LETTERS

Primary nasolacrimal duct malignant mucosal melanoma

Primary nasolacrimal duct malignancy is rare. Only a few tumours have been reported originating from this location including lymphoma, Kaposi's sarcoma, adenocarcinoma, angiofibroma, and squamous cell carcinoma. Mucosal melanoma represents 1–2% of all melanomas, with 25–50% in the head and neck—that is, upper respiratory tract, oral cavity, and pharynx. Other sites include urinary, female genital, and ano-rectal tracts. These tumours are uncommon, present in the fifth to eighth decades, have slight male preponderance and are more common in darker skinned individuals. Cutaneous melanoma presents two decades earlier and is more common in white people and is associated with sun exposure.

Case report

A 41 year old Asian male presented to the oculoplastic service with a 3 month history of right sided intermittent bloody tears and epistaxis. He described right simple epiphora for at least 2 years treated with a three snip procedure. Probing the right nasolacrimal system confirmed normal canaliculi and easy entry of the probe into the lacrimal sac. Irrigation demonstrated complete nasolacrimal duct block and reflux of dark bloody tears. Nasal endoscopy (rigid Hopkins nasal endoscope) revealed a greyish mass emerging from the lower end of the nasolacrimal duct into the inferior meatus (fig 1).

Magnetic resonance imaging (MRI) and computed tomography (CT) scans (fig 2) demonstrated dilatation of the entire length of the nasolacrimal bony canal with a soft tissue mass occupying the lumen of the nasolacrimal duct. The mass was invading the osteomeatal complex, extending into the anterior ethmoidal sinus, causing obstruction to drainage of both maxillary and frontal sinuses.

A transnasal incisional biopsy of the inferior meatus lesion was performed under local anaesthetic. Histopathological analysis of the biopsy showed sheets of epithelioid cells on a routine haematoxylin and eosin stain (fig 3). Although the lesion was pale, pigment was visible on the haematoxylin and eosin stain, suggestive of melanoma. Immunohistochemical studies were positive for immunological markers HMB45 and S-100 protein, confirming a diagnosis of melanoma.

No regional lymphadenopathy was present and PET (positron emission tomography) scan excluded the presence of metastases.

Wide local cranio-facial-orbital resection of the tumour was performed, via a lateral rhinotomy approach (fig 4). The nasolacrimal duct, part of the lateral wall of the nose, the lacrimal sac, distal upper and lower canaliculi, and inferomedial orbital fat were excised. Tumour extended into the maxilla but not into the lacrimal sac. Peroperative frozen sections from the excision margins, including orbital fat, demonstrated clearance of tumour. This allowed preservation of the eye.

Adjuvant therapy was given to limit local recurrence and distant spread. The patient received 20 sessions of radiotherapy (30 Gy) to the right maxillary antrum, and also immunological therapy (vaccination with autologous dendritic cells pulsed with allogenic tumour lysate, and whole body hyperthermia accompanied by low dose interferon). Three years after presentation there was no local recurrence of tumour. Unfortunately, the patient developed bone pain and CT scan revealed metastatic spread to the right acetabulum and T8, T9, and T11 vertebrae with localised spinal cord compression. He underwent radiotherapy to the right acetabulum and spine. The patient died approximately 6 months later.

Comment

Nasolacrimal duct primary mucosal melanoma is previously unreported. The closest relations are lacrimal sac melanoma (5% of lacrimal sac tumours) and sinonasal mucosal melanoma (5% of all sinonasal malignancy). Lacrimal sac melanoma can present with epiphora, bloody tears, and epistaxis. Sinonasal melanoma can present with nasal obstruction and epistaxis. Orbital extension causes proptosis and diplopia. Both lacrimal sac melanoma and sinonasal melanoma are insidious in onset with poor visibility leading to late presentation.

Standard treatment of primary sinonasal melanoma is radical wide local surgical excision. Local recurrence can occur and the very vascular nature of mucosal tissue makes regional and distant metastases common, often accompanying late presentation. Postsurgical radiotherapy may prevent local recurrence, but is unlikely to prevent distant metastases. Other adjuvant treatments are not clinically proved to be beneficial. Chemotherapy has no positive effect, and newer immunological treatments are still under investigation.
Glycosylation type Ic disorder: idiopathic intracranial hypertension and retinal degeneration

We report a young woman with type Ic congenital disorder of glycosylation (CDG) with new clinical features of idiopathic intracranial hypertension, retinal degeneration, and novel mutations of ALG6. Patients with known or suspected CDG should receive a full ophthalmic examination including dilated fundus examination and electroretinography.

Comment

Isocoelectric focusing of serum transferrin is the most common screening technique for types I and II CDG. Many congenital disorders of glycosylation have been identified based on mutational and enzyme analyses. Type I congenital disorders of glycosylation are caused by reduced functions of the genes for the assembly and processing pathways of N-glycosylation; a decrease in asialo- and disialo-oligosaccharides are suggestive of the diagnosis.

Ophthalmic features of the common congenital disorder of glycosylation, type Ia (OMIM #212065) include myopia, attenuated retinal vessels, bone spicules, esotropia, and nystagmus; this disease subtype is caused by a deficiency of phosphomannomutase-2 (PM2; OMIM *601785) gene. In CDG type lc, much less common, a homozygous amino acid substitution, A333V substitution, in the gene encoding S1,3-galactosyltransferase is the most common mutation. There is no known biochemical link between CDG and idiopathic intracranial hypertension; the association in our patient may be coincidental. Grunwald and colleagues found strabismus to be present in all eight patients with CDG type Ic; neither idiopathic intracranial hypertension nor retinal abnormalities were reported.

The developmental delay evident in our patient was severe. She possessed simple communication skills limiting her ability to complain of visual changes or symptoms of intracranial hypertension. No specific clinical presentation has been identified for the CDG group of diseases. Failure to thrive, unexplained seizures, hypotonia, and developmental delays are all frequently present.

In conclusion, we report an adult patient with CDG type Ic, confirmed by identification of mutations in the ALG6 gene, and describe new systemic and ocular features including idiopathic intracranial hypertension, optic

<table>
<thead>
<tr>
<th>Table 1 Reported ophthalmic manifestations in type I congenital disorder of glycosylation (CDG)</th>
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<tbody>
<tr>
<td>CDG la</td>
</tr>
<tr>
<td>---------------------</td>
</tr>
<tr>
<td>Strabismus</td>
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<tr>
<td>Retinopathy</td>
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<td>Optic atrophy</td>
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</table>

Figure 1 Left fundus showing attenuated vessels with retinal pigment cell granularity of the macula (white arrow).
Woodhouse Sakati syndrome associated with bilateral keratoconus

Keratoconus is a non-inflammatory degenerative corneal disease characterised by a localised region of stromal thinning spatially associated with a cone-shaped deformation of the surface. It is most commonly an isolated sporadic condition. Recent reports demonstrate genetic mapping to chromosomes 16q, 21q, and 18p, as well as association of HLA-A26, B40, and DR9. Keratoconus has been reported in clinical association with Woodhouse Sakati syndrome. Both sisters exhibited variable manifestations of the syndrome including hypothyroidism, electrocardiographic abnormalities, and dysmorphic features. The elder sister also had a mild degree of mental retardation. None of their siblings or parents had eye complaints but a maternal aunt’s daughter had bilateral keratoconus.

Ophthalmic evaluation of the elder sister revealed uncorrected visual acuity (UCVA) of 20/200 in both eyes. Her refraction was −19.0 −8.0×120 in the right eye and −9.0 −3.75×165 in the left eye. Spectacles improved only left eye vision slightly to 20/160. Slit lamp biomicroscopy showed bilateral central corneal protrusion and stromal thinning at the apex (fig 1A). Keratometry was 71.00/63.00 @ 68 in the right eye and 53.00/49.50 @ 135 in the left eye. Hard contact lens fitting failed and surgical intervention was not conducted.

Ophthalmic evaluation of the younger sister revealed UCVA of 20/40 in the right eye and 20/160 in the left eye, which improved to 20/80 with spectacles. Slit lamp biomicroscopy showed similar findings to her sister (fig 1B). Keratometry was 36.6 D/54.1 D @ 170 in the right eye and 49.2 D/56.6 D @ 46 in the left eye. She developed corneal hydrops in the left eye and contact lens fitting failed. Because of central corneal scarring and progressive deterioration of her left eye vision, she underwent penetrating keratoplasty (fig 1C). Fourteen months postoperatively, UCVA was 20/50, improving to 20/30 with pin hole.

Comment

Woodhouse Sakati syndrome (MIM 241080) is an extremely rare genetically determined autosomal recessive disorder. It was first described in two Saudi Arabian families, and later reported in a single Turkish family. Table 1 presents manifestations of the syndrome.

We report a new association in our two cases. Such concurrence of early keratoconus and the syndrome raises the possibility of a genetic linkage, although a chance association cannot be excluded. On one hand, either chromosomal rearrangements such as chromosome 7,11 translocation or genetically determined syndromes such as this syndrome should be considered in cases where keratoconus is present during childhood. That may explain the early presentation of keratoconus in our cases. An additional factor is that keratoconus tends to be more prevalent and diagnosed at a younger age in Asians than in white people.

On the other hand, familial keratoconus in our cases cannot be excluded because of the presence of keratoconus in a single relative and parental consanguinity. Positive family history has been reported in 6% to 10% of keratoconus cases and is suggested to be caused by autosomal dominant inheritance with incomplete penetrance.

To the best of our knowledge, this is the first report of bilateral keratoconus in association with Woodhouse Sakati syndrome. Ophthalmologists and endocrinologists should be aware that patients with this syndrome who complain of poor vision should be suspected of having keratoconus once other more common conditions are ruled out.

References

Retinal ischaemia in type 1 neurofibromatosis

Systemic occlusive arteriopathy associated with type 1 neurofibromatosis (NF-1) has been well described in the aortic and cerebral vasculature; however, it is poorly documented in the retinal vasculature. In our knowledge, only three reported patients whose retinal vasculopathy was diagnosed at a later sequelae stage. Moadel et al. 1 previously reported. All cases were associated with a chromosome 7, 11 translocation. Eye 2001;15:556–7.

Case report

A 26 year old woman with NF-1 presented with a sudden painless loss of vision in her left eye. Visual acuity was counting fingers left eye and 20/20 right eye. NF-1 had previously been diagnosed on the basis of multiple café au lait spots, plexiform neurofibromas, and a paternal history of NF-1. Left fundus examination revealed confluent cottonwool spots in the perifoveal area, focal dilatations and narrowings of retinal venules, and progressive enlargement of retinal arterioles towards the periphery. The right fundus showed only peripapillary myelinated nerve fibres (fig 1).

Fluorescein angiography (FA) of the left eye showed no delayed perfusion in the choriocapillaris or central retinal artery, but a delayed retinal arteriogenous filling time. It revealed occlusion of macular arterioles, retinal arteriovenous communications in the mid-periphery, and a relatively well perfused retinal periphery (fig 2).

Cerebral and cervical magnetic resonance imaging and colour Doppler ultrasonography showed no vascular flow abnormalities. Internal medical examination and laboratory results excluded other diseases associated with retinal microvasculopathies.

One month after the initial examination, all the cottonwool spots disappeared, and sheathing appeared in a few veins. FA showed worsening of the retinal arteriogenous occlusions in the mid-periphery (fig 2). A panretinal photoocoagulation was subsequently performed. At 2 year follow up, left visual acuity remained unchanged, and the patient did not exhibit any preretalvascular fibrovascular proliferation.

Comment

To our knowledge, only three cases of retinal vascular occlusion in patients with NF-1 have been previously reported. All cases were diagnosed at a later sequelae stage. Moadel et al. 1 and Kadat et al. 3 respectively, reported the cases of a child who presented with an unilateral amblyopia, and a young woman with a history of unilateral poor vision. They both presented with diffuse sheathing of retinal vessels, retinal arteriovenous communications, and avascular peripheral retina with fibroglial proliferation. Tholen et al. 2 described a young man whose routine eye examination showed narrowing of a superotemporal retinal arteriole with irregular diameter of the corresponding vein, fibroglial proliferation, and arteriovenous communications. These authors suggested the possibility of either a primary occlusion of a retinal arterial or venous branch or alterations of vessel development. In contrast with other reported cases, our patient presented with acute unilateral occlusion of macular arterioles, combined with diffuse retinal arterial occlusive disease, in adulthood. Panretinal photoocoagulation may have prevented fibroglial proliferation which was described in previous reported cases. Recent reports suggest that pathogenesis of NF-1 vascularopathy may result from dysfunction of neurofibromin, the NF-1 gene product, in vessel endothelial and smooth muscle cells. 2

Our case shows that NF-1 related occlusive retinal arteriopathy may suddenly appear during adulthood and should be considered in patients with NF-1 or in young adults with retinal vascular occlusive disease and unknown NF-1.

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References


Are biometric parameters a risk factor for idiopathic macular hole formation? Results of a matched case-control series

Recognised risk factors for the formation of idiopathic full thickness macular holes (IFTMH) include age, female, sex, and high myopia. However, we noticed the coexistence of IFTMH within our population, tended to have shorter than normal axial lengths. An age and sex matched case-control study was
therefore performed to test this hypothesis and determine whether biometric factors may be associated with formation of IFTMH.

Methods
Consecutive patients undergoing surgery for IFTMH had age, sex, axial length in millimetres (mm), and corneal keratometry (K) measurements in dioptres (D) recorded. For each case three age and sex matched controls were randomly identified from a cataract surgery database (Medisoft). Biometric measurements were made in all cases and controls using the IOL-Master (Zeiss, Jena). Mean corneal curvature was calculated by averaging the two K readings. Descriptive statistics and conditional logistic regression method for analysis of matched pair data were used to infer estimates.

Results
Thirty five consecutive cases and 105 controls were identified with a mean age of 67.3 years (35–77 years) and a female to male ratio of 24:11. The mean (SD) axial length in the cases was 22.94 (0.96) mm whereas in controls it was 23.48 (1.44) mm. The axial lengths of the cases also fell within a narrower range than those of the controls (fig 1). Mean K readings in cases was 44.04 D (range 41.87–46) and 43.44 D in controls. (range 40.56–47.92).

Evidence suggests that the longer the axial length the less the odds of being a case; odds ratio (OR) 0.67 (p = 0.036, CI 0.47 to 0.77) and the higher the dioptric power of the curvature the higher the odds of being a case as opposed to a control; OR 1.50 (p = 0.02, CI 1.07 to 2.01).

Comment
As in previous studies our population sample demonstrates an increased risk of IFTMH in females with most cases clustering in the 60–70 year age group. The mean axial length in controls was also found to be similar to results in the published literature.

Mean spherical equivalence (MSE) was measured by the Eye Disease Case Control Study Group and although their findings were statistically insignificant, their regression analysis found an increased likelihood of hypermetropia in the IFTMH cases. Our cases clustered in a relatively narrow range of axial lengths (21 mm–25.31 mm in the cases compared to 20.64 mm–29.48 mm in the controls) with the maximum axial length in the cases being 25.31 mm (fig 1). In Japanese literature, high myopia is a prominent, recognised risk factor and in one study the overall mean MSE was −0.66 D. From our study it appears myopic macular holes are encountered much less frequently in a predominantly white population.

We believe the significant corneal dioptric differences found may be a result of the natural process of emmetropisation of a shorter eye, or alternatively be an independent risk factor.

IFTMH are thought to arise from retinal surface traction which in turn arises from an abnormal and incomplete posterior vitreous detachment. Our results suggest that eyes with shorter than average axial lengths and therefore lower volume vitreous cavity are either at increased risk of developing such incomplete and abnormal vitreous detachments or, in the presence of such an incomplete vitreous detachment, of developing a macular hole. We are not aware that shorter axial length has previously been shown to be significantly associated with IFTMH.

Choroiditis and exudative macular detachments in a post transplant leukaemic patient: an unusual presentation of Pneumocystis jiroveci infection
Pneumocystis jiroveci is a commensal found in the respiratory tract of healthy individuals. It can cause infections of almost any organ in immunocompromised hosts. P jiroveci choroiditis, featuring multifocal choroidal lesions, has been reported in immunocompromised patients despite prophylactic use of inhaled pentamidine. We report a post-transplant leukaemic patient whose posterior segment findings demonstrate an atypical picture of recurrent P jiroveci choroiditis.

Case report
A 20 year old woman presented with a 1 week history of bilateral blurred vision, dyspnoea, and dry cough. Visual acuity was reduced to 6/66 bilaterally with posterior subcapsular cataracts. Funduscopically disc and retinal vessels were normal. Fluorescein angiography showed early patchy hypofluorescence (corresponding to the choroidal lesions) and late hyperfluorescence with pooling beneath the detachments.

Three years earlier she had undergone a successful allogeneic bone marrow transplant for chronic myeloid leukaemia. Her maintenance therapy included inhaled pentamidine as prophylaxis against P jiroveci infection. However, she admitted to not taking her inhaled pentamidine. Molecular genetic and radiological investigations excluded leukaemic recurrence. Chest x ray showed left lung shadowing and bronchoalveolar lavage isolated P jiroveci. P jiroveci pneumonia with P jiroveci choroiditis was diagnosed and high dose oral co-trimoxazole 7.2 g/day (120 mg/kg/day) and prednisolone 60 mg/day commenced. Within 2 weeks her respiratory and ocular symptoms improved. Visual acuities returned to 6/9 and the fundal appearances resolved. She was discharged on daily oral co-trimoxazole 960 mg, prednisolone 20 mg, and inhaled pentamidine.

References
Three weeks later she was readmitted with increasing dyspnoea and blurred vision. Chest X ray and computed tomography findings were compatible with diffuse interstitial fibrosis in both lungs. Fundoscopy revealed peripapillary choroidal lesions with disc swelling bilaterally (fig 2). This time the choroidal lesions were peripapillary only rather than throughout the posterior pole, with exudative detachments inferiorly. Recurrent P jiroveci pneumonia and choroiditis was diagnosed and oral atovaquone and high dose prednisolone were commenced. Within 3 weeks her fundal appearance resolved leaving only some pigmentary changes. Her discharge medication included daily oral prednisolone 40 mg, cotrimoxazole 960 mg, and inhaled pentamidine. There have been no further intraocular recurrences.

Comment
Pneumocystis jiroveci is a commensal, found in the respiratory tract of healthy individuals. It can cause infections of almost any organ in immunocompromised hosts.1 2 3 4 P jiroveci choroiditis has been reported in immunocompromised patients despite prophylactic use of inhaled pentamidine.1 4 5 The diagnosis is based on the clinical findings of multifocal yellowish circular choroidal lesions at the posterior pole. P jiroveci has been found in these lesions on histological sections1 4 and the lesions resolve on systemic anti-pneumocystis treatment.4 However, most cases of P jiroveci choroiditis are diagnosed histologically post mortem.1 2 4

Thus, the acute clinical findings may be more varied than previously described. In our patient, massive exudative retinal detachments were associated with the previously described choroidal lesions. The clinical picture varied on the second presentation, but there was complete and rapid resolution of the signs with anti-pneumocystis therapy. To the best of our knowledge, this is the first report of P jiroveci choroiditis causing exudative retinal detachments. P jiroveci should be considered in the differential diagnosis of susceptible patients, even if the ophthalmological findings are “atypical.”

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References

Prothrombotic and atherosclerotic risk factors lack significance in NAION patients harbouring mitochondrial DNA mutations

We recently reported that a group of patients with non-arteritic anterior ischaemic optic neuropathy (NAION) had an increased prevalence of potentially pathological mitochondrial DNA (mtDNA) mutations, implying a link between mitochondrial disease and this optic neuropathy.5 6 We decided to investigate the association of other risk factors for NAION in these same patients.

Case reports
NAION patients were genotyped for the presence of prothrombotic polymorphisms that have been reported in association with NAION,3 4 including factor II G20210A prothrombin variant, factor V Leiden G1691A variant, MTHFR C677T and A1298C variants, platelet glycoprotein receptor IIa (PIIia) allele, and apolipoprotein E (E) allele, as described previously.4 7 These reports included large control groups that were ethnically matched to our NAION patients and that had been queried regarding the presence of atherosclerotic risk factors. Controls older than 50 years were selected for comparison with NAION patients.

Table 1 shows that the prevalence rates for prothrombotic variants among NAION patients did not differ from controls. Reported prevalence of diabetes, hypertension, and hyperlipidaemia was relatively high in NAION patients but was also not significantly different from controls.

Comment
The lack of a significant association between NAION patients and controls in relation to thrombophilic genetics markers has been reported before,7 and the role of these factors remains uncertain. More surprising is the lack of a statistical association with atherosclerotic risk factors. For example, in our group of NAION patients, 68% were diabetic, but this figure did not differ significantly from the prevalence of more than 50% in well matched controls. This observation reflects the high, and rising, frequency of diabetes and other atherosclerotic risk factors in the developing world.

A few qualifications are appropriate. NAION patients were a relatively small group of Middle Eastern Arabs, and it is possible that a larger group would have yielded statistically significant results or that the observations reported here are specific to this genetically homogeneous population. Atherosclerotic risk factors were assessed by individual report from patients and controls, and the actual prevalence of these disorders may be different from that recognised. Finally, other risk factors, such as homocysteine levels, nocturnal hypotension, or environmental factors8 were not consistently investigated.

Nevertheless, the fact that the occurrence of NAION cannot be easily explained by the presence of prothrombotic or atherosclerotic risk factors shifts focus to the possibility that mitochondrial abnormalities may be important in the development of NAION. Based on these observations, testing for mitochondrial abnormalities may be warranted in NAION patients, especially the ones without a
medical or family history of a thrombotic or vascular event.

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References

Inflammatory cytokine of basal and reflex tears analysed by multicytokine assay

Tear cytokine has a major role in various pathophysiological conditions of the ocular surface. So far, studies on tear cytokines have shown significant progress in providing an understanding of the inflammatory processes that characterize ocular surface diseases.\(^1\) The information that could be acquired from each subject, however, until recently has been severely hampered by limited sample volume and assay sensitivity. More importantly, it has become apparent that the relative balance between various cytokines and combinations of cytokines could be more important than absolute concentrations. Previous studies showed that the composition of basal and reflex tears was different, which made it more difficult to understand the ocular surface disorder correctly or to treat the patients suitably.\(^2\) Cytometric bead array (CBA) is a microbead based flow cytometric assay that allows us to quantify multiple molecules from a very small sample.\(^3\) Using this method, we evaluated the inflammatory cytokines of basal and reflex tears from a single sample of individual eyes.

Methods

Twenty three normal volunteers (11 males and 12 females, 22-44 years of age, average 28 years) were recruited for this study. None of the subjects had signs of ocular diseases. The study was performed with the approval of the institutional review board. The basal and reflex tear samples of 10-15 μl were obtained in sterile purify water, with a mixture of 50 μl each of capture AB bead reagent and detector AB-phcocytherin (PE) reagent. The mixture was subsequently incubated for 5 hours at room temperature, and washed to remove any unbound detector AB-PE reagent before data acquisition using flow cytometry. A two colour flow cytometric analysis was performed using a FACScan flow cytometer (Beckton Dickinson Immunochemistry Systems). Data were acquired and analysed using BD cytometric bead array software.

Results

The concentrations of IL-1β, IL-6, IL-10, IL-12p70, and TNF-α were not significantly different between basal and reflex tears. In contrast, the concentration of IL-8 was significantly decreased in reflex tears compared with basal tears in each eye (paired t test, p<0.01, fig 1). In order to illuminate the interrelation of each cytokine, the ratio of two different cytokines is shown in table 1.

Comment

Previously published studies have demonstrated that CBA correlates well with enzyme linked immunosorbent assay (ELISA), but the absolute concentrations obtained from each assay were different for kits of different manufacturers.\(^7\) Indeed, the concentrations of tear cytokines in the present results were almost equal to the previous report using the same kit.\(^7\) Nakamura et al performed ELISA for multiple cytokines measuring pooled tears.\(^7\) The pooled tears enable measurement of multiple cytokines; however the results

<table>
<thead>
<tr>
<th>Risk factor</th>
<th>NAION patients</th>
<th>Controls</th>
<th>Odds ratio</th>
<th>95% CI</th>
<th>p Value</th>
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<tr>
<td>Apo E4</td>
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<td>0/593</td>
<td>31.2</td>
<td>0.60 to 161.3</td>
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<td>Factor II G20210A</td>
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<td>Factor V G1491A</td>
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<td>PLA2 allele</td>
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<td>0/593</td>
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<td>57.1 (4.2)</td>
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<td>27/511</td>
<td>0.55</td>
<td>0.03 to 4.03</td>
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<tr>
<td>NS mtDNA changes</td>
<td>-</td>
<td>1/19</td>
<td>27/511</td>
<td>0.68</td>
<td>0.11 to 3.17</td>
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NAION, non-arteritic ischaemic optic neuropathy; CAD, coronary artery disease; NS mtDNA changes, non-synonymous (changing an amino acid in the resultant protein) mitochondrial DNA nucleotide change; Homo, homozgyous; Hetero, heterozygous. Diabetes, hypertension, hyperlipidaemia, and CAD were assessed by patient report both from NAION patients and from controls. Controls previously reported for mtDNA changes and for atherosclerotic and prothrombatic risk factors (see text). Odds ratio and p values compare prevalence of different risk factors in NAION patients to controls.
can be strongly influenced by samples with high concentrations. Because the absolute concentrations of tear cytokines varied widely, this can have a strong bias. In this study, to our knowledge, we measured the multiple cytokines of basal and reflex tears from a single sample for the first time, which can provide concentration ranges for these cytokines in normal subjects that may prove important for studies of ocular inflammation. Of note, only the concentration of IL-8 was decreased more significantly in reflex tears than in basal tears. Maitchouk et al showed that there is no distinctive role of major and accessory glands in secreting basal or reflex tears, thus these tears might be produced primarily by the same tissue and differences might be only the result of the secretory rate of reflex tears. It was reported that a neuropeptide released from corneal sensory nerves stimulated conjunctival epithelium to secrete IL-8. Because sensory nerves are present in the cornea so abundantly, IL-8 can be produced constantly on the ocular surface. IL-8 is a potent pro-inflammatory cytokine, and has a pivotal role in the host defence system. But excessive IL-8 might be so harmful that constant washout might be helpful for homeostasis of the ocular surface. Indeed, a large amount of IL-8 was found in the tears of dry eyes. Thus, basal tears might be composed of products of the ocular surface including IL-8 and small amounts of reflex tears that are induced by mild stimulation such as blinks.

In summary, the present study showed that pro-inflammatory and anti-inflammatory cytokines/chemokines are present in the ocular surface even in the absence of inflammation and this was detectable from a small sample of single eyes. Stimulating tears, with the exception of IL-8, has minimal effect on cytokine concentration. We believe the CBA technique can make a valuable contribution in understanding the specific immunopathological mechanisms underlying cytokine interaction with the ocular surface.

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References


Table 1 Ratios of cytokine concentration

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<tbody>
<tr>
<td></td>
<td>IL-1b</td>
<td>IL-6</td>
<td>TNF-α</td>
<td>IL-12p70</td>
<td>IL-10</td>
<td>IL-8</td>
</tr>
<tr>
<td>IL-1b</td>
<td>1</td>
<td>0.386 (0.037)</td>
<td>0.022 (0.002)</td>
<td>0.349 (0.026)</td>
<td>0.087 (0.012) +</td>
<td>2.14 (0.34)</td>
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<td>IL-6</td>
<td>3.022 (0.246)</td>
<td>1</td>
<td>0.07 (0.008)</td>
<td>0.989 (0.071)</td>
<td>0.253 (0.02)</td>
<td>5.576 (0.694)</td>
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<tr>
<td>TNF-α</td>
<td>54.162 (6.549)</td>
<td>23.568 (5.952)</td>
<td>1</td>
<td>18.269 (2.086)</td>
<td>4.518 (0.47)</td>
<td>1.44913 (4.971)</td>
</tr>
<tr>
<td>IL-12p70</td>
<td>3.322 (0.316)</td>
<td>1.238 (0.184)</td>
<td>0.074 (0.011)</td>
<td>0.261 (0.012)</td>
<td>1</td>
<td>7.447 (1.546)</td>
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<tr>
<td>IL-10</td>
<td>3.255 (0.898)</td>
<td>4.705 (0.553)</td>
<td>0.275 (0.028)</td>
<td>3.981 (0.166)</td>
<td>0.261 (0.042)</td>
<td>28.257 (5.078)</td>
</tr>
<tr>
<td>IL-8</td>
<td>0.716 (0.086)</td>
<td>0.246 (0.03)</td>
<td>0.017 (0.003)</td>
<td>0.261 (0.042)</td>
<td>0.267 (0.011)</td>
<td>0.972 (0.06)</td>
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</tbody>
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<td>IL-1b</td>
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<td>TNF-α</td>
<td>IL-12p70</td>
<td>IL-10</td>
<td>IL-8</td>
</tr>
<tr>
<td>IL-1b</td>
<td>1</td>
<td>3.71 (0.252)</td>
<td>53.061 (5.46)</td>
<td>2.918 (0.331)</td>
<td>12.012 (1.123)</td>
<td>0.972 (0.094)</td>
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<tr>
<td>IL-6</td>
<td>0.304 (0.027)</td>
<td>1</td>
<td>15.807 (1.976)</td>
<td>0.808 (0.061)</td>
<td>3.381 (0.274)</td>
<td>0.276 (0.029)</td>
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<td>TNF-α</td>
<td>0.078 (0.007)</td>
<td>0.062 (0.007)</td>
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<td>0.254 (0.026)</td>
<td>0.02 (0.002)</td>
<td>1.423 (0.147)</td>
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<td>IL-12p70</td>
<td>1.361 (0.822)</td>
<td>21.357 (3.427)</td>
<td>0.241 (0.007)</td>
<td>4.231 (0.147)</td>
<td>0.382 (0.046)</td>
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<tr>
<td>IL-10</td>
<td>0.324 (0.018)</td>
<td>4.837 (0.524)</td>
<td>1</td>
<td>1</td>
<td>0.903 (0.012)</td>
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<td>IL-8</td>
<td>4.779 (0.665)</td>
<td>73.463 (13.897)</td>
<td>4.02 (0.727)</td>
<td>17.235 (3.251)</td>
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Ratio of cytokine concentration was calculated as A/B. Each cell shows the mean (SEM).
Outcome of implementing the national services framework guidelines for diabetic retinopathy screening: results of an audit in a primary care trust

Systematic screening for diabetic retinopathy is the key to achieving the targets set out in the recently published national service framework (NSF) guidelines. One of the two priorities and planning framework (PPF) targets is that by March 2006 a minimum of 80% of people with diabetes are to be offered screening, rising to 100% by December 2007. Digital photography is the modality for screening. The British Diabetic Association has established standards for any diabetic retinopathy screening programme of at least 80% sensitivity and 95% specificity.

Screening programme

Our screening programme was set up to evaluate the existing nationally recommended diabetic retinopathy screening service. In all, 2165 patients were invited over a period of 12 months; 909 participated. At the screening mydriatic drops (1% tropicamide and 2.5% phenylephrine) were instilled. The patients were photographed with a Topcon fundus camera and each photograph was screened and graded by consultant ophthalmologists (table 1). Of the total 909; there were 198 patients with retinopathy (grades R1, M, R2, and R3), 644 patients without retinopathy (grade 0), 63 patients with OL (other lesions), and one was (grade U) ungradable (tables 2 and 3). The sensitivity was 98% and specificity 97%. The retinopathy present was 21% and the referral rate for retinopathy (STDR) was 7%; 59% did not take up the offer to be screened. Some of the reasons cited: 956 (44%) declined or did not respond, 251 (11%) were being screened elsewhere, 11 (0.5%) are not diabetic, five (0.18%) are dead, six (0.27%) are registered blind, and 21 (1%) have moved.

Comment

Our screening methods surpassed the standards set by the NICE guidelines. However 59% of patients did not take up the offer. The achievable standard to which strategic health authorities and primary care trusts are working is 90% uptake of those offered screening with the minimum standards of 70%–80%, but even though quality assurance systems are in place uptake is still very poor.

In the intercollegiate audit, led by the Royal College of Ophthalmologists, data were analysed from 9827 patients with diabetes from 129 general practices in 25 health authorities. The lowest level of coverage in a district was 38% and the highest 85%. In general practice the coverage ranged from 14% to 97%. The likelihood of having an eye examination was marginally higher in districts with a systematic examination rather than opportunistic or without recognised schemes at all.

In the Hounslow Primary Care Trust our hospital episode statistics (HES) are the only existing screening programme. Patients registered with a GP are referred to the HES for the screening. The reasons for the 44% who did not respond were that some did not have the time, some were elderly living on their own with nobody to take them, some did not understand the screening leaflet, and some just forgot.

Problems about coverage could be tackled if we had a central electronic database linked to all screening programmes. Although software providers have been agreed for such a data collection exercise, primary care trusts have yet to implement this. People unable to attend during the week could be accommodated in weekend or evening clinics. These clinics could also be reserved, with bilingual support workers to explain the importance of screening for the ethnic patients. Community networks like the rotary, patient groups, and senior citizens groups can be used. The National Service Framework targets will be achieved only if the diabetic population is convinced of the importance of screening.

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Competing interests: none.

References


Table 1 Referred patients

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<tr>
<th>Diabetic patients type 1</th>
<th>Invited</th>
<th>Appointment made</th>
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<tbody>
<tr>
<td>R1 M</td>
<td>93</td>
<td>41</td>
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<tr>
<td>R2 M</td>
<td>1442</td>
<td>609</td>
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<tr>
<td>R3 M</td>
<td>630</td>
<td>259</td>
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Table 2 Outcome by grade

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<th>Grade</th>
<th>Sex</th>
<th>Total</th>
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<td>O</td>
<td>M</td>
<td>363</td>
</tr>
<tr>
<td>R1</td>
<td>M</td>
<td>74</td>
</tr>
<tr>
<td>R2</td>
<td>M</td>
<td>17</td>
</tr>
<tr>
<td>R3</td>
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Table 3 Final data

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<tr>
<th>Total patients screened</th>
<th>Sample size</th>
<th>Ungradable</th>
<th>True positives</th>
<th>False negatives</th>
<th>True negatives</th>
<th>False positive</th>
<th>Sensitivity</th>
<th>Specificity</th>
<th>Retinopathy present</th>
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<tr>
<td>909</td>
<td>909</td>
<td>1</td>
<td>198</td>
<td>4</td>
<td>644</td>
<td>8</td>
<td>98%</td>
<td>97%</td>
<td>21.78%</td>
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Late improvement in upward gaze in a patient with hydrocephalus related Parinaud dorsal midbrain syndrome

Acute hydrocephalus is a common cause of the Parinaud dorsal midbrain syndrome.1,2 Most patients with this condition improve either immediately following treatment of the hydrocephalus or within a few months,3 and it is generally assumed that those who do not do so have no potential for subsequent improvement. I recently evaluated a patient whose upward gaze spontaneously improved 4½ years after treatment of trauma related hydrocephalus.

Case report
A 23 year old Asian man was in his usual excellent general and ocular health until October 2000, when he was struck by a car while walking across the street. He was taken to a local hospital where he was found to have extensive injuries, including subdural and epidural haematomas. He also had evidence of increased intracranial pressure and required an emergency cranial decompressive craniotomy. Postoperatively, he was evaluated by a neuro-ophthalmologist who noted that the patient’s only ocular disturbance was a mild left trochlear nerve paresis. The paresis resolved within about 3 weeks.

About 6 months after the injury, the patient developed severe headaches and double vision. He was evaluated by the same neuro-ophthalmologist who had evaluated him previously. He noted that the patient now had a severe dorsal midbrain syndrome characterised by lack of elevation of either eye above the midline associated with an exotropia of 25–30 prism dioptres at distance and near, and a left hypotropia of 5 prism dioptres. An examination that included neuro-imaging and measurement of intracranial pressure revealed hydrocephalus, and the patient underwent placement of a ventriculoperitoneal shunt with normalisation of intracranial pressure, resolution of neuroimaging evidence of hydrocephalus, and resolution of headaches but without any change in ocular motility or alignment. He was eventually referred to the neuro-ophthalmology unit of the Wilmer Eye Institute at the Johns Hopkins Hospital for evaluation and management.

The patient was examined by me for the first time in September 2001, 11 months after the initial injury and about 5 months after he had first been noted to have a dorsal midbrain syndrome. At that time, the examination revealed visual acuity of 20/20 in both eyes at distance and near. Automated perimetry revealed bilateral, incomplete, congruous, superior homonymous quadran- tectia defects. Pupils were normally reactive to both light and near stimulation. In primary position, the patient had normal saccades in all directions, but he developed convergence-retraction nystagmus when looking at an optokinetic drum whose targets were being rotated downward. When the targets were moving upward, to the right, or to the left, the response was normal. In upgaze, the patient had a 4 prism dioptre intermittent left hypotropia at distance and near, associated with 4° of intorsion of the left eye using double Maddox rods. He was most comfortable with a 4 prism dioptre prism placed base up over the left spectacle lens, and a Fresnel prism of this strength and orientation was placed on the left lens of his glasses. He had no ptosis or lid retraction, and the results of slit lamp biomicroscopy, applanation tonometry, and ophthalmoscopy were normal.

Comment
The dorsal midbrain syndrome of Parinaud usually results from damage to premotor pathways for binocular upward gaze in the dorsal mesencephalon.2 Depending on the extent of the injury, there may be a pursuit saccadic dissociation, with better upward gaze during pursuit than when attempting upward saccades, and some patients have improved upward gaze with the oculocentric manoeuvre, indicating sparing of infranuclear pathways. The dorsal midbrain syndrome may be caused by extrinsic or intrinsic lesions, with hydrocephalus being a common aetiology in some series.1-4 Depending on the nature and extent of damage as well as the length of time the condition has been present before the underlying disorder is treated, some patients improve, often substantially, whereas others do not. In general, patients whose underlying condition is treated successfully but who do not show improvement within weeks to months are thought to have no potential to improve; however, our patient’s spontaneous improvement about 4½ years after onset and treatment of the underlying condition indicates that some patients retain the potential to improve even after several years have passed. This information may be of value in counselling patients with the dorsal midbrain syndrome who ask if there is any chance of improvement when none has occurred after months to a few years.

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References

Purification of triamcinolone acetonide suspension for intravitreal injection

In the article by Garcia-Arumí and associates,1 the authors reported the results of several techniques used for purification of triamcinolone acetonide suspension for intravitreal injection (two different non-parametric techniques). I very much appreciate that they finally recommended our method (centrifugation for 5 minutes at 3000 rpm with extraction of 0.9 ml of the supernatant and pellet resuspension with 0.9 ml of balanced salt solution, BSS) among those compared.2 This could have been an interesting report but I want to raise some important issues mentioned in their paper. The source of the evaluated techniques was not clearly specified by the authors. Are they previously published techniques? Are they techniques developed entirely by Garcia-Arumí et al? As far as I know, the centrifugation technique described by García-Arumí et al. was first reported by Hernaez-Ortega in 2003 and it was first published by Hernaez-Ortega and myself in the 2004 July/August issue of Ophthalmic Surgery, Lasers & Imaging.3 In fact, the term “purification” was first applied to removal of most of the vehicle from a commercially available triamcinolone acetonide suspension by us.

Parametric tests tend to be more powerful than non-parametric tests if their distributional assumptions are met. However, non-parametric methods require fewer
Expression of TSH-R in normal human extraocular muscles

We read with interest the paper published by Boschi et al., in which immunohistochemistry was performed on orbital tissue from patients with thyroid associated ophthalmopathy (TAO) and compared with non-disced orbital tissue.

Our laboratory recently reported positive TSH receptor staining within normal human muscle fibres, using one of the same antibodies (3G4) as Boschi et al. (supplied by Costagliola) and a commercial antibody (3B12). Our findings differ from Boschi et al.'s as no staining of the muscle fibres was visible in their experience.

Assessing the techniques used suggested some possibilities as to why our findings differ. Our paraffin embedded tissues were subjected to a proteolytic antigen retrieval step, as commonly used in avidin-biotin staining. The reason for this is that formalin used in fixation is notorious for altering protein immunoreactivity, and hence masking protein expression.1,2

Moreover, the amplification immunohistochemistry kit used in our experiments is possibly more sensitive than conventional immunohistochemistry used in the experiments of Boschi et al.3

We do not dispute the finding that TSH-R expression is elevated in orbital connective tissue of diseased patients. Combined with our findings, Boschi et al.'s paper also suggests that expression of TSH-R on normal muscle fibres is lower than in the connective tissue of diseased patients. Boschi et al. have successfully produced more evidence that connective tissues in the orbit are active in TAO affected patients; however, the potential role of the extraocular muscle in the pathogenesis of TAO should also be considered.

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References


Trabeculotomy versus trabeculotomy-trabeculectomy for congenital glaucoma

The article by Al-Hazmi et al. states that combined trabeculotomy-trabeculectomy with mitomycin C (CTTM) gave better results than trabeculotomy alone for primary congenital glaucoma (PCG) at the King Khaled Eye Specialist Hospital (KKESH) in Riyadh, Saudi Arabia, between 1982 and 2002. For moderate PCG the success rate was stated as 40% and 80% for trabeculotomy and CTTM, respectively. For severe PCG the stated success rate is 40% and 80% for trabeculotomy and CTTM, respectively. However, without more specific information regarding when the trabeculotomies were performed at KKESH, the authors cannot advocate CTTM over trabeculotomy for moderate and severe PCG.

As the article states, over the years at KKESH the success rate for trabeculotomy for PCG dramatically improved (29% from 1982–90; 47% from 1991–4; 82% from 1995–2002). The authors attribute these improved results to the success rate and severity of congenital glaucoma. Br J Ophthalmol. 2005;89:449–53.