A clinical, histopathological, and genetic study of Avellino corneal dystrophy in British families

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Aims: To establish a clinical, histopathological, and genetic diagnosis in two unrelated British families with Avellino corneal dystrophy (ACD).

Methods: Genomic DNA was extracted from peripheral blood leucocytes of all members participating in the study. Exons 4 and 12 of the human transforming growth factor β induced (BIGH3) gene were amplified by polymerase chain reaction. The mutation and polymorphism were identified by direct sequencing and restriction digest analysis. A review of the patients’ clinical symptoms and signs was undertaken and a histopathological study on corneal specimen obtained from the proband of one family after keratoplasty was performed.

Results: A heterozygous G to A transition at the second nucleotide position of codon 124 of BIGH3 gene was detected in all affected members of both families. This mutation changes an arginine residue to a histidine. The clinical diagnosis for ACD was more evident with advancing age. Histopathological study revealed granular deposits in the anterior stroma and occasional positive Congo red areas of amyloid deposition in the mid to deep stroma typical of ACD.

Conclusions: This is the first report of ACD families in the United Kingdom and, furthermore, of BIGH3 gene mutation in British patients with this rare type of corneal dystrophy. The results indicate that BIGH3 gene screening along with clinical and histopathological examinations is essential for the diagnosis and clinical management of corneal dystrophies.

Avellino corneal dystrophy (ACD; OMIM 121900) is a variant of granular corneal dystrophy Groenouw type 1 (CDGG1; OMIM 12100) in which both Groenouw-like and lattice-like changes co-exist in the same cornea. The condition has been named Avellino, after the Italian province near Naples where the first affected families originated. However, the condition has also been reported in Germany, Ireland, Europe, Japan, and France.

The earliest clinical evidence of ACD is the development of small, discrete and sharply demarcated granular deposits in the subepithelial and anterior stromal layers of the cornea. As the condition progresses the deposits increase in size and number, and lattice lesions develop in the mid to posterior corneal stroma. These lattice lesions are larger, denser, whiter, and more spiculated than those of lattice corneal dystrophy type 1 (CDLI; OMIM 122000). Stromal haze is the last clinical sign to emerge; thus, all patients with stromal haze had both granular and lattice lesions, representing the most advanced form of the disease.

Histologically, granular deposits that stained with Masson’s trichrome and Congo red positive fusiform deposits of amyloid are found in the corneal stroma.

ACD, CDGGI, CDLI, and Reis-Bücklers corneal dystrophy (RBCD; OMIM 121900), have been found to be due to different missense mutations within a human transforming growth factor β induced (BIGH3; OMIM 601692) gene on chromosome 5q31. ACD has been reported to be caused by heterozygous R124H mutation in the BIGH3 gene.

Here, two unrelated British families have been studied clinically, histopathologically and genetically. Our results revealed a heterozygous G to A transition at the second nucleotide position of codon 124 in the BIGH3 gene in all affected members of both families. Clinically the diagnosis of ACD was more evident in the older individuals rather than younger cases and the histopathological diagnosis of one case who underwent keratoplasty was typical for ACD. These results further highlight on the importance of BIGH3 gene screening to establish a precise diagnosis of corneal dystrophies.

METHODS

Case reports
The study had the approval of Moorfields Eye Hospital local research ethics committee and conformed to the tenets of the Declaration of Helsinki. Informed consent from all participants was obtained for clinical and molecular genetic study. The pedigrees are shown in Figure 1.

Family A

Case II-1 (the proband) was first examined at the cornea and external disease clinic in 1990 at the age of 72 years, when she...
complained of visual disturbance. The patient’s best corrected visual acuity at the initial examination was 6/60 in the right eye and 6/18 in the left eye. Slit lamp biomicroscopic examination showed discrete dot opacities with interspersed thick lattice lines in between and the condition was diagnosed as an atypical form of granular corneal dystrophy (Fig 2). The patient also had cataract but no other ocular abnormalities were present. Extracapsular cataract extraction and intracapsular lens implantation were performed in the right eye in 1990, where right eye visual acuity was improved to 6/36 unaided. Penetrating keratoplasty in the right eye was then performed in 1991 which further improved her visual acuity to 6/18 unaided.

Histopathological examination of her corneal specimen showed an amorphous eosinophilic deposit in the anterior stroma, which stained positively with Masson’s trichrome stain and occasional areas of amyloid deposition in the deep stroma, which stained positively with Congo red stain (Fig 3). These criteria were typical of ACD.

Case III-3 (the proband’s son) was referred to the same clinic in 1996 at the age of 38 years, when he complained of bilateral decrease in visual acuity. He had been diagnosed as having a corneal dystrophy when he attended the casualty department for removal of a foreign body in 1980. The patient’s unaided visual acuity was 6/9 in either eye improving to 6/6 with pinhole. Slit lamp examination revealed discrete granular deposits in the anterior stromal layer and star-like deposits which are typical of ACD. In 1994 the patient’s visual acuity deteriorated and right excimer laser phototherapeutic keratectomy had been performed, which improved his vision.

Case III-1 (the proband’s daughter) was a 25 year old and the slit lamp examination of her cornea revealed large number of central granules, but no lattice changes were observed. The patient’s unaided visual acuity was 6/9 in both eyes and she required no intervention.

Case II-5 (the proband’s sister) was completely free of corneal intervention as determined by slit lamp biomicroscopic examination of her corneas.

Family B
The second family consisted of 90 year old proband (case I-1) and 63 year old son (case II-1). Slit lamp examination of their corneas showed a typical picture of ACD. They had no history of keratoplasty. Examination of the proband’s daughter (case II-2) revealed that she was completely free of corneal disease.

All members of both families were born in England and both families’ origin has been traced to the United Kingdom.
Avellino corneal dystrophy in British families

DISCUSSION

ACD is an autosomal dominant disorder that usually appears in the first or second decade of life. It consists of granular and lattice changes in the same eye and results from a specific mutation in the BIGH3 gene on chromosome 5q31.

The majority of ACD families were found to trace their ancestry to the large region of Campania in Italy which contains cities of Naples, Avellino, Lioni, and Stio. However, many cases of ACD have been reported in patients of different origins, including German, Japanese, Irish, Swiss, and French.13–15

In this study we describe for the first time two pedigrees of ACD in the United Kingdom indicating that the condition may occur in any population. The younger individual (case III-1 in family A) demonstrated predominantly granular stromal opacities and the appearance of lattice changes occurred gradually, starting later in the first or second decade of life. It consists of granular and lattice changes in the same eye and results from a specific mutation in the BIGH3 gene on chromosome 5q31.1

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In this study we describe for the first time two pedigrees of ACD in the United Kingdom indicating that the condition may occur in any population. The younger individual (case III-1 in family A) demonstrated predominantly granular stromal opacities and the appearance of lattice changes occurred gradually, starting later
in life, and increasing with age. Thus, the dystrophic process progresses with age. This observation supports and extends those of previous reports.  

Molecular genetic analysis showed that all five patients in both families participating in this study, had heterozygous R124H BIGH3 gene mutation which is identical to the mutation reported previously for ACD. It appears that the unique phenotype of ACD is caused by this particular amino acid change. This fact is supported by the finding that different amino acid changes in the same position result in different phenotypes R124C results in LCDI, R124L results in the geographic form of RBGD, and R124S results in atypical form of CDGG1, even the homozygous form of the same change (R124H) results in a severe variant of CDGG1 which is characterized by juvenile onset and confluent superficial discrete opacity. Thus the heterozygous R124H mutation of the BIGH3 gene is particularly linked to ACD phenotype. However, Stewart et al reported that the heterozygous R124H mutation of the BIGH3 gene resulted in an atypical form of CDGG1 which was confirmed histopathologically by absence of amyloid deposits. Thus, genetic and histopathological evaluation are both essential for correct diagnosis of these dystrophies.  

In conclusion, this is the first reported BIGH3 gene mutation in ACD families from the United Kingdom. Our results confirm the importance of BIGH3 gene screening as a mandatory step for the diagnosis of ACD, particularly in the younger age group. This information will be useful for future genetic counselling, as well as gene therapy.  

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