology, Labbanfinejad Medical Center, Pasdaran Ave, Boosan 9, Tehran, 16666, Iran (fax: +98 21 254 9039; email: labbafi@hotmail.com).