Interpreting the multifocal visual evoked potential: the effects of refractive errors, cataracts, and fixation errors

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Aim: To understand how refractive errors, cataracts, and fixation errors affect multifocal visual evoked potential (mfVEP) responses.

Methods: Monocular mfVEP responses were obtained using a pattern reversal dartboard display. For the control condition, visual acuity was corrected to ≥20/20 and foveal fixation was maintained. The right eye was tested under the following conditions: simulated refractive error, simulated cataract, steady eccentric fixation, unsteady fixation.

Results: No subject demonstrated significant abnormalities under control conditions. For the simulated refractive error condition, significant centrally located abnormalities were seen for all subjects. For the simulated cataract condition, significant abnormalities were found for three subjects. The eccentric fixation condition yielded abnormalities in both eyes for all subjects while the unsteady fixation condition yielded significant central abnormalities in the tested eye. With eccentric and unsteady fixation conditions, all subjects had at least one sector with a waveform polarity reversal.

Conclusions: While the mfVEP is a useful tool for identifying local optic nerve damage or ruling out non-organic aetiology of visual field defects, factors such as uncorrected refractive errors, cataract, eccentric fixation, and unsteady fixation can produce apparent field defects on the mfVEP. With care, these problems can be correctly identified.

METHODS

Subjects
Eight individuals with ≥20/20 corrected visual acuity and with no known abnormalities of the visual system participated in the study. They ranged in age from 20 to 60 years (mean 33 (SD 14) years). Procedures adhered to the tenets of the Declaration of Helsinki and the protocol was approved by the institutional board of research associates of Columbia University.

Display
Figure 1A is a schematic of the scaled, dartboard display. 44.5° of visual angle in diameter. The dartboard, a standard option produced by Veris software from EDI (Electro-Diagnostic Imaging, San Mateo, CA, USA), contained 60 sectors, each with 16 checks, eight white (200 cd/m²) and eight black (<1 cd/m²). A cross subtending 2° served as the fixation target for all conditions except for the unsteady fixation condition in which a central circle with a 3° radius served as the fixation guide.

Recording
Three channels of recording were obtained using gold cup electrodes. Recording electrodes were placed at the inion, 4 cm above the inion, and at two lateral locations 1 cm and over 4 cm from the inion. By subtracting different combinations of pairs of channels, three additional “derived” channels were obtained. For details see Hood et al. 8,16

The VEP was recorded with cut offs set at 3 Hz and 100 Hz (1/2 amplitude; Grass preamplifier P511J, Quincy, MA, USA). For a given condition, two 7 minute recordings were obtained with the Veris 4.x software from EDI (San Mateo, CA, USA).

Abbreviations: mfVEP, multifocal visual evoked potential; RMS, root mean square; SNR, signal to noise ratio; VEP, visual evoked potential.
Subjects ran under standard conditions using a Z-score then compared to the RE/LE ratio values from 30 control.

The interocular RMS ratio (RE/LE ratio) for each location was demarcated by vertical broken lines. The mfVEP responses from an individual with normal vision and steady central fixation are shown for monocular stimulation of the right (thick grey) and left (thin black) eye.

In addition, the mfVEPs were low pass filtered (sharp cut off at 35 Hz) and analysed offline with programs written in MATLAB (Mathworks Inc, MA, USA).

Conditions
For each subject, mfVEPs were recorded under the following conditions: control, simulated refractive error, simulated cataract, steady eccentric fixation, and unsteady fixation. For each condition, the left eye served as a control (>20/20 visual acuity and steady, central fixation) while the right eye served as the test eye. The mfVEP system has an adjustable lens (–5 to +5 dioptres) through which each subject viewed the stimulus. For the control condition, each subject was instructed to adjust the lens such that the stimulus was as clear as possible and to fixate on the central target. Acuity was checked with a scaled Snellen chart placed on the screen and was >20/20 for all subjects. For the refractive error condition, the same Snellen chart was used while each subject adjusted the focus in the convex (+) direction away from his >20/20 setting such that the acuity was 20/50. This setting was then used for the simulated refractive error condition. For all other conditions each subject viewed the stimulus through his setting (>20/20) of the focusing lens. To simulate a cataract, the display was viewed through a 0.4 Bangerter occlusion foil placed 3 cm in front of the right eye. To simulate steady eccentric fixation, the subject was instructed to fixate on a target 3° inferonasal to the central fixation target. To simulate unsteady fixation, the subject was instructed to rotate fixation with the right eye around the perimeter of a centrally located circle with a 3° radius.

Analysis

Interocular probability plots
Root mean square (RMS) amplitudes were calculated for each mfVEP response over a time interval from 45 ms to 150 ms (fig 1B). To determine if responses were significantly smaller in the right eye compared to the left eye, the ratio of the RMS amplitude from stimulation of the right eye to the RMS amplitude from stimulation of the left eye for each stimulus sector was calculated (that is, \[\frac{RMS_{RE}}{RMS_{LE}}\]). The interocular RMS ratio (RE/LE ratio) for each location was then compared to the RE/LE ratio values from 30 control subjects run under standard conditions using a Z-score analysis and an interocular probability plot was derived. All control subjects had >20/20 visual acuity and no known abnormalities of the visual system. Their ages ranged from 20 to 62 years with mean age 36 (SD 13). Figure 2A is an example of an interocular probability plot for a normal subject under control conditions. (The responses from both eyes of this subject are shown in fig 1C.) In these plots, each check represents the centre of one of the stimulus sectors of the display. Black squares indicate areas where the RE/LE ratio is within normal limits. Red squares indicate areas where the mfVEP amplitudes from stimulation of the left eye are significantly smaller than from the right.

Figure 1 (A) Each of the 60 sectors of the display is an independent stimulus with 16 checks, eight black and eight white. (B) An example of a mfVEP record from 0 ms to 500 ms. Signal and noise windows are demarcated by vertical broken lines. (C) The mfVEP responses from an individual with normal vision and steady central fixation are shown for monocular stimulation of the right (thick grey) and left (thin black) eye.

Figure 2 (A) The interocular probability plot for a subject with normal vision under control conditions. Each square shows the centre of one of the 60 mfVEP sectors. Blue indicates that the response of the right eye was significantly smaller than from the left while red indicates that the response from the left eye was significantly smaller than from the right. Desaturated colours indicate responses outside 5% cut offs while saturated colours indicate responses outside 1% cut offs. (B) The interocular probability plot for a subject with a refractive error of approximately 20/50. The area of abnormality is circumscribed in magenta. (C) The interocular probability plot for a subject under simulated cataract conditions. The area of abnormality is circumscribed in magenta. (D) The interocular probability plot for a subject under steady eccentric fixation conditions. The area of apparent abnormality in the left eye is circumscribed in green while the area of apparent abnormality in the right eye is circumscribed in magenta. Examples of the relative amplitudes of the mfVEP responses in these areas are shown in insets 1 and 2. For this figure and all other figures red traces indicate waveforms from stimulation of the left eye while blue traces indicate waveforms from the right. (E) The interocular waveform trace array for a subject under steady eccentric fixation conditions. Examples of interocular waveform polarity reversals are shown in the insets. (F) The interocular probability plot for a subject under unsteady, central fixation conditions. The apparent abnormality is circumscribed in magenta.
Monocular probability plots
A signal to noise ratio (SNR) was calculated for each of the 60 stimulus sector positions for each eye. Briefly, to obtain the SNR for an individual response, the RMS amplitude of each response, described above, was divided by a measure of the amplitude of the noise. The noise measure was obtained, for each eye of each individual, as the mean of the 60 RMS amplitudes of the records from 325 ms to 430 ms, a region of the record virtually without any mVEP response (fig 1B). The 60 SNRs for each eye (one SNR corresponding to each of the sectors of the stimulus) were then compared with the SNRs of 30 normal subjects at each of these positions using a Z-score analysis. Probability plots were then generated for each eye. Black squares indicate areas where the SNRs are within normal limits. For the left eye monocular probability plots, a red square indicates an area where the SNR is significantly smaller than the average SNR from the group of normals at that sector. Blue squares are used in the same manner for the right eye plots. Desaturated colours represent areas significant outside a 5% limit while saturated colours represent areas significant outside 1%. Since the monocular test is based on SNR, it is expected that abnormalities will be detected more frequently in subjects with inherently small mean SNRs; likewise, fewer abnormalities will be detected in subjects with inherently large mean SNRs. For more details, see Hood et al.

Cluster analysis
To increase specificity with automated visual field testing, it is common to define a “cluster” of points as abnormal if they collectively meet some criteria. The specificities of both the monocular and interocular tests are also improved by employing a cluster criterion to define an abnormal test. For both the interocular and the monocular probability plots, a region was classified as abnormal if three or more contiguous points were significant outside 5%, with at least one outside 1%. The waveform polarity from stimulation of the left eye was opposite to that of the right eye were considered abnormal. Although these waveform reversals can be detected by visual inspection, we used a cross correlation technique. To avoid artefacts secondary to noise (such as alpha noise with waveforms out of phase with true mVEP waves) only those pairs with a SNR >1.5 and a cross correlation index between 0 and −1 were categorised as having interocular polarity reversals. Waveform analyses performed on the trace array for the derived “horizontal” channel (that is, the difference between the two laterally placed electrodes) were found to be the most selective for these interocular polarity reversals.

The best array
All analyses (other than the waveform analysis performed on the horizontal channel) were performed on the “best” of the responses from the six channels as previously described.

RESULTS
Control condition
None of the eight subjects demonstrated any significant abnormalities (clusters) on interocular or monocular probability plots (for example, fig 2A). In addition, none of the subjects demonstrated interocular waveform polarity reversals.

Simulated refractive error condition
Table 1 summarises the abnormalities by condition and subject along with the average SNRs for each subject’s mVEP of the right eye under the control condition. The results of the interocular and monocular cluster analyses are indicated for each subject and condition with “A” and “N” denoting abnormal and normal, respectively. For the refractive error condition (second row in table 1), all subjects demonstrated abnormalities on interocular probability plots and these were predominantly centrally located (for example, fig 2B). Only three of the subjects (6, 7, and 8) demonstrated significant abnormalities on monocular probability plots for the right (experimental) eye and these subjects had the smallest mean SNRs.

Table 2 summarises the results of the interocular waveform analysis. For each subject and condition, the number of
sectors out of the interocular array of 60 that have polarity reversals is shown. For all subjects and all responses, there was only a single interocular waveform polarity reversal for the refractive error condition.

Simulated cataract condition
Three subjects (2, 3, 6) demonstrated significant abnormalities on interocular probability plots (table 1) and these defects were again predominantly centrally located (for example, fig 2C). The two subjects (6 and 7) with the lowest mean SNRs in table 1 demonstrated significant abnormalities on monocular probability plots for the right eye. None of the subjects demonstrated interocular waveform polarity reversals (table 2).

Steady eccentric fixation condition
All subjects demonstrated a particular bilateral abnormality on interocular probability plots. In each case there was an area of apparent decreased amplitude for the left eye where the right eye was fixating eccentrically and an area of apparent decreased amplitude for the right eye in the central sectors and the paracentral sectors opposite the direction of eccentric fixation (for example, fig 2D). Six of the eight subjects (all but subjects 2 and 5) demonstrated significant paracentral abnormalities on monocular probability plots for the right eye (table 1). All subjects demonstrated interocular waveform polarity reversals in five or more sectors (table 2). The insets in figure 2E show examples of polarity reversals.

Unsteady fixation condition
All subjects demonstrated large areas with central abnormalities in the right eye on interocular probability plots (for example, fig 2F). Six subjects demonstrated significant central abnormalities on monocular probability plots in the right eye (table 1). (Subjects 4 and 5 who had the highest average SNRs did not.) All subjects demonstrated interocular waveform polarity reversals in one or more sectors (table 2).

DISCUSSION
The effect of blur
For the simulated refractive error condition (dioptric blur), all subjects showed an abnormality in the mfVEP of the eye that was blurred when compared with the other eye (for example, fig 2B). For the simulated cataract condition (diffusive blur), three of the eight subjects demonstrated abnormalities on interocular plots (fig 2C).

Both refractive errors and cataracts blur the stimulus. Whether dioptric or diffusive, blur can be thought of as a spatial frequency filter selectively eliminating high spatial frequencies. The greater the blur, the greater the loss of high spatial frequency resolution. The amplitude of the response in a pattern reversal mfVEP is dependent on the visual system’s ability to resolve the pattern in each sector. Owing to the “cortical scaling” of the mfVEP stimulus, the central sectors have higher spatial frequencies relative to the more eccentric sectors. Consequently, removing the higher spatial frequency portion of the stimulus by blurring selectively reduces the ability to resolve the central sectors of the mfVEP. Although created by a computerised high spatial frequency filter rather than a lens or occlusion foil, it is easy to see how the resolution of the central sectors of the stimulus is lost with blur by comparing figure 3B with 3A. Thus, when interpreting a central abnormality on the mfVEP, it is important to rule out cataract and ensure that the subject has been correctly refracted for the viewing distance. In addition, the subject should be instructed to concentrate on resolving the pattern of the central sectors of the display to avoid “defocusing” during the recording.

While the visual acuity for the refractive error condition was 20/50, the acuity with the Bangerter foils was approximately 20/40. Thus, we might expect that the number of abnormalities for the refractive error condition would be close to that found for the cataract condition. In fact, for the refractive error condition, three of the subjects demonstrated an abnormality on monocular probability plots while in the simulated cataract condition, two did. (It is not a coincidence that these subjects also have the smallest average SNRs of the eight. The monocular test is not as sensitive for subjects with high SNRs as the interocular test.) However, for the refractive condition all eight subjects showed abnormalities on the interocular plot while only three showed abnormalities for the cataract condition. It is not clear whether this difference reflects the small difference in visual acuity or a fundamental difference in the effects of blur due to cataracts compared to poor correction.

The effect of fixation
As with the case of blur, much of the effect of eccentric fixation on the mfVEP has to do with the cortical scaling of the stimulus. Each subject was instructed to fixate 3° inferonasal from the centre in the right eye. In this case, the fovea RE views a relatively large stimulus sector (fig 3A, arrow 1) while the fovea LE views small central sectors (fig 3A, arrow 2). The area inscribed in green in figure 2D represents an apparent abnormality in the left eye. The mfVEPs for the two eyes differ in this region since it was viewed by the fovea RE but by the parafovea LE (fig 2D, inset 1). Likewise, the central sectors of the stimulus (circumscribed in magenta in fig 2D) were viewed by the fovea LE but by the parafovea RE and so here the responses RE will be erroneously decreased in amplitude (fig 2D, inset 2).

To test the effect of unsteady fixation, each subject rotated fixation around a 3° circle (shown in thick black, fig 3A) with the right eye while the left eye was kept steadily fixating centrally. In this case central sectors were always viewed by the parafovea RE, but by the fovea LE. By the same logic as above, it can be expected that the relative amplitudes of the central sectors would be abnormally small as they indeed were in the case of the right eye (fig 2F, circumscribed in magenta). Abnormalities in mfVEP responses secondary to unsteady fixation have previously been reported by Seiple et al and Menz et al.

Because signals from the primary visual cortex dominate the mfVEP, the waveform polarities of the responses frequently reverse across the horizontal and vertical meridians of the visual field depending on the orientation of the electrodes. In our study this phenomenon was most frequently encountered in waveform arrays from the lateral channel. If one eye deviates in fixation from the other, then the waveform polarity in one or more sectors along these
meridians can differ for the two eyes. In fact, all subjects tested under the steady 3° eccentric fixation and unsteady fixation conditions demonstrated such abnormalities. (See fig 2E, inset; table 2; and also fig 4b in Seiple et al.7) Of the three conditions requiring steady central fixation, only a single interocular waveform polarity reversal was observed in the 24 possible tests (three conditions x eight subjects). These data suggest that with a SNR cut off set high enough to exclude artefacts caused by noise, the occurrence of an interocular waveform polarity reversal is a fairly sensitive and specific indicator of a fixation error in the mVEP.

SUMMARY
While the mVEP is useful for identifying local optic nerve damage or ruling out non-organic aetiology of visual field defects, factors such as uncorrected refractive errors, cataract, and fixation errors can produce apparent field defects. With care, these problems can be correctly identified. When interpreting central abnormalities, it is important to rule out sources of blur such as incorrect refraction, voluntary or involuntary defocusing of the subject and lenticular opacity. If fixation artefacts are suspected, one should examine interocular waveforms for polarity reversals.

ACKNOWLEDGEMENTS
We thank Xian Zhang, Li Xu, and Annemarie Gallagher for their considerable help during all phases of this work.

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Supported by grant EY02115 from the National Institutes of Health, Bethesda, MD, USA.

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