Serpiginous choroidopathy

presenting as choroidal neovascularisation

Serpiginous choroidopathy is an insidious, relentlessly progressive, idiopathic inflammatory disease affecting the retinal pigment epithelium and inner choroid. Choroidal neovascularisation (CNV) is a well recognised late complication of serpiginous choroidopathy in 10–25% of affected patients. In all previously reported cases CNV was recognised at the time of or after the diagnosis of serpiginous choroidopathy was established. We report a patient presenting with CNV who subsequently developed clinical findings characteristic of serpiginous choroidopathy.

Case report

A 31 year old man presented with decreased vision in his right eye in July 1997. Examination revealed acuities of 20/40 right eye and 20/20 left eye with normal anterior segments. The right fundus showed subretinal fluid and haemorrhage adjacent to the disc (Fig 1A). The left eye showed an irregularity superior to the optic disc (Fig 1B). The vitreous and fundi were otherwise normal bilaterally. Fluorescein angiography (Fig 2A, B) revealed peripapillary choroidal neovascular membranes in both eyes that were treated with argon laser photocoagulation. In April 1998 and February 1999 the left eye required photocoagulation for recurrent peripapillary CNV. Evaluation for floaters in February 2000 revealed 1+ vitreous cells and new lesions in the left eye.

Examination at the National Eye Institute in April 2000 revealed acuities of 20/40 right eye and 20/16 left eye with normal anterior segments. The vitreous contained trace cells without haze bilaterally. The right fundus showed a large peripapillary chorioretinal scar. The left fundus revealed a chorioretinal scar superior to the disc and two yellow, irregularly circumscribed, deep macular lesions (Fig 3A, B). The retinal vessels and discs were normal and no subretinal fluid, haemorrhage, or macular oedema was noted in either eye.

Fluorescein angiography revealed early hypofluorescence and late hyperfluorescence corresponding to the macular lesions in the left eye (Fig 3C, D) with no evidence of CNV in either eye. Laboratory studies were non-diagnostic. A diagnosis of serpiginous choroidopathy was made based on the clinical and fluorescein characteristics of the macular lesions in the left eye.

Comment

CNV in serpiginous choroidopathy is associated with a poor visual prognosis. In a small study CNV was reported to develop within 16 months of the serpiginous diagnosis. In a larger retrospective study of 53 serpiginous patients active CNV was found in three patients at the time of initial diagnosis and in three others within 2–17 months. Our patient differs from those previously reported in that he was diagnosed and treated for idiopathic CNV before the recognition of clinical findings...
diagnostic of serpiginous choroidopathy. Other causes of posterior uveitis associated with CNV and choroidal lesions similar to those seen in our patient include acute posterior multifocal placoid porphyria (APMPPE), presumed ocular histoplasmosis syndrome (POHS), sarcoidosis, multifocal choroiditis, birdshot chorioretinopathy, and toxoplasmosis. As with most cases of serpiginous choroidopathy, the CNV in these entities typically occurs late in the disease course.

The exact pathogenesis of idiopathic CNV is unknown. CNV in eyes with uveitis, however, is believed to develop in direct response to the intraocular inflammation which may alter the balance between vascular growth factors, such as vascular endothelial growth factor (VEGF), and inhibitors. In the early stages of development active serpiginous lesions and CNV may appear as poorly defined subretinal lesions difficult to differentiate by ophthalmoscopy. Typically with fluorescein angiography classic CNV and serpiginous lesions are readily distinguished as the former shows early hyperfluorescence while the latter characteristically shows early blockage. Occult CNV, which may show subtle or less pronounced early hyperfluorescence with late leakage, however, may be more difficult to distinguish from an early serpiginous lesion.

This case illustrates that serpiginous choroidopathy may present with CNV. In contrast to idiopathic CNV, optimal treatment of CNV in patients with uveitis may require immunosuppressive treatment that addresses the underlying ocular inflammation with or without adjunctive laser therapy. Further investigation is needed to better define the role of emerging therapies for CNV such as photodynamic therapy which may offer promise for the treatment of CNV in uveitis patients.

Financial support: none.

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Accepted for publication 30 October 2002

References
Ocular myasthenia gravis and inflammatory bowel disease: a case report and literature review

Myasthenia gravis (MG) is a neuromuscular disorder caused by antibodies against the acetylcholine receptor (AchR) in the neuromuscular junction. It is characterized by muscle weakness that worsens with use and improves with rest. MG is associated with autoimmune disorders, including connective tissue disorders, but the association with inflammatory bowel disease (IBD) is less well understood.

**Case report**
A 21-year-old African-American male presented with progressive ptosis of the left upper eyelid that worsened in the morning and paresthesia in the left leg. He also had a past medical history of biopsy-proven ulcerative colitis. On examination, he had limited extraocular movements of the left eye and an elevation and adduction deficit of the right eye. His fundus examination was normal, and his acetylcholine receptor antibody (AchR) was positive. His left orbital imaging was normal. The delayed P100 latency in the left eye was consistent with a demyelinating process.

**Comment**
Autoimmune disorders, including MG, occur more frequently in UC than in CD. It is not clear how many other cases of MG with ocular presentations as the initial finding of MG as well as in our case report. Our literature review revealed only one other purely ocular presentation of MG in UC patients with ocular findings associated with ulcerative colitis; however, the details of the ocular examination were not included.

**References**

**Table 1**

<table>
<thead>
<tr>
<th>Reference</th>
<th>Age (years)</th>
<th>Sex</th>
<th>IBD</th>
<th>Duration of IBD before diagnosis of MG (years)</th>
<th>AchR antibody reactivity</th>
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<tr>
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<td>35</td>
<td>Male</td>
<td>UC</td>
<td>13</td>
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<tr>
<td>Tan 1974</td>
<td>38</td>
<td>Male</td>
<td>UC</td>
<td>12</td>
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<tr>
<td>Martin et al, 1991</td>
<td>63</td>
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<td>CD</td>
<td>15</td>
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<tr>
<td>Gover-Rousseau et al, 1993</td>
<td>27</td>
<td>Female</td>
<td>UC</td>
<td>10</td>
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<tr>
<td>Finnie et al, 1994</td>
<td>21</td>
<td>Female</td>
<td>CD</td>
<td>3</td>
<td>Positive</td>
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<tr>
<td>Lossos et al, 1995</td>
<td>11</td>
<td>Male</td>
<td>CD</td>
<td>9</td>
<td>Unknown</td>
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<tr>
<td>Present report</td>
<td>21</td>
<td>Male</td>
<td>UC</td>
<td>7</td>
<td>Positive</td>
</tr>
</tbody>
</table>

IBD = inflammatory bowel disease, MG = myasthenia gravis, AchR = acetylcholine receptor, UC = ulcerative colitis, CD = Crohn’s disease.
immature helper T cells suggesting migration without normal maturation.\textsuperscript{1, 2}

The immunological link between MG and IBD is highlighted by two reports of patients undergoing surgical treatment. One report of a patient with both MG and CD documented improvement in perineal and perianal disease following thymectomy for severe uncontrolled MG.\textsuperscript{3} Another patient with both MG and UC demonstrated regression of the myasthenia following proctectomy.\textsuperscript{4}

Although the simultaneous occurrence of these two autoimmune disorders is uncommon, it is important to understand that ocular findings may be the initial manifestation of MG in patients with IBD.

The authors have no proprietary interest in any contents of this manuscript.

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Accepted for publication 10 January 2003

References


Magnetic resonance imaging findings in malignant melanoma of the lacrimal sac

A case of primary malignant melanoma of the lacrimal sac is presented. This is the first report of the preoperative magnetic resonance imaging (MRI) findings of malignant melanoma of the lacrimal sac.

Case report

A 54 year old Chinese woman was referred to an ophthalmologist complaining of a 6 month history of left sided bloody tears and epistaxis. She had a firm, non-tender left medial canthal swelling, and syringing revealed left nasolacrimal duct (NLD) obstruction. Ocular and periorbital examination was otherwise normal. A dacryocystogram (DCG) demonstrated a filling defect in the lacrimal sac with NLD obstruction.

An ENT opinion was sought, and nasal examination revealed left sided septal deviation, with no obvious cause for the epistaxis. Computed tomography (CT) of the head and orbits demonstrated a left lacrimal sac lesion extending into the NLD with proximal dilation of the duct and no apparent bone erosion (Fig 1A). MRI confirmed the presence of a lacrimal sac lesion with intermediate signal intensity on T1 and T2 weighted images (Fig 2A, B). The lesion enhanced with intravenous gadolinium.

An incisional biopsy of the lacrimal sac (Fig 1B) under frozen section control, and paraffin sections, confirmed malignant melanoma. A full medical review, including MRI of the chest and abdomen, and liver function tests, excluded tumour elsewhere. However, abdominal MRI and ultrasound revealed a co-incidental polycystic liver.

Three weeks after biopsy, a wide local excision including the medial upper and lower eyelids, dacryocystectomy and medial maxillectomy was performed. A tumour, confined to the sac, and invasion through the medial wall of the upper NLD, into the lateral wall of the nose, and approaching nasal septal mucosa, was seen peroperatively and confirmed histologically.

She underwent postoperative adjuvant radiotherapy (55 grays) and to date, 4 months later, remains well.

Comment

Malignant melanoma of the lacrimal sac is rare accounting for 5% of lacrimal sac tumours.\textsuperscript{5}\textsuperscript{6} It has an unfavourable prognosis compared with other causes of lacrimal sac tumour, and is considered more aggressive than cutaneous malignant melanoma.\textsuperscript{6} Response to treatment is generally poor, with up to 80% of cases recurring within 2 years.

Radiological features of lacrimal sac tumours include filling defects on DCG and mass lesions on CT.\textsuperscript{7} However, to the authors’ knowledge, this is the first report of the MRI findings of malignant melanoma of the lacrimal sac.

Owing to the paramagnetic properties of melanin, malignant melanoma appears hyperintense on T1 weighted imaging, and hypointense on T2 weighted imaging.\textsuperscript{8} A study of six mucosal melanomas of the head and neck found that on T1, five lesions were hyperintense and one was isointense.\textsuperscript{9} On T2, five were of mixed intensity and one was iso-intense. They concluded that hyperintensity on T1 of mucosal melanomas was characteristic but not universal.

The majority of malignant lacrimal sac tumours are epithelial in origin.\textsuperscript{2} Imaging features suggesting malignancy include invasion of bone, rapid growth, and irregular margins with skin fixation. On MRI, the majority of epithelial tumours have intermediate signal intensity on T1 and high T2 signal intensity. High tumour cellularity is associated with intermediate to low T2 signal intensity.\textsuperscript{10}

High signal intensity on T1 is not specific for malignant melanoma. Subcutaneous haemorrhage caused by the presence of methaemoglobin is more likely and although melanoma may undergo intratumoral haemorrhage, other tumours with a tendency to bleed include small cell lung carcinoma, choriocarcinoma, and renal cell carcinoma metastases.\textsuperscript{11} Less likely causes include fat containing tumours (lipoma, dermoid, and teratoma)
neovascularisation (CNV) resulting from the treatment options for subfoveal choroidal Limited macular translocation (LMT) is one of macular translocation surgery. Photodynamic therapy for references

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Accepted for publication 10 January 2003

References

Photodynamic therapy for recurrent myopic choroidal neovascularisation after limited macular translocation surgery

Limited macular translocation (LMT) is one of the treatment options for subfoveal choroidal neovascularisation (CNV) resulting from pathological myopia. The fundamental surgical principle involves the transposition of the foveal neurosensory retina to a new site with more healthy underlying retinal pigment epithelium. Direct laser photoacogulation is usually employed as an adjunct measure in eradicking the original CNV after the surgery. It has been observed that geometrically sizeable translocation is a prerequisite for a long term surgical success. The degree of translocation is, however, not often predictable and any defective displacement may render the subsequent laser photoacoagulation extremely difficult or even impossible to perform. As a result, the recurrent or persistent CNV intruding the newly relocated fovea may jeopardise the final visual outcomes. Photodynamic therapy (PDT) may be considered a viable adjunct treatment option in such circumstance.

Case report
A 41 year old woman with pathological myopia of −11.0 dioptres in both eyes presented with a subfoveal CNV and subretinal haemorrhage in her right eye in July 2000. The best corrected visual acuity (BCVA) was 5/200 in the right eye and 20/30 in her left eye. LMT with superotemporal 6 mm scleral imbrication was performed in July 2000. The operation was uneventful and an inferior displacement of the fovea by 600 µm was achieved. The CNV however, was still located in the vicinity of the juxtafoveal area and therefore laser photoacoagulation, bearing the potential risk of late creeping scar, was not suggested. At the 4 months postoperative visit, her left BCVA was 20/200 and the original CNV became more fibrotic with minimal leakage upon fluorescein angiogram. Nevertheless, she came back at 5 months with a return of metamorphopsia and a drop in her right vision from 20/200 to 10/100. Dilated fundus examination showed a tiny patch of submacular hamorrhage in direct continuity with the old fibrotic scar (Fig 1A). Fluorescein angiogram of the early phase demonstrated a fresh recurrent CNV budding out from the original CNV. Observation had been thoroughly discussed with the patient, who expressed a strong desire to pursue effective treatment in preventing a significant loss of vision in patients with CNV secondary to AMD or pathological myopia.

Comment
It has been shown that significant visual improvement may be achieved by LMT for the treatment of subfoveal CNV associated with age related macular degeneration (AMD) or pathological myopia. However, the surgical techniques are demanding and the potential complications are not unusual. One of the late postoperative visually important complications is recurrence of the CNV and this is partially caused by an ineffective translocation of the fovea or a large lesion size of CNV. The incidence of persistent or recurrent CNV after limited LMT has been reported to be 40% and 35% respectively in age related macular translocation and being 21% and 14% respectively in pathological myopia. Not many treatment options are available once the fovea is involved. Viable surgical options including repeated LMT, full 360 degree retinotomy MT, or submacular surgery may be considered but the surgical risk may be inadvertently higher in the redetachment of the neurosensory retina. PDT induces a selective thrombosis of the abnormal CNV and has been proved to be an effective treatment in preventing a significant loss of vision in patients with CNV.

Figure 1 Right eye with recurrent myopic CNV after LMT. (A) Fundus photograph of the patient showing the recurrent part of CNV budding from the original one with haemorrhage involving the subfoveal area. (B) Early phase fluorescein (FA), demonstrating the filling of choroidal vascular complex with early hyperfluorescence. (C) Late phase FA showing moderate fluorescence leakage from the CNV. Photodynamic therapy (PDT) with the size of the laser spot as marked was delivered. (D) Late phase FA at 12 months revealing a complete regression of the recurrent CNV and late scar staining of the original CNV.
 Its clinical indications and applications are expanding. Its minimal invasiveness and clinical efficacy make it a safer and visually desirable supplementary treatment in recurrent CNV after LMT. In our patient, the complete closure of CNV was achieved with concomitant vision improvement after a single session of PDT without evidence of recurrence at 24 months.

Financial interest: Nil.

Financial support: Nil.

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Accepted for publication 12 January 2003

References


Acquired Glanzmann’s thrombasthenia causing prolonged bleeding following phacoemulsification

Phacoemulsification under topical anaesthesia using a topical haemostatic agent surgicel was applied (Fig 1A). At her last review 8 weeks later, she was found to have a corrected visual acuity of 6/18 due to pre-existing macular changes secondary to retinal detachment that was reattached in 1976. The conjunctiva had healed well (Fig 1B). The patient had previously undergone an uneventful phacoemulsification and intraocular lens implantation in her right eye under sub-Tenon’s anaesthesia.

The patient’s recent medical history was significant for recurrent admissions elsewhere for investigation of severe anaemia following gastrointestinal bleeding. Platelet count and clotting screen had been normal. Angiodysplasia of stomach and duodenum were treated with laser and angiodyplasia of colon was treated by hemicolectomy. Three episodes of epistaxis and an episode of vaginal bleeding were managed conservatively. She had received 60 units of blood transfusion over a period of 1 year. Interestingly, she had appendicectomy and multiple dental extractions elsewhere many years previously without any significant bleeding. She has not been on any antiplatelet agents or anticoagulants. There was no family history of bleeding disorders.

A defect in the platelet function was suspected, as her coagulation screen including the platelet count was normal. Platelet aggregation tests showed no aggregation against any agonists other than ristocetin, which is dependent on platelet glycoprotein Ib. The platelets showed normal normal levels of both glycoprotein antigens IbαIIa and Ibb. The patient’s serum showed presence of inhibitory antibody against glycoprotein IbαIIa. This led to a diagnosis of acquired Glanzmann’s syndrome, an extremely rare condition of autoimmune thrombasthemia. No underlying malignant, autoimmune, or lymphoproliferative disorder had been identified as a cause for this patient’s acquired Glanzmann’s thrombasthemia.

Comment

The patient described had uncontrollable bleeding for 36 hours following a procedure, which is generally considered safe in patients with a bleeding disorder. She developed bleeding from the conjunctival site where the surgeon grasped the conjunctiva during certain stages of the procedure. One would usually not expect any significant bleeding from this site; however, in a patient with compromised haemostasis the bleeding may be prolonged. Although the bleeding was no more than a gentle ooze at any point in time it was persistent enough for 36 hours before the topical haemostatic material Surgicel had been put to use. The consequences of an intraocular bleed may have seriously threatened her sight.

We are not aware of any reports of the use of Surgicel in ophthalmic surgery. All reports of its use are in other fields of surgery. This material is supposed to swell up with blood and form a gelatinous mass that aids in the formation of clot. It acts as a haemostatic adjunct. The exact mode of its action in this patient with antiplatelet antibodies is unclear. Our experience shows that oxidised regenerated cellulose (Surgicel) may have a role in ophthalmic surgery especially in lacrimal and orbital surgery, when faced with bleeding that is difficult to stop. Various cautionary tales associated with use of Surgicel have been reported. Our report suggests that in the presence of a severe bleeding disorder, clear corneal phacoemulsification under topical anaesthesia may not be totally safe. When performing such a procedure in a patient with known bleeding disorder it may be safe to take all the necessary precautions in consultation with a haematologist to avoid a serious bleed that may be sight and life threatening. There may be a role for haemostatic agents like Surgicel.

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Propionibacterium acnes endophthalmitis diagnosed by microdissection and PCR

Although Propionibacterium acnes, a Gram positive anaerobic bacillus, is the most commonly identified cause of delayed onset postoperative endophthalmitis, routine vitreous cultures are frequently inadequate for its diagnosis. This case describes the utility of the histopathological technique of microdissection and polymerase chain reaction (PCR) for the diagnosis of delayed postoperative endophthalmitis.

Case report

A 78 year old man with a history of vitreous floaters, a coronary bypass, and aortic valve replacement underwent an uncomplicated cataract extraction with intraocular lens (IOL) implantation in the right eye. Three months later, he developed increasing floaters in the right eye and was diagnosed with vitritis unresponsive to corticosteroid treatment. A portion of the vitreous specimen was cultured for fungi, aerobic and anaerobic bacilli, and positive anaerobic bacillus, is the most common cause of delayed postoperative endophthalmitis. To further investigate the possibility of a bacterial infection, to detect the presence of P. acnes we referenced the PCR method described by Hykin that used 150 µl of the vitreous culture and 100 µl of PCR. Using the technique of microdissection and PCR with a similar volume of vitreous we additionally performed cytology and cytokine analysis which are helpful in the diagnosis of other causes of vitritis. This case further illustrates the benefits of molecular analysis for the diagnosis of culture-stained with Giemsa, Gram, and immunohistochemical stains for T cells, B cells, and macrophages. Cytopathological examination showed clusters of macrophages admixed with CD4+ and CD8+ T cells and B cells (Fig 1A). Gram positive bacilli were seen in the cytoplasm of a few macrophages (Fig 1B). The engulfed bacilli were microdissected under a microscope with a 30 gauge needle and submitted for PCR. \(^2\) Nested PCR with P. acnes specific oligodeoxynucleotide primers complementary to regions of 16S rDNA was used. \(^3\) The primers were Pa1, AAC GCC CTC TCT TGT GGG; rPa2, TCC ACG CGC AAC GCC CGA A; and rPa3, ACT CAC GCT TCG TCA CAG. Nested-PCR analysis revealed \(P\) acnes (Fig 2). A diagnosis of delayed postoperative endophthalmitis was made.

**Comment**

The most common causes of vitritis in elderly patients are acquired or postoperative infections, sarcoidosis, and intraocular malignancies masquerading as uveitis. \(^4\) An early diagnostic procedure is indicated if postoperative endophthalmitis is suspected. In this case, although the chronic inflammation and intracytoplasmic Gram positive bacilli in a few macrophages suggested an infectious process, the negative cultures precluded the diagnosis of an infectious endophthalmitis. To further investigate the possibility of a bacterial infection nested PCR was performed on the microdissected bacilli. \(^5\) Molecular analysis verified the presence of \(P\) acnes and a diagnosis of delayed postoperative endophthalmitis was confirmed.

Vitreous cultures are positive in less than 50% of postoperative endophthalmitis cases. In a study of 25 patients with delayed onset endophthalmitis aqueous culture and microscopy were diagnostic in 0% of cases, vitreous culture was positive in 24% and PCR from the aqueous and vitreous yielded a positive diagnosis in 84% and 92%, respectively. Treatment of \(P\) acnes endophthalmitis includes intravitreal vancomycin plus consideration of pars plana vitrectomy with or without IOI removal. Although aggressive surgical intervention eradicates the infection similar visual outcomes are reported with more limited surgical treatment.

In our case the intracytoplasmic bacteria in the macrophages were the only evidence of a bacterial infection. To detect the presence of \(P\) acnes we referenced the PCR method described by Hykin that used 150 µl of the vitreous culture and 100 µl of PCR. Using the technique of microdissection and PCR with a similar volume of vitreous we additionally performed cytology and cytokine analysis which are helpful in the diagnosis of other causes of vitritis. This case further illustrates the benefits of molecular analysis for the diagnosis of culture.

Figure 1  
(A) Photomicrograph of the vitreous specimen showing clusters of macrophages admixed with T and B lymphocytes. Many degenerated lymphocytes were also present (Giemsa, ×200). (B) Higher power photomicrograph of the vitreous specimen showing Gram positive pleomorphic bacilli (arrow) in the cytoplasm of a few macrophages (Gram stain, ×640).

Figure 2 Nested PCR products of the microdissected bacilli from the vitreous specimen. The first round used Pa1 and rPa2. The second round used Pa1 and rPa3. The negative control in both rounds contained no DNA. The positive control in both rounds was \(P\) acnes.
negative delayed onset endophthalmitis. It also describes for the first time microdissection and PCR for the evaluation of endophthalmitis. Advantages of this technique are that it allows for a more comprehensive pathological examination on a limited specimen and provides the option of having the molecular studies being performed elsewhere.

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Accepted for publication 21 January 2003

References

Interferon treatment of childhood conjunctival lymphoma

Mucosa associated lymphoid tissue (MALT) lymphoma is the most common ocular adenocarcinoma. The non-Hodgkin lymphoma of the conjunctiva is increasingly recognized. The most common clinical presentations are chronic ocular irritation and conjunctivitis. The diagnosis of MALT lymphoma should be considered in the differential diagnosis of atypical conjunctival lesions in younger patients.

Treatments outlined by Shields et al included radiotherapy (44%), complete excisional biopsy (36%), observation (9%), chemotherapy (6%), and cryotheraphy (4%).

Radiotherapy has been widely used with successful results33 but ocular morbidity in the form of corneal ulceration, radiation cataract and ocular lubrication disorders have been reported.14 Intralesional IFN-α is a relatively new therapy which has been shown to be both effective and safe in a small number of cases.34 Non-sight-threatening ocular complications such as subconjunctival haemorrhage and local chemotherapy have been reported, as well as minor transient systemic effects including headache, nausea, fever, chill, and myalgia.35 Administration of intralesional IFN-α is also a relatively simple and quick procedure. It shows great promise as a first line agent to treat conjunctival lymphoma, but long term follow up is needed.

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Accepted for publication 22 January 2003

References
Unilateral corneal anaesthesia and ulceration following squint surgery in a child with Pendred syndrome and bilateral sixth nerve palsy

We present a 4 year old child with Pendred syndrome and bilateral sixth nerve palsy. To our knowledge this association has not been previously reported. In addition, this patient developed unilateral corneal ulceration with associated corneal anaesthesia following squint surgery. We will discuss the pathophysiology of this unusual complication following squint surgery.

Case report

This patient presented when he was 6 months old with right convergent squint. He was diagnosed with Pendred syndrome (sensorineural hearing loss and thyroid dysfunction) by the paediatricians and the otolaryngologists following abnormal thyroid function tests and a computed tomograph (CT) scan of the temporal bones showing Mondini malformations of both cochleae. At presentation his visual acuities were 6/60 right eye and 6/36 left eye using the Cardiff acuity cards. He had bilateral alternating esotropia with an inability to abduct either eye. There was no globe retraction or abnormal lid movements and a magnetic resonance imaging (MRI) scan had shown congenital absence of the auditory nerves but no other abnormality. A diagnosis of bilateral sixth nerve palsy was made. The squint was cosmetically poor and measured at 45 prism dioptres in the distance and near. He had low hypermetropia with no significant astigmatism. Fundoscopy was normal. He was reviewed regularly in the paediatric eye clinic over the next 3 years during which time his visual acuities were within normal limits, the best recorded acuity being 6/9 right eye and 6/9 left eye using singles.

When he was 4 years old, he underwent bilateral superior rectus and inferior rectus lateral transpositions under general anaesthesia, which was uneventful with no immediate postoperative complications, and a cosmetic acceptable alternating convergent squint of 15 prism dioptres for distance and near.

Two months later he developed a left inferior corneal ulcer (Fig 1) with surrounding punctate epitheliopathy which surprisingly did not seem to cause him as much distress as expected. The left corneal sensation was definitely reduced compared to the right which appeared normal. Sensation was assessed clinically (an anaesthesiometer was not available), and was consistently reproducible by different ophthalmologists. There was no exophthalmos or any other sign of thyroid orbitopathy. The right eye remained asymptomatic. Empirical therapy with topical ofloxacin and lubricants was unhelpful. He proceeded to have glue tarsorrhaphy which transiently aided the healing of the corneal ulcer. However, the ulcer quickly recurred when the tarsorrhaphy reversed. He subsequently had left inferior lid shortening with a canthal sling to elevate the lower lid to protect the corneal epithelium. The ulcer resolved leaving an area of corneal scarring. He is being reviewed regularly in the eye clinic.

Comment

Pendred syndrome is an autosomal recessive disorder characterised by congenital deafness and thyroid goitre, which is often present at birth, and the goitre generally appears at puberty or later but may be present in early childhood with an associated euthyroid or hypothyroid state.1 2

The pathophysiology of the corneal anaesthesia and ulceration in this patient is uncertain. There are several possible reasons for the corneal anaesthesia. They include herpes simplex keratitis, postoperative anterior segment ischaemia, surgical trauma to the long posterior ciliary nerves or ciliary ganglion, congenital absence of sensation, and surgery reducing Bell’s phenomenon.

The clinical course was not typical of herpes simplex and there was no previous history of corneal pathology. Postoperative anterior ischaemic syndrome was unlikely as only two recti muscles were operated on and no anterior uveitis was observed. To our knowledge there are no reported cases of corneal anaesthesia after squint surgery. There was no evidence of postoperative inflammation, which one may expect with trauma to the long posterior ciliary nerves or ciliary ganglion.

Congenital absence of corneal sensation was the most likely cause, especially in view of his unusual cranial nerve anomalies, and we believe he had pre-existing corneal anaesthesia before squint surgery despite the absence of any other fifth cranial nerve signs. Following the lateral transposition of the superior rectus his Bell’s phenomenon was noted to be absent thereby compromising his corneal protection. In addition, he was observed to have significant lagophthalmos while asleep. We believe that the combination of corneal anaesthesia, abolished Bell’s phenomenon, and lagophthalmos compromised his corneal integrity resulting in corneal ulceration.

This case highlights the importance of determining corneal sensation before postoperative squint surgery on the superior rectus as Bell’s phenomenon was noted to be absent thereby compromising his corneal protection. This is especially relevant in patients with unusual cranial neuropathy and lagophthalmos.

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Gemella haemolytica acute postoperative endophthalmitis

Endophthalmitis is perhaps the most feared complication of cataract surgery, with a reported incidence between 0.05% and 0.13%.1 2 The most common organisms reported in previous studies are Gram positive staphylococci and streptococci.3 4 We report a case of severe endophthalmitis with an unusual Gram positive organism, after uncomplicated phacoemulsification, with foldable intraocular lens implantation.

Case report

A 66 year old white man underwent routine phacoemulsification cataract extraction with posterior chamber lens implantation (Acrylic, Model H60M, Bausch & Lomb) to the right eye in January 2002. The left eye had previously undergone similar surgery in September 2001. He was generally in good health, and on no medication. There was a past medical history of sarcoidosis treated with oral prednisolone in 1970, which has since been in remission, and an episode of staphylococcal septicemia in 1987, without sequelae.

On the first postoperative day, visual acuity measured 6/9 unaided and ocular examination was unremarkable. That same afternoon the patient developed ocular pain, initially relieved by paracetamol (acetaminophen), which however, worsened during the night with progressive deterioration of vision. He presented to the ophthalmic emergency department the following morning with the aforementioned symptoms. Visual acuity was reduced to hand movements right eye and 6/9 left eye. Slit lamp examination revealed an oedematous cornea with Descemet’s folds. The anterior chamber was hazy, with 1 mm hypopyon and the intraocular pressure measured 38 mm Hg.

There was no red reflex. B-scan ultrason examination showed extensive vitreous debris with attached retina. The left eye was pseudo-phakic with no abnormalities of note. A diagnosis of acute postoperative endophthalmitis was made. Anterior chamber and vitreous samples were obtained for aerobic and anaerobic culture/sensitivity and Gram staining. Intravitreal vancomycin 2 mg and amikacin 300 μg, each in 0.1 ml of balanced salt solution and subconjunctival cefuroxime 125 mg were administered. Oral ciprofloxacin 500 mg twice daily, prednisolone 1 mg once a day, topical gentamicin hourly, ofloxacin hourly, and atropine 1% twice a day were commenced.

Preliminary Gram staining suggested a Gram positive coccus, sensitive to ciprofloxacin—oral and topical antibiotics were therefore continued. Owing to difficulty in identifying the nature of the organism, the samples were sent to a regional reference laboratory, which identified Gemella haemolytica from both anterior chamber and vitreous aspirates. The organism was reported to be sensitive to gentamicin, ciprofloxacin, laevofloxacin, amoxicillin/clavulanate, chloramphenicol, and resistant to trimethoprim.

Figure 1

Inferior corneal ulcer before treatment.
The patient continued to make steady progress; 2 months later vision had improved to 6/9 unaided. The patient at that time was troubled by floaters secondary to consider- able vitreous debris. At last review in September 2002, visual acuity had further improved to 6/4 with −0.75DSph correction.

Comment

Gemella haemolysans is an aerobic or facultative anaerobic, Gram positive coccus, a normal commensal of the oral cavity and upper respira- tory tract of low virulence. Its systemic infection may lead to septic shock, meningitis, arthritis, or pneumonia, all of which are rare. Identification is difficult. Though Gram positive, the cocci are easily decolorised and hence may appear Gram variable or even negative. Initially Gemella was included under the genus Neisseria but is now classified as a separate genus within the family Streptococcaceae. No studies on susceptibility to antiseptics have been published, though there is no reason to believe that it may be resistant to povidone-iodine preparations. The organism is visible in vitro to penicillin, streptomycin, vancomycin, chloramphenicol, and tetracycline.

A literature search revealed only one previously reported case of infection by Gemella haemolysans, with keratitis and consecutive endophthalmitis. Interestingly this patient was reported to have active sarcoidosis on systemic steroid therapy, whereas our patient had a past history of sarcoidosis. This possible association between sarcoidosis and infection by Gemella may be purely coincidental, as no such association has been reported with systemic infection.

Gemella haemolysans is difficult to identify, because of its close resemblance to viridans streptococcus and Neisseria. As diagnostic technology improves, Gemella haemolysans endophthalmitis may be described more often in the future. This report highlights the important- ance of infection with rare commensal organ- isms in healthy, immunocompetent individu- als after uneventful phacoemulsification cataract surgery.

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Accepted for publication 25 February 2003

References


Does topical brimonidine tartrate help NAION?

There is no proved treatment for non-arteric anterior ischaemic optic neuropathy (NAION). Topical brimonidine tartrate has been reported to have a neuroprotective benefit for retinal ganglion cells following experimental elevation of intraocular pressure and optic nerve injury in the rat, which is blocked with coadministration of the α-2 antagonist, rauwalscine. Increased retinal ganglion cell survival has also been shown to occur following oral administration of brimo- nidine in monkeys with experimental glaucoma. These results were the basis of the recently aborted clinical trial of topical brimo- nidine purite for acute NAION and our retro- spective study of 31 patients with NAION, who were evaluated within 3 weeks of the onset of visual loss and followed up for a minimum of 8 weeks. During 2001–2, we treated all (14) patients with brimonidine tartrate within 14 days (mean 5.3, SD 5.52) of the onset of visual loss. Five patients were treated after 1 day of symptoms. Brimonidine tartrate was taken four times a day in 11, three times a day in one, and twice a day in two patients. All (17) untreated patients were evaluated the year before and were matched to the treated group for age, sex, cardiovascular risk factors, previous aspirin use, and previous first eye NAION.

Snellen visual acuity and colour vision, using the Ishihara colour plates, were docu- mented and expressed as a decimal equivalent (for acuity: 20/60 = 0.33 and light perception = 0.001; for colour vision: the number of cor- rectly identified plates/the total number of plates). The visual fields (Humphrey or tangent perimetry) were analysed and detected were graded according to the following scale: 0 = normal, 1 = accurate nerve fibre bundle defects, 2 = retinal or macular defects (6 degrees), 3 = centrocecal or altitudinal defects, 4 = altitudo- dinal defect plus additional loss, 5 = no light perception. A third examiner, who was un- aware of the dates of the visual fields and the patients’ treatment status, also evaluated all visual fields and determined, in each patient, whether the field was better or worse than or equivalent to the other field. The intraocular pressure was measured in 16 patients, except two patients. The pressure was 25 mm Hg in one patient in the treated group and 24 mm Hg in one patient in the untreated group.

Statistical analysis of the data involving comparisons of the treated and untreated groups at baseline and 8–12 weeks was performed using the two tailed t test. The Wilcoxon signed rank test was used to compare the individual visual improvement from baseline to the 8–12 week examination. For visual acuity and colour vision, a positive rank indicated improvement and a negative rank indicated a worse visual outcome. For the visual field grade value was better for the treated and the opposite was true for the colour vision.

The baseline visual field (1.9, SD 0.73) and visual field (1.9, SD 0.73) for the treated group was similar to the acuity (0.40, SD 0.41; p = 0.22) and field (1.9, SD 0.73; p = 0.96) for controls. The mean baseline colour vision (0.74, SD 0.4) for the treated group was higher than the colour vision (0.45, SD 0.44) for controls, but the difference was not significant (p = 0.07). At the 8–12 week exami- nation, the mean visual acuity was 0.29 (SD 0.30) for treated and 0.49 (SD 0.39; p = 0.12) for untreated patients. The mean visual field grade value was 2.2 (SD 0.81) for treated and 1.6 (SD 0.70; p = 0.04) for untreated patients. The mean colour vision was 0.42 (SD 0.41) for treated and 0.55 (SD 0.46; p = 0.43) for untreated patients.

For the masked examiner’s evaluation, the mean baseline visual field (2.0, SD 0.91) was similar to the field (1.93, SD 0.96; p = 0.85) for controls. At the 8–12 week examination, the mean visual field grade was 2.15 (SD 0.99) for treated and 1.87 (SD 0.92; p = 0.43) for untreated patients. This examiner further found that the outcome visual fields for the treated group were improved in two patients, worsened in six patients (50%), and unchanged in four patients. The outcome visual fields for the control group were improved in five patients, worsened in two patients (13%), and unchanged in eight patients.

The Wilcoxon signed rank analysis demonstrated that for visual acuity, two patients in the control group and 10 patients in the treated group had negative values or a worse outcome at 8–12 weeks (p = 0.043). For colour vision, one patient in the control group and eight patients in the treated group had nega- tive values or a worse outcome (p = 0.013). For visual fields, one patient in the control group and four patients in the treated group had positive values or a worse outcome at 8–12 weeks (p = 0.046).

The average time to start the drops was 3.5 days from the onset of visual symptoms in the patients who worsened. There was no corre- lation with a worse outcome and time to initiate therapy.

For all parameters of vision testing, there was a trend for worse visual performance at 8–12 weeks in the group treated with topical brimonidine. Although there was no significant difference for the colour vision outcome, this might reflect that the baseline colour vision value was better for the untreated group than the treated group. The outcome visual field grade was signifi- cantly worse in the treated group. The masked examiner’s visual field evaluations demon- strated that more treated patients worsened than in the untreated group. When the baseline and outcome of all visual parameters for each individual were compared, the treated group had a significantly worse outcome at 8–12 weeks.

Our results are not the first description of worse outcome in patients treated with α-2 agonists for central nervous system ischaemic disease. Studies in animal models and clinical studies in humans suggest that α-2 agonist of drugs, including α-2 receptor agonists, may improve recovery following stroke. Clonidine administration caused recurrence of the neurological deficit in animals who had initially recovered. In a recent clinical study, the level of motor recovery of stroke patients was worse in those treated with α-2 agonists than in patients not receiving these agents.

Although in experimental optic nerve injury in animal models, brimonidine appears to offer neuroprotection, our results demon- strate that brimonidine tartrate, applied topi- cally up to four times daily, does not appear to be a beneficial treatment for acute NAION. It
is possible earlier treatment might have been more effective, although patients who worsened received treatment sooner than those who did not worsen. Increased dosing frequency or using a different preparation of brovine dine might be more effective. Additionally, the number of subjects in the study was small and a negative trend could appear more profound.

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Accepted for publication 2 March 2003

References

Chronic eye movement induced pain and a possible role for its treatment with botulinum toxin

Chronic ocular pain may have many causes and can be a frustrating problem for both patient and doctor alike. We describe two patients who had similar symptoms and eye findings who had been unable to relieve their pain with conventional analgesia. We postulate a cause for their pain and describe our experience of a treatment strategy using a standard dose of botulinum toxin injection into an extraocular muscle.

Case 1
A 77 year old white woman presented with what was initially thought to be a right orbital cellulitis but investigations and clinical course subsequently suggested a non-infectious idiopathic inflammatory aetiology. Her history suggested orbital myositis and she described right sided facial weakness, nausea, and right sided ptosis. She had a 9 month course of oral steroids and despite this needed tramadol, paracetamol, and flurbiprofen to control her pain. Her symptoms and examination findings slowly stabilised until she was left with marked limitation of upgaze in her right eye. Her symptoms did not change over the next 3 years, at which point she was referred to our care. When she attempted to look up she described a juddering sensation and severe pain just above the eye. She rarely had pain at night but was still using regular oral buprofen for pain relief. Her pain was exacerbated by reading or looking at the computer and she complained of vertical diplopia.

On examination she had limitation of abduction and elevation of her right eye and prisms did not improve her symptoms. A tentative diagnosis of inflammatory spasm was made. She was treated with botulinum toxin injection to her right inferior rectus. Two weeks later there was much less tightness and discomfort in the orbit but she had diplopia in all positions of gaze and was forced to occlude one eye. Three months later the pain was much improved and she had found the diplopia intolerable and declined further treatment.

Case 2
A 46 year old white man presented complaining of chronic constant ocular discomfort which followed strabismus surgery 8 years earlier for an A-pattern exotropia with diplopia on downgaze. The pain was worsened by prolonged television watching and prisms in his glasses did not help. Pain was much worse on upgaze and right gaze, which were limited. Oral non-steroidal anti-inflammatory agents (NSAIDs) reduced the pain a little but only when taken in high doses (100 mg three times daily flurbiprofen).

On examination he had a right hyperphoria, with an A-pattern esotropia and an abnormal head posture for distance. He still had diplopia. Botulinum toxin was injected into his left medial rectus muscle, which resulted in a profound reduction in his symptoms, leaving him with a small exophoria. His diplopia resolved completely after 10 weeks. The “pressure sensation” and pain in the right eye recurred after about 6 months, this time with no diplopia. He had a further injection of toxin 8 months after the first which again significantly improved his pain but gave him diplopia for 3 weeks. He continues to take flurbiprofen 50 mg three times daily orally.

Comment
The pain demonstrated by these two patients is typically much worse in certain directions of gaze and particularly during prolonged gazing holding such as when reading or watching television. It had a clear precipitating event and the most remarkable feature is that it had persisted for over 2 years in each case without significant progression or regression. No active disease process could be found to account for the continued pain. The pain is severe and responds only to high doses of analgesics, particularly NSAIDs. None of our patients felt that their pain was satisfactorily controlled by their analgesics.

We believe that there may be a process of chronic low grade inflammation affecting the extraocular muscles or the tissues around them which is exacerbated by continued contraction and relaxation of the same muscles. Muscular spasm perhaps triggered by this inflammatory process may be the cause of the most severe pain and this could account for the exacerbations of pain in certain directions of gaze and on prolonged gazing holding activities. Occular muscle ischaemia, perhaps caused by constricting scar tissue, remains a possibility but the onset of the pain is very fast making this less likely.

The pain relief seen in our patients may simply be the result of paralysing an inflamed muscle but there is growing evidence for a separate antinociceptive effect of botulinum toxin.1 No direct peripheral cutaneous antinociceptive effect could be shown by Biersch et al,2 however inhibition of release of substance P has been demonstrated in vitro and it can be hypothesised that botulinum toxin treatment may reduce the local release of nociceptive neuropeptides from either cholinergic neurons or from C or A delta fibres in vivo. The mechanisms by which botulinum toxin may relieve pain, including a possible analgesic effect of botulinum toxin metabolites, are reviewed by Guyer.3

There is a growing literature on the use of botulinum for painful conditions, particularly those in which muscle spasm plays a part. These include writer’s cramp,4 postoperative pain in spastic cerebral palsy,5 and perhaps more surprisingly post-traumatic painful tic convulsif.6 Many of the reported uses are single case studies and not all controlled trials have shown a positive effect of treatment.7

It is not possible to rule out a powerful placebo effect in our patients but, whatever the mechanism of action, their pain was vastly improved and botulinum toxin treatment is very safe in competent hands.

In the cases described botulinum toxin served a dual purpose in that it had the potential to improve their oculardis for which it is well known and it also reduced the severe ocular discomfort. Unfortunately, the resulting diplopia limited its usefulness in one case but we feel that this treatment should be considered in this unusual group of patients who present a difficult management problem even to the most experienced ophthalmologists.

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Accepted for publication 5 March 2003

References
Intrastromal lamellar femtosecond laser keratoplasty with superficial flap

Lamellar keratoplasty has usually been performed taking a trephine to delineate the extent of the tissue to be excised, and a knife or similar instrument to remove the lamellar corneal tissue from the underlying deep corneal bed. In a similar way, the lamellar donor tissue was prepared and inserted into the recipient bed. The depth of the lamellar excision extended to the superficial flap level. After opening of the flap the intrastromal segment situated between the superficial flap and the corneal surface, lamellar intrastromal femtosecond laser keratoplasty may be associated with a smaller rate of immunological graft reaction and with a lower postoperative corneal astigmatism in some eyes. Future clinical studies may show whether positional edges in the superficial flap increase its postoperative rotational stability.

Proprietary interest: none

References


A diagnosis of chronic allergic conjunctivitis was made using case records. All patients were seen at the first visit by a consultant paediatric ophthalmologist (JAB). A diagnosis of chronic allergic conjunctivitis was made if the patient had characteristic symptoms and signs based on criteria set out by Buckley in 1998.1 This was done to ensure accurate and consistent diagnosis of chronic allergic conjunctivitis as not to include other forms of ocular allergy—for example, drug allergy or preservative toxicity. Inclusion criteria required a history of at least three of the following: a history of recurring symptoms over a period of at least 1 year; itching as a symptom; personal or family history of non-ocular allergic disease; and exacerbation during the pollen season and/or exposure to household pets. Presence of the following clinical signs was also necessary: conjunctival hyperaemia and subcapsular iridic.
Specific Eye Conditions (SPECS)

Specific Eye Conditions (SPECS) is a not for profit organisation which acts as an umbrella organisation for support groups of any conditions or syndrome with an integral eye disorder. SPECS represents over 50 different organisations related to eye disorders ranging from conditions that are relatively common to very rare syndromes. The website acts as a portal giving direct access to support groups own sites. The SPECS website provides a valuable resource for professionals and may also be of interest to people with a visual impairment or who are blind. For further details about SPECS contact: Kay Parkinson, SPECS Development Officer (tel: +44 (0)1803 524238; email: Kay@eyeconditions.org.uk; website: www.eyeconditions.org.uk).

The British Retinitis Pigmentosa Society

The British Retinitis Pigmentosa Society (BRPS) was formed in 1975 to bring together people with retinitis pigmentosa and their families. The principle aims of BRPS are to raise funds to support the programme of medical research into an eventual cure for this hereditary disease, and through the BRPS welfare service, help members and their families cope with the everyday concerns caused by retinitis pigmentosa. Part of the welfare service is the telephone help line (+44 (0)1280 860 363), which is a useful resource for any queries or worries relating to the problems retinitis pigmentosa can bring. This service is especially valuable for those recently diagnosed with retinitis pigmentosa, and all calls are taken in the strictest confidence. Many people with retinitis pigmentosa have found the Society helpful, providing encouragement, and support. There is also the Help line, the welfare network and the BRPS branches throughout the UK (tel: +44 (0)1280 821 334; email: hynda@brps.demon.co.uk; website: www.brps.demon.co.uk).

Surgical Eye Expeditions International

Volunteer ophthalmologists in active surgical practice are needed to participate in short term, sight restoring eye surgery clinics around the world. Contact: Harry S Brown, Surgical Eye Expeditions International, 27 East De La Guerra, C-2, Santa Barbara, CA 93101–9858, USA (tel: +805 963 3303; fax: +805 965 3564; email: hsbrown.md@cox.net or seeinl@seeinl.org; website: www.seeinl.org).

Rise in organ transplant numbers

According to UK Transplant, the UK has seen the highest number of organ transplants in six years. From 830 in 2000 to 31 March 2003) 2777 patients had their lives saved or dramatically improved through the generosity of 1064 donors. This equated to a 6% increase compared to the previous 12 months (1 April 2001 to 31 March 2002). Furthermore during 2002–3, the highest number of people benefited from a corneal transplant for five years (1997–98) and 240 more people had their sight restored than the previous year. For further information see UK Transplant’s website (www.uktransplant.org.uk).

Elimination of avoidable blindness

The 56th World Health Assembly (WHA) considered the report on the elimination of avoidable blindness (doc A56/26) and urged Member States to: (1) Commit themselves to supporting the Global Initiative for the Elimination of Avoidable Blindness by setting up a national Vision 2020 plan by 2005; (2) Establish a national coordinating committee for Vision 2020, or a national blindness prevention committee to help implement the plan; (3) Implement the plan by 2007; (4) Include effective monitoring and evaluation of the plan with the aim of showing a reduction in the magnitude of avoidable blindness by 2010; (5) To support the mobilisation of resources for eliminating avoidable blindness. The WHO also urged the Director-General to maintain and strengthen WHO’s collaboration with Member States and the partners of the Global Initiative for the Elimination of Avoidable Blindness as well as aid in the co-ordination and support of national capability.
on 29–30 November 2003 and 1–4 December 2003 respectively, at the Razi Conference Center, Hemmat Hyw, Tehran, Iran. Further details: Scientific programme: Prof Ingrid Kreissig, University of Tuebingen, Schleichstr. 12, Breuningerbau, 72076 Tuebingen, Germany (tel: +49 7071 295209; email: ingrid.kreissig@med.uni-tuebingen.de). Local organisation: Dr Arman Masheyekeyhi, Dr Siamak Moradian, Dept of Ophthalmology, Labbanfinejad Medical Center, Pasdaran Ave, Boostan 9, Tehran, 16666, Iran (fax: +98 21 254 9039; email: labbafi@hotmail.com).

5th International Symposium on Ocular Pharmacology and Therapeutics (ISOPT)
The 5th International Symposium on Ocular Pharmacology and Therapeutics (ISOPT) will take place 11–14 March 2004, in Monte Carlo, Monaco. Please visit our website for details of the scientific programme, registration, and accommodation. To receive a copy of the Call for Abstracts and registration brochure please submit your full mailing details to http://www.kenes.com/isopt/interest.htm.


XVth Meeting of the International Neuro-Ophthalmology Society